



June 2014

A Lions Club project for the community we serve

VOL.18

Festival of Murals?

A festival atmosphere prevailed throughout the recent Eugowra's Most Wanted Mural weekend. In fact the festivities began well before the weekend with mural artists beginning their work in earnest on the Thursday. The Utility Dog Trials got underway on the Friday and the very successful Off the Wall Art show was opened on the Friday Night. Activities continued on the Saturday and culminated with the Car Show and Mothers Day Market and Luncheon on the Sunday.

Locals and visitors alike enjoyed the activities, the town of Eugowra is looking amazing decked out in all the fantastic murals. Congratulations to the organisers on their hard work and vision. Mural Committee members Cassie Gates and Jodie Greenhalgh are pictured below.



from the editor

My congratulations to the organisers of the recent Mural weekend, what a marvellous event for our small community and how fantastic to see it growing every year.

The Off the Wall art show was a great addition to the weekend, well patronised by exhibitors and viewers alike. There were a lot of red dots on the paintings when I was there.

I was really saddened to receive the "Thumbs Down" on page 6 from the organisers of the Mural Weekend. It is so disheartening to know that visitors and volunteers were subjected to this sort of criticism. When I was growing up we were often told "if you have nothing nice to say, say nothing" and I think it is a pretty good rule of thumb for life. Perhaps those who were so critical would like to give some of their time to projects that enhance the community.

Didn't we have some great food on the weekend from Eat Your Greens, see the recipe for the popular artichoke dip on page 10.

Congratulations also to the organisers of the Biggest Morning Tea in Eugowra. Once again this popular event raised a great amount of money for the Cancer Council.

Also great to read in Talk of the Town about the exciting renovations at the museum, well done to the Museum committee. The museum and the murals certainly make Eugowra well worth a stop on people's travels.

I hope you are all enjoying the lovely Autumn weather.

Enjoy the News,

Anne



The Eugowra News Committee

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Next Issue Deadline:

Friday 20th June 2014

**The News will be available on
27th June**

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the community.

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

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Deadline

Publication

20th June

27th June

25th July

1st August

22nd August

29th August

26th September

3rd September

24th October

31st October

21st November

28th November

What's on this month including Doctors
Surgery hours Ph. 68592220

June 2014

Mon Tue Wed Thu Fri Sat Sun

						1
2 Drs. 9-5 VIEW mtg	3 Drs. Manildra 9-1	4 Closed	5 Drs. 9-4	6 Closed	7	8
9 Public Holiday	10 Drs. Manildra 9-1	11 Drs. 9-11	12 Drs. 9-4	13 Drs. Manildra 9-1 CWA mtg	14	15
16 Drs. 9-5	17 Drs. Manildra 9-1	18 Closed	19 Drs. 9-4	20 Drs. Manildra 9-1 News Deadline	21	22
23 Drs. 9-5	24 Drs. Manildra 9-1	25 Drs. 9-11	26 Drs. 9-4 Fold up News	27 Drs. Manildra 9-1 Community Bus	28	29
30 Drs. 9-5						



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Thumbs Down!

To those few locals, who over the past three years have voiced their critical opinions directly to the artists, not only have you upset the artist you jeopardise the continued future of the Eugowra Murals Project.

We have lost artists to this type of criticism.

Please don't forget the artists are invited to give up their valuable time and are doing our town a HUGE favour.

The murals are NOT PHOTOGRAPHS; they are the artist's depiction.

If we were to pay for a mural of this calibre for an example the Eugowra Supermarket, it would cost well over \$40,000.

Without the artists generosity there would be no murals in Eugowra.

To ensure the continuance of our town beautification we would appreciate our community consider the consequences of voicing individual negative opinions.

We need to approach this community adventure with unified and positive attitude to make Eugowra a better place!

From the Eugowra's Most Wanted Mural Committee



Our nights have become a little chilly but it has been lovely to have them followed by clear sunny days which are simply perfect for tackling some winter garden jobs.

There are lots of vegetables which enjoy the cooler months, such as cabbages, cauliflower, broccoli, bok choy, silver beet, broad beans and climbing peas etc. Liquid feed regularly to keep them growing well.

It is a worthy idea to grow small but successive crops of all these vegetables for continued harvesting all through winter.

Rhubarb, artichokes and asparagus can be planted any time over the next month or two. The gardener will be well rewarded if the growing site is well prepared in advance by digging deeply and adding lots of rich, aged organic material.

By doing this these crown vegetables will be very productive and flourish for quite a number of years.

Artichokes will add interest and contrast if grown in the flower garden. Their lovely grey/green foliage and purple flower heads make a complimentary addition amongst ornamentals

Preparation for growing a few potatoes should begin soon.

Potatoes will do well if grown in pots or try a no dig method by layering straw and compost.

All members of the onion family can be grown any time now.

They will do well by growing the seeds directly where you want them to grow or by planting seedlings.

Eschallots and garlic corms are also right to go in now, with pointy end upwards.

As I have mentioned many times late Autumn and Winter is a the perfect time to grow bare rooted, deciduous trees, summer fruiting and nut trees, grapes, berry vines and never forgetting the beautiful rose.

It really is best practice if the growing site is prepared a good month to six weeks in advance of planting with good aged compost. It is very important not to allow these news plantings to dry out.

I always avoid adding extra fertiliser to the planting hole as it may burn the tender new roots as they grow, its best to add some slow release (or similar) fertiliser around the plant once you notice the plant is actively growing.

Hellebores or winter roses are a delightful woodland plant which thrives in cool climates but they can do well in our area, provided they are given a prepared bed of

rich alluvial well drained soil in a shaded area protected from warm winds. Therefore, under trees, shrubs and in pots placed in court yards etc can be ideal spots for them. They bloom in winter and early spring in colours of dusky pinks, greens, cream, white and sometimes much darker colours of almost black.

We are sure to start getting frosts sooner, rather later so thinking about protection of our frost tender plants should be on the agenda.

Covering susceptible plants with old lace curtains is one way of giving protection or frost cloth which is sold by the metre can be easily sought and purchased from nurseries and hardware stores.

There is also a number of commercial brands of spray which when sprayed on our most precious frost susceptible plants will help to build up the cell wall of plants therefore reducing frost damage.

Generally, pruning roses is best left until about August in areas where winters are very cold but of course this is up to the individuals own desire or needs.

Deciduous vines and trees can all be pruned anytime from now.

Winter scents

It is often so nice to have a shrub near the house which gives off a nice perfume and one that is beautiful is Daphne which gives a truly heady fragrance. This plant is great to grow anywhere as a shrub but it makes a very nice specimen plant in a pot. It likes a fairly rich soil but it does not like to have wet feet. So drainage is particularly important. Unfortunately it can be very fickle and turn its toes up only after a year or so. It could be called a somewhat challenging plant but one well worth trying.

Cool season predator plants

Just a few plants which are worthwhile to grow simply, if for no other reason than they bring many good predators into the garden which in turn will help to reduce the number of bad or nuisance pests:

Flat leafed parsley, curley parsley, wild rocket, mizuna, lettuce, fennel and dill.

Allow these plants to mature and flower.

In the flower line Alyssum, Borage, Calendula and the Viola called Johnny-jump-up.

By growing a varied selection of these of plants closely together where they will receive adequate sunshine, will mean you are providing a haven of food, accommodation and predator bait for some very worthwhile creatures.

This will result in less need for chemicals, cleaner air and vegetables for your table which are less likely to be contaminated by pesticides while at the same time creating a better ecosystem in your area.

I hope you find plenty of pleasure and enjoyment in your garden.

Until next time "Happy gardening"

Jenny



The May meeting for Eugowra's branch of the CWA was held a week early as the usual day (2nd Friday of the month) coincided with the Murals weekend.

It was a well attended meeting with much discussion in reference to the agenda at the 92nd Annual General Meeting for NSW state CWA being held from 19th May to 22nd May at Griffith.

As I write this, delegates from all across the state of NSW will be representing the members of CWA on many varied topics which Groups have put forth for resolution.

At our meeting members were asked to vote which way they would like the delegates to represent them, so all of the topics had to be discussed. (A lengthy process)

As an example of what topics can be about I am including just two of the many which were discussed.

Put forth by Nepean Group

Preamble Red foxes pose a threat to livestock as they prey on poultry, lambs and kids. They also kill many domestic pets, native birds and mammals. In high density areas they may be a risk to humans and pets through the transmission of diseases such as canine distemper, parvo virus and mange. NSW is the only State where they not declared as a Feral species, so participation in fox management programs is voluntary.

That the policy of CWA of NSW shall be that European Red Foxes cannot be bred or rescued for being kept or rehomed into a domestic environment in any way and that the foxes be declared feral in line with other Australian states.

Put forth by Southern Tablelands Group

Preamble An Australian Agricultural bank could allow farmers to sell their property to the bank, the bank then could lease the land to overseas concerns. Leases could provide clauses that the land was not to be worked until it was no longer arable and offer an opportunity for young Australians to move onto the land and purchase it at a later date.

That the policy of CWA of NSW shall be to urge the Federal Government to establish an agricultural bank, to lease rather than sell land to foreign companies or governments.

As well as working through all of the proposed motions, members were required to indicate which nominees they thought would be the best representatives for CWA of NSW for the new term.

So I think our team of Margaret, Fran Wendy and Kay will happy when they turn for home at the end of the

conference but I am sure they will have had an interesting and rewarding experience and I am also sure they will have a few little stories to tell at our next meeting.

Beverly Pengilly, Jenny and Alan Anderson volunteered at the CWA site at the Sydney Royal Easter show.

Beverly has given her time and service before but it was a first time for the Anderson's. It certainly is an interesting and rewarding learning curve.

46,000 scones were cooked and sold over the period of the show.

A whole lot of dough.

Don't forget the Garden Party at "Clonelly" Murga on 20th September

Guest of honour will be FATHER CHRIS RILEY AM

Founder and CEO of "Youth Off The Streets"

Fr Riley will give a talk. Signed copies of his books will be available for purchase. His two books are titled "Mean Streets, Kind Hearts" And "World Beyond Tears"

There will also be Stalls & Entertainment, Vintage cars & bikes ,Fashion parade by Somerset Lane of Eugowra.

\$20 per person includes Morning tea and Lunch

RSVP by 13th September

Payment at the time of booking is requested Wendy 68595221, Lorraine 68595261, Jenny 68592605

The next meeting will be at 11am on Friday 13th June





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June Recipe



Warm Artichoke Dip with homemade grissini



Dip

1 jar marinated artichoke- roughly chopped
 1 cup whole egg mayonnaise
 1 cup pizza cheese (available from the cheese section in the supermarket/ blend of parmesan, cheddar and mozzarella)
 1 garlic clove, finely grated
 1/2 bunch fresh dill, finely chopped

Mix all ingredients together and place in a Ramekin for baking later on.

Rosemary grissini

10g dried yeast
 Pinch salt
 250g plain flour
 50mL olive oil
 1 tabs finely chopped rosemary

Combine yeast, sugar, 150ml warm water. Cover and set -aside in warm place for 15mins or until foamy. (this is activating the yeast)

Place flour, olive oil, rosemary and 1/2tsp salt in bowl and add liquids. Mix together and then turn out onto a bench a knead for 5 mins or until smooth.

Place into an oiled bowl and cover. Set aside somewhere warm for 1hr or until it has doubled in size.

Meanwhile preheat oven to 170degrees.

Once dough has risen, tear off small pieces, about the size of a walnut and roll them into 5mm thick pieces. Brush with oil and sprinkle with extra rosemary and sea salt.

Bake for around 15 mins or until crunchy.

To finish the dip off, place in oven (170degrees) for around 10 mins.

Serve on a platter with shaved prosciutto and the grissini sticks.



Henry Edward Hanson RILEY

Born: 28/3/2014

Weight: 4315kg

Parents: Paula Hanson and David Riley

Sibling: Grace Anne Hanson Riley (14 months)

Maternal Grandparents: Rob and Trudy Hanson from Dubbo

Paternal Grandparents: Tom and Verna Riley from Eugowra

Great Grandparents: Sylvia Riley from Harrington Grove (Sydney) and Noel Langford from Eugowra



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News

Participation Leads To Success

School has been 'chock-a-block' full of fun and learning at Eugowra Public School during Term 2. Students have been working hard in the classroom as well as participating in sporting clinics, sporting competitions, athletics carnivals, eisteddfods and excursions.

The cooler weather means athletics, and we had fun participating in the Forbes Small Schools Athletics carnival earlier this month. A number of students demonstrated their athletic abilities with 12 students being selected to go onto the District carnival in Term 3. Congratulations and good luck to Sanjay, Nina, Mitch, Darcy, Jake, Haydan, Montana, Corey, Lauren, Peter, Katie and Grace.

Eugowra Public School scooped the pool in the relay events winning four out of the 4 age group relays.

Our athletic abilities were again tested when students participated in the Eugowra Schools Cross Country run with St Joseph's last week. Thank you to staff at St Josephs for coordinating the event this year. As a result we had five students competing at the Lachlan District Public School Sports cross country event in Forbes. Lauren, Jake, Sanjay, Katie and Mitch were available for this event. The students placed well in their age groups with special congratulations to Lauren who placed first in her age group and will go on to Wellington for the Western Region Cross Country event in June.

Still in the sporting arena all students enjoyed a soccer clinic run by Doug McKenzie of the Forbes Indoor Sports Centre. This was focussed on soccer skills and introduction to the game. We thank Doug for his time and commitment to the students.

Early in the term we had a visit again from Healthy Harold and the Life Education Van. This is an interactive learning program based around the personal development and health component of the curriculum. The students really enjoy this learning session.

As part of a friendly and socially interactive school we have introduced the Better Buddies program to the students during term 2. This activity is designed to strengthen friendships among the school with all students being allocated a 'buddy' outside of their normal circle of friends. This encourages all students to work together and look out for each other at school.

Some of our year 6 students travelled to Dubbo this week for the GRIP leadership conference with other school leaders from across the region. This was a very beneficial activity for our school leaders.

Congratulations to Miss Adams and the school choir for their wonderful achievements at the Cowra Eisteddfod. They WON both sections that they were entered in; the Small School Choir (up to 100 students) and the Vocal Choir (Max 20 voices).

We had a great Simultaneous Reading Day on the 21st

May hosting St Josephs' students and the Pre-school. This year the book titled "Too Many Elephants in the House" was the feature story and students also enjoyed the reading stations, face painting, play-dough, coloured hair and nail polish, fairy bread and the jumping castle. We would like to thank Cabonne Council for supporting this event again this year.

We are looking forward to our excursion to Dubbo at the end of May to the Sydney Symphony Orchestra concert and education program. This could be the highlight of our busy term.

Pictured below Eugowra's winning relay teams. Senior, Junior, Yr 2, and Kinder/Yr 1

6 Year age champion Reece Matheson and activities from reading day





St Joseph's Primary School

PYE ST EUGOWRA NSW 2806
Phone: (02) 6859 2485 Fax: (02) 6859 2500
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Love and Truth Through Christ

Wow! We knew May was going to be a busy one and we are still rolling along with the excitement of it all!

CHRISTIAN LIVING CAMP - YEAR 6

On May 6th - 8th, Year 6 students; Annalise Gavin, Dena Moore, Liam Heinzl, Belle Wallace and Natasha Valentine headed up to Burrendong - Ridgecrest Convention Centre for their combined Yr 6 camp with 5 other schools in the Diocese. This 3 day camp is an opportunity to prepare for their upcoming Sacrament of Confirmation and to allow them to share in the spirit of peace, friendship, love, kindness and to allow them the chance to 'step out of their boat' and enjoy new experiences and challenges in a fun relaxed environment.

On Day one we had Chris Doyle and he played an electric guitar and he sang. We went into the hall and learnt things about love, and played fun games. On the first night we had a disco and had a dance off with boys against girls.

The last night we had a campfire and marshmallows and told scary stories. Then we had a talent quest and I played the drums. I enjoyed the campfire the best and listening to Chris Doyle."

Belle Wallace

We met a very humorous man called Chris Doyle. He played the guitar and made up funny songs. He taught us how to treat ourselves and other people with respect. Our cabin was really nice. I



shared a room with Annalise, Natasha, Belle, Josie and Millie. Our cabin won the best and cleanest cabin during the cabin inspection.

Christian Living Camp was really fun. I met a lot of friends, but its good to be back."

Dena Moore

PREPARING FOR SACRAMENTS OF RECONCILIATION AND FIRST HOLY COMMUNION

Year 2 & 3 children have started their preparation of these important Sacraments in their faith journey with their teachers and Fr Laurie. It is a vital part of these preparations to attend weekly mass to fulfill their commitment. Please note these dates;

THURSDAY 24th July at 2pm First Reconciliation

SUNDAY 27th July at 5pm celebration of

First Holy Communion and First Reconciliation.

Parishioners please keep these children in your prayers as they prepare for these Sacraments.

CROSS COUNTRY AT COOLAH

Congratulations to Angus Whatman in Year 3 who came first in the Diocesan Cross Country on Monday. Well done Angus! Angus will now go on to run at Eastern Creek in the Catholic Schools competition on Friday 13th June.

All the children enjoyed an afternoon of Cross Country with the Public School on Friday 16th.

Well done to the following winners;

Jnr Girl Champion: Olivia Holland R/U: Katie Drew

Jnr Boy Champion: Angus Whatman

R/U Jake Greenhalgh

Snr Girl Champion: Lauren Cullenward

R/U Lily Wallace

Snr Boy Champion: Riley Whatman

R/U Liam Heinzl

MARTIAL ARTS

As a part of our sporting program this term the children are learning the finer points of Martial Arts with Nathan Lynch from Orange. Everyone is enjoying the discipline and fitness aspects which is also a lot of fun; 'Why do we do push ups?' 'Because we love them!'

Until next month, may God bless you all St Joseph's Students and Staff.





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Guest speaker for the Eugowra VIEW Club May dinner meeting was Kelly-ann Sacky.

Kelly-ann, who is a teacher at Red Bend Catholic College in Forbes, spoke of her experiences whilst living in Venezuela for four years, during which time she visited Cuba for a week and Peru for three weeks.

Kelly-ann remembers Cuba for the transport which consisted of all old cars, and also the colonial houses.

It was hard for Kelly-ann to choose any one thing in Peru as being a highlight as she said it was all a highlight, particularly Lake Titicaca and the hike into Machu Picchu. Learning to speak Spanish was also something Kelly-ann spoke about.

Jenny Anderson moved a vote of thanks to Kelly-ann on behalf of members who all enjoyed the talk on her travels.

Arrangements for the VIEW birthday luncheon on July 6 are coming along OK, members are asked to keep this date in mind.

Early discussion took place re the catering at the Eugowra Show.

The June dinner meeting will be held at the Central Hotel on Monday June 2 at 6.30pm for 7pm. RSVP to Kay by Friday May 30 for catering please.





News from Eugowra Community Children's Centre

NANIMA STREET, PO BOX 28, EUGOWRA NSW 2806 PHONE: 6859 2522 EMAIL: eugpreschool@yahoo.com.au

Term Two is action packed!

Welcome back everyone to term 2, so far this term we have had a few Stars of the Day. "Star of the Day" is a day where the children get to pick something that they are interested in to learn about for the day. The children also get to be leader for the day amongst their peers. We also had a visit from Mariann Garriock "Conductive Hearing Loss". Mariann read a book and introduced her puppet friends.

Thank you to the families who supported our Easter fundraiser by donating prizes, purchasing and selling tickets. Our Easter Raffle Winners were:

- 1st Andrew Duff
- 2nd Lisa Rapple
- 3rd Laurence Perry
- 4th Dean Hegarty
- 5th Ron Hay



Mariann reading us a story



Star of the Day - Levi



Getting ready for Mother's Day



Star of the Day - Philo



Star of the Day - Isla



MURAL WEEKEND

The weekend of the 9th – 11th May saw our artists and signwriters return to Eugowra for the third year of the Eugowra's Most Wanted Mural Weekend. Artists started arriving on Thursday and coming from as far afield as Victoria, Nambucca Heads, Grafton, Central Coast, Newcastle and Sydney. One of our regular artists made it back from a trip to America especially to be a part of this special event.

By Friday most of the artists had made their way into town and were hard at work on the Murals at the main paint site, which was situated in the Telstra yard and on the wall in Nanima St.

Opening Night for the Guest Artist Gallery was on Friday night with a great crowd in attendance. Twenty six artists showcased their talents in many different forms, from traditional paintings through to pottery and metal sculptures. Also on Friday night, the Eugowra Community Bowls and Recreation Club provided dinner and entertainment for the visiting artists.

On Saturday chalk artist Rudy Kistler started his masterpiece on the concrete footpath in front of the Supermarket. He was joined throughout the day by a

number of children to create a 3D dog sleeping on a rug. Just after lunch Kevin Howell and his brilliant kelpie, took a small mob of brightly coloured sheep through the streets of Eugowra. It was an amazing sight to see everyone lining the streets to see this wonderful dog in action.

Unfortunately as the afternoon progressed the rain came and the artists downed brushes and the chalk drawings the children had done were washed away. That night Eat Your Greens hosted dinner for the visiting artists and signwriters. They were all presented certificates of appreciation.

Overnight rain made Sunday morning a little wet underfoot and very foggy. This deterred a lot of the entries for the Hot Rod, Classic Car and Bike Show, with half the amount of cars from last year's event. But as the day progressed the sun was out and the artists were back on the brushes. Apex Park was alive with market stalls and the Mother's Day Lunch.

Throughout the weekend two horse drawn carriages were taking people around town to view the murals and all the activities going on in town.





Eugowra's Biggest Morning Tea

Once again the annual 'Biggest Morning Tea' event in Eugowra was a great success as it has been for the past 14 years, during which time over \$30,000-00 has been raised locally for the Cancer Council.

Early in the day 85 morning teas were packed and distributed to business houses around town to those who had pre-ordered.

Marie and Alan Noble of 'Sunnyside' were the hosts this year, and with perfect weather about 90 people attended the day at 'Sunnyside'.

Coordinator, Judy Smith, welcomed everyone saying that this is the 14th year that Eugowra has held this event which was started by Helen Perry and has grown into a real community affair. It has been held in the garden/outdoor area of different residents over those years and has become a very friendly and social day. We have Helen's foresight and initiative to thank for the ongoing success of these days and the enormous amount of money raised over those years.

Australia's Biggest Morning Tea Facts

- This is the 21st year for Australia's Biggest Morning Tea
- Since the events' inception in 1993, it has raised approximately \$125 million nationally for Cancer Council's fight against cancer
- This year in NSW we are hoping to raise 4.8 million
- In our Western Region we are aiming to raise approximately \$222,000. Last year the Western Region raised just under \$216,000

Where does the money raised from Australia's Biggest Morning Tea go?

Last financial year (2012-2013) Cancer Council invested;

- \$14.78m in research
- \$7m in information and support services
- \$7.2m in the distribution of healthy lifestyle programs to NSW communities
- \$4.5m in prevention programs and advocacy campaigns

Judy introduced local lady Diane Smith who was the guest speaker. Diane had her own story to tell and very bravely spoke of her journey from diagnosis to surgery with all the emotions, dramas, uncertainty etc. From surgery recovery to ongoing tests and all that was involved Diane had her audience enthralled and no doubt

all others who had been through the same journey could empathise with her.

Diane was enthusiastically and warmly thanked for her talk and for the advice she gave out for others who may have to go through a similar journey.

Hostess Marie then thanked everyone for attending and told them to stay on and enjoy the day. Many who came for morning tea were still there for afternoon tea.

A huge 'thank you' is extended to the many cooks who supplied all the cakes, slices, sandwiches, fillings, etc and to all the ticket sellers on the day and over the past couple of weeks. Special thanks to Marie and Alan for their effort and time in preparing and hosting the day.

As a result the awesome figure of **\$3368-00** has been raised with a couple more donations to come in.

Pictured Below Dianne Smith and Marie Noble and Judy Smith at the morning tea.



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Talk Town

With Barbara Roach

Whoever said small towns are dying, has not taken a look at what's going on in Eugowra lately. Over the past few months our pretty little village has simply been bursting at the seams with activity.

We've had visitors arriving in various vintage automobiles to enjoy a picnic by the creek.

Old timers are complaining that they don't know anyone down the street anymore.

And the annual mural breeding season has attracted hoards of happy snappers. They've even been warned that standing still is a dangerous pastime in Eugowra, as Mural artists are constantly on the look out for a blank canvas, human or otherwise.

The latest exciting development however, is happening right now, down at the Eugowra Historical Museum and Bushranger Centre in Pye Street.

I wanted to interview Ray Agustin about the project, but being such a shy retiring type, he declined, instead, thrusting some official-looking bureaucratic paperwork into my hand, saying "this should answer all your questions".

Hmmm.

Ray, as chairman of the Museum Committee, did some **really** important work for the project (filling in official forms and obtaining grants) with the assistance of Margot Jolly nee Bray, a Museum consultant. Ray was also supported by his faithful team of Museum Committee members including Elaine Cheney (Museum Curator), Judy Smith (Volunteers Roster Organiser), Bob Roach (Draftsman) and Jeanette Norris (Donor and Privy Conservator).

The nucleus of the collection currently housed in the Eugowra Museum and Bushranger Centre was put together by Robert Ellis years ago, and kept in a shed in Norton Street, Eugowra. Keen to protect and preserve the history of Eugowra and its district, other locals had added family memorabilia to this collection over the years which was cared for by Jean and Hilton Clements after Robert swapped his house for their farm.

By 1997, the Eugowra Promotion and Progress Association had recognised that the Norton Street Private Museum collection, was suffering from being off the beaten track, and in urgent need of TLC.

An old building down in the village in Pye Street was purchased with the assistance of locals and Cabonne Council, and the Eugowra Historical Museum and

Bushranger Centre was officially opened in October 2003, comfortably and safely housing the old Norton Street Museum contents and much, much more.

Robert Ellis donated much of his private collection to the new Museum, including many aboriginal stone tools and ceremonial items, often picked up while walking over the country around Eugowra. Robert, once a farmer on "Hope Vale", today lives in Molong, has become a natural historian, and has written a number of books. He has a wealth of knowledge of the aboriginal history of our area, the location of burial sites, tree scars and carvings, Bora grounds, and massacre sites. Indeed it was he who proposed the Aboriginal name "Cabonne" for our local Council. "Cobon" (Cabonne) means "big".

Incidentally, Robert is a brother to Dawn Welsh, who is our local hairdresser Amanda Mongan's grandmother. Dawn, as a member of the Eugowra History Group, with Bill Banham, first compiled the locally well known book **"Eugowra Its History and Development"** for the Australian bicentenary (1988). This detailed, absorbing and informative book about Eugowra has been reprinted many times and is still available for purchase from our Museum.

Getting back to the Museum – the new Museum building had been owned by Doug "Doogie" Yell (husband of Patti Yell, and father of Alison, Tim and Amanda). Prior to purchase for the Museum, the building had sat vacant in its original dusty condition, having previously been used as a stock and station agency and skin buying shop, first operated by WD Douglas (Patti's father) and then taken over by Doug.

After ten years of operation in Pye Street, the "new" Museum had run out of space. Kicked off by a gift of \$25,000 from Mr Jack Kirby, who owned "Galwary" then retired to the Gold Coast and will be ninety six in September, and a grant of \$10,000 from Cabonne Council, plus \$10,000 worth of in-kind assistance from locals, a Regional Capital Grant of \$45,000 was sought and obtained from Arts NSW- a branch of the NSW Department of Trade and Investment.

In addition to this, the generosity of Ken and Judy Smith and the Monahans (owners of the old Wobble Inn property) allowed the Museum to increase its block size, making room for outdoor displays and container-safe storage.

Now with \$90,000 worth of assistance in the bag and a bigger block, our new Museum is undergoing modernisations and extensions that will effectively double its size.

When I visited recently, local builder Ringo (Steve Wykamp) and his brother-in law/ assistant Grant Grogan were on the job reshaping the old farm implement display corner into a disabled (“universal access”) toilet, and the old laundry display area was being converted into a lined, secure office/ tea room/ meeting room.

New plumbing was going in and soon a new lined shed with a concrete floor will be erected, joined to the rear of the existing building and extend back beyond the existing outhouse. Apparently another local tradie, Wayne Cheney will be doing the concrete slab.

Ray informs me the quaint old outhouse will be retained in the museum yard as a non-working feature, thanks to a suggestion by Jeanette Norris. Jeanette must have spent many a happy moment there....

The purpose of the new shed extension is to house “a newly-donated iconic object which is very large”. Sorry Ray - had to quote that!

This very large iconic object is of course “Braveheart”, the huge wooden wagon, donated for display by Viv McMillan. This wagon was originally built by Bob McMillan and used on Rosebank. I happen to know many hours were spent discussing, measuring the wagon and remeasuring the shed plans to ensure that the “very large” iconic object would fit. Only time will tell!

As Ray says in his written application.... “The new Museum space will allow us to better tell the rural history of the Eugowra area. The modifications to the old section will provide a secure, environmentally sound space to display local objects, while offering a comfortable and exciting place for visitors. There will be more space for museum volunteers and visitors to research or meet and to store important family archives”... as well as partake of refreshments in comfort....

And the new indoor “universally accessible” toilet will give visitors, volunteers and researchers that 21st century feel.

Ray expects the Museum upgrade will help Eugowra to “hold visitors’ interest so they stay in our village longer”.

You never know, with so many interesting things to see and do in the Museum, in order to absorb it all visitors may have to stay overnight in Eugowra and come back again!

Let’s hope so!



Outhouse with its 19th century plumbing, soon to move to make way for the new Museum extensions.

Museum Mural depicting “Braveheart”. The real wagon, donated by Viv McMillan, will be displayed in the new back section of the Museum

View across the newly expanded Museum land with the old Broad Street gum tree stump in the foreground and building work going on at the back of the Museum. The Museum extensions will cover the area from the back of the existing building to behind the old outhouse.

“On the job discussions” Left to right: Ray Agustin, Bob Roach, Grant Grogan & “Ringo” Steve Wykamp



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A LITTLE BIT OF HISTORY



Close to Eugowra today is a World Class Dairy and employer of locals from the Gooloogong/Eugowra area. There was another dairy of note nearby over 80 years ago.

How would 'Out and About' have reported on this property at the time ?

The largest supplier to the Forbes butter factory, although one of the most recent, is Mr. L. Mallick, of "Island View," Eugowra, who, in September, was paid for 2731 lb of butter fat. Mr. Mallick has a very fine property of 3500 acres about six miles from Eugowra. Until recently he has engaged principally in grazing sheep and growing wheat, having had up to 1100 acres under crop. "Island View" is flat to undulating, country, timbered with box and pine, and has a double frontage to Water Hole Creek and Mandagery Creek, the junction of which is on the property. Some rich lucerne flats are on the frontages of these running creeks. The boundary fences are all rabbit-netted, as also are some of the subdivision fences. The wheat area has this year been reduced to 500 acres, and Mr. Mallick has installed what is probably the most up-to-date and extensive dairy plant in the west.

Thorough, Mr. Mallick believes that what is worth doing is worth doing well. When he decided to engage in dairying, he made his plans with characteristic thoroughness. He commissioned a reliable agent to purchase poddy heifers by the truckload in the recognised dairy districts nearer the coast, and turned them out on his rich pastures to grow. When old enough, he purchased and joined Milking Shorthorn bulls, and then set about making preparations for the time when they should come into milk. Nature has provided Mr. Mallick with a splendid site for his dairy on a gentle slope across the creek from his house, and he has made the most of it. On the lower slope of the hill a large receiving yard has been built, into which the cows are brought, and from this they are driven to a second and smaller yard higher up the hill, and then, a few at a time, into the milking yard, which is higher still, gravelled, and completely covered with galvanised iron. This gives entrance to the milking shed, of which walls and floor are of concrete, where 12 cows at a time are milked with

"Simplex" milking machines. When milked, the cows pass out to a grass paddock, through doors in front of them, which are opened and closed quickly and easily by a lever at the hand of the operator. Equally ingenious is the plank seat which takes the place of the usual milking stool. It swings to right or left as required in stripping the cows, and slides out of the way when not in use, and consequently, does not get in the way of cow or milker when 'bailing up.'

From the milking shed the milk runs into two vats of 60 gallons each in the adjoining separating room, which is also of concrete, and after separating, which is done by a Baltic separator of 165 gallons capacity, driven by a 3 h.p. oil engine, the cream runs into the ten-gallon cans, and is carried to a detached concrete cream room designed for coolness and ventilation, where it is kept until the factory lorry calls for it. The skim milk is conveyed by gravitation, through an open flume to the calf-feeding pens, where Mr. Mallick's daughters mother the poddies. These have the run of a well grassed paddock through which flows a running creek, fringed with Weeping Willows, which provide shade in summer; a thatched shed keeps them dry and warm in winter. When all calves are fed a bell is rung, which is a signal to the dairy to turn off the milk and send down water for washing out flume and trough.

The balance of the skim milk is diverted in another direction through pipes to the piggery, which is also a grass paddock watered by the well lowed-fringed creek. It is one of the few piggeries where one's eye discerns the pigs before one's nose is aware of their presence.

Mr. Mallick registered his dairy, in June, and in October (1933), was milking 116 cows, which he expected to increase to 150 before the end of the year



Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

For goodness's sake (and your own), wash your hands!

The cold and flu season is on us again – although the bugs and germs are around all year we tend to get them more often in the colder months because we spend more time near each other and the environment is more moist so the viruses and bacteria can live for longer.

Germs are everywhere and normally we live in relative harmony with them as long as we don't get them in our mouth, nose and eyes or a part of our body that has easy access to our blood – such as an open cut or my personal favorite, a fingernail that has been bitten down to the skin.

Our intact skin is a fantastic barrier to germs and generally we come to no harm by touching material that has germs on it. The problem starts when we move the germ from our intact skin to an area that has moisture and blood (this allows the germ to grow).

The most common way that this occurs is with our hands. We touch a virus/germ and then help it on its path to survival and growth by touching our face with our hands or touching food or something that we put in our mouths.

The next most common way is breathing in the virus/germs. A good sneeze or cough can help germs travel meters.

WHAT SHOULD WE DO

Wash our hands regularly. Particularly before you eat, touch your face or touch an area of broken skin. This doesn't mean every 5 minutes and it depends what you are doing and how many other people are around you. Be more concerned in public places like shopping centres, schools and most of all Hospitals. Hospitals are full of sick people so this is the place where you are much more likely to come into contact with a germ.

In recent years some people may have felt pushed out of hospital early and this is frequently to get you away from all the other people carrying germs.

Try to keep your home/workplace/play area clean and dry. Germs love moisture. Like any living substance they need water to survive. This is why in hot dry weather people tend to get fewer infections because the germs die quickly. Hot moist environments are the worst - this is like heaven to a germ.

Keep yourself well hydrated. Just as the bugs die in the dry so do your skin cells. If your skin gets dry you are more likely to have cracks in your skin and this allows a direct pathway for the germs to get in. Keeping yourself well hydrated means the skin can stay moist and provide you with better protection.

Make sure you manage cracked skin – use moisturisers or ask your Doctor or community nurse for help. Do not bite your fingernails down to the skin and cover broken/open areas with bandaids or a dressing.

Cover your mouth or nose. When you cough or sneeze cover your mouth and nose with a tissue and then put it in the bin. If you haven't got anything use your hand or arm and then wash it as soon as you can. This protects you and others from the spread of germs.

Stop smoking or staying in a smoky environment. Smoking reduces the body's ability to fight against virus and germs. Many people who give up smoking find that they have never been sicker for the first month or so.



Coughing Spreads Germs



Covering a Cough Keeps Germs From Spreading

This is often because the defence mechanisms are still recovering. Smoking does actually kill off some bugs because it dries them out – before you start to think this is a good strategy for preventing colds - it also kills the lung tissue. Children or non-smokers in smoky environments are taking in the second hand smoke and this reduces their ability to fight the viruses and bugs also.

When you're on the mend, think hot water. After you or your family member has recovered from a bout of sickness, wash the bedding and nightclothes in hot water. Wash down the bed and all bedroom surfaces, and then open windows--even in the winter--to help fresh air circulate into the room. Change the towels.

Bringing sniffles and sneezes and perhaps a sore throat and annoying cough, the common cold catches all of us from time to time.

With kids getting as many as eight colds per year or more, this contagious viral infection of the upper respiratory tract is the most common infectious disease in the United States and the No.1 reason kids visit the doctor and stay home from school.

Causes

Most colds are caused by rhinoviruses that are in invisible droplets in the air we breathe or on things we touch. More than 100 different rhinoviruses can infiltrate the protective lining of the nose and throat, triggering an immune system reaction that can cause a throat sore and headache, and make it hard to breathe through the nose.

Is it a cold or a flu? Look at the Grid below.

If most of your answers fell into the first category, chances are that you have the flu. If your answers were usually in the second category, it's most likely a cold.

Air that's dry — indoors or out — can lower resistance to infection by the viruses that cause colds. And so can being a smoker or being around someone who's smoking. People who smoke are more likely to catch a cold than people who don't — and their symptoms probably will be worse, last longer, and are more likely to lead to bronchitis or even pneumonia.

But despite some old wives' tales, not wearing a jacket or sweater when it's chilly, sitting or sleeping in a draft, and going outside while your hair's wet do not cause colds.

Signs and Symptoms

The first symptoms of a cold are often a tickle in the throat, a runny or stuffy nose, and sneezing. Kids with colds may also have a sore throat, cough, headache, mild fever, fatigue, muscle aches, and loss of appetite. Nasal discharge may change from watery to thick yellow or green.



Questions	Flu	Cold
Was the onset of illness ...	sudden?	slow?
Do you have a ...	high fever?	no (or mild) fever?
Is your exhaustion level ...	severe?	mild?
Is your head ...	achy?	headache-free?
Is your appetite ...	decreased?	normal?
Are your muscles ...	achy?	fine?
Do you have ...	chills?	no chills?

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Working Dogs 🐾

The Utility Dog Trials were a great success on the Mural Weekend but Kevin Howell stole the show with his display of expertise driving a mob of sheep through the town. The sheep were so well behaved that some spectators thought they were tied together. Congratulations Kevin.

Results from the Eugowra Utility Dog Trial

Nursery

1st Peter Rutherford and Gilbert 6.5

2nd Brent Chalker and Tess 5.1

3rd Mitchell Everleigh and Amaroo Mag 5.0

Cast /lift/draw Mitchell Everleigh and Amaroo Mag

Novice

1st Gary White and Whites Crissie 145

2nd Gary White and Whites Jimmy 130

3rd Nigel Brazier and Taylor 115

4th Dave Motley and Motleys Dell 113

Cast/lift/draw Mitchell Everleigh and Amaroo Mag

Open

1st Gary White and whites Fella 180

2nd Gary White and Whites Crissie 172

3rd Daren Motley and Timaru Bull 151

4th Nigel Brazier and Taylor 117

5th Greg Walton and Karana Jed 116

Unplaced Kevin Howell and Karana Sami 109



Landholders warned of recent losses from barber's pole worm

Central West landholders experiencing good seasons also need to be aware of potential animal health issues, particularly barber's pole worm.

In the last month landholders around the southern area of the central west LLS region have lost sheep due to increased cases of barber's pole worm.

Central West LLS District Vet Belinda Edmonstone is warning landholders in these regions to be aware of the issue and manage accordingly.

"Some areas of the Central west LLS region have been lucky enough to receive very good late summer/early autumn rains," Belinda said.

"This is great news. However a good season can present some animal health issues.

The barber's pole worm lives in the fourth stomach (abomasum) of sheep. It sucks blood causing loss of production and deaths as a result of severe anaemia if the worm burden is high enough.

The female worm is a prolific egg producer. She can deposit up to 10,000 eggs per day onto pastures. The egg needs warmth and moisture to survive and hatch into the infective larvae.

A good drench program and pasture management is essential to minimise losses caused by this worm during seasons like we have. There are plenty of drench resistant strains of barber's pole worm so producers need to get sound advice on its management.

It is also very important that producers check withholding periods and export slaughter intervals on the drench they use to ensure residues do not end up affecting our markets.

"Recent conditions have allowed rapid build-up of infective larvae on pasture," said Belinda.

"Sheep showing clinical signs of barber's pole worm infestation will lag behind the mob when mustering and

collapse. Their skin and gums will be very white. They may or may not have bottle jaw.

"The mob will not be doing as well as they should be and there will be a distinct tail in the mob."

As well as assessing the mob for clinical signs, monitoring worm egg output in the faeces is also a valuable tool. This is done by sending samples to a laboratory to perform faecal egg counts. Barber's pole worm can be introduced with sheep purchased in or home grown.

For further advice please call your nearest Central West LLS district vet.

Media contact: Rodney Campbell 0447 430 160 or 02 6881 3430

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MEDIA RELEASE

CABONNE DAROO BUSINESS AWARDS, A MODEL FOR REGIONAL AUSTRALIA

Cabonne's Council's highly successful Daroo Business Awards have become a model for other regional awards, guests attending the launch of this year's event were told today (20 May 2014). Awards chairman Bruce Buchanan said the Daroos had become the template for similar events in smaller regional areas and the Daroo committee had recently played a role in the development of similar business awards in Weddin Shire.

"So well suited are they to country towns that Weddin virtually adopted the Daroo concept without any changes," he said.

Cabonne Mayor Ian Gosper officially launched the 15th Daroo Business Awards which will be presented at a gala dinner hosted by the Molong Advancement Group on 7 November 2014. "The Daroos showcase the quality and diversity of businesses in Cabonne and recognise businesses and organisations that demonstrate a commitment to excellence in their service or management," he said. "It is fitting, therefore, that this year's theme is Arts – the Art of Business Success."

The winner of the coveted Best Business in Cabonne will receive a \$3000 television advertising package with the WIN network. Customers and clients will have a say in which businesses are recognised, with a people's choice format deciding the winners in most categories.

Nominations are now open and will close on 30 June 2014. When the nominations are counted, the business with the most nominations will go into the top 10 voting round.

Cr Gosper said the Daroo Committee and Cabonne Council were delighted to be working with gold sponsors WIN TV, Newcrest Cadia Valley Operations and Pulse HR, and silver sponsors First Choice Credit Union, MSM Milling, Adloyalty and VERTO.

Nomination forms can be obtained by contacting Cabonne Council's Community Engagement and Grants Officer Hannah Dunlop on 6392 3267 or by emailing hannah.dunlop@cabonne.nsw.gov.au

Forms will also be available at various points in all Cabonne villages and nominations can be made online at www.cabonne.nsw.gov.au

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Golden EUGOWRA Eagles

FOOTBALL UPDATE

After 7 rounds of very competitive football the Geagles are secured in second place on the ladder after their win at Canowindra the girls are looking good. The Juniors competition started mid May with many local boys playing in this team, which is good news for football in Eugowra, the young side had a narrow loss to Canowindra but gave the crowd a very entertaining game. First Grade are once again keeping the crowds entertained the boys are equal with Trundle on the ladder with 12 points after some tough games the boys are continuing on last years path as strong contenders for the Woodbridge Cup.

