

Eugowra NEWS

FEBRUARY 2018

VOL. 52

A Lions Club project for the community we serve

EUGOWRA CELEBRATES AUSTRALIA DAY



A big thank you to the community for being part of the fun and an action packed day.

The above photo will be framed and mounted in The Central Hotel for all to see.

Credit to The Central Hotel staff, Joe's Smoked Meats, solo artist, Shane Kerr, DJ Geoffro and to Batch.

(photo credit: Batch)

EUGOWRA COMMUNITY MONTHLY MEETINGS

VIEW CLUB..... 3rd Monday of the Month
Committee Meeting 5.30 Dinner Meeting at
Central Hotel 6.30 for 7.00pm

SHOW SOCIETY..... 2nd Monday of the
Month

EPPA .....2nd Tuesday of the Month

HOSPITAL AUXILIARY... 3rd Friday of the
Month

LIONS CLUB.....Last Thursday of the month
at the BOWLIE after folding the Newsletter
5.00pm (6pm during DST)

BOWLING CLUB....(1st Monday of the month
7pm

CWA.....2nd Friday of the month CWA Rooms
11.00am

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EDITORIAL POLICY

All contributors are asked to note that the Eugowra Lions Club has adopted an editorial policy henceforth requiring all contributions, letters to the editor and other articles to be signed for publication until further notice.

Bob Roach, Secretary

From the Editor

And just like that, Christmas and New Year are behind us. Does anyone else feel like it went by rather quickly?

So, if December is all about Christmas, and January is welcoming the new year and summer holidays, what then is February? Settling back into our everyday lives. Work, school etc. New year resolutions fall by the wayside (if we even made them, do people still do that?) and we pick up where we left off last year.

Perhaps we start to look forward to whatever it is that 2018 has in store for us. A holiday? New job? A renovation or even a relocation maybe. It is that unknown that I quite like. Sure, there will be downs along with the ups. But it's the not knowing what this year will bring that I find somewhat exciting. We all make plans, but we all know life has its way of shaking things up.

I am not one to make new year resolutions. No "new year, new me" for me. I don't make grand plans or vow to change the world. I do however intend to make the most of each day. Having said that, we are currently experiencing a heat wave so if that means doing not much except taking shelter from the heat, playing with my kids or binge watching something on Netflix... well that's ok with me.

Erin



Our Regular contributors:

- Elaine Cheney
- Judy Smith
- Bob Roach
- Nicole Brindle
- Janet Noble
- Marion Stanton
- Jodie Greenhalgh
- Erin Peile
- Virginia Townsend
- Sarah de Lange
- Casey Jones
- Cassie Gates
- Shane Jones
- Bruce Noble

Paper deadlines for 2018

February 23

March 23

April 20

May 25

June 22

July 20

August 24

September 21

October 26

November 23

Advertising and Editorial Material To

Erin Peile

editor@eugowranews.com.au

420 copies printed and distributed
throughout the community.

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

Online at www.eugowranews.com.au

WHAT'S ON THIS MONTH - February

Dr Vicki Wymer 68 592 220 Eugowra

63645901 Manildra

Mon	Tue	Wed	Thu	Fri	Sat/Sun
		 Karen Gerdes	1. Open 9am to 4pm Alan Connolly	2 Manildra 9am to 1pm Emily Moore	3/4 Mavis Cross/N & K Dixon
5. Open 9am to 5pm Chris Hay	6. Manildra 9am to 1pm Tim Cheney	7. CLOSED Sarah Green-halgh	8. Open 9am to 4pm Pat Norris	9. Manildra 9am to 1pm Verna Riley	10/11. Ted & Ronda Round/Jeanette Norris
12 Open 9am to 5pm G Arnoll & B Moon	13 Manildra 9am to 1pm Shirley Heinzel	14 Open 9am to 11am Elaine Cheney	15 Open 9am to 4pm G Arnoll & B Moon	16 Manildra 9am to 1pm Irene Sharp	17/18 Irene Sharpe/ CWA
19 Open 9am to 5pm CWA	20 Manildra 9am to 1pm CWA	21 CLOSED CWA	22 Open 9am to 4pm CWA	23 Manildra 9am to 1pm CWA	24/25 CWA/Judy Smith
26 Open 9am to 5pm Sandra Welch	27 Manildra 9am to 1pm Diane Smith	28 Open 9am to 11am Karen Gerdes			

Eugowra Church Services

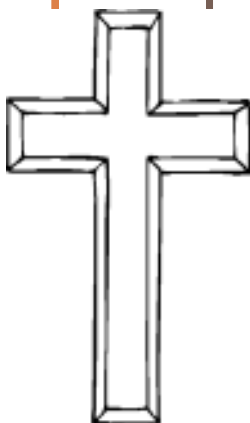
St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 5.00pm

Parish Priest: Fr Laurie Beath 63 421369

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240



St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,
5th Sundays share with Uniting Church at 2.30pm

Rector: Reverend Joy Harris 63441643

joyharris159@gmail.com

Local Lay Preacher Elaine Cheney
68 592820

Anglican Church will have their service at
the normal time of 4pm on Sunday 24th
December (Christmas Eve)
with no later service this year.

Sunnyside Gravel Supplies



QUARRY DA 95/144

- WHITE & RED DECOMPOSED CLEAN GRANITE FOR YOUR DRIVEWAYS, ROADS, FILL, SHEDS AND STOCKYARDS E.T.C.
  - ONE TONNE LOAD DELIVERED IN TOWN AREA
  - ANY QUANTITY CAN BE ARRANGED
  - PICK UP YOUR SELF BOX TRAILER TO SEMI LOADS BY ARRANGEMENT
- ALSO AVAILABLE:**
- TOP SOIL- DELIVERED IN TOWN AREA OR PICK UP
  - CONCRETE MIX 50/50 SAND BLUEMETAL MIX
  - STRAW FOR MULCH, BEDDING E.T.C.

CONTACT: ALAN & MARIE NOBLE (02) 68592266

Little Link

For families with children 0 - 5 years old

In the Library at Eugowra Public School

Mondays 10 - 11am
Term 1 2018
Starting Monday 5th February

Contact Carmel or Cath
for more information 68592233

This Way to the FUN

Linking Parents and Bubs to
Play, Language, Music and Fun

EUGOWRA / ORANGE COMMUNITY BUS SERVICE

NEXT BUS:



Friday 27th October

Bus leaves Central Hotel 8.45am
Returns to Eugowra at 3.30pm

PLEASE NOTE THE PRICE INCREASE;

ADULTS \$8.00

SCHOOL AGE \$3.00

PRE SCHOOL & UNDER - FREE

If you could have the correct amount when paying the driver that will be greatly appreciated.

Please contact Margot Brown Coordinator
Cabonne CT 1300 302 446 if you have any queries.

FOR MORE INFORMATION OR BOOKINGS CALL:

DEIDRE SLAVEN 6859 2414 OR

MARGOT BROWN 6392 3233

Where is John O'Malley?

Submitted by Bruce Noble AFSM

We all know that John O'Malley was one of the bushrangers that held up a coach carrying gold at Escort Rock out from Eugowra in June 1862.

When in company of Ben Hall and John Gilbert, John O'Malley was trying to hold up the homestead at Goimbla. The property owner of Goimbla was David Campbell with his wife reloading his rifle shot O'Malley dead on 19th November 1863. O'Malley was 23 years old.

Before Christmas I was in Orange and met Keith Rawsthorne, a former long term resident of Forbes, now living in Orange.

Keith told me that he used to live at Goimbla when his father was employed by the O'Neil family of Yarringah.

Everyone knows that John O'Malley was buried at Goimbla, but after a few days, his father and some mates dug him up and placed him on a cart to take him to more permanent burial.

Since then there has been conjecture about where he was buried. Some say near the river at Gooloogong opposite the sale yards (near where the family lived). There is no evidence to support this. Others say he is buried at Forbes.

Keith Rawsthorne said that his father believed that the body of John O'Malley being transported in a cart was rapidly decomposing and the smell of it as well as possible public backlash because the bushrangers had set fire to Campbell's stables at Goimbla which burnt his horses. O'Malley's father thought it best to bury John sooner rather than later. He was buried in a clearing beside the road before they got to Escort Rock.

Even though I own the land where Escort Rock is I have never heard this story before.

This prompted me to contact the Forbes Library and the Forbes Family History Group who were most helpful with information.

Time passed before I received a phone call from Ken Smith, a member of the Forbes Family History Group. By chance she had found a copy of the burial certificate of John O'Malley, authorised by W J Parker stating that on 26th November 1863 John O'Malley was buried in Forbes Cemetery.

There is no known head stone for John O'Malley unlike his friend bushranger John Gilbert who was shot dead outside Binalong when he was 23. His grave is a well kept site beside the road at Binalong.

Peter Bradley a descendant of the Hall family has doubts about the burial site of Ben Hall, the head stone and picket fence to make Ben Hall's grave was erected by locals 30 years after his death and within the Forbes Cemetery, when as an outlaw, Ben Hall should not have been buried on consecrated ground.

This may well apply to John O'Malley.



Eugowra Public School

Hill Street, EUGOWRA NSW 2806
Phone: (02) 6859 2233

News

Participation Leads To Success



This year, Eugowra Public School is welcoming a new teacher, Miss Jo Rinaldo. Miss Rinaldo will be teaching the Years 3-6 class full-time. Jo was teaching a year 3/4 class at Forbes North Public School in 2017 and has been teaching for 9 years. She is very excited about the opportunity to work at Eugowra Public School in 2018, and is looking forward to working in a small school and getting to know all students and their families.



EUGOWRA CHILD CARE CENTRE

Operation hours: Tuesday: 8.30-5.00
Wednesday 8.30-5.00 Thursday 8.30-4.00 Friday 8.30-5.00.

Our service is a preschool we also provide Outside School Hours Care for the community.

Preschool takes children aged from 0-6 and 0-12 years OSHC, Eugowra preschool operates in conjunction with school terms

Please feel free to call and enquire or just drop in



Eugowra Car & Bike Show 2018

featuring Shannons New Super Rig

Proudly presented by the Lions Club Eugowra Branch
& Shannons Insurance



Saturday 7th April 2018

Eugowra Showground

Noble Street

(eastern end of town)

Market Stalls 9:00am

\$10 Site Fee

Entrants from 9:00am - \$10 Entry Fee

Public from 10:00am - gold coin donation

Judging 11:00am

ENTRY FORMS AVAILABLE ON OUR FACEBOOK PAGE

Entry Fee – pay on the day

Entrants contact: John 0400 339 250 OR Neil 0429 239 918

Market Stalls contact: Noela 0428 719 900



Eugowra Lions News

Your Lions Club needs Your help!

The Lions Club of Eugowra Inc (Lions) is the last community service club in Eugowra.

Here are some of the services Lions provides to the local community:

- Organising and running the annual Seniors Day luncheon which is attended by typically 120 Senior Citizens from as far afield as Grenfell;
- Organising and running the annual Eugowra Car and Bike Show;
- Supporting the Eugowra Show Society by manning the entrance gates on Show Day;
- Annual donations of typically \$3,500 to local schools and community groups;
- Promoting Carols On The Creek and providing a free BBQ and children's gifts; and
- Management and distribution of the Eugowra News magazine and associated website.

Fundraising activities undertaken by Lions include;

- Some of the community service projects listed above return a modest profit;
- Providing catering at local farm clearing sales;
- Cutting and splitting firewood that is sold at a discount rate to Eugowra residents;
- Marketing of Lions Christmas cakes; and
- Raffles at some of the community service projects listed above.

Other projects that Lions would like to undertake include:

- Providing a (say) bi-monthly community social event . Typical activities might include: open-air movie theatre; dinner-dance; blue-light disco; games night; quiz night; speed dating; scavenger hunt; and car rally observation trial;
- Updating the Eugowra Community Telephone Directory, last published in 2012, and adding extra information for newcomers to Eugowra on where to find essential and important services (eg, motor registry, employment agency, etc);
- Increased fund-raising activities (eg. more clearing sales) to increase the funds available for distribution as donations in our community; and
- Assistance with the upkeep of community infrastructure, including preservation of structures in our parks.

Continued over the page



Now, here's the catch:

Current Lions members are few on the ground, ageing and have lots of other commitments, just like everybody else in our community;

Without a significant increase in membership, there is a serious risk that we will not be able to re-source forthcoming projects and the Lions Club will cease operations, depriving Eugowra of the benefits of these projects; and

Without a significant increase in membership, there is no chance that any of the 'wish-list' projects (or any others the community may consider desirable) will come to fruition.

And here's where you come in:

If you would like to help improve our community and bring occasional business to our town and can spare up to a day a month, we desperately need you to join us as Lions (we currently have men and women members);

Membership of the national and international Lions organisations is heavily subsidised by our firewood collecting and sales activity. It will only cost you \$50 a year to be a worthwhile volunteer in our community. Yes, we know that paying to be a volunteer doesn't make a lot of sense but it provides us with insurance cover for all of our projects;

Perhaps you are new to town and would like to meet new people and get involved in the community;

If you are persuaded to join or would like more information, please contact President Neil Whalan on 0429 239 918 or Secretary Bob Roach on 6859 2243 / 0428 102 808 or Vice President John Godden on 6859 2558 / 0400 339 250. Alternatively, we will be meeting at the Bowling Club dining room to fold the Eugowra News at 6pm on Thursday 1st March – join us there.

SENIOR CITIZEN'S DAY IN EUGOWRA

MONDAY 9TH APRIL

AT THE SPORT & RECREATION CLUB

COMMENCING AT 9:30 AM

MORNIG TEA - LUNCH - AFTERNOON TEA PROVIDED

AT A SMALL COST OF \$5.00

WE ALSO HAVE A RAFFLE FOR THE DAY WITH INDIVIDUAL PRIZES

A day of catching up with friends and entertainment

Bookings are required for catering purposes

BEV : 6859 2977

RSVP 29th March 2018

Karen Gerdes kindly submitted some copies of the Sydney Morning Herald from August 1994 about the Earthquake in Eugowra. A very interesting read.

Tuesday, August 23, 1994

Eugowra shaken and definitely stirred

By RICHARD MACEY

The little town of Eugowra, nestled in the granite hills between Orange and Forbes, has survived its fair share of disasters.

Now gripped by drought, the town has been ravaged by 30 floods since 1950.

But the 670 residents have no idea how to fight the latest threat - a "swarm" of earthquakes.

Seismologists say thousands of earthquakes have rocked the town since July 21. And they admit they have no idea when the tremors will stop.

At the weekend Eugowra averaged about 50 tremors a day, according to seismologists.

The biggest quake, measuring 4.2 on the Richter scale, hit the town just before 4 pm on Sunday. Yesterday the residents reported feeling only two or three significant shocks.

The quakes have cracked buildings, toppled books and saved from shelves, but have caused little significant damage.

However, the residents admit they are terrified that a devastating quake may strike out of the blue at any moment.

"You can see floods coming," said Mrs Louise Givenshagh, who works in the real estate agency.

"But we can't do anything about earthquakes. We just try to get on with things and hope nobody gets hurt."

She echoed the same comment made by many in the town: "It's the fear of the unknown."

Mr Harold "Hunglery" Mulligan, 53, who with his wife Jean owns the store across the street which sells everything from second-hand furniture to books and vegetables, agreed it was the unpredictability of earthquakes that was scaring the town.

"We know how to cope with floods, but earthquakes... there are unknown to us."

Mr Mulligan with earthquake bargains... "There's not been an inch movement in this town since Ben Hall robbed the gold coach in the 1880s."

People are worried... it's a strange thing for them. It's got the town a little rattled.

"They just don't know if the next one will be a seven and the town will be gone."

He added: "There has not been so much movement in this town since Ben Hall robbed the gold coach in the 1880s."

Be the town's Central Hotel, Mrs Anne O'Connor was clutching two poms she had written in an attempt to release the tension building inside her.

"It's just so frightening. You just get a bang and the whole house starts rattling."

"You do in bad and think - is this the big one?"

On a blackboard in the hotel someone has chalked, "What to do in the event of an earthquake."

"Step 1 - have a ready supply of toilet paper."

Mrs Jeanette Norris, who runs the hotel with her husband Kevin and son David, said the relative peace of yesterday worried her.

"You hope it's not the quiet before the storm," she said. "You just don't know when they are coming."

Mr Theo Wykamp, 70, said the noise of the quakes was worse than anything he had experienced during World War II.

Seismologists, who have set up seven monitoring stations around Eugowra, say the quakes have been caused by the breaking of the granite on which the town sits.

They say the granite could no longer maintain the strain built up over millions of years as a result of the tectonic plate, on which Australia rides, colliding with Indonesia and Papua New Guinea.

Mr Vaughan Weston, a seismologist from the Royal Melbourne Institute of Technology, said yesterday: "It would be really nice to tell people what is going to happen. But we can't."

He said seismologists could give no guarantee the town would not be hit by a devastating tremor.

Eugowra is famous for its granite. The stone mined from the town's outskirts has been used to make 27,000 slabs in over Canberra's new Parliament House.

Tremors shake quiet rural town

By RICHARD MACEY
Technology Writer

It was the quiet country life Mrs Anne Bray was seeking six months ago when she moved her family from Sydney to the tiny town of Eugowra, between Orange and Forbes.

But the Earth has suddenly robbed Eugowra's 700 residents of their tranquility.

At about 10.15 on the evening of Sunday, July 31, Eugowra was rocked by an earthquake measuring 1.8 on the Richter scale. Since then, hundreds of tremors have shaken the community.

Seismologists warned yesterday that the earthquake "swarm" may roll on for months. The biggest quake so far, measuring 4.2, struck the town at 3.53 pm yesterday. It was the first to cause building damage, with a wall in one house being shifted by one centimetre.

Another earthquake measuring 3.5 hit on Saturday morning.

Worried, Eugowra's residents are planning to hold a public meeting later this week so seismologists can explain what is going on.

Mrs Bray and her husband, Mark, sold their Sydney trucking business so they could bring up their three children in the bush.

"It's supposed to be more peaceful in the country," she said yesterday.

"But I've never been so stressed out in my whole life. It is just the most frightening thing."

She said the first quake, 22 days ago, "felt like a plane hitting the house."

Even Eugowra's only police officer, Constable Barry Savage, said he was concerned.

"I felt about eight or 10 last night. I hope they won't get any bigger. I've heard that people have lost yards, and that pictures have fallen off walls."

Councillor Bruce Noble, a member of the local Cabbage Tree Council, said his family had lived in the area since 1900, but he had never heard of earthquakes in the town.

He said that in yesterday's powerful quake "the house shook and there was a roar. Books

were knocked off their shelves and photographs on the bedroom table fell off."

Mr Tony Corke, from the Seismology Research Centre at Melbourne's RMIT university, said "several hundred" earthquakes had been measured since July 21.

He explained that as the tectonic plate, on which Australia rides, moved north, colliding with Papua New Guinea and Indonesia, our continent was being squeezed. The tough granite rocks on which Eugowra nestled could no longer absorb the stress and were breaking.

Mr Corke estimated the earthquakes were happening two kilometres south-west of the town and two kilometres beneath the surface.

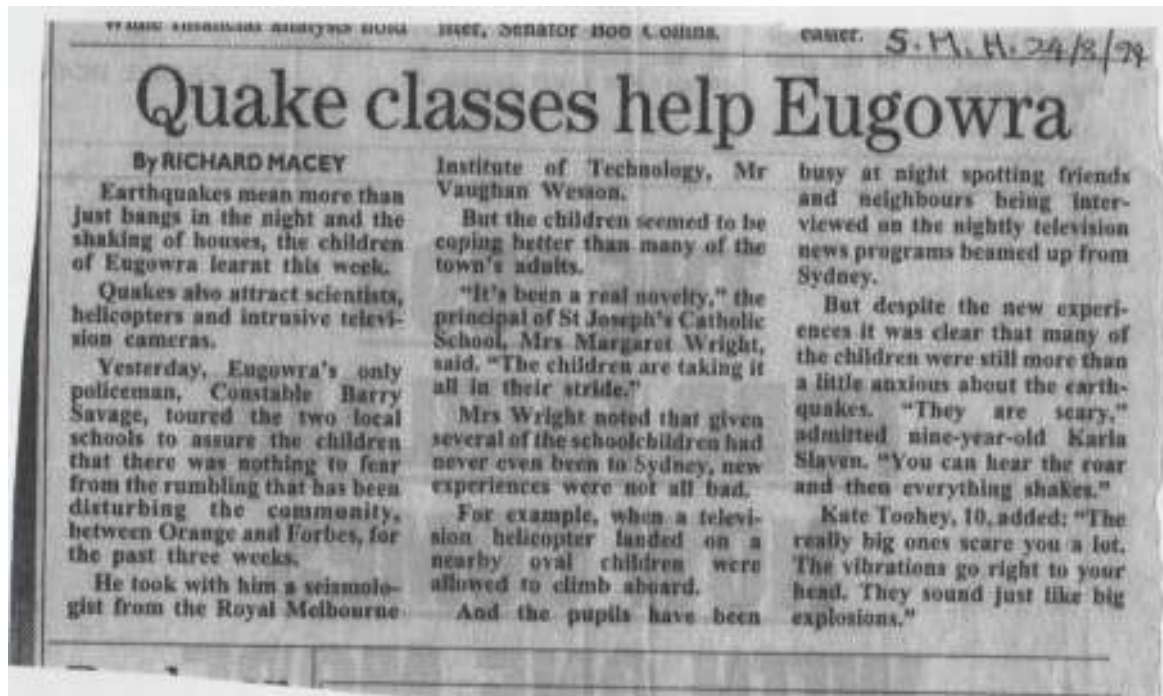
"They are very shallow," he said. "Australian earthquakes are typically about 10 kilometres deep. In other parts of the world they are 400 to 500 kilometres deep."

"We would like to be able to reassure the people of Eugowra what is going to happen... but unfortunately we don't know enough about earthquakes."

Mrs Bray said: "No-one slept at all last night." But despite the rumbling, she said she had no plans to leave Eugowra. "I wouldn't swap it for the Earth," she said, adding that the quakes had "put Eugowra on the map".




More on page 12



EUGOWRA COMMUNITY FITNESS PATH

As you may be aware the Fitness Path committee put a survey together with preliminary plans for your comments of 31. We arranged a meeting with Cabonne Council back in October 2017. That took place with the Mayor, General Manager and the Director of Engineering in Molong office. The preliminary plans were viewed and questions answered about the community survey results. The General Manager stated that this area [the football ground] "this is a flood plain and nothing will be installed above ground". He was the only one to speak and I questioned him about his statement and he repeated the same as above. I said that because we could not complete the path way for the fitness path, then this would end the project.

The committee decided to hold a community meeting and ask Cabonne Council to attend. After no replies from Cabonne with 3 emails to arrange a date and time and time had gone on to December, so we made a date 12th in December. Close to Christmas and only one soul turned up and council could not attend.

Now we are looking to hold a meeting with Council, if we can get Cabonne Council to attend in March some time. March will give us a time to make arrangements, so we can get another item in the Eugowra News March issue to let you all know in particular the football club.

We are writing to council and including this article above. They may want to reply to the above article with some explanation?

Meanwhile the fitness path committee will keep you posted to any further developments.

Submitted by David Hyde



A present for your brain.

There is a lot of mixed information about the benefits of maintaining an active mind to prevent Alzheimer's and dementia. There is still a lot that needs to be discovered but the basics are this

Remaining active - physically and mentally helps to reduce age related dementia changes

An active mind is one that is being challenged with new activities and puzzles- If you find it easy then it is not challenging your brain and keeping connections growing.

Puzzles on apps and computers to "improve brain function" need to be targeted at what you have difficulty with. The reported reality is that people tend to do the puzzles that they find easier and avoid the ones that really challenge them. It takes a very disciplined person to use them properly to get the cognitive benefits and most of us just enjoy the game we like doing rather than the one's we should do.

There is very limited evidence that brain exercises help to prevent Alzheimer's.

The best prevention for age related dementia changes is the same as for heart health. If you can maintain good blood supply to your heart and brain they will work much better.

The lifestyle that you lead from 30-60 years old is when you set your brain and body up for good health in the future. Living a healthy lifestyle prevents the development of disease.

If you wait for the disease to develop before you change your lifestyle you can only hope to prevent further deterioration it is very difficult and often impossible to reverse the disease.

Whether a crossword helps to keep your brain active or prevents dementia is unknown but they are a bit of fun and it feels great when you get an answer. This is a crossword based around things mentioned in previous Eugowra News Health reports

I hope you enjoy it !!

Clues:

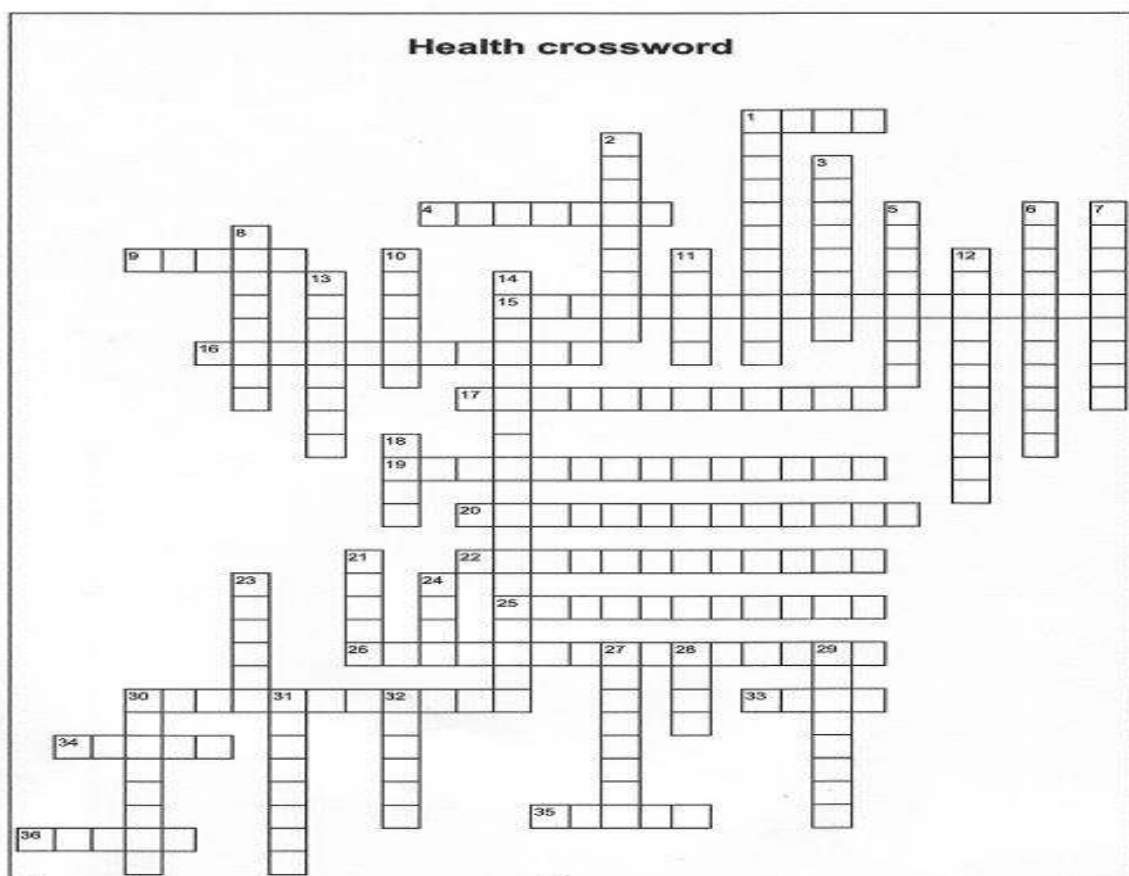
Across

- 1 Largest organ
- 4 Mineral in bones
- 9 You can exercise in this and Unload your joints
- 15 Fluttering on the heart
- 16 Often injured in the shoulder
- 17 Food type broken down by cells to Give body sugar
- 19 Damage and inflammation to The joint
- 20 Type of exercise that maintains Bone density
- 22 Chemical produced by men
- 25 Effective on infections but Not virus's
- 26 Person that helps you recover From injury/surgery
- 30 When you haven't got enough fluid In your body
- 33 Shade of urine when you are dehydrated
- 34 Largest bone
- 35 Cause of most colds and flu
- 36 Something that takes a lot of willpower Time to change

Answers on back page

Down

- 1 The best thing to do to prevent most Cancers and diseases
- 2 Chest infection
- 3 A bone break
- 5 Largest tendon
- 6 You need this to move your joints full Range
- 7 The opposite to flexion
- 8 Caused by sunburn
- 10 Joins muscle to bone
- 11 High cause of injuries and hospitalisation in people over 65
- 12 Facilitated by default mode
- 13 Connects bone to bone, across joints
- 14 Cause of cloudy central vision
- 18 You get vitamins and minerals in the most digestible form from this
- 21 Best cure for driver fatigue
- 23 Its handy to have two but you can survive with one
- 24 Test that shows bones
- 27 Caused by plantar fasciitis
- 28 What to do when you have an injury (acronym)
- 29 Your muscles give you this
- 30 The loss of memory/brain function
- 31 Thirsty and sweet smelling urine are signs of this
- 32 Exercise for body and mind



Recipe of the Month

Cracked Wheat Salad

Submitted by Sandra Welch



Ingredients

- 1/2 cup red currants (or dried cranberries)
- 1/2 cup red wine vinegar
- 1 cup fine cracked wheat (burghal)
- Freshly ground black pepper
- Extra virgin olive oil
- 1/s red onion, finely sliced
- 1 green chilli, seeded and finely sliced
- 1 small bunch continental parsley, leaves finely chopped
- 1 bunch mint leaves
- 1/2 cup pine nuts, toasted

To Make:

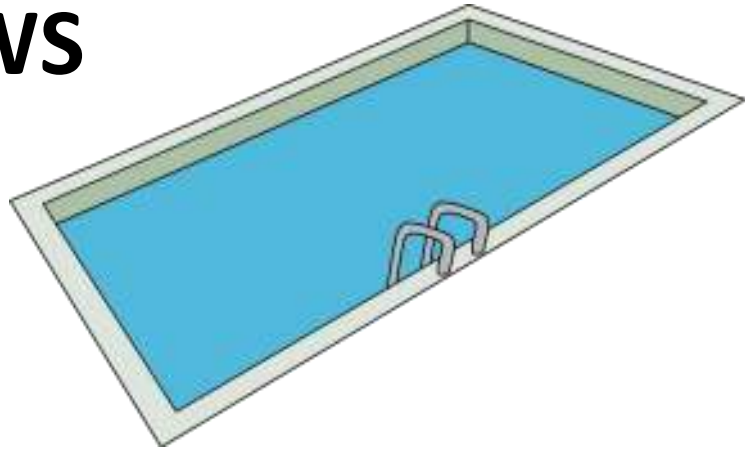
Combine the currents and red wine vinegar in a pan. Bring to the boil. Let cool, drain. (or reserve to pour over salad)

Put the wheat in a bowl, pour over boiling water and soak for 10 minutes.

Drain and put in a large mixing bowl, season with salt and pepper and a good drizzle of olive oil.

Add the currents, onions, green chilli, parsley, mint and pine nuts. Toss gently.

POOL NEWS



Due to the run of very hot weather, we have been experiencing the pool has been busy with families trying to escape the heat and cool down. Lots of children have been enjoying spending time playing with their friends at the pool before they return to school at the end of the month.

We were pleased to be able to run Learn to Swim Classes again this year. These classes were well patronised and offered pre-school and school-aged children the opportunity to progress through skill grades dependent on their age and ability. The classes were run by nationally qualified instructors and ran for 9 days. Our Aqua Classes continue to attract good numbers and apart from the health and fitness outcomes they are great fun.

On Saturday, February 10th from 10.00 to 12.00 we will be holding an Art Workshop at the pool where children can paint patterns on the swimming costumes of our new animals on our fence. They can also make a patterned animal magnet to take home. These classes are for children 8 years and up. The workshop is free, but you will need to register your children at the pool canteen if they would like to attend. There will be no swimming, but children can have a paddle in the toddler's pool if it is hot. Please dress the children in old clothes suitable for painting in.

We had a very successful New Year's Day barbecue utilising our renovated canteen which has been completed after many hours of hard work from Committee members. We are planning to continue running these family days now we have improved facilities. The pool had recently successfully undergone a Royal Life Saving Society Audit and a Health, Safety and Hygiene Inspection.

Our next big project is to pave and landscape our barbecue area. This will be done in the off season. We are always open to and welcome any suggestions or ideas community members may have which could improve or contribute to the successful operation of the pool. Remember to keep an eye on our Facebook page for any upcoming pool activities, pool closures etc.



Eugowra members of CWA wish you all a very Happy and healthy New Year.

We are starting our year by having a "Meet and Greet" for all residents new and old.

To be held at Yvonne and Colin Smalley's home 6 Strom Lane Friday 9th February at 6pm.

If you would like to come along, or want more information please contact me Janet Noble 68592457 by 6th February.

Eugowra Branch will be celebrating 90 years of service to Eugowra in May with lunch at "Eat Your Greens" and a display by the Cavalcade Of Fashion of "Fashions between the Wars".

Eugowra Branch were responsible for having the Maternity hospital built in 1930, and for the Baby Health Centre starting in 1954.

We are a happy and informal group, meeting usually on 2nd Friday at 11am for meeting and lunch. We have a variety of guest speakers and trips away, as well supporting local schools and events.

Our members, our partners & friends held our Christmas party in Grenfell, visiting Jan Parlett's Country experience and other shops, then we went to the Railway Hotel, where we had a hearty roast dinner followed by Plum pudding. Then more shopping.

This year our country of study is Poland, our primary product is Pomegranate.

CWA scholarships available to students for next year. Members get a 15% discount off best price at Metro Hotels in Sydney.

Grants available for Tertiary students, yr 11 & 12 students for Textiles, dressmaking, Fashion design and industry practices.

State AGM in Armidale this year. 30th April to 5th May



Frances Anderson, Margaret Swift & Shirley Heinzl



Xmas party Grenfell Colin Smalley, Max Swift, Bob Heinzl



Left: Laura Noble Junior member, Libby Noble and Norma Colclough visitor.

Right: Janet Noble presenting CWA Education Grant to Joseph Valentine, his mother Debbie & Shirley Heinzl.



PHILIP DONATO MP

MEMBER FOR ORANGE

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 Email: orange@parliament.nsw.gov.au



KIDS PAGE



Can you find the 3 pencils
hidden in the newspaper?

Colour me in!

Q: What do you call a
laughing jar of mayonnaise?
A: LMAYO

Q: Why is 6 afraid of 7?
A: Because 7 8 9

Q: What's the longest
word in the dictionary? A:
Rubber-band -- because it
stretches.





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Email: stjosephseugowra@bth.catholic.edu.au

Love and Truth Through Christ

St Joseph's School News

A new school year has begun and we welcome everyone; 'new and old' back to St Joseph's for another fun filled year of learning and discovering. We hope everyone has had a happy and relaxing summer holidays swimming, reading, keeping cool, and enjoying time with friends and family.

A few changes to our little school with the introduction of a permanent third teacher, which will enable smaller class numbers and a focus on individual learning and achievements. We welcome new staff members; Mrs Tessa Zisser, Mrs Nerida Cuddy and Mrs Kirsty Combe to our team and hope they enjoy interacting and teaching our wonderful children.

Year 7 students will be heading off to Red Bend High for the start of their High Schooling and we wish them all the best for their next stage. At the same time, 4 very excited and slightly nervous little people are starting their education adventure. We welcome Olivia Bray, Hudson Newell, Brock D'Ombrian and Belle Moxey and their families to Kindergarten and to the school community. We also welcome Esther Kimmorley from South Australia and her parents Amber and Wayne. We hope they have a wonderful time being a part of the St Joseph's family.

Congratulations again to the students on their performances at the end of year Concert; A Shear Christmas Mystery, which was a delightful Eugowra version on the Nativity.





Well done to all the Award winners and thank you to those parents and local businesses that sponsor the various awards and book presentations.



Term One is always busy with swimming carnivals and in the first week we will hold the Eugowra Schools Carnival on Friday 2nd February. Time to dress up in the house colours and cheer each other on! Our Southern Region Swimming Carnival (Catholic Small Schools) will be held in Canowindra in February. We will also be holding our Opening School Mass, which is the time to welcome our new families, Kindergarten students and induct our 2018 School Leaders.

Until next month, God Bless

St Joseph's Students and Staff.



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Catering for your special occasion

A large outdoor event at night, likely a wedding or formal dinner. Numerous people are seated at long tables covered with white cloths. The area is illuminated by warm string lights and large, glowing spherical lanterns hanging from the ceiling. The background shows a building with lights on.

eat your greens CATERING

A collage of six small images showcasing different food items: a tray of appetizers, a salad, a main course, a dessert, a drink, and another dish.



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Eugowra Lions News

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Eugowra News is delivered (11 editions per year) to residences in Eugowra township and environs. Advertising is cheap (per issue):

\$50 - full page

\$25 - half page

\$15 - quarter page

\$ 8 - eighth page

\$ 5 - pigeon hole ad - limited space for brief notices only.

Please advise of email address so your invoice can be sent electronically.

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A LITTLE BIT OF HISTORY

Elaine Cheney



LOCAL HISTORY FROM 100 YEARS AGO.

Forbes Advocate Tuesday 29 January 1918, page 2 EUGOWRA'S FLOOD NEWS. Mr Pigott, has received the following letter from the Postmaster-General regarding the notification of river heights:—With reference to your communications of the 7th instant, relative to your desire that Cowra and Canowindra offices advise Eugowra of any serious flood or sudden rise in the Lachlan and Belabula Rivers, I beg to inform you inquiry has been made into the matter, and the Deputy Postmaster General, Sydney, reports that arrangements have been made for Cowra and Canowindra to advise Eugowra of any heavy rains and threatened floods, and that such advice will be immediately posted outside the latter office. Mr J O Nash "Willow Bank" Eugowra had been agitating for a river height gauge to be placed on the Lachlan near Eugowra. It was considered to be too expensive.

Advertisement in Forbes Times 25 January 1918. CLUB HOUSE HOTEL EUGOWRA Under new management A LANEYRIE having taken over the old established and popular hotel from Mr O.L. Morton, begs to assure the people of Eugowra and district and the travelling public that he will conduct the house on the very best lines. Best brands of Wine, Beer and Spirits. Good table, Good Stabling. 20 Good Loose Boxes. Laneyrie family members were licensees of the /Eugowra Club House at various times early last century with periods 1912/1915. 1917/1922, 1926/1929.

Armidale Chronicle 30 January 1918. BUSY HENS .Five white Leghorns in six months from May 1 to October 31 laid 542 eggs at Eugowra. Who was keen enough to keep count?

Young Witness Tuesday 29 January 1918, page 4 INVENTION FOR MOTOR CARS Mr. A. E. Peppercorn, proprietor of the Forbes garage, has applied for letters patent covering his invention of an automatic air valve, which he claims will materially control the consumption of petrol. He intends to apply for an extension of the patent to other parts of the world. On an official test last Friday on a round trip to Eugowra and Goolagong, and thence back to Forbes, 15 miles were travelled on half a gallon of petrol, and the first 30 miles on one gallon in all. The whole trip gave 29.5 miles per gallon of petrol—an excellent result under the circumstances of stoppages for gates, slowing down and in places bad roads. The last 30 miles from Goolagong into Forbes saw something in the way of record breaking. There were five gates to open and pass through, at one place the car got off the track and at least a couple of hundred yards were lost, and the road through Wandary was so bad that more than one detour was necessary; yet, in spite of these disabilities, the 30 miles were covered on one gallon of petrol, of which there was enough left to run the car back to the garage. The car used was Mr. Peppercorn's Buick, which he had in constant use at the garage for the past four years or so. It had, before this test, never been known to do better than 24 miles per gallon. Hard to believe that there were only five gates to open along the road.



Date unknown - Early group of Eugowra Riflemen. Some identified we believe include Jim Greenhalgh in light coat squatting left side. J T Noble fourth left standing with high buttoned coat. Peter McMillan in light coloured clothing and Neil McMillan (father of Viv) kneeling with bag second from right. George Vitnell far right.



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Eugowra Car & Bike Show



Your Lions Club needs Your help!

The Car & Bike Show will be held at the Eugowra Showground on Saturday 7th April.

To make this a really successful day, Lions needs assistance with the following:

Organising prizes for competition winners;

Organising the Lucky Gate prize;

Directing exhibitors to show sites and managing guest car parking;

Serving on the Lions BBQ; and

Collecting gold coin donations and distributing Lucky Gate entry tickets.



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Federal Member for Calare



HAPPY NEW YEAR!

The past 12 months have certainly been busy and it was great to be back in Eugowra last year. A highlight was presenting a new Australian flag to St Joseph's Primary School.



Another highlight was the official opening of the upgrades to the Escort Way, north of Eugowra.

The site received \$460,000 in Federal funding under the Australian Government's Black Spot Programme.

There are a number of projects I am still working on across the electorate and I will keep you updated on these as the year progresses.

I would like to take this opportunity to wish you all a happy, healthy and safe 2018 and all the best for the year ahead.

LOCAL CHERRY INDUSTRY SET FOR BOOM AFTER YEARS OF SETBACKS

New export access agreements with China, Indonesia and Vietnam for cherries, peaches, plums and apricots are a game changer for the region's orchardists with the local cherry industry set for particularly strong growth. China is the big one. Our growers have been locked out of this market for years.

I said in my inaugural speech that one of my top priorities was improving export market access for local fruit growers and we have now achieved this.

These new agreements are going to make it much easier and faster to get our cherries and other stone fruit into mainland China, Vietnam and Indonesia.

The number of local orchards has been declining here in recent years and the local growers and I have been working very hard to change that.

I'm now expecting a significant expansion of the local cherry industry.

Make no mistake, this breakthrough has been driven by our area.

The local orchardists and I made it our point of not only lobbying Barnaby Joyce but we also insisted on meeting the Australian Government officers who actually sit down at the table with their foreign counterparts and do the negotiations. I think this was the difference, after they initially told us cherries were not a priority.

They could see firsthand how passionate our local growers were and the importance of this issue to them. I think it put a real human dimension to the argument, and to their credit, they listened to us. Cherries finally became a top priority for negotiators after years of delays and frustration.

At one point we were all planning to go over to China to keep pushing for it but the speed at which this has been made possible has been very gratifying.

My message to orchardists is: start planting trees!

MEDICARE IS STRONGER THAN EVER AND PATIENTS IN CALARE ARE BENEFITING

Patients in Calare are benefiting from the Australian Government's commitment to Medicare with the national GP bulk billing rate the highest ever for a September quarter, increasing to a record 85.9 per cent.

In Calare the bulk billing rate for patients visiting their GP from July to September 2017 was 86.7% – which is higher than the national average.

It's great news for residents in Calare as it means more people are able to visit the doctor without having to reach for their wallets.

In the 2017 Budget, the Australian Government established the Medicare Guarantee Fund to secure the ongoing funding of Medicare and the Pharmaceutical Benefits Scheme – to guarantee Australians' access to these services and affordable medicines into the future.

Medicare funding is guaranteed by law and here to stay!

If I can be of any assistance to you on any Federal Government matter, please don't hesitate to contact my office.

ORANGE ELECTORATE OFFICE SUITE 1, 179A ANSON STREET, ORANGE NSW 2800

☎ 6361 7138 📧 andrew.gee.mpi@aph.gov.au 📺 AndrewGeeCalare

Authorised by Andrew GEE MP Suite 1/179A Anson Street, Orange NSW 2800.

Authorised by Andrew GEE MP Suite 1/179A Anson Street, Orange. Produced and printed using parliamentary entitlements. February 2018.

Congratulations to Marcio and Heather Barbastefano who welcomed baby Vincent into the world on 25th January 2018.

Vincent is grandson to Eugowra locals Bruce Gregory and Sandra Welch.



Seniors Day Luncheon

Your Lions Club needs *Your* help!

Seniors Week 2018 is from April 1st to April 10th.

The Eugowra Seniors Day Luncheon will be on Monday April 9th at the Eugowra Bowling Club.

Lions needs assistance with:

- Organising raffle prizes;

- Organising food for the luncheon;

- Setting tables on the afternoon before;

- Provision of cakes & slices for morning tea;

- Providing a half-hour 'seniors-friendly' entertainment spot (song/poetry/storytelling etc); and

Washing dishes (cups, saucers, teaspoons and cutlery).



Eugowra Evening VIEW Club members held their Christmas function in the delightful setting of Montrose House in Canowindra with an eclectic array of antiques and collectables.

Charades of Christmas carols and songs were performed by the committee for the enjoyment of members and their guests.

It was wonderful to have a group of members (and friends) present who all enjoyed the Secret Santa.

There was a variety of prizes donated by members for the raffle which were won by appreciative members.

The February meeting is the AGM which will be held on Monday 19th when the new executive will be presented with their badges.

This meeting will be held at the Eugowra Community Bowls and Recreation Club commencing at 6-30pm.

Members who always attend it will be assumed you will be going- those on the permanent apology list will need to contact Wendy as the Bowling Club need to know numbers.

There will be a committee meeting held at the Central Hotel at 5-30pm on Monday 12th February

Eugowra Evening VIEW are on the look out for a few more members. If you are interested please contact Wendy, Kay or Diane.

VIEW Christmas dinner at Montrose House Canowindra



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(Monday & Tuesday – CLOSED)

Dear Editor,

I would like to comment through your Eugowra News on the greedy, inconsiderate and selfish drivers who park parallel, on our hottest days, on Broad Street, taking up more than their car space of shade of our lovely trees.

On Friday 12th, in the early afternoon a truck driver parked parallel to an empty truck - didn't even have a dog on the back - taking up at least three car spaces.

After doing my shopping in the supermarket and enquiring if the truck driver was in the shop, came out to find he had driven off but a car had taken the spot!

I feel we need "No Parallel Parking" sign at this spot and each citizen who feels as I do takes note of the reg no and sends it to 'thumbs down' in your pigeon-hole column.*

Dawn Welsh

* The Above letter is the opinion of the writer

Please do not forward registration numbers to the paper as they will not be printed

Crossword answers

Across: 1 Skin, 4 Calcium, 9 Water, 15 Atrial fibrillation, 16 Rotator cuff, 17 Carbohydrates, 19 Osteoarthritis, 20 Weight bearing, 22 Testosterone, 25 Antibiotics, 26 Physiotherapist, 30 Dehydrated, 33 Dark, 34 Femur, 35 Virus, 36 Habit

Down: 1 Stop smoking, 2 Pneumonia, 3 fracture, 5 Achilles, 6 flexibility, 7 Extension, 8 melanoma, 10 Tendon, 11 falls, 12 imagination, 13 Ligaments, 14 Macular degeneration, 18 food, 21 Sleep, 23 Kidney, 24 xray, 27 Heel spur, 28 RICE, 29 Strength, 30 Dementia, 31 Diabetes, 32 Tai Chi



The Pigeonholes

Short Messages, For Sale, Wanted

Wanted to buy: down or injured stock.

Contact : Kevin Howell. 02 68592311.



Thumbs Up!



For any paperwork or letters relating to the paper, Michael Hanley has kindly offered The Gentle Cow café as a drop off point.

CRAFT ON THE CREEK CRAFT DAYS

Members of Craft on the Creek conduct regular Craft days

They are asking for suggestions as to what people would like to learn and preferred days/times

Please leave suggestions at the shop