

Remembrance, Respect and Reflection

Remembrance, Respect and Reflection were the themes of Jemma Howell's moving ANZAC Day address at the Eugowra Memorial Service.

A large crowd turned out to pay tribute to the ANZAC tradition and reflect on the sacrifice made by Australian service men and women over the years.

As the numbers of veterans who march has dwindled over the years the Eugowra March is now well supported by students from the local schools and their teachers. Students from St. Josephs, Eugowra Public School, Red Bend, Forbes and Canowindra High Schools joined the March.

Jim Brien was the Master of Ceremonies for the occasion, bugler Mathew Passmore played the last post and Sister Helen led the prayers. A large number of wreaths were laid by local organisations and individuals. Following the service RSL members, their guests and families gathered at the Bowling club for lunch.

Jemma Howell's address is on page four and more photos on page twenty.

Pictured below John Guest, Greg Agustin, Jim Brien and Wally Townsend who led the Eugowra ANZAC Day March.



from the editor

I was talking to a few people at the Eugowra ANZAC day service who mentioned the changes over the years and particularly how few returned servicemen and women who march these days. Of course this is inevitable as the years move on and we become more distant from the last of the great world wars. However it raises the question of what will happen to the service in a small community such as ours. Who will take on the organising of the ANZAC day service? At the same time as the number of ex servicemen marching has diminished there does seem to be a resurgence of interest in ANZAC day in the Australian community, many people commented on the big turn out this year in Eugowra. Thanks to all those who organised and participated in the service this year. Congratulations to Jemma Howell on her address, it is printed on page 4.

I am really looking forward to the Mural Weekend there is so much going on. As well as the Murals there is the car show, mothers day lunch and now the Film night at the Bowling Club on the Friday night. I hope the whole community is getting behind the events and contributing in whatever way you can.

I am really pleased to have a football report this month, thank you to John and Sue Park. It is great to see the Golden Eagles off to such a great start this year, lets hope their season continues in the way it has begun.

I will put the dates for games on the calendar and on the Facebook page.

Don't forget to look at the Facebook page and add your comments or stories. This is an excellent way of making the News more than a monthly publication.

Enjoy the News,

Anne



Deadline

24th May

21st June

26th July

23rd August

20th September

25th October

22nd November

Publication

31st May

28th June

2nd August

30th August

27th September

1st November

29th November

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What's on this month including Doctors
Surgery hours Ph. 68592220

May 2013

Mon Tue Wed Thu Fri Sat Sun

		1 Drs. Closed	2 Drs. 9-4	3 Drs. 9-1	4	5 Rugby League Eugowra VS Canowindra
6 Drs. 9-5	7 Drs. Manildra 9-1	8 Drs. Closed	9 Drs. 9-4	10 Drs. 9-1 10 AM Mural Weekend Opening Flashback Film Festival 8PM	11 Mural Weekend	12 Mothers Day Lunch and Hot Rod Car Show
13 Drs. 9-5 Show Mtg	14 Drs. Manildra 9-1	15 Drs. Closed	16 Drs. 9-4	17 Drs. 9-1	18	19
20 Drs. 9-5	21 Drs. Manildra 9-1	22 Drs. Closed	23 Drs. 9-4 Biggest Morning Tea	24 Drs. 9-1 Community Bus News Deadline	25	26
27 Drs. 9-5	28 Drs. Manildra 9-1	29 Drs. Closed	30 Drs. 9-4 Fold up News at the Central 5 PM	31 Drs. 9-1 June News		



ANZAC DAY ADDRESS

Time dims the memory of ordinary events, but never great events. They are deemed great not necessarily for what they achieved, nor for whether they were successful. Great events are distinguished by the quality of the human endeavour they called upon, by the examples they create for ordinary people and by the legends they inspire. The term ANZAC is an inspiration that embodies the true qualities of courage, determination, sacrifice, loyalty and most of all, mateship. Today marks the anniversary of the first military action where Australian and New Zealand Army Corps landed at Gallipoli, and like many other citizens around Australia, we have gathered to commemorate one of the most significant events in our national calendar.

This day, the 25th of April, depicts the accomplishments of men and women who served and earned the respect that this country is giving to them. We pause today to also commemorate the achievements of not only those past ANZACs, but to all of those current members of our Defence Force – the brave men and women that represent our country on a daily basis.

The freedom experienced by us, is an example of the enduring legacies presented by past soldiers. The noble profession that was taken upon the shoulders of many men and women has become an influential pathway to many younger generations to this date. The spirit of the ANZACs is handed down to us, teaching us the values of independence, freedom and fairness. That exact spirit provides Australians with an unbreakable bond that most countries do not have. Happiness is given at a price, and

the future generations are given the chance to understand that through days such as today. Australians should be grateful to those who contributed to shaping the identity of our proud nation through their noble sacrifices. We keep bright the memory of those lives and by doing so; communities across the nation are brought together.

As a young girl, I never quite understood the true meaning of ANZAC Day and why we commemorate it. But as I grew older, I came to the realisation that I live in what I believe to be one of the best countries in the world and I have the ANZACs to thank for that. Now as a seventeen year old, I am one that looks forward to ANZAC day every year. I look at today as chance to reflect on the past, and to be grateful for the future that is presented ahead of me. This day exemplifies what should be presented by the people in our nation, qualities of independence, strength, mateship, and courage. To me, ANZAC Day is a day of remembrance, respect and reflection upon past events that shaped our country into what it is today. We gather today to pay honour to our fighting men and women, both past and present, for we live in freedom and peace because of those people who sacrificed their lives.

We are all touched by ANZAC Day personally, but to my family and I in particular, it's a chance for us to remember and honour my great uncles, Arnold Esmond Howell, Albert Maxwell Howell, Elwyn Spencer and Patrick O'Brien. Their efforts will not be forgotten, along with all the others. ANZAC Day is not just another commemoration, the ANZAC spirit is one that stirs the heart of the nation and the voices and efforts of our men and women will be remembered, because it is a part of us as a nation. Today we say thank you to past and present generations, for the selflessness of all those people who have been prepared to serve and lay down their lives for Australia. It is today, ANZAC Day, that we thank them for our freedom and rights, for our privileges and Australia's identity. We recognise those who served in not only World War 1, but all battles following. We stand together today, as a community brought together by those laid at rest and those who came home.

Future generations need to be reminded that happiness has a price. If happiness is the product of freedom, then freedom appears to be the reward of courage. We should be grateful to who those who have helped preserve our nation through their sacrifice. Though these men and women are not with us today, they will live on in our memories as we let our philosophy be built around the set of values that they have handed down to us.

Lest we forget.

By Jemma Howell

In This Issue

- | | |
|-----------------------------------|-----------------------------|
| 4. ANZAC Day Address | 19 Murals |
| 7. Happy Gardener | 20 ANZAC |
| 8. Caring for the Land | 22. Lions News |
| 10. Health Report | 26. St. Josephs School News |
| 11. History and Boer War Memorial | 31. Working Dogs |
| 12. Community Gardeners | 32. LHPA |
| 14. In the Kitchen | 36. Out n About |
| 15. Show Success | 38. The Calendar |
| 16. CWA News | 39. Agronomy update |
| 18. Show | 40. Golden Eagles |

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The change to Autumn is certainly being felt now with the shortening of the afternoons and the chill of the evenings and the mornings.

It seems every month when I write this page I repeat myself by saying how much we need rain and this month unfortunately, especially for the farming community, nothing has changed. But as always we live in hope of better weather.

Autumn is a lovely time to spend time outdoors and there are lots of jobs which can be done in the garden. It is the time which is renowned for transplanting shrubs and trees which we may have grown in an unsatisfactory position. By transplanting this month it will allow plants to make as much growth as possible before the soil gets really cold. Water the soil well around the plant which you want to move. Ensure you dig a wide area around the root ball and replant into soil which has been improved with quality compost and water the shrub in its new position with a liquid fertiliser.

If your garden beds have hardened up over the warmer months, a good dig over and a top dressing of compost will restore them to good condition.

If you plan to purchase and grow some new trees this winter, now is the time to prepare the site by digging good size holes, adding aged manure and watering well. It is often beneficial hold off purchasing new plants until nursery's have their new seasons bare rooted trees and shrubs in stock. Keep an eye open for caterpillars on grapevines etc. If you want to avoid using chemicals just hand pick off and dispose of them by your way of choice

It is not too late to dig and divide overcrowded clumps of bearded iris. Just break the young rhizomes off from the oldest central one and plant the young rhizomes in refreshed soil.

Seedlings to plant now include:

Pansy and viola, poppies, primulas, cornflower, statice, stock calendula, seaside daisy, forget me not, Virginian stock etc

Cauliflower, cabbage, leeks, onion, parsley, silverbeet, Brussel sprouts, etc

For something a bit different:

Lots of things in this life go in and out of fashion and vegetables are no exception. Some of those "out of

vogue" vegies are turnips and swedes (root vegetables) and kohlrabi (a swollen stem from which the leaves sprout) With the popularity of "slow cookers" and "one pot dinners" these old type vegies are worthy of giving some space in the vegie plot as they are nutritious and filling and are easily grown from sowing seed directly into the growing bed at this time of year. Turnips are sweetest when young. There is a number of seed varieties, one of which called "Hakurei" grows quite quickly and is ready for harvest when it reaches golf-ball size. Swedes are said to be a cross between a cabbage and a turnip and have yellow flesh. The seed can also be grown directly into their growing bed and cold soil is not a problem to them. They are sometimes used as an accompaniment to roast meat but a more often used in soups and stews.

(I have read that the Scots mash them to accompany haggis.)

Kohlrabi is the most attractive of these three vegetables. The leaves are edible but it is the round globe like stem which is mostly used. This is another vegetable mostly used in soups and casseroles. As this vegetable matures the globe changes to purple/red colour that contrasts with its white flesh. Again, the seed can be grown directly into the growing bed.

With all three, when the seedlings emerge water regularly with a liquid fertiliser. It is also said that all three vegetables taste better after their first frost.

African violets or Saintpaulia, belong to a family in the plant world which produce spectacular potted colour for indoors and other protected areas. The original African violet was a purplish/blue colour but now they are available in shades of blue, purple, pink, red, yellow and peachy/apricot tones. Their flower could be described as almost star shaped and the varieties are many, from single flowers to semi double, double, petals may be ruffled or fringed, striped or have a contrast coloured edge. All have a furry, stiff leaf which was generally green but with extensive breeding taking place it is not uncommon to find decorative and variegated leaf types available.

African violets prefer indoor conditions in very bright light but not direct sunlight in temperatures of somewhere between 16-26 degrees Celsius. They like to be a little root bound. Water with tepid water when the soil is dry to the touch. Feed regularly with a specific African violet fertiliser or any fertiliser of your choice. African violets are highly susceptible to many pests and diseases which in general are mostly caused from over watering.

I hope you all find time to enjoy your patch of garden and I wish all Mothers a lovely "Mother's day".

Happy gardening. Jenny



Caring for the Land

With Nina Hooper



Hello Eugowra.

Hoping that the rain isn't too far away for those of us with interests in farming.

As many of us do the rounds on the tractor there is a renewed focus on soil, and soil health workshops and projects are never far from the minds of Landcare.

The 11th and 12th of June will see two workshops held at Parkes and Forbes respectively covering the practical side of soil biology.

As I have said in previous columns this is an area that us as Landcarers and land managers have wondered about for a long time. The soil is pretty much a rainforest really in terms of the mysteries it holds with regard to what exactly lives there and its untapped potential for our lives and our production systems.

It makes sense that we try and learn more to optimise what we have and this workshop will help us all do just that.

I'd really encourage you to book in at the office on 0268624914 – and don't forget to bring your bucket of soil on the day so that you can do the microscope work with your own soil and your own greeblies!

Schools are reminded that there are a raft of environmental events coming up for them. Forbes North Public School will host a Kids Teaching Kids conference on the 21st of June and Schools Eco Day will be on the 31st July. We love these events and look forward to seeing Eugowra Schools represented once again!

The Lachlan Landcare and Natural resource management awards have closed and there will be a celebratory luncheon in Forbes in late May and the Central West Champions of the Catchment is still open for nominations.

Following on from these the state Landcare and NRM awards are now open – and you don't necessarily have to be a regional winner or finalist to go into these.

These awards are good in that they do provide the rest of us with ideas and inspiration.

We have had winners in the past at the state level –so it is certainly not beyond the realms of possibility that we have someone locally that would scoop the pool.

Head to www.landcareonline.com.au to check out the categories and the criteria.

Speaking of Landcare on line, there are many great resources on this site which is the site of Landcare Australia.

If you are interested in starting a group there is a kit to do this and if you need media ideas, you can access that too.

There are also some ideas for interesting Landcare campaigns that networks can run – including Landcare for singles! I am sure that there would be many Landcare romances out there – but this has never really been a concerted effort by our organisation!

With the theme of "Do you plant here often?" there are posters, press releases and other resources that can help you to run a Landcare romance event!

Landcare for Singles events provide the perfect opportunity for environmentally conscious people on the look-out for that special someone to try a new and unique form of speed dating, or in this case – speed planting. They are also a great way of attracting new volunteers to a group and spreading the word about the great work your group is doing for your local environment.

The inaugural Landcare for Singles speed planting events were run by the Yarra Valley and Dandenong Ranges Landcare Network in Victoria in 2011 to address recruitment issues for Landcare groups in the area.

The Network ran two hugely successful planting days, which attracted over 100 participants, 95% of whom were completely new to Landcare.

An after-party was also hosted, giving the opportunity for all singles from both planting events to come together and mingle.

Landcare Australia would love to keep track of how many Landcare for Singles events are taking place around the country, so if you are planning on running an event, please email details to: events@landcareaustralia.com.au.

There are also some great details on a Trees for Mum campaign, that aims to plant trees in memory of mothers – a lovely thought that's for sure.

There are sure to be some excellent ideas for your Landcare group or community, make sure you check them out.

The site is also one to watch for announcements of funding opportunities.

Until next month, keep an eye on the Facebook page for up to date information – and Happy Landcaring!



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Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

The world I want to see - Eye health

Ita Buttrose "Australian of the year" is the patron of the Macular Degeneration Foundation. She recently spoke at the National Press Club about the society she wants to live in – respecting age and providing appropriate care for older Australians.

She is passionate about preventing and managing conditions related to age. One of her key messages is to improve our awareness of age related conditions and to support and respect those people who develop these conditions. The more we understand about conditions the better our chances of preventing them.

So keep reading and pay attention!!

Macular Degeneration Awareness Week 2013 will be from 26 May to 1 June.

Macular degeneration is the leading cause of blindness and major vision loss in Australia. 1 in 7 Australians over the age of 50 years (one million people) has some evidence of the disease and the incidence increases with age (not all will go onto blindness).

What is Macular Degeneration?

The macula is the central part of the retina, the light sensitive tissue at the back of the eye. The retina processes all visual images. It is responsible for your ability to read, recognise faces, drive and see colours clearly.

Macular degeneration causes progressive macular damage resulting in loss of central vision but the peripheral vision is not affected.

How some people with macular degeneration might see the world.

What are the types of Macular Degeneration?

There are two types. The dry form results in a gradual loss of central vision. The wet form is characterised by a sudden loss of vision and is caused by abnormal blood vessels growing under the retina. Immediate medical treatment is essential if symptoms occur.

What are the risk factors?

Age: The risk increases significantly with age.

Family history: There is a 50 per cent risk if a direct family history is present.

Smoking: There is three to four times the risk if you smoke.

Eye health checklist**

Have an eye test and make sure the macula is checked.

Don't smoke.

Keep a healthy lifestyle, control weight and exercise regularly.

Eat a healthy, well-balanced diet. Eat fish two to three times a week, dark green leafy vegetables and fresh fruit daily, and a handful of nuts a week.

There is an eye health cookbook available from the macular degeneration foundation

Provide adequate protection for your eyes from sunlight exposure, including when young.

What treatments are available for Macular Degeneration?

Treatment options are dependent on the stage and type of the disease. Current treatments aim to keep the best vision for as long as possible and in some cases may potentially provide visual improvement, but there is presently no cure. Early detection is vital in saving sight.

Key symptoms may include one or more of the following:

Difficulty with reading or any other activity that requires fine vision.

Distortion, where straight lines appear wavy or bent.

Distinguishing faces becomes a problem.

Dark patches or empty spaces appear in the centre of your vision.

The need for increased illumination, sensitivity to glare, decreased night vision and poor colour sensitivity may also indicate that there is something wrong. If you experience any of these symptoms contact your eye care professional immediately.

Living well with macular degeneration

There are a number of strategies which can help overcome the challenges of Living with MD. These include:

Staying positive and setting realistic goals

Actively learning and adjusting to new skills and feeling empowered through accomplishment

Keeping things in perspective

Accepting limitations and not being too demanding of oneself

Actively seeking support from others

Adopting a can-do attitude

People with low vision, especially those recently diagnosed, may need help to:

Source aids and obtain skill training

Stay engaged with their communities

Information supplied by Macular Degeneration Foundation

If you would like more information about macular degeneration contact on www.mdfoundation.com.au or 1800 111 709

A LITTLE BIT OF HISTORY



Reported in the Press 100 years ago

Eugowra articles in Newspapers of 1913

Cowra Free Press 26 February 1913

The Government Gazette notifies that the Boree Shire is empowered to charge the following rates for the removal of nightsoil at the undermentioned places; Cudal, 9d per pan, with a rebate of 2d per pan if paid monthly in advance; Eugowra and Canowindra 10d per pan.

Molong Express 26 April 1913

At the last meeting of the Eugowra Progress Association, some important business was transacted.

Application was made for a local commissioner of affidavits, coroner, telegraph messenger, new courthouse and an assistant police officer, and a recommendation was made to the shire that travelling stock should be prevented from travelling through the main street and that the stock routes be used for travelling stock.

Molong Express 10 May 1913

One of the gentlemen appointed by the Governor to the Commission of the Peace as per the Government

'Gazette' was John Agostinelli of Eugowra. (Original family name of the Agustins.)

Orange Leader 13 June 1913

The latest report from the Eurow Copper Mine shows that the smelting operations are going well. So far 200 tons of ore have been treated, and smelting will be still continued for a very considerable time.

Twenty-five men are being employed at the mine.

Forbes Times 5 September 1913

Mr Wheatley sold by public auction on Monday last at his office, the rights in connection with the Eugowra Annual Show. The publican's booth was purchased by Mr J J Sinderbury of the P O Hotel. The luncheon booth and cool drinks stall went to Mr J E Lovett, and the publican's booth for the Eugowra Jockey Club race meeting on the day following the show to Mr Lou Laneyrie of the Club House Hotel

Molong Argus 10 October 1913

Five Mile Farmers Trot. Mark Newell, of "Bandon," near Goolagong, entered a 24 year old bay horse for this event on Wednesday last week at Eugowra and, driving it himself, he won in 16 minutes against 15 others. The event caused great excitement. (Had the horse already trotted the long distance to Eugowra via Goolagong bridge?)

Unveiling of Boer War Plaque and plaques from Memorial Hospital.

On Sunday 26th May 10am at the Memorial Park Eugowra, Robert Ellis, author of the History of the Boer War will unveil a plaque commemorating the men from this district who went off to the Boer War 1899- 1902.

Robert Ellis is going to give a talk on the Boer War and then has accepted the honour of planting a memorial tree to commemorate this occasion.

This will be followed by the unveiling of the plaques and memorabilia from the old Eugowra Memorable Hospital at the MPS (Multi Purpose Services) Centre Hill St Eugowra. This will be followed by afternoon tea provided by the MPS, all are welcome.

16,000 Australians were engaged in the Boer War, 1,400 were wounded, 251 were killed and 267 died of disease. Young men from Eugowra who volunteered and sailed for South Africa included Edward Chesher, George Chesher, Edward Robertson, John Campbell Robertson and Alfred Allen and also listed was local volunteer W Tweedle. Sadly, two of these men gave their lives in the war effort.

A plaque at St Matthews Anglican church was unveiled in 1901 by Rev J Dunstan in memory of Corporal A Allen and Lance-Corporal E B Chesher. Lance Corporal E B Chesher was killed at Elands River aged 21 years. Corporal Alfred Allen died of enteric fever aged 32 years.

George Cheshire was welcomed home by the community not knowing of the death of his brother. Both Robertson brothers, uncles of Bill Howell, returned home. Mr R A Douglas who later resided for many years this area also served in the Boer War.

Eugowra has a very strong ANZAC Day support and we are hoping to get a similar turnout for this occasion. The Memorial Ceremony will start at 10am in the Eugowra Memorial Park. The Eugowra R.S.L. Sub-Branch invites everyone to attend the first Eugowra Boer War Commemoration Ceremony and tree planting.

The National Boer War Memorial Association will be doing a story in their national newsletter with photos and details from the Eugowra ceremony and people can also view the website for more details. So feel free to visit www.bwm.org.au and then go to Boer War Day, then Boer War Day 2013 and you will see our ceremony listed there.

Pictured at right Peter Cameron from Euchareena off to the Boer War.



Community Gardeners

We have had a full, but fun, month thus far, with a car load of us visiting the Forbes Community Garden at the old Forestry Commission site on April 3, for some ideas. Dennis Irvine kindly made time for us and offered some sage advice. The group should be very proud of what they have achieved, with considerable support from a proactive Council.

April 5 we held a seed planting afternoon at the Public School, in preparation for planting the raised beds when they become available. This was a lot of fun, and the children were very enthusiastic participants.

The first of our Monthly Gardening Mornings at Apex Park kicked off on April 7 and expanded to the Nanima Street Gardens in preparation for the Murals/Mother's Day weekend.

April 18 saw us composting and planting daffodil bulbs in the Nanima Street Gardens.

We have had great support from Volunteers, and I think everyone was surprised to find that even grubbing out 'Couch Grass' could be such fun, in a group!

It has been very heart-warming to see some of the school children coming along to our gardening days with a particular thank you to Jodie Williams who has twice spent the whole morning working with us side by side.

A BIG Thankyou must be extended to Moxey's Dairy who have kindly, and very generously, donated 2 truckloads of beautiful compost for both the School & Town gardens. This is a very significant donation and is widely appreciated.

Similarly, we would like to thank Michelle & Elaine of 'The Lady Bushranger' fame, for very kindly donating hot & cold drinks to Volunteers on both occasions.

It is this type of community spirit that we are hoping to build upon with our 'Community Gardening' and we invite anyone interested to come and join us again on May 5 from 9.30 thru to 12, or whatever time you can manage, followed by a BYO sausage sizzle/picnic lunch at Apex Park. All ideas for future projects will be gratefully considered, and we can talk about the timing of our Monthly get-togethers, as the first Sunday of each month conflicts with Pony Club.

If you are able to make it on Sunday May 5, ideally bring some gardening equipment, gloves etc. We are also encouraging anyone with a surplus of volunteer plants, spare plastic pots (particularly the smaller ones), and/or cuttings/plants suitable for propagation, to bring these along as well, and what we can't use, we can swap and share with others. Look forward to seeing you all there.



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OPEN 6 DAYS

EUGOWRA 2013 DEB BALL

7pm (for 7.30pm presentation)
Saturday 25th May

at

Eugowra Showground Pavilion

Tickets \$25 per head, sold at the door on the night.

All proceeds go towards Eugowra Community Children's Centre.



May Recipe



Pan fried pork chop, chargrilled eggplant salad, Vietnamese dressing



For the dressing

6cm piece of lemongrass, white part only, finely sliced

125ml pineapple juice

2tbs light soy sauce

1tbs rice vinegar

1tbs caster sugar

1tbs chilli oil

2tsp minced pickled chilli

Place lemongrass in a mortar and pestle, pound to form a smooth paste. Place into a pot along with pineapple juice, soy sauce, vinegar and sugar. Bring to the boil, and then remove from the heat. Stir through chilli oil and pickled chilli, allow to cool. The dressing will keep for 4 days in the fridge.

For the salad

5 radish

1tbs sugar

2tsp salt

½ cup fried shallots

2 eggplants

60g crushed roasted peanuts

2 spring onions

1 large handful for coriander leaves

2 birds eye chilli's finely sliced

Vietnamese dressing, recipe above

Grate the radish and place in a bowl with the sugar and salt mix well. Set aside for 30mins, squeeze and discard the juice from the radish, reserving the flesh. Heat a chargrill pan or barbeque until hot. Slice eggplant into 1cm thick circles. Brush with oil, and chargrill about 3 mins each side or until the flesh is soft. Arrange eggplant slices on a platter, top with radish, fried onion, roasted peanuts, spring onions, coriander and chillies. Dress with the Vietnamese salad dressing. Serve hot or cold.

For the pork chop

1, 200g pork chop

Zest of ½ a lemon

1tsp lemongrass finely chopped

Vegetable oil

Salt and pepper

Marinate pork in lemon zest, lemongrass, salt and pepper for 2hrs. Heat a barbeque or grill pan to a high heat. Brush pork with oil and grill for 5 mins each side, or until cooked. Rest for 5 mins. Serve with Eggplant salad and Vietnamese dressing

CABONNE ONE OF THE MOST FINANCIALLY-SOUND COUNCILS IN NSW

Cabonne Council is among the most financially sound in the State, according to an extensive examination by the State Government.

Cabonne Mayor Ian Gosper said a NSW Treasury Corporation assessment of the State's 152 councils found Cabonne was one of only 34 to have a financial rating of sound or better.

"Two councils, one of which was Sydney City, were given a strong rating while a further 32, including Cabonne, received the second highest rating of sound," Cr Gosper said.

The financial position of the remaining 118 councils varied between moderate to very weak.

The financial situations of a number of major councils, including Bathurst, Dubbo, Gosford, Lismore, Tamworth and Wagga Wagga were assessed as being moderate, while centres such as Coffs Harbour, Port Macquarie Hastings and Clarence Valley were rated as weak.

Broken Hill and Greater Taree were among five councils regarded as being in a very weak position.

Cr Gosper said Cabonne's assessment in the top 22 per cent of the State reaffirmed its ongoing viability and franked its very sound financial management over many years.

"Council's financial staff and successive councils have worked very hard to ensure that Cabonne is in an excellent financial position and this assessment is a tribute to their outstanding efforts," he said.

Show Success for Local Goat Stud

Pacifica Boer Stud owner Tracey Woods told the News "We have had a very successful 2013 show season so far having won Doe and Buck Champion categories at the Southern Aurora Championships at Goulburn in March and then taking out two of the senior buck classes at Sydney Royal two weeks later. Sydney Royal is the Australian National Show for Boer Goats. At Sydney this year we took a team of 26 and came home with a ribbon for one in every two!

Last weekend we won Champion Senior Buck, Reserve Senior Champion Buck and Grand Champion Buck at Bathurst Royal and this weekend we head off to Bendigo for the Victorian State Show with a team of 6 does and 6 bucks.

I believe that this year's show team is the strongest we have ever put forward in the years that we have been breeding and we feel that the quality of the team has a lot to do with the conditions here at Eugowra. Our move from the NSW South Coast in late 2009 proved to be the best move we could have made for these animals. They thrive in a drier region and have just come on in leaps and bounds since we moved across the mountains. Although in saying that like everyone else in the region at

the moment we are praying for that much needed rain.

Like any breeder of livestock we are constantly striving to improve our bloodlines. The challenge of breeding the next champion is what keeps us going and we know that by relocating to Eugowra we have given ourselves the best possible chance of achieving our goals."





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The guest speaker at the 12 April meeting of the Eugowra CWA was Pamela Naidoo, GeoScience Manager of Northparkes Mines.

Pamela was introduced by Jane Simmons, Executive Assistant to the Managing Director, Stephanie Loader, who was unable to attend and sent her apologies.

Pamela gave a most interesting talk on her experiences in the South African mining industry. She has worked in both the exploration and mining side of the industry for 19 years with several organisations including Gencor-Billiton, De Beers and Rio Tinto. Metals she has worked with include manganese, chrome, iron ore, base metals, diamonds, platinum and now copper and gold. Pamela moved to Australia six months ago with Rio Tinto to work as their GeoScience Manager at the Northparkes Mine and is responsible for exploration and evaluation activities as well as providing ongoing operations support in Geosciences.



In addition, Pamela is the President of the Geological Society of South Africa and is highly active in promoting the role of women in mining and was involved in forming an association of mining professionals, Women in Mining South Africa. Working in a very male dominated industry, especially in the early days of her career, was a challenging and difficult experience. Now at Northparkes Mines, 20% of the 350 strong work-force are female, many in technical roles.

Pamela was presented with a paperweight of Mullandry granite in appreciation of her time in addressing the meeting and for sharing her fascinating story.

Noela Lane, Handicraft Officer, reported that our Branch was placed 4th at the **Group Handicraft Exhibition** held at the Orange Civic Centre 11-15 March. Congratulations to Yvonne Smalley whose beautiful hand-knitted woollen item was awarded first place and thanks to Noela and all our crafty ladies for their lovely work.

The **Group International Day** was held at Cudal on 9 April. Margaret Swift, Wendy Carey, Frances Anderson, Jeanette Norris and Mavis Cross attended and enjoyed a delicious range of Moroccan savoury and sweet dishes. Guests enjoyed the chance to catch up with members from other Branches, view a display of Moroccan memorabilia and watch belly-dancing. Wendy Carey, Group International Officer, did a great job organising the event and setting up the display.

Thanks to Frances Anderson, Jeanette Norris, Margaret Swift, Shirley Heinzl and Yvonne Smalley for doing **Meals on Wheels** during the week of 14-20 April.

Members will again provide morning and afternoon tea for the **Mural artists and sign writers** on Friday 10 May, Saturday 11 May and Sunday morning of 12 May. The north wall of our Rooms will be painted and a donation will be made towards its cost.

A Grant for \$15 000 has been received for kitchen renovations to the Rooms to comply with Health and Safety Regulations. The grant was awarded by the NSW Government under the Community Building Partnership program in 2012.

Margaret Swift and Frances Anderson laid the beautiful wreath made by Evie Hayes on behalf of the Eugowra CWA at the **Anzac Day Service** in Eugowra..

The next meeting will be held on 17 May at 11.00am. The Guest Speaker will be Cathy Cleary talking about depression and deep brain stimulation. Please advise Margaret Swift on 6859 2256 if you require lunch.

Books for Babies



Co-ordinators Janet Noble and Shirley Heinzl recently presented books and brochures about the importance of reading to a baby to three mothers of new babies in Eugowra.

L-R: Jenny Bray with Olivia May Bray; Peta McKenzie with George Douglas John McKenzie and siblings Darcy and Nina; and Clare Bray with Ada Louise Duff



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Eugowra's Biggest Morning Tea

Can we bring our total of funds raised up to \$30,000?

Eugowra has been holding a Biggest Morning Tea for the past thirteen years. During that time the community has raised approximately \$27,000 for the Cancer Council.

This year the committee are hoping to raise enough to achieve a total of \$30,000.

The morning tea will be held at the home of Kerry O'Malley at 11 Victoria Street.

Morning tea will go from 10 AM until 3 PM on 23rd May.

There will be a guest speaker and excellent raffle prizes of \$50 open order at Somerset Lane, \$50 open order at the Butchers and dinner for two at the Central Hotel. Of course there will be a delicious morning tea.

Morning Tea organiser Helen Perry said the this event has always been well supported by the Eugowra Community and she would like to express her appreciation for the communities generosity and ongoing support.

Last year Eugowra Had a bad run with the weather for many major events. There were cold and wet conditions for the Mothers Day Lunch, Biggest Morning Tea and the Sesquicentenary. While some rain would be welcome, host Kerry O'Malley is hoping for a fine, sunny day this year.



The April Show Committee meeting was well attended with most discussion centred around the preparations for this years centenary show.

Our Showgirl, Lydia Herbert was present at the meeting and gave a report on her week at the Royal Easter Show. Lydia described it as the best week of her life and

encouraged local young women to enter this years competition.

Wilf Norris reported that there will be draught horses back at the show this year. At present there are eight competitors showing interest.

Hugh Ellis proposed that there be a bushranger sculpture competition again and this proposal was passed by the meeting. Hugh said his vision was of Bushrangers in the paddocks surrounding Eugowra.

Emily Cross suggested we have a photographic display, Looking Forward, Looking Back, My Eugowra to celebrate 100 years of the Show. Emily volunteered to organise this display.

Ray Agustin gave a report on the plans for the Hold Up re-enactment.

There were many suggestions for events and activities on the day, including a Home Brewing Competition, Tractor Pull and games. As it will be a full schedule a sub committee was formed led by Peter Phillipzen to coordinate events.

It was decided to leave membership at the same price as last year and to have a membership drive reminding people of the benefits of being a member of the show society.

There is a fantastic new kitchen at the show ground, featuring stainless steel benches and a great new stove. Once the new flooring is laid this will make an excellent facility for anyone wanting to hire the pavilion. Rates are \$154 for the pavilion and \$88 if you just want to use the kitchen. There will be a few more renovations to the Pavilion over the coming months.

The next Show Committee meeting will be on 13th May.



At the end of March, I was fortunate enough to be a part of a once in a lifetime week-long experience as a part of The Land Sydney Royal Easter Showgirl Competition. Fifteen other young ladies from across the state and myself met on Monday to begin our amazing adventure. On the Monday night, we attended Government House and met the governor of New South Wales, Her Excellency Marie Bashir. Her

Excellency is an amazing lady, whom is very passionate about rural New South Wales. It was an amazing opportunity to meet her, especially as she will be retiring in the next 12 months.

Tuesday was another inspiring day, where we visited Westmead Children's Hospital to deliver showbags to the children. The children and their parents were beyond inspirational and it was amazing to make their day just a little bit brighter.

As Tuesday was also Excellence in Agriculture day at the show, we had the opportunity to be a part of the Grand Parade. I was fortunate enough to hitch a ride in a small cart pulled by a Clydesdale, although climbing into the cart via the wheels proved more difficult than it looked! Our day was completed with the Excellence in Agriculture Dinner overlooking the Main Arena at the show, where we had front row seats of the evening show.

Wednesday was a day mostly for touring, where we visited The Land office at North Richmond and Belgenny Farm at Camden. Belgenny farm is where Elizabeth and John Macarthur developed the Merino Industry in Australia. Most of the historic buildings have been restored for tourism, and a small flock of sheep were present at the farm. The flock has been preserved from the original Merinos bred at Camden and were certainly a highlight of the tour.

Thursday and Friday were spent touring the show, and getting prepared for the final big day – Saturday. Saturday was the final presentation, where we were interviewed in front of 1000 people and presented with our sashes.

I did not receive a sash on the Saturday, but to me that does not matter. The experience alone was the most amazing week of my life and I have made friendships that will last a lifetime. I would like to thank the many people that have supported me along my journey, including local Eugowra businesses, Somerset Lane, The Lady Bushranger and Bronwyn's Diva Design. Your support made my experience all the more memorable.

2013 Eugowra Mural Weekend is Finally Here!



After 12 months of planning, the 2013 Eugowra Mural Weekend is finally ready to happen. Sixty artists, sign writers and painters are registered to participate during the Mother's Day weekend. Official Programs will be available around town before the weekend, and also during the weekend. All proceeds will go back to the Mural Project, to ensure we can do it all again next year.

Friday 10th May, 10am will be the Official Welcome to our artists and morning tea at Somerset Lane (work site). Part of Nanima street will be partitioned off during this weekend. We apologise in advance for any inconvenience this may cause, but we assure you, all will be returned to normal by Monday morning. Each artist will be assigned to one of the five murals to work on as well as the various other signs that will also be getting a face lift. In the cafe building the Letterheads will be participating in their guilding classes. The public can view this through the windows but are asked to give the sign writers some space to conduct the class. Friday Night, 6pm artists and the public are invited to the Bowling Club for Dinner followed by Eugowra Flashback Film Festival at 8pm, showing previously unseen footage of Eugowra back in the 1950's.

Saturday sees the artists back on the paints for the day. Also on Saturday the Children's Skateboard art classes begin at 10am at the Community room, next to the Preschool. Bookings are essential, as numbers are limited. Contact either Jodie (0427 592 481) or Cassie (0412 889 339). Kids can create custom skateboard graphics, making their own stencils, using an airbrush, and hand painting a deck. Participants should bring ideas, printed images, and sketches along to the event. Professional artists will be there to help bring their vision to life. All paint and airbrushes will be provided. Children can work on their creations the whole weekend as the facility will be open both Saturday and Sunday. Presentation of the Best Boards will be on Sunday at the Mother's Day Lunch.



On Saturday evening the artists are attending a private dinner at Eat Your Greens.

On Sunday 12th May, Mother's Day, is going to be a big day. Artists are back on the paints from 8am, while arriving into town will be up to 200 Hot Rod, Custom and Classic cars and motorbikes to the Eugowra Sportsground. Public will be admitted from 10am. Gold coin donation for entry into the sportsground to view some wonderful displays of motor vehicles as well as various market stalls will also be present on the day. The winners of this car and bike show will be awarded at 2.30pm, followed by a parade through Eugowra. The Mother's Day Carnival and lunch will also be on at Apex Park. The Carnival starts at 12 noon through to 4pm. Ticket holders only are admitted to the Marquee lunch but the Carnival will have many market stalls providing food and activities for everyone. There will be live entertainment and a fully operational bar. For the kids there will be face painting, sand art and a jumping castle. At 2pm we will thank all the artists and sign writers and present them with their certificates.

This will wrap up the weekend and hopefully Eugowra will have five new murals to display as well as some new signs around the place.

We have quite a few thank you's to announce. Firstly to all those who have donated not only money but their time and effort into getting this event to happen. Many an occasion it was questioned "is this worth all the trouble?" and the answer was "yes!". We are all very proud of what this event will bring to our town. Thank you to all our families for their kind donations of accomodation. Thank you for your paint donations. Thank you to the CWA ladies for what will be many hours of baking and serving our artists and signwriters. Thank you to our sponsors.





Lest We Forget





Eugowra Lions News

Eugowra Lions are trying some new activities in order to promote interest in the club and continue to provide service to the community. The first of these new events was a barbecue held at the home of Tony Toohey in Eugowra on Sunday 28th of April. It was a beautiful autumn day and Lions members and their guests had a very enjoyable afternoon. Thanks to host Tony and to those who prepared the delicious lunch.

Over twenty people attended and agreed to have another Barbecue at the home of members Max and Margaret Swift in about six weeks time. This informal occasion provide an opportunity for a few newcomers to Eugowra to meet other people and develop their community knowledge.

President Peter Heath welcomed everyone and spoke briefly about the ongoing work of Lions in the Eugowra Community. The club is very pleased to welcome prospective new members Tony Toohey and Neil Whalen.

If you would like to know more about the Lions club give Peter Heath a call on 68592944 or call in at the Central on the Thursday before The News comes out at 5PM to assist in folding up the News for distribution.



EUGOWRA VIEW CLUB



Eugowra Evening VIEW Club members welcomed Civil Celebrant Laurel Hull of Forbes as their guest speaker for the April dinner meeting.

Laurel gave a very informative and interesting outline of her life and the many and varied paths she has enjoyed over the years with her work.

VIEW member, Lyn Ellis, moved a vote of thanks on behalf of members and presented Laurel with a small gift. (pictured right)

President Esther Hyde presented Therese Welsh with a bell and her President's badge on the occasion of her first meeting in that position.

New member Arline Townsend was presented with her member's badge by Therese Welsh.

A number of members, family and friends, 26 in total, recently enjoyed a visit to Moxey's Dairy, where they were taken on a very interesting and comprehensive tour of this outstanding farming venture. Everyone was greatly impressed with the level of technology used and the environmental strategies in place.

Following the dairy visit everyone then adjourned to the Gooloogong Hotel for a long and enjoyable lunch on the upstairs verandah.

Guest speaker for the May dinner meeting on Monday May 6 will be career soldier John Guest. Members are reminded to RSVP to Esther by Friday May 3.

New members are always welcome. Just phone Esther on 6859 2368 to book in for dinner.

Judy Smith (Publicity Officer)



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4 1 5

11 Oberon Street EUGOWRA

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- Big workshop/garage sits in the back yard which includes a double carport, as well as a generous single carport off to the side of the home.
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- Established trees and beautiful bush rock areas make this well fenced property a must see.



3 1

38 Oberon Street EUGOWRA

\$ 76,000

- This partially completed 3 bedroom home has lots to offer its new owners.
- This corner block has all services connected, which is a huge saving to anyone wanting to build. The 3 bedroom layout is a great use of space, with a proposed rear deck to increase the overall living area of the design. A separate garage sits to the rear of the home with access from Aurora Street.
- Unique opportunity to complete the renovation of a beautiful period home with your own style....Inspect today !



3 1 4

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Love and Truth Through Christ

APRIL NEWS

Holidays are now over and the children and staff are settling back into the routine of school. We hope everyone had a nice break with their families and friends.

SR HELEN SULLIVAN

Last term we welcomed a new member to the Eugowra Parish and Community; Sr Helen Sullivan who has taken up residence in the Presbytery. The staff and students are very happy to have a nun and colleague back in residence.

Commencing in Term 2, we also welcome to the staff; Mrs. Marian Dowd who will be teaching part time. Mrs. Dowd will be a great asset to the school and paying particular attention to the Numeracy and Literacy programs for our children.

We also welcome a new Teacher's Aide in the Primary Room three mornings a week; Mrs. Heidi Holland.

CWA PUBLIC SPEAKING COMPETITION

Congratulations to all our children in the Primary Room for making their speeches last term in front of judge; Mrs Frances Anderson. Everyone did very well; there were thought provoking, funny speeches and sad speeches. Thank you to Mrs Anderson for coming in to judge and thank you families for encouraging your children to write their speeches.

Congratulations to the 1st place representatives chosen to take part in Orange on the 21st May.

Yr 6 1st Katie Townsend, 2nd Ryan Huckel

Yr 5 1st Liam Heinzl 2nd Belle Wallace

Yr 4 1st Lily Wallace 2nd Max Gates

Yr 3 1st Baylie Tulloch 2nd Charlie Philipzen

GO GO GOLF

Another fun and successful golf day was enjoyed with a visit from Sharon Nott - Jack Newton Junior Golf.

All ages had a great day learning more skills in putting, driving and generally having fun.



ANZAC DAY MARCH

Thank you to all our children (and parents) for being a part of the ANZAC day commemorations in Eugowra. It was lovely to see such a good roll up representing the school and paying respect to those we remember on this special day.



CHRISTIAN LIVING CAMP

In week 2, our two Year 6 children; Katie Townsend and Ryan Huckel will head up to Lake Burrendong (accompanied by Mrs Welsh) for 3 days of camp. They will enjoy the friendship and fellowship of Year 6 students from the small Bathurst Diocesan schools.

T JOSEPH'S WEBSITE

Don't forget the weekly newsletter is on our Website every Friday.

Keep in touch with all our goings on and look up; www.stjosephseugowra.catholic.edu.au

Coming up this term for the winter season will be Eugowra Cross Country running on 17th May and Eugowra Schools Athletics on 21st June.

Thanks to the continued support from the Active After Schools Program this term the children will be enjoying Gymnastics every Thursday.

Until then, we will keep up our prayers for a good break in the season for our farmers and gardeners.

May God bless you all.
St Joseph's staff and students.

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Sunday May 12



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Judging will take place after 10.00 am, with presentation at 2.30 pm.

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EUGOWRA SPORTSGROUND, vehicle entry off Nanima Street.

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Newsletter

Hello again everyone!! As you can tell I am back in the land of the living again after my surgery for cancer. Sorry to put an end to all the stories, but the surgery I had was for bowel cancer and I also had a kidney removed as there was a tumour on it as well. I have been given very good reports and now all I have to do is recover, so it will still be a little while before I am back at work full time. I would like to thank everyone for the cards, flowers, good wishes, prayers, cooking, lawn mowing, books, magazines, visits and offers of support and help.

This journey has been a very humbling experience and I can't thank everyone enough! Anyway enough about me and now on to shop business.

This Friday 26th April sees the return of meat pies, sausage rolls and bread rolls from Forbes Country Bakehouse. Now that the weather is cooling down we can put the pie warmer on in the shop without making the shop any hotter. It won't be long and we will be looking for the heat off the pie warmer to keep warm ourselves!!



Working Dogs 🐾

Once again the Eugowra Utility Dog Trial will be held on the 14,15,16th June 2013 at The Eugowra Showground . We are inviting everyone to come along and watch some of Australia's best working dogs in action. Including the Current National Kelpie Champion from Nyngan and our local champion dogs owned by Karana Kelpie Stud who will be competing with the current N.S.W and Victorian Kelpie Champion, Karana Abba.

Food will be available over the 3 days .

The trial will start on the Friday morning at 8.00 a.m. with the Nursery Dogs, they are dogs that have not won a Novice event in any trial. The trial will continue over the next 3 days with the Novice and the Open event's.

The committee would like to thank all the Sponsors of this trial for their overwhelming support without this support we would not be able to conduct this event . We would like to give a big thank you to the Pengilly Family for the loan of their sheep and the Central Hotel for the accommodation for the judges.

Also the yard panels have been purchased and a working bee will be held shortly to erect the permanent yards at the showground for the dog trials.

Hope to see you all there.

Kevin will be travelling to Queensland shortly to compete in the National Kelpie Trial at Allora , Kevin has won this event 8 times and last year came 2nd with Karana Ripper at Kellerberin in W.A. He will then be travelling to Goondiwindi to compete in the Australian Yard Dog Championship in which he came 2nd with Karana Sami at Wagin in W.A last year.

Pictured below is Kevin Howell with Karana Abba at Wagga Yard trial where they came second.



Foot and Mouth disease training in Nepal

By Belinda Edmonstone, Lachlan LHPA District Vet

Recently I was fortunate enough to be part of a team of livestock veterinarians sent to Nepal for Real Time Foot and Mouth Disease (FMD) training. This is thanks to the combined efforts of the Livestock Health and Pest Authority (LHPA), Food and Agricultural Organisation of the United Nations (FAO) and Department of Agriculture Fisheries and Forestry (DAFF).

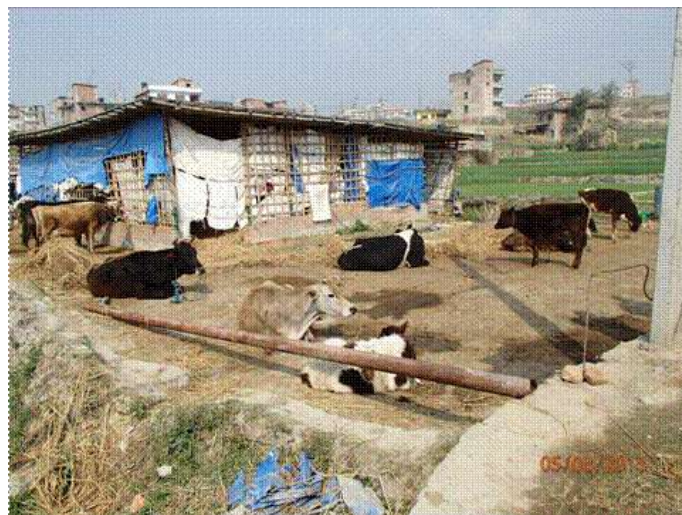
FMD is by far the most significant biosecurity threat to Australia's livestock industries. An outbreak in Australia could have devastating consequences to our community in lost production, trade and tourism. It would also have social consequences resulting from movement restrictions and response activities during an outbreak.

Australia is a significant producer and exporter of livestock products. In 2010-2011 livestock and livestock products were worth \$19 billion of which \$13.4 billion was exports. In 2001 the Productivity Commission study found that a three month outbreak of FMD could cost \$7.1 billion increasing to over \$16 billion for a 12 month outbreak. New figures by ABARES yet to be released are much higher than this due to a more realistic assumption of time out of markets.

In 2011 the Matthews review of Australia's preparedness for FMD noted there was a strong possibility that an incursion of FMD might not be rapidly detected in Australia. This possibility was due in part to the fact that relatively few Australian veterinarians or stock handlers have had first-hand experience with animals infected with FMD. The main aim of the training I undertook in Nepal is to increase the likelihood of early detection of FMD by vets, livestock handlers and producers. This is paramount if we are to minimise the economic loss the disease would have on our industries.

FMD is a highly contagious acute vesicular disease of cloven footed animals. It can infect up to 70 species, however cattle, buffalo, pigs, sheep and goats are most susceptible. Cattle show the most obvious clinical signs with a fever, depression and then the development of vesicles (blisters) on the mouth, tongue, lips, feet and teats. They salivate profusely.

There are normally a large number of animals affected. Pigs show similar signs with high mortality in piglets. They are not as susceptible, however once infected they will shed a huge amount of virus – up to 3000 times more than cattle. They can become infected with the virus by eating contaminated animal products (swill), which is why swill feeding in Australia is banned and carries heavy



penalties. Sheep and goats generally show mild signs with the main symptom being lameness. This is a concern as they may escape early detection.

As livestock managers it is important that you observe your stock regularly and that you report any signs of a new or suspicious disease. If you have any concerns ring us at the LHPA or call the Emergency Disease Watch Hotline on 1800 675888.

Pictured above cows in Nepal.



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By Anne Burns

Recently Chris Marr, Andrew Naylor and Adam Norrie organised another meeting of the Gooloogong/Eugowra Farm Group. This time with a couple of great guest speakers, Gordon Refshauge DPI Cowra being one. Gordon gave the group an excellent insight into what we should be doing to maximise our lambing %. Out n About caught up with Gordon for a brief overview.

Eugowra News: Can you give us some background into the research you have been doing into lamb survival

Gordon: I have done over 1000 autopsies to determine the cause of death on lambs since 2005. I have autopsied lambs from Trangie to Orange, Grenfell to Cootamundra and down to Bombala. I have also travelled to South Australia to do some on the Turretfield Research Centre.

Eugowra News: What are some of the statistics on lamb survival?

Gordon: Where you are located (Western Division versus Tablelands) will affect marking rates (lower out west). The breed of the ewe will also have a large impact on survival, as will the selection history of the ewes for reproduction traits. In more than 100 years the probabilities of survival have not changed. Typical chances of lamb survival are 80-95% for single-born lambs, 70-80% for twin born lambs. When this level of survival is multiplied by the fertility rate (fertility is the number of ewes pregnant per ewe mated) and litter size, we find national lamb marking figures of around 76-78%.

Eugowra News: Could you explain the drivers for lamb survival?

Gordon: Dead lambs can only die from one primary cause of death, but still show signs of several secondary causes. Lambs not suckling milk will die from starvation, but whether this is the real cause can only be determined with autopsy. Lambs not suckling milk are easy targets for predators too. At least 85% of autopsied lambs have not suckled milk. Inability to suckle can be influenced by ewe behaviour,

lactation quality (insufficient pasture in the 3 weeks before lambing), teat function (blind teats, bottle teats, mastitis) and difficult birth. Lambs surviving a difficult birth are more likely to have brain damage, which leads to loss of body temperature and less suckling. Most lambs (about 50%) experience some brain damage at birth which is made worse if the process is prolonged. (This also includes small lambs that are born without difficulty, which are more vulnerable to asphyxia during birth processes). The solution is ewe nutrition and selection.

Foxes claim up to 30% of lambs, but that is uncommon. Typically we find predation to be not more than 4-8% of dead lambs. If you lose 20% of all lambs born, then perhaps 0.5% to 2% of all lambs born are taken by foxes depending on location. Regular group baiting programs are the only way to address fox predation. Baiting should be coordinated over large areas and happen twice each year – autumn and spring. In autumn, young foxes are out of the dens and looking for new territory, while in spring the vixens have cubs and are hungry.

The biggest contributor to low lamb survival is going to be the condition of the ewe at lambing.

Ewes that are too skinny lose large proportions of their lambs. All ewes should be managed to lamb in condition score or fat score of 3. Ewes in score 3 can be expected to wean another 10% of single lambs and up to 30% more twin lambs compared to score 2. The best time to start this management is at pregnancy scanning.

Eugowra News: What are the how's in increasing lambing %

Gordon: Simply answered – you have to feed 'em to breed' em. Ewe nutrition at mating, lambing; pregnancy scanning ewes 45 days after the rams are removed and; wet and dry ewes after lambing.

Increasing the number of lambs weaned can be done by improving ewe live weight and condition/fat score at mating, which results in more pregnant ewes and more twin lambs. More twin lambs requires better pasture management for lambing and weaning.

Most producers don't pregnancy scan, which is a mistake. Identifying dry, twin bearing and early or late lambing ewes helps farm management to best utilise available nutrition for the sheep that need it the most (twin bearing ewes). Twin bearing ewes need to lamb on pasture of 1200 kg DM/ha green. If pasture growth rate is 20 kg/ha/day, you need to rest a lambing paddock that has short green pick for about 50 days prior to lambing. With a dry autumn like 2013, we need the rain events for this to occur and a back up feed plan if it doesn't rain, for winter lambing.

Compared to ewes that lamb in score 2, ewes that lamb in score 3 will have: heavier fleeces, more weaners, heavier weaners, weaners that cut more wool, twin lamb weaners with no penalty for fleece weight, lambs with no fibre diameter penalty. Pregnancy scanning enables segmentation of the flock, which enables matching the requirement to the pasture availability, and identifying the ewes that require more or less nutrition during mid and late pregnancy. There is around \$2 return on investment per ewe scanned for producers that pregnancy scan for twins, if they manage the ewes to lamb in score 3. Plus, identifying repeat dry ewes improves fertility genetically.

Kevin Haughey, who did much work in the 1970s and 1980s and is a legend of the field of lamb survival, said increasing litter size is a cosmetic way to improve the number of lambs weaned. Yes, more lambs are weaned due to twins but more lambs will die. The best approach is to select the ewes that are capable of rearing lambs, as they will be better mothers and pass on their superior genetics. Selection for rearing ability is the only way to improve lamb survival genetically. To select ewes for rearing ability it is essential to wet and dry the udders at lamb marking or at weaning. Most producers do this at marking because in operations when mating lasts more than 5 weeks and weaning is 12 weeks since the last lamb was born, or more, it is hard to tell a dry ewe from one that has taken up her milk having weaned a lamb naturally. If you are like me, you will mate for five weeks and wean the lambs at 12 weeks after the midpoint of lambing. I can wet and dry my ewes more accurately at weaning because of this. Lambs only get 10% of their diet from milk at 12 weeks of age, so there is little to be gained by leaving them with mum any longer. To learn more about wet and drying udders, go to the DPI website and look for the Primefact on sheep udder assessment at lamb marking and look at the you tube video. The web address is found here:

<http://www.dpi.nsw.gov.au/agriculture/livestock/sheep/management/reproduction>

In the 1970s a Merino research flock at Trangie were concurrently selected for fertility, fibre diameter reduction and increases in fleece weight. The mob started the project at a lamb weaning rate (number of lambs weaned per ewe mated) at 80%. After 5 years of accurate selection the flock was weaning 120%. This is the best possible improvement. Most producers should expect improvements of about 1-2% per year, so 10% more lambs in 5 years. In Romneys, in NZ, a flock increase the number of lambs weaned by 53 per 100 ewes mated, in just 10 years when they adopted a fierce selection against dry ewes.

The way to approach selection for rearing ability is to cull all crossbred ewes that are dry (at pregnancy scanning and after

lambing in the case of pregnant ewes). Cull all ewes that require assistance at lambing. For Merino ewes, identify the ewes that are dry at scanning or after lambing (having been identified as pregnant) and give them one more chance. This will permit the ewe to produce another fleece in the meanwhile, but it will also improve the accuracy of selection. Reproduction is a lifetime trait and it takes a lifetime for the trait to express itself. Ear notch or ear tag dry Merino ewes with an identifier that tells you she has a history of being dry. If at anytime in future the ewe is dry again then she is culled. This two strikes and you are out policy will increase the accuracy of selection, increase the rate of genetic improvement in lamb survival, it will increase twin ewe numbers while keeping most of your selection pressure for the other important economic traits in your breeding objective. If you have crossbred ewes, you have a choice to cull the first time dry ewe or not. If you operate an accelerated lambing system (spring and autumn joining) you can give the ewe one more opportunity, otherwise she should be culled at any failure because she will just eat grass and produce nothing but take up space in the meanwhile.

Wet and drying ewes will identify ewes for culling as we make destocking decisions in a tough season like we seem to be heading into. For producers that have autumn lambing, lamb marking will be soon upon them. These producers should wet and dry their ewes and use that information to best judge stocking rate and dry weather management.

Gordon's summary is: pregnancy scan; manage ewes to lamb in score 3; wet and dry the ewes 'udders after lambing and cull according to your stocking rate, the seasonal conditions and your normal breeding objectives. I think wet and drying ewes is as important to reproduction as putting the rams in.

In a recent development Megan Rogers, Sheep Officer at Forbes has left the DPI and is now setting up a LTEM (Lifetime Ewe Management course) in our district. These courses have proved very beneficial for lamb producers in other states. Megan can be contacted on 0427 459 891 about LTEM. She is looking for producers interested in improving their bottom line.

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The Calendar: how things came to be

By Mike O'Callaghan (Part 1)

We all learn about weeks as we are growing up, chiefly because of the distinction between school days and weekend days. We learn about months, too, chiefly because of birthdays, Christmas and holidays that fall in particular months. And, of course, we learn to know what the date is and how to remember how many days there are in each month. Later in life the day's date becomes a vital fact upon which we must all be agreed. Most of us take it all for granted, assuming that things are as they always have been – like the sky and the trees. But, some among us may look at the calendar and wonder why, for example, do some years need to have 366 days while most have 365 days? or, why is it February, the second month, that is the short month that has in some years an extra day, rather than one of the other months? or, why does each special Sun event such as an equinox or a solstice occur on a day about two thirds through a month rather than neatly at the beginning or end of a month? or, for those of you who may realise that the words September, October, November, December have something to do with the numbers 7,8, 9, 10, why do we have those month names rounding out the year when we have 12 months? For all those who have wondered about these things, here is the explanation.

In the days of the Roman Republic, long before its transformation into the Roman Empire in about 44 BC, the Romans, being a very war-focused people, saw each year as a further opportunity to attack some other people,

wherever they could be found, and plunder their possessions and land. Consequently they saw the onset of Spring as the best time to attack and they knew that they always needed about three weeks in which to get their weapons and other equipment ready. They had noticed that they always saw twelve full moons from one Spring to the next and that the full moons were about 30 days apart. So, they devised a way of counting off the time between successive (northern) Springs – a calendar of months which were given names thus:

Martis (after Mars, their god of war)

Aprilis (referring to raising hogs)

Maius (after a local Italian goddess)

Junius (after Juno, queen of the Latin gods, daughter of Saturn, sister & wife of Jupiter)

Quintilis (5th one)

Sextilis (6th one)

September (7th one)

October (8th one)

November (9th one)

December (10th one)

Januarius (after Janus, their god of doors, because it is the re-opening during the northern Winter)

Februarius (the rest of the year).

(continued next month)



Canola for 2013 – Selecting for disease management and yield. If the rainfall ever comes (crossed fingers) planting Canola this year could be a challenging endeavour due to a few factors that are taking shape around the district.

With the large canola season last year and this year was poised for a large planting, growers were fast running out of clean, prepared paddocks to plant this years canola into. What is also adding to the problem of selection of clean paddocks are that some cropping programs are considered very 'tight' in terms of how short the rotation window is before another crop of canola is grown in the paddock.

This raises concerns with factors such as disease management (mainly black leg but also sclerotinia stem rot) and variety selection. The main concern with disease is some paddocks that fall into the category of a tight rotation still have crop residue left over from 2 years ago which will be definitely carrying spores that could possibly put disease pressure on the new crop with the above diseases.

The other concern is the amount of grower retained seed that potentially was produced from these short rotations which could mean that in these paddocks they will have the same variety grown in these paddocks as what was grown originally, 2 or more years ago. This will put the variety under high genetic pressure which could result in the breakdown of the resistance genes within the variety.

This is where identifying these paddocks and selecting correct varieties is essential to good establishment and ensuring high yield potential.

Using tools such as GRDC's Blackleg management guide checklist and checking the blackleg resistance of all varieties (which GRDC has compiled a list of all varieties currently on the market), would help in identifying 'at risk paddocks as well as minimize the risk of varieties being subjected to pressures of disease that may overcome the resistance within the plant reducing the lifespan of the particular variety.

Major factors that need to be considered prior to planting canola this season:

Check paddock histories prior to planting to make sure residues are removed and that the rotation is not going

'back to back' canola (never sow on the last years canola stubble).

Conduct a blackleg risk management audit to assess the likelihood of a disease event occurring in the current season, this takes into account paddock selection, blackleg severity in the paddock and which variety will best suit the paddock.

Rotate varieties to avoid disease pressures that may compromise the varieties sown. Avoid using grower retained seed in the same paddocks that the seed originally came from particularly if it was the same variety sown in a 'tight rotation'.

For more information on the blackleg management you can download the management guide from the GRDC website www.grdc.com.au/uploads/documents/GRDC-FS-BlacklegManagementGuide-Revised.pdf or drop in to Ag N Vet Eugowra to pick up a copy and discuss the options with your local agronomist.

Regards
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FOOTBALL UPDATE

This Season is looking great for the Eugowra Football Club with the appointment of co-coaches Bobby and Jarred Wykamp to the First Grade team, Jane Simmons and the League Tag girls and Tod Healey is coaching the Juniors.

Well first two done and dusted, cobwebs off the boots and hopefully the nerves have settled for the season.

The season started off with the juniors playing in a rep trial in Condo where they won one and lost one game and with three of our players making it to the Group side. Congratulations to Tom Quigley, Tim Dukes and Bryce Park!

The girls came up against their (and the rest of the comps) biggest rival, Canowindra. They lost the game 62-14, but put up a good fight all the way till the end. This was an amazing first game for all the newcomers to the team and it's going to be an interesting season (Think we'll be the underdogs of the year). Try scorers were Courtney Tildsely, Bec Welsh and Michaela Herbert and a conversion from a newbie and great asset to the team Samantha Thorton.

First grade has had a great opening to the season defeating the Gooloogong Cowboys 46-22. It was an exciting first game and the Eagles did the great Ian Walsh proud. The boys put in a solid hard effort and with a lot of new players coming worked very well together. Try scorers for the day were oldie but goodie Peter Newell, Chris Harrison, Paul Kronenberg and newbies Patty Treweek and Brent Timmins and Sam Molloy crossing the line 3 times and our Captain Jarrad Wykamp converting 3 of these and Molloy successfully kicking 2. With players player going to Anthony Redfern.

I had the privilege of watching a Great game of Rugby League on Saturday by the Woodbridge Cup Under 18s team. The team was made up of a combination of players from the Woodbridge Cup Junior Teams. The Woodbridge Cup team defeated the Far West Academy 28-18, the boys played well as a team considering they only had one training run. Tom Quigley, Bryce Park and Tim Dukes represented Eugowra with solid performances on the field. Tim Dukes played that well he was asked to play in the Group 11 possible v probable and has been

named in the Group 11 team to trial for Western Rams. Well done!!

Due to First Grade having a BYE they were able to enjoy a social golf day at the Forbes Golf and Sports Club one of the Teams major Sponsors this season. A large group of players enjoyed a BBQ and drinks, Thanks to Sally Herring for a great day.

At Eugowra on 28th April the Youth League team were defeated by Canowindra in a close game, 30/28. The Tag team also went down to Canowindra 36/10. The First Grade side had a good win 34/16 and remain at the top of the table.

All teams are playing at home against Grenfell next weekend starting with the tag team at 11:30. Come along and support the local teams.

