

Eugowra NEWS

July 2012

A Lions Club project for the community we serve

VOL.16

Community Spirit cannot be “Held Up”

These ladies from the CWA represent the spirit of the Community of Eugowra at the recent Sesquicentenary re-enactment of the Escort Rock Hold up. They, along with about a thousand others, braved the cold and wet conditions to put on a marvellous show. Chairperson Ray Agustin said “I was nearly ready to “pull the pin” on a number of occasions during Saturday morning as the rain tumbled down. The positive attitude of all that were involved in putting the day on made the difference in the decision making.”

Go to page 18 for a full report and more photos of the day.



from the editor

Another issue of the News packed with pictures and stories.

What a month it has been in Eugowra. Of course the Sesquicentenary re-enactment and day of celebrations take pride of place this month.

At ten o'clock on the day as we huddled around our Lions Club barbecue, I thought; "nobody is going to come out today and all these efforts of preparation are going to waste". How wrong I was, a steady stream of participants and spectators came into the showground from that time onwards. Nobody seemed to be complaining, most were philosophical about the weather and everyone just got on with it. I felt very proud of our community. There seems to be an optimism in Eugowra that I have not noticed before. Lets keep it up.

Thank you to all our contributors again this month, a special thank you to Jess and Ben who, prior to going on their holidays, sent me three months worth of recipes. Also to Barb Roach who provided some lovely gardening articles while Jenny is away. Thanks to Jeff Death for his sesquicentenary photos. We are still looking for a sports correspondent, there must be a sporting tragic in Eugowra who would like to keep everyone up to date with the sporting news!

The Eugowra News is joining all the other local papers on the ABC Paperchase segment. We will talk with Angela Owens on the morning show at about 10:30 once a month. The first segment will be on the 2nd of July. This is good publicity for the town as were the recent articles in the Photo News.

Enjoy the News,

Anne



The Eugowra News Committee

Anne Heath, Chairperson and Editor

Anne Burns

Cassie Gates

Peter Heath

Bob Roach

Jodie Greenhalgh

Contributors this month

Ray Agustin

Jessica Bray

Anne Burns

Josh Driver

Jeff Death (photographer)

Belinda Edmonstone

Eugowra Public School

Cassie Gates

Janet Noble

CWA, Val McGrath

St. Josephs School, Sarah de Lange

Barb Roach

Next Issue Deadline:

Friday 27th July 2012

**The News will be available on
3rd August**

Advertising and Editorial Material To

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or

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Deadline	Publication
27th July	3rd August
24th August	31st August
21st September	28th September
26th October	2nd November
23rd November	30th November

What's on this month including Doctors Surgery hours Ph. 68592220

July 2012

Mon Tue Wed Thu Fri Sat Sun

						1 View Birthday Lunch
2 Drs. 9-5	3 Drs. Manildra 9-1	4 Drs. closed Bowen Therapy Lions Mtg	5 Drs. closed	6 Drs. closed	7 Lions Change- over dinner	8
9 Drs. closed	10 Drs. Manildra 9-1	11 Bowen Therapy	12 Drs. 9-4	13 Drs. Manildra 9-1 CWA Mtg	14	15
16 Drs. 9-5	17 Drs. Manildra 9-1	18 Drs. Closed Bowen Therapy Lions Mtg	19 Drs. 9-4	20 Street Stall CWA Drs. Manildra 9-1	21	22
23 Drs. 9-5	24 Drs. Manildra 9-1	25 Bowen Therapy	26 Drs. 9-4	27 Drs. Manildra 9-1 Community Bus	28	29
30 Drs. 9-5	31 Drs. Manildra 9-1					

Poetry Competition Winners



GUNS

by Max Gates

**Get your guns seen
Up the hills boys
Never let them get you
Silver and gold!**



Drumming Horses

Dust floats alongside buzzing flies, begging relief of the hell-hot sun,
And the hooves of drumming horses trot on, trot on, trot on.
The heat licks longingly, pulling the coachman's sanity undone,
But those constant drumming horses trot on, trot on, trot on.
Against the dry, burned dust, the battle cannot be won,
For those offending drumming horses trot on, trot on, trot on.

But the drumming suddenly stops, sending the coaches contents crashing.
Pale hands rise feebly, announcing their defeat,
As the crack of gunfire drives the edgy drummers thrashing.
The coachman watches helplessly in the unapologetic heat,
As he is robbed of all his riches, from his head down to his feet.
The ranger with his pockets full and crackling with glee,
Shoots at the carriage braces, to set the drummers free.

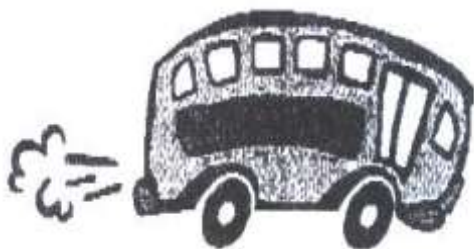
The scorching sun forgives, in compassion it rests till dawn,
But those abandoning drumming horses, trot on, trot on, trot on.

By Tamra Heinzl

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EUGOWRA / ORANGE COMMUNITY BUS SERVICE



BUS LEAVES CENTRAL HOTEL 8.45 AM
Returns to Eugowra at 3.30pm
Every Fourth Friday of Each Month

Cost: Adults \$6.60
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To the Editor

Dear Eugowra Residents,
Eugowra show society is excited to be celebrating its centenary in 2013. One hundred years is a huge milestone for any society. As part of our celebrations we have been given the privilege of hosting the Zone 6 Showgirl final in the year of our centenary. The Royal Easter Showgirl is a prestigious competition where each town selects their finest young lady to represent the local show society, their community, and rural Australia. The showgirl competition has never been a beauty pageant as such, but rather aims to highlight the skills possessed, and the diverse range of professions our young ladies excel in. Our Zone encompasses Bourke, Gilgandra, Dubbo, Bathurst, Cowra, Young and all the towns in-between. For a town the size of Eugowra, hosting this event is a great way to showcase our wonderful community and attributes.

We are hoping to include as many people as we can in this landmark event and we would like to include the entire Eugowra community to help make this possible. The night will be held in a marquee at Eat Your Greens on Saturday 23 February 2013. During the day, the interviews and luncheons will be held in town. We are currently looking for people willing to open up their homes for the showgirls to get changed or maybe relax between events. If you would be able to do this, or have any suggestions regarding the showgirl competition and incorporating our community, please contact me.
Many thanks,
Cindy Herbert Showgirl Co-ordinator
2013 Zone 6

Phone 0427521659

Dear Editor,
With a busy "Eugowra Bushranger Country" website, our fabulous Museum & Bushranger Centre", "Welcome to Bushranger Country" signs at the entrance to town, bushranger sculptures and silhouettes on our bins, a fabulous bushranger mural on the supermarket wall, a new interpretive sign near the robbery site complete with app., and the amazing 150 yr re-enactment of the bushranger robbery at Escort Rock, **Eugowra has at last rediscovered its unique place in Australian history.** We know our granite was used for Parliament House, we are aware of our fabulous agriculture, our beautiful boulder country and majestic Nangar National Park, but **what shouts to the world "This is Eugowra!!!" is the GOLD ESCORT ROBBERY by BUSHRANGERS.**

Every business, indeed, every citizen of Eugowra should build on this knowledge & actively promote Eugowra and this association. We can do this in our business advertisements, logos, posters, window displays, bushranger sculptures, car stickers...

We, as a tiny county village, must take this marketing gift of the GOLD ESCORT ROBBERY by BUSHRANGERS in both hands, pick it up, hold it high and milk it for all it is worth. (Apologies for the mixed metaphor)

Eugowra...let's keep working together and stay alive & thrive in "Eugowra, Bushranger Country"!!!!

Barb Roach
BnBs BnB Eugowra

The Editor,

This merino sheep. Shorn by Viv Welsh at Avalon, Eugowra about 1952 is thought to be carrying a 4 year fleece. It was mustered out of House of Lords scrub. When shorn it became very staggy having suddenly been relieved of the huge load.

Regards,
Bill Yell





Guest Gardener; Barb Roach

My Mum was a mad gardener

She always had a little dirt under her fingernails and rough hands. She told me her Mother had soft smooth hands when she was dying of breast cancer. Mum was always very proud of her rough hands.

Mum was always out there in the garden, doing something. One of her most amazing tricks was chopping out some long suffering neglected plant, totally pot bound and minutes from death, and giving it new life in the garden. Rather than dying of shock, the grateful plant would miraculously spurt upward & outward, rewarding her for its freedom.

There was dead heading, pruning, weeding, bulbs to be lifted and garden edges to be dug.

Mum even gardened in the dark. Thinking back, we were probably pretty lucky to get dinner.

We had peach trees – Mum wrapped the peaches individually in paper bags to keep the fruit fly off. The flowering peaches were out the front – those peaches were rotten & we used them for amazing street fights.

Mum had a passion for scavenging. If she spotted a hessian bag by the side of the road, we had to stop for it. And if we came across a pile of horse manure, to Mum it was as like finding a pile of gold!. We never drove past it. She would carefully scrape the poo off the bitumen, and shovel it into the hessian bag kept in the boot for that purpose. The trip home was infused with what Mum described as “that wonderful sweet earthy smell”.

Dad, who was a City slicker who worked in an office in the big City all week, was a bit embarrassed by Mum's poo & hessian passion. He would try hard to drive past, to ignore it, to avoid it, but Mum on seeing it would scream **STOP!!!!**. Weekend outings inevitably led to us stopping at least once so Mum could pick up a deposit or two.

My brother & I were brought up like this. We thought it was a normal everyday thing.

Mum, after years of digging & bending & shovelling poo and kneeling in her garden, went in the hips. But six weeks after her hip surgery, she was back at it. Same thing after the knee surgery. And after the other hip surgery.

Mum knew the name of every plant, even the unpronounceable toffee-nosed botanical ones like Mesembryanthemum.

We kids loved Mum's garden. It always had fruit and veggies to eat, beautiful poppy buds on their tall stalks to unwrap, wonderful fragrant gardenia and daphne bushes to plunge our faces into. Daisies for chains. Bobbing daffodils and little snow drop fairy skirts. Lambs ears to

stroke lovingly and dream of lambs, and purple trumpet jacaranda flowers to jam onto each finger and pose like Foo Man Chew.

We climbed the plum tree and gorged on the fruit. We rolled around laughing on the lawn.

I have inherited the gardening bug. If I see a TSR full of cattle, my mouth waters. A bale of lucerne hay becomes dark chocolate, good enough to eat!

My Mum has smooth hands now.

I thank my dear Mum for my love of gardening, and my rough hands.

I Love Lucerne

Digging does me in. I mean, it's for the dogs, miners and masochists!

After years of digging back-crippling clay, shifting dried out piles of sand & dirt and struggling with puny plants, I came across Esther Deans' book on No-Dig Gardening and her use of lucerne hay.

According to Esther a no-dig garden can be built on any surface, on dirt, over weeds, on concrete or off the ground in a real garden “bed”, so you can be pretty disabled and still be into no- dig gardening!

I have followed Esther's recipe using newspaper, straw & hay with great success, but me being me, I subsequently cut corners, and now just use lucerne, which fortunately works beautifully.

You don't need posh racehorse quality lucerne hay – the first cut, lower quality or lucerne mulching hay is fine – just avoid breathing in the dust, fungal spores & mould!

Here's what I do. I use an existing dirt plot, edged with timber planks. I peel biscuits of lucerne as they come straight off the bale, and lie each down flat, jammed up against one another to completely cover the soil in the plot. The lucerne biscuit thickness can be up to 6 inches or more, doesn't matter. Next I sprinkle some Dynamic Lifter or Rooster Booster or similar “all purpose balanced organic fertilizer” over the top of the lucerne and water it all in well.

Rather than waiting months for it to all rot down, I'm straight into planting - making hollows in the lucerne hay, pouring in some potting mix, and popping the veggie seeds or seedlings into that, all watered in well.

The warmth from the moist decomposing hay helps boost plant growth, the hay helps keep the potting mix moist, and by the time the plant is mature, it is growing in the most delicious chocolate soil. Ahhhh, yessss...dark chocolate good enough to eat! J

But a warning! Accept no substitute for lucerne. Straw from wheat or rice or oats or barley is no good. Straw breaks down to silica (sand), and if you use straw you'll end up with a **no-good** garden!

For me, lucerne has exactly what it takes to make a successful, easy care garden.

So why don't you save your back, give the digging a rest and give lucerne a go?!



Betty Parker

Born 12 October 1922

Passed Away 28th April 2012

Eulogy read by her son Norman

As I start this I look for a word to describe Mum and for the period from her late teens to early forties that word would have to be **Versatile** probably joined with **Dependable** because during this time her role changed many times. Firstly along with working in the Lithgow Co-op Stores she used to assist her father the "local Dairy man" in delivering milk of a morning in a utility with a huge GAS BAG on top. Then she married our father Eddie in 1943, who worked at Lithgow Small Arms Factory. In 1944 after I was born they moved on to Cowra where Dad assisted setting up a factory, a big move for a young mother in a strange environment in your first time away from home. Then the next move was to Sydney when Dad joined the Air Force, working as an Electrical Engineer on flying Boats. This move happened because her father had been killed by a falling tree limb on the Dairy and she went to live with Dad's family. In 1946 after the was Geoffrey arrived on the scene and the young couple undertook the venture of building a General Store with residence in Padstow Heights in Sydney and then to run it as an ongoing business, doing deliveries in a motor bike and sidecar their only transport, but by 1948 the pressure became too great and after almost a breakdown they swapped the Grocery life for living in Terry Hills which was nearly all scrub in those days, so Mum had time to recharge her batteries and Dad drove a taxi for about 6-12 months. Then came a huge change of pace, they took over the running of the Hotel in Yeoval. After doing that successfully for about 4 years they made the next step to the Commercial Hotel in Young. Then

after a few years in 1958 they left the Hotel world and with two sons in Boarding School in Canberra they headed to England and Europe for 7 months. On their return "guess what" Mum was pregnant with Jill and Eugowra beckoned. We move to the next phase in their adventure in life. Picture this, the year is 1959 you have the Australian version of the Beverly Hillbillies, an old Austin truck loaded with all their worldly goods and shackles, a heavily pregnant wife, "two city slickers" heading for the "New Land". After a short stop in Orange where a couple of pound of String Beans rolled up in newspaper were purchased, every time the truck boiled going up the hills between Orange and Eugowra she would process more of the Beans while Dad went to a nearby dam to get more water and then assure her "that is was just over the next hill." Despite being made welcome by the Gransdens, Nobles and Nivens, the betting money was always on a short stay. Then with the assistance of Tom Gransden and Stuart Cheney the task was to stock Nangar. Then came the arrival of Jill. Imagine the look on the faces of the shearers at smoko on the first day of shearing with Mum arriving with cups and saucers, doilies on plates of cakes and sandwiches- but we must admit she was a quick learner and this started a tradition that continued for the next 40 years, of feeding our shearers. With Jill getting older the need for Mum to drive arrived-Dad was hopeless at teaching, no patience, so the job fell to Geoff and myself—we were successful! This started Mums involvement in the community, which she became noted for, AWA, Hospital Auxiliary, Show Committee Steward, Self-Care Units and numerous other groups. In 1986 Mum and Dad left the farm for 3 years to run a motel in Forster. Then back to Eugowra to continue as if they hadn't left. Mum's community involvement culminated in 1996 being awarded Eugowra citizen of the Year jointly with Dad. After Dads passing in 1999 Mum began the last chapter in her life when she moved into 26 Pye street, where along with her many commitments she began her "Cosmopolitan Stage of her life" - bus trips, birthday sojourns to The Pub for Lunch and outings with Flower ladies etc. When the car finally had to go she progressed rather successfully to the Gopher. The last 6-7 years her life also became enhanced by the presence of Geoffrey's 4 granddaughters and having Matt and Kylie's Georgia just up the street has been really great. She has always been Religious and the church has played a large part in her life so it is only fitting that it is drawn to an end here today. The original descriptions of **"Versatile and Dependable"** seem to have been fairly close to the mark. But I think that the real description should be **"Loved and Admired"** especially after the number of people in Eugowra who I do not know have approached me this week and expressed their appreciation for Mum.





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EUGOWRA'S MOST WANTED MURAL PROJECT

Following the recent extremely successful Murals weekend the sub-committee have held a follow up meeting. Brief points from the meeting are as follows;

A letter was received from Andrew Barnes offering to help to help with media coverage in 2013- he would like to video and do interviews and artist profiles.

Jacqui Creig from Style magazine would like to run an editorial in the summer edition (Nov) in the arts section

Discovery Magazine is to run a full page editorial about the murals in an upcoming issue.

Visual Impact Magazine will have an article in an upcoming issue with photographs.

Sub committee elected – Chairman: Max Swift, Treasurer: Michael O'Callaghan, Secretary: Jodie Greenhalgh nominated (is yet to accept) Assistant Secretary: Diane Smith. Christine Whitty is also on the committee.

Members of the community are invited to join the Mural Project Sub Committee with the next meeting to be held on July 24 at 6-30pm in the CWA Rooms.

A formal policy was voted on for artists wishing to paint a mural.

Jodie Greenhalgh, Christine Whitty, Neil and Jane McMillan were thanked for their work and involvement with the project and the Mother's Day luncheon.

Agenda items for the next meeting : (1) Executive need to put together an information pack for new committee members (2) state what we have achieved with the weekend (3) upcoming murals proposed (4) funds in hand – donation of funds breakdown to clear up misconceptions.

Suggested positions within the committee- Promotions officer- Advertising officer- Accommodation officer- DA officer- Grants officer- Infrastructure officer.

Ideas called for from the community and a list of suggested themes be compiled.

Available walls be listed with a photograph and size with owners preference of theme.

Committee needs to look at condition of walls and carefully consider whether to paint or use new sheets of material.

List of assets be compiled and sent to the treasurer.

A request from CWA to use two photographs of the murals on their advertising table cloth banner was approved.



The Fat Lamb HOTEL



what's
on @
the **FAT**

LIVE MUSIC

Saturday 14th July - One Non Blond

Lunch & Dinner - Wed - Sun
12-2pm
6-8.30pm

Pizza available - Wed - Sun
2 for \$20 on Wed

Wednesday - Pizza & Pasta Night

Come and enjoy a little bit of Italy in Eugowra, pasta's \$8

Thursday - Schnitzel Night

Check out our new schnitzel range: Capricorn, Tropicana, Aussie, Parmajiana & Bushranger all for \$13

Friday - Fish 'n' Chips Night

Finish the week off with fish 'n' chips & a middy or softdrink or wine \$13

Saturday - Steak Night \$13

Sunday - Roast \$12

"Happy 70th Birthday Mum! love Alan, Carla & kids"

See you at the Fat!

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2nd Mark Heinzl



1st The de Lange family



3rd Paul Gates

JUNIOR Section Winners..



1st Jacob Townsend



2nd Tom & David de Lange



OPEN Section winners..

1st Jason McCue Grenfell
2nd Kathleen McCue Grenfell



3rd Arnold Constable - Bedgeabong

NOVELTY Section winners..

Helen & Bill Turner
Jason McCue





News from Eugowra Community Children's Centre

NANIMA STREET, PO BOX 28, EUGOWRA NSW 2806 PHONE: 6859 2522 EMAIL: eugpreschool@yahoo.com.au

Bushrangers everywhere!



Miss Julie shows the children pictures and tells the story of the Escort Rock Gold Robbery



Our Bushranger Excursion around Eugowra



Our very own Bushranger

The children have thoroughly enjoyed all the excitement regarding the Sesquicentenary of the Escort Rock Gold Robbery. On an excursion around Eugowra we saw all the beautiful murals and Bushranger sculptures. It may just sound like we are having loads of fun, but it is all part of the Early Years Learning Framework: Develop their social and cultural heritage by engagement in the community. Outcome - children have a strong sense of identity.



Out on the town hunting Bushrangers!

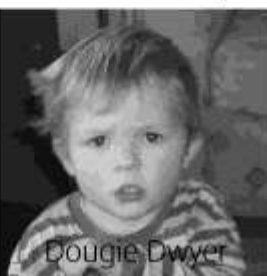


Wet old carriage ride we shared with Eugowra Public School



Miss Julie - the Bushranger!

Welcome to
our newest
member:



Dougie Dwyer



head on in

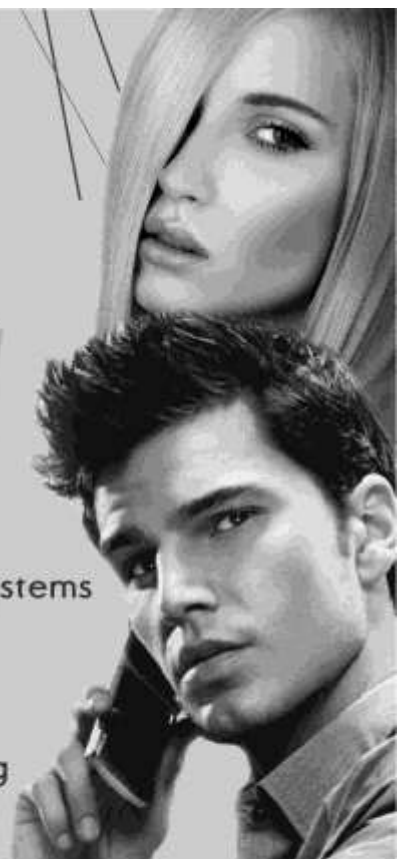
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Applicants must have:

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- Have an understanding of the National Framework for school aged care and be passionate about learn through play
- Experience working as part of a team is essential and demonstrated ability to build relationships with fellow staff and our families

Modern award conditions apply. A working with children check will be completed prior to appointment.

Applications to be addressed to the President by 13th July 2012



Eugowra Community Children's Centre

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IN THE KITCHEN WITH *Jessica & Ben*

JULY RECIPE



Chicken Noodle Soup



Ingredients

2 tbs vegetable oil
2 carrots cut into small rounds
2 Medium onions chopped roughly
3 sticks of celery, roughly chopped
1.2kg chicken
2 ltr chicken stock
1 ltr water
4 sprigs parsley
3 sprigs of thyme
1 bay leaf
salt and pepper
2 cups of hokkien noodles

Garnish

1/2 bunch flat leaf parsley finely chopped
5 spring onions, finely sliced
1 soft boiled egg, cut in to eighths
1 long red chilli, seeds removed, finely sliced

Method

Heat oil in a large pot, add onions, celery, and carrots, stirring often till softened, but not coloured, about 10mins. Add chicken stock, water, chicken, parsley, bay leaf and thyme to pot.

Bring the pot to boil, then reduce to a simmer, until chicken is tender, about 2hrs, skim any scum that rises to the surface.

Remove chicken from soup, and strain soup into a clean pot.

Pick the chicken into large chunks and set aside.

Bring soup back to a simmer, add noodles and cook till tender, add chicken and serve.

Garnish with spring onions, chilli, egg and parsley.

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Eugowra VIEW Float



Rain, Hail or Shine...

Eugowra View Club members braved the inclement weather to promote the fun and frivolity they enjoy at their monthly meetings at the Central Hotel.



Looking more like drowned rats than ladies enjoying 'Evening VIEW'!!



Pat Bailey, the Secretary/Welfare Worker with Can Assist in Parkes was the guest speaker at the Eugowra Evening VIEW club dinner meeting.

Pat has worked in this role for the past 17 years and gave an outline to members of the work of Can Assist.

They assist cancer sufferers financially with their travel to specialists for chemotherapy, radiotherapy, to pay for pharmaceuticals connected with cancer, and help to find accommodation.

Parkes branch of Can Assist has over 150 people on their books and they pay out in the vicinity of \$100,000 each year. They have to raise all this money as they do not receive any government assistance at all.

Now that Western Care Lodge is running in Orange it costs a single person \$37 a day out of their pocket and a couple \$20 a day- Can Assist pay for that.

Along with Parkes, Forbes, Condobolin, Peak Hill and Orange are some of the 50 branches around the state.

Money is raised through having street stalls, raffles, golf days, head shaves and also small catering jobs.

Elaine Cheney moved a vote of thanks and presented Pat with a small gift of appreciation.

Members discussed the idea of helping Can Assist by holding a street stall in Eugowra.

Arrangements were made to decorate the float for the

Sesquicentenary event- with members Lyn Ellis, Jeanette Norris, Maria Dawson and Diane Agustin as the 'red light ladies' and Therese Welsh and Judy Smith as the bushrangers.

Diane Agustin, Margaret Brien, Andy Langfield and Wendy Drady made the 'soft' bushranger, which was a lady and child and was placed in the foyer of the supermarket. This lady won a second prize.

The DFO shopping trip is August 4; departing Eugowra at 6-00am and will also collect passengers in Parkes and Orange. Cost is \$50 – bookings must be made with Andy and money paid by July 21.

A newsletter was received re the Rural Women's Gathering at Parkes on the week-end of 12-14th October with Jessica Rowe as the special guest speaker.

Kay Jones has resigned from the role of delegate with Andy Langfield volunteering to take over the position for this year.

The VIEW birthday luncheon will be held at Eugowra Community Bowls and Recreational Club on July 1 at 12pm with Australian and Chinese dishes available. RSVP to Andy by June 25. Everyone is asked to bring a gift to the value of \$10.

Members voted to take on the catering job at the Eugowra Show in September.

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Eugowra Lions News

Well a big congratulations to the people of Eugowra for getting along and supporting the Sesquicentenary of the Gold Escort Hold-up on such a wet and miserable day. The Lions Club and all its non-members were kept busy over the three days with our B.B.Q. catering for the three day dog trials and the sesquicentenary.

Saturday was our big day and a BIG thanks must go to all the people that gave up their time to help the club on the day as we wouldn't be able to do this without your generous help. Thank You. Thanks also to Bill the butcher for topping up our supply of meat when we ran out in the lunch time rush, and for his generous discount.

Invites have been sent out for our Change Over Dinner on the 7th July, so if I've missed you please feel free to call me for an invite. Our new Zone Chairman Tony Smith will also be in attendance on the night and he is looking forward to meeting up with us all.

The Eugowra News is still our biggest ongoing project with lots of people putting a lot of hard work into keeping this an ongoing monthly magazine. It would be nice to see more articles of interest coming in from you. So if anybody has stories, event reports, articles of interest or letters to the editor please let's have them. It seems that we live in a ever changing world, so too The Eugowra News as it is going on line for all to read soon, but don't worry you will still get your hard copy. Once again Thanks to all our helpers and hope to see you at our Change Over Dinner.

Peter Heath.



Our Winners



POETRY

Unders 9s	1st	Max Gates – Guns
	2nd	Nina Merchant – Hold up
	3rd	Annalise Gavin – Bushrangers
	Highly Commended	Kinder & yr1 St Joeys – Eugowra
Under 12s	1st	Maggie Smith – Ned Kelly
	2nd	Tamara Greenhalgh – Bushrangers
	3rd	Katie Townsend – Bushrangers rich & famous
Under 15s	No entries	
Under 18s	1st	Tamra Heinzl – Drumming horses
Open	1st	Graham Thomas – The Escort
	2nd	Deborah Rutter – Escort Rock
	3rd	Barry Stanton – Dreaming
	Highly Commended	Robert Ellis – A wasted life
Local	1st	Sarah Delange – The Photograph
	2nd	Elaine Cheney – At the Coonbong Rock
	3rd	Virginia Townsend – Robbery at the rock
	Highly Commended	Elaine Cheney – Now we have the gold

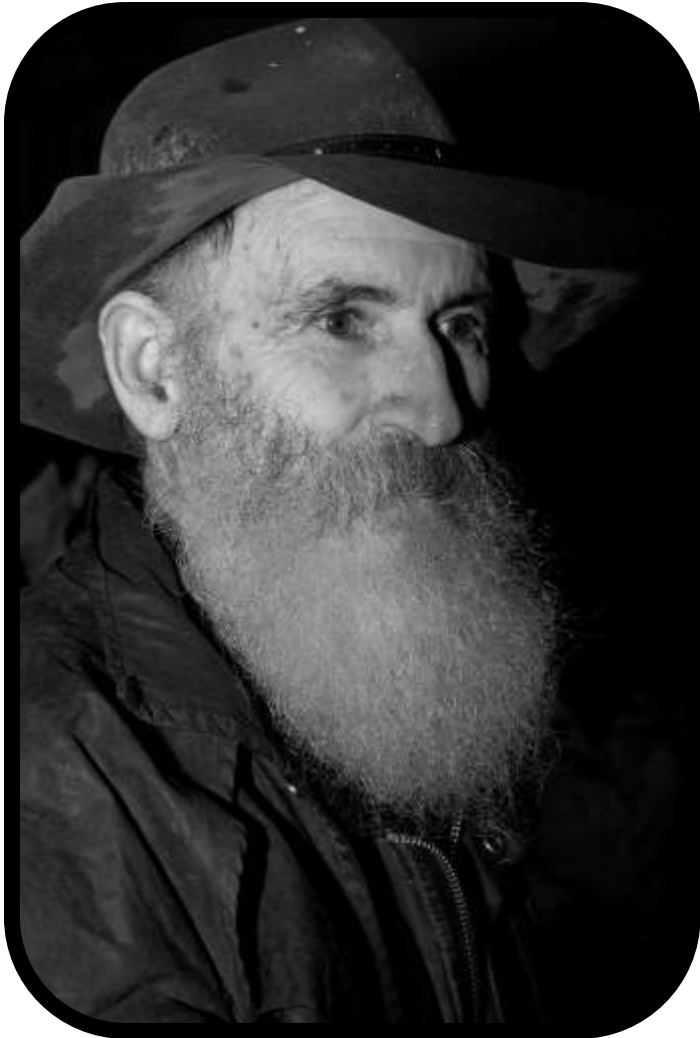


SHORT STORY

Under 9s	1st	Jordan Moore – Bushrangers
	2nd	Darcy Merchant – The huge hold up
	3rd	Max Gates – Damn blasted bushrangers
	Highly Commended	Annalise Gavin – The hold up
Under 12s	1st	Katie Townsend – The bushrangers horse
	2nd	Lachlan Herbert – Eugowra's forgotten bushranger
	3rd	Jake McCarthy – Eugowra hold up
	Highly Commended	Maddison Vincent – Robbery at Eugowra
Under 15s	1st	Brodie Adams – Jack Black
Under 18s	No entries	
Open	1st	Rosemary Townsend – The Secret
	2nd	Hugh Capel – The Escort Rock conspiracy
	3rd	Tricia Ward – Crime doesn't pay







Jeff D Photography



Jeff D Photography







Eugowra Public School

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News

Participation Leads To Success



Great Fun at the Sesquicentenary Celebrations

A cold and wet day didn't dampen the spirit of the celebrations.

Congratulations to the event organisers for pulling together this great community event.

The children enjoyed other facets of the celebrations also and were happy with their win in the business category of the "best bushranger". The students with the help of Mrs Hyde and Miss Gail, created 'Kate' our Lady Bushranger.



The students also helped with the painting of a mural to be displayed in the park and some of our budding artists received awards in the various categories of the art awards.



Emergency Services Visit

The children enjoyed a visit from the Police and Ambulance Service personnel this term with the focus on safety, stranger danger and calling triple 000.

The highlight was having a ride in the police car and paddy wagon with the sirens on.



Small Schools Athletics Carnival

On Friday the 1st of June the students enjoyed a day of fun and competition at the Forbes Small Schools Athletics carnival.

All the children participated in the events and displayed good sportsmanship.

We would like to congratulate Travis Quartly, Jack Frazer, Jake Greenhalgh, Montana Bevan, Grace Frazer, and Darcy Merchant on qualifying at this carnival for the District Athletics carnival to be held in August.

We wish these children well.



Forbes Eisteddfod

On Monday the 25th June the children will participate in the Forbes Eisteddfod in the school band and choir sections. The children have been practicing very hard for this event and are sounding wonderful. Good luck on the day!

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Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

A letter is to be written to Troy Grant MP in regards to high cost of meals.(Troy Grant will be at CWA rooms from 10am Thursday 2 August)

MPS hopeful of acquiring a Digital camera for use of Doctor & staff.

Community Nurse Anne Stenhouse has been checking Blood pressures and promoting Red Undies week about early detection of kidney disease. If you have not had your Blood pressure checked contact Anne on 6850 4009

Are you at risk of Kidney disease?

Have high blood pressure?

Are obese.

Are a smoker.

Have established heart problems.

Have diabetes.

Have a family history of kidney disease.

Are 60 years or older.

Are of Aboriginal or Torres Strait origin. If the answer is yes to any of these questions see your health professional for a kidney check.

Dugald Wright of the Cabonne Health Council gave an interesting talk on the history of Eugowra hospital board and development prior to inaugural Health Advisory Council.

Next meeting of the MPS HAC will be on Thursday 5th July at 6.30pm.

AGM and election of office bearers will be held on Thursday 26th July at 6.30pm.

Women's Health Nurse

Next Visiting-EUGOWRA

9th AUGUST,2012

Please make an appointment

BY RINGING

ANNETTE JONES-68504000

Publicity officer Janet has given notice she will not be standing for re-election.

New younger members are invited to join, if you are interested contact chairman Jacko Barnes. 68593529 or Kate Power at MPS. 6850 4000.

Janet Noble PO HAC

"CARING FOR END OF LIFE"

Free Information session

THURSDAY 2nd August.

10am – 2pm

At Eugowra Bowling Club

Lunch provided.

PLAN NOW.....Don't leave the choices to others

How do I arrange a funeral, or can I arrange my own NOW????

Can I buy a plot for two??

If I have a terminal illness can I remain at home with my family?

What is enduring power of attorney?

THESE AND ANY OTHER QUERIES YOU HAVE CAN BE ANSWERED AT THE INFORMATION SESSION.

Speakers include representatives from :-

HANLEY BROS.

PALLIATIVE CARE

CABONNE COUNCIL

LEGAL FRATERNITY

IT'S NOT ALL DOOM & GLOOM!!!

Contact:- Ann Stenhouse- 0429152380

Or

Annette Jones 68504000

HEEL SPURS & BUNIONS

What are they and what can be done?

Sore feet is a very common problem in Eugowra. Sore feet can be very limiting to our mobility and confidence. If your knee or hip is sore you can normally get some support from a stick or crutches but when our feet are sore it's very hard to take the pressure off when you walk.

Two common conditions that can be prevented and managed are heel spurs and bunions.

Heel spurs

A heel spur is the result of a condition called PLANTAR FASCITIS. The heel spur itself is actually not causing any pain. It is the inflamed tissue around the spur that causes pain and discomfort. If you look at the x-ray of the spur you can see that it is growing forward in the direction that it is being pulled. It does not point down and you do not walk on it.

The Plantar Fascia is the flat band of tissue under the foot that runs from your toes to your heel bone. It supports the arch of your foot. Normally, the fascia is flexible and strong.

If you: Have flat feet (over-pronation)

- stand or walk on hard surfaces, for long periods
- are overweight or pregnant
- have tight calf muscles

This can cause constant stretching and micro-tearing of the Plantar Fascia leading to irritation and inflammation at the attachment of the Plantar Fascia into the heel bone.

When do you feel the pain

Most people experience planter facitis/ heel spur pain with their **first steps in the morning**, after getting out of bed. It is often a sharp stabbing pain at the front of the heel bone or in the arch of the foot. Usually the pain subsides after a while, turning into a dull ache. The pain will come back when getting up after sitting for a long period or walking for long periods.

During rest (for example when you're asleep), the Plantar Fascia tightens and shortens. When body weight is rapidly applied to the foot, the Fascia must stretch and lengthen instantly causing more irritation and tearing of the fascia. Hence, the sharp pain with your first steps in the morning.

Treatment & relief from heel spurs

Plantar Fasciitis and heel spurs can be treated with simple, non-surgical methods. The most common solutions are:

1. Stretch the plantar fascia before the first step cross one leg over the other and pull the toes toward the shin for a count of ten and repeating ten times.

2. Stretch the calf muscle (this also attaches to the heel, if it is tight it pulls the heel up and puts more pressure on the plantar fascia. Hold for 10 seconds and repeat 10 times before walking

- Rest, avoid prolonged activity, such as walking, running and sports
- Weight loss
- Wear supportive shoes

Physiotherapy can help with relieving your pain and correcting your foot mechanics.

What is a Bunion

To most people a Bunion means a bony bump on the side of the big toe. In reality the bunion is just one sign of a complex structural deformity resulting in pain.

The condition is called Hallux Valgus which simply means that the big toe (hallux) instead of lying straight moves towards the second toe resulting in the bony bump called a bunion. As the big toe moves closer to the second toe it may result in the second toe lifting up and causing painful corns to develop.

Causes of Bunions

- Hereditary – the bunion is not hereditary but the foot type that is prone to developing the bunion is.
- Foot Function can contribute to the pain in the bunion.
- Dropped arches, a foot that rolls inward and an unstable foot will all result in over loading the bunion.

Footwear – high heeled shoes with a pointy or narrow toe box will aggravate the bunion

Symptoms of Bunions

- Redness, swelling and inflammation over the joint.
- Pain radiating through the joint and to the ball of the foot.
- Callous around the big toe and ball of the foot.

What Makes It Worse

- High heels
- Incorrectly fitting shoes
- Incorrect exercise shoes
- Over pronation (foot rolling in or flat feet)

What Makes It Better

- Appropriate shoes
 - Matching your foot to the right sports shoe
 - Assisting poor foot function
- Rest, ice, anti inflammatory to control pain and inflammation

Treatment for Bunions

Appropriate Shoes – orthotics may be useful

Pads to distribute weight off the painful bunion

Foot exercises, Stretching exercises
These treatments will not change the appearance of the bunion but it will result in a reduction in pain and in many cases slows the progress of the deformity.

Physiotherapy can help with working out pressure relief, modifying poor foot mechanics and pain management.

When is Bunion Surgery Needed?

In the majority of cases people decide to have surgery for cosmetic reasons. This is helpful because you can actually get into a standard pair of shoes rather than having to have "special shoes" to fit around the bunion.

If the pain of a bunion doesn't respond to a conservative approach then, it's time to discuss options with a foot and ankle surgeon.

WHAT IS AN APPROPRIATE SHOE?

This is a whole big topic on its own and I will fill you in next month.

Nicole Brindle Physiotherapist

Canowindra Pharmacy



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Cancer Council

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Working Dogs 🐾

A very successful Utility Dog Trial was held once again this year at the Eugowra Showground in Conjunction with The Escort Rock Hold Up Re-Enactment the event was held over 3 days beginning on the Friday and concluding on the Sunday. The events held were, Nursery with 21 dogs competing on the Friday, and 66 dogs in the Novice, Open commencing on Friday afternoon and continuing on till Sunday, the Finals being held on the Sunday. The weather was not kind on the Saturday with 30 mls of rain falling but it did not dampen the Events of the day. The Re-enactment was a great success with people turning up to watch the events in the rain. Competitors attended from Penrith, Nyngan, Molong, West Wyalong, Forbes, Lake Cargelligo, Canowindra, Eugowra.

We would also like to give a big thank you to our Judge for the 3 days , who stood out in the rain all day on Saturday. Mr Jim Marshall from Scone NSW. A BIG JOB WELL DONE .THANK YOU.

The committee would like to thank the Sponsors of the Trial without there wonderful donations we would not be able to conduct this event .

PEDIGREE DOG FOOD.

A BIG THANK YOU MUST GO TO THE PENGILLY FAMILY FOR THE SHEEP & THE USE OF THEIR TRUCK FOR THE 3 DAYS.

ALSO GARRY PEARSALL FOR THE CARTING OF THE STOCK IN AND OUT FOR THE 3 DAYS.

FORBES VET CLINIC,EUGOWRA SUPERMARKET, EAT YOUR GREENS ,PACIFICA BOER GOAT STUD ,MICHAEL MONGAN,MARK AND ANN BRAY,CENTRAL HOTEL,BIRD BROS PASTORAL,DENISE HOWELL HAIRDRESSING (FORBES),SUPREME KELPIES (FORBES), SOMERSET LANE BOUTIQUE,LADY BUSHRANGER,KEVIN MILLER, WHITTY, LENNON & CO,(FORBES),EUGOWRA QUALITY MEATS, HEAD ON IN, AG/N/VET SERVICES,EUGOWRA LUBE CENTRE,ORCHER SHEARING (FORBES)

Once again we would like to thank the Eugowra Lions Club for the catering over the 3 days, a job well done.

Results.

NURSERY.

1ST--Greg Walton---Karana Jed--81 (Penrith)

2nd--Garry Pearsall--P-Bar Polly--70 (Forbes)

3rd--Garry Pearsall--P-Bar Jatz-- 66

4th --Michael Ryan--Strike-----63 (Forbes)

5th---Michael Ryan--Jo Jo-----63

Cast/ Lift/ Draw.--Dan Toynton(Molong)

Judge for the Nursery was Kevin Howell .Eugowra

NOVICE.

1ST--Dave Motley---Bull-85+86 =171 (Nyngan)

2nd---Noel Hocking--Mac-80+86=166 (Forbes)

3rd--Dave Motley----Dell--79+84=163

4th--John White-----Binaburra Lady--79+80=159 (Nyngan)

U/P--Chad Burling --Abbey-85+69 =154 (Canowindra)

Cast/ Lift/Draw. Joe Attenborough(Molong)

OPEN

1st-- Kevin Howell-- Karana Abba-90 + 87=177

2 nd-Gary White ---Whites Oz ----89+86 =175 (Nyngan)

3rd---Kevin Howell--Karana Ripper -88+77=165

4th--Dave Motley--Bull -85+66=151 (Nyngan)

U/P-Chad Burling-Abbey-----85+32=117 (Canowindra)

CAST / LIFT/ DRAW.Kevin Howell Karana Abba.

Judge. Jim Marshall. Scone.

Shortly Kevin & Kay will be travelling with their team of dogs firstly to Nyngan, then onto Melrose .S.A.and then onto W.A. to compete in the Australian Yard Dog Championships being held at Wagin. W.A.Kevin will be representing NSW. in this event with his dogs Karana Abba (last years NSW Yard Dog Champion and current NSW , Victorian and National Kelpie Champion) and Karana Duke , he will also compete with 7 other dogs from his Karana Kelpie Stud.Kevin will then move onto Kellerberrin .in WA. to The National Kelpie Championships where he will be defending his Title as the current NK Champion, he won that title last year at Euroa in Victoria, if successful it will be his 9th National win. He will also be competing with his other 8 or so dogs.



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Newsletter

Hello there again! We have been exceptionally busy lately. I hope everyone who braved the weather enjoyed the Sesquicentenary celebrations at the showground. Personally I felt the crowd was huge even with the bad weather. The show was absolutely great! All the performers that I watched were worth getting wet to see. Congratulations to everyone who won a prize for their entries. It was great to see so many bushrangers on display and also so many people dressed up for the occasion. I had the privilege of driving the judge of the town bushranger competition around to inspect the bushrangers. I would like to congratulate everyone who put entries in and to thank you for helping to make our celebrations all the more special. Hey what can I say but there are a lot of amazingly imaginative and talented people in Eugowra.

Now let's move on to shop business! We are taking part in a promotion with Dairy Farmers and we can sell our full cream and light white milk cheaper for a couple of months. The prices are 2lt full cream milk \$2.99 and 3lt full cream milk \$4.99. Our light white 2lt milk is \$3.99 and these are all \$1.00 cheaper. We hope people will take advantage of this promotion while it lasts. Also on special is Reflex copy paper at \$4.99 a ream. Don't forget we also sell The One Bread 2 for \$7.00. The days are still cold so don't forget we have beanies and scarves in store to keep you a little bit warmer and I still hate winter. I can whinge about the cold for another few months yet. We are also on to our second supply of Moon Bait for all you fishing people. I have been asked to look into getting some more wool in the shop so keep an eye out for when that comes in.

We have received our first delivery from our new supplier in Sydney. Overall we have noticed the price has come down on most items. In this delivery we received an order of Tablelands Original Canola Spread 500gm which has a very short expiry date, so we are selling this product for \$1.50. I thought I would put a reminder in about our delivery days of some of our products. Dairy products are delivered Monday and Thursday mornings. Fruit and vegies are delivered Tuesday and Thursday mornings. Bread is delivered everyday except Sunday. Pies and fresh bread rolls come on Friday. If anyone wants to order any particular item, please feel free to come in and place an order with either Danny or myself. I also thought I would put a reminder in about our opening hours. We are open Monday to Friday from 6am till 5.30pm, Saturday 6am to 12 and Sunday 6.30am to 12 noon.

This week we were lucky enough to have a visit from a couple of people passing through town and when they saw the murals they stopped to take photos. They are a

graphic artist and an author of some books called Mad Cars Disease. These books are made wholly in Australia and are hardback with beautiful pictures of old cars they have discovered in their travels around Australia. Stephanie and Maurice left us with 6 of each book. These books retail for \$19.95 each and would make an excellent gift for old car enthusiasts. Another visitor we had last week was a lady who just happened to come to town the same weekend of the Sesquicentenary celebrations, heard about our town murals so she came and had a look. This lady (I forget her name) came and introduced herself and told us she is a descendant of Dan Charters. She is coming back for a visit and bringing family and friends with her. Isn't it great that there is so much interest in our town now!! There is always someone having a look at our town murals.

We had a problem with the Forbes Advocate and the Central Western Daily last Saturday. This was very unfortunate especially as the Forbes Advocate had a Eugowra feature in it. I am not sure what the problem was, but this was something we had no control over.

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Love and Truth Through Christ

July 2012

PHEW! What a busy couple of weeks! Firstly congratulations to the hardworking Sesquicentenary committee who did very well putting together a great day of celebrating our history and thank you to all those who joined in the excitement in the lead up to it and the actual day.



Congratulations to all our students and parents who participated in the day either by dressing up, entering photos, stories, art work, bushrangers, scarecrows, singing, decorating the school and P & F float and for putting up with the rain.

It was a cold wet miserable day, but the scenes and photos show nothing but a terrific community spirit enjoying the laughs, talent, and the re-enactment of the Escort Rock Hold Up.



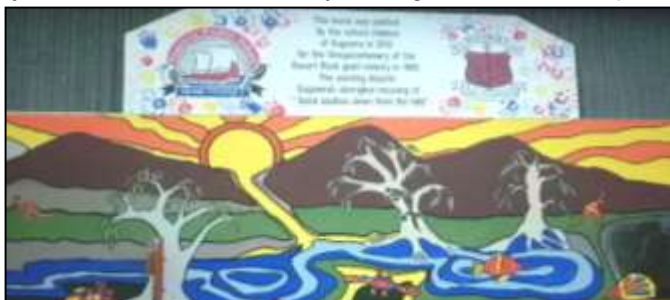
The children looked great on the float and did well to keep smiling in the rain!

Thank you parents for all the fantastic costumes your children were in.

Special thanks to Esther & David Hyde, Carol Blackwood, Cathy and Bill Epp for putting together the schools mural and the children from both schools for contributing their skills to have a beautiful mural depicting Eugowra's aboriginal meaning of 'sand washing down from the hills'. The mural now proudly hangs in the Lions Park in town for all to see and enjoy.

NUNS ON THE RUN

Last week in the lead up to the big weekend, Joeys staff joined in the theme of 150 years ago and dressed up as



St Joseph's Nuns; and took the children for a walk down the street. Many heads did a sudden double take as they realised that they really were nuns walking with children...or were they?

IPADS

From using slate on the back of the truck at the Sesquicentenary we have updated and have purchased through the P & F 6 ipads which we are using as a teaching tool. These neat little items although great fun, enable us to embed technology into the curriculum and use them as a teaching tool. At the same time, we still have to know the science of communicating over distance with the old tin can and string!



ASH



KATIE

P & F CATERING

Thank you to our hardworking P & F committee who are still busy catering for various functions; firstly the Henry Lawson riders, then lunch for 180 at the Car Rally on the 23rd June and finally for the term providing lunches for staff and students at the EMY carnival on Thursday 28th. We appreciate all the preparation, cooking and cleaning up that you all do. Fundraising like this enables our school to keep updating resources like our new ipads.

Term 1 ends on Friday 29th June and we return to school on Monday 16th July. Until then, God Bless St Joseph's staff and students.



COUNTRY WOMEN'S ASSOCIATION OF NSW

EUGOWRA BRANCH

ARE YOU BEING SERVED?

The weather may have been miserable for the **Sesquicentenary of Gold Escort Hold-Up celebrations on 16 June**, but members catering for morning and afternoon tea were warm, dry and busy asking customers "Are you being served?"

The mood was set on Friday 1 June when several members held a sewing bee in the rooms to make 1860s-style aprons and headpieces for the day. Thanks to Jenny Anderson, Bronwyn Guest, Yvonne Smalley, Noela Lane, Margaret Swift, Frances Anderson, Jeanette Norris, Wendy Carey and Val McGrath for their efforts. Many compliments were received on how smart we all looked.



Shirley Heinzel & Janet Noble dressed to the nines for the CWA float which was decorated by Frances Anderson



Wendy Carey, Yvonne Smalley & Noela Lane busy making aprons and headpieces.

A big thanks to those members and helpers who worked tirelessly beforehand and on the day to make it such a successful day. Thanks also to everyone who generously made and donated scones, slices, cakes and sandwiches. To say we had an abundance of food was an understatement and many compliments were received on the delicious treats that we served.



L-R: Jeanette Norris, Wendy Carey, Margaret Swift and Wendy Drady ready to serve.

Next meeting will be Friday 13 July at 11.00am.

The Guest Speaker will be physiotherapist Nicole Brindle. Please advise Margaret Swift on 6859 5266 if you require lunch. **Could members please bring along items for the hamper which will be raffled at the Western Care Lodge Street Stall on 20 July.**

STREET STALL FOR WESTERN CARE LODGE

Our proud tradition of supporting Western Care Lodge in Orange will continue with the donation of all **proceeds from a street stall on Friday 20 July**. The stall will be held in front of the Post Office from 9.00am to midday. We are hoping that the Eugowra community will be its usual generous self in helping us to make this a very successful event. Donations of baked goods, jams, preserves, craft, garden items, books, magazines and second-hand goods can be brought along to the stall on the day or left with CWA members beforehand by arrangement.

Changes to the National Bovine Johne's Disease Plan

Written by **Belinda Edmonstone, Lachlan LHPA district vet**

Bovine Johne's disease (BJD) is an infectious disease of cattle, goats and alpacas causing chronic diarrhoea and wasting. There is no effective treatment. Some infected animals may look healthy, but shed high numbers of bacteria, spreading the infection before the disease becomes apparent.

The bacteria causing BJD can be brought onto a property by purchasing infected animals, agisting infected stock of unknown status or from straying animals. Australia therefore has a National BJD Plan to minimise the spread of the disease and to minimise the effect BJD has on market access for our products. The current BJD Plan finishes on 30 June 2012 and a review has identified improvements reflecting the changing needs of producers in the management, control and prevention of BJD.

The new BJD Plan will have the following zones as from 1 July 2012:

Western Australia will continue as a Free Zone. Northern Territory and Queensland will remain Protected Zones. Regulatory measures and movement restrictions will continue to protect all susceptible species in these zones.

Victoria and Tasmania will be classified as Management Areas as many dairies in these states are infected with BJD.

The main changes will affect New South Wales and South Australia, where the current Control Zones and Protected Zone will be abolished. The whole of the state will become a Beef Protected Area (BPA) and within the BPA there will be a separate 'dairy compartment', which is defined as farms that supply milk to a dairy factory, and includes any land the dairy cattle have run on.

What does this mean for the ratepayers of the Lachlan LHPA? The new BPA covers all of New South Wales. The BPA is being established because BJD among beef herds in the present Control Zones is rare. Because of the much higher incidence of infected herds in the dairy population, it aims to separate beef and dairy enterprises so that the different levels of risk can be managed.

If you run a dairy operation you are part of the dairy compartment of the new Beef Protected Area. The dairy compartment is not a defined geographical area. It

encompasses dairies scattered throughout the BPA and covers all farms that supply milk to a dairy factory – including any land the cattle run on. Removing zones from NSW will mean that the location of herds within the state will be irrelevant. You will still be required to provide a Dairy Assurance Score when you sell cattle other than direct to slaughter or exempt stock.

The possible spread of BJD from infected dairy properties will be monitored by tracing movements of cattle to beef properties. If you are a beef producer within the BPA who introduces cattle from a dairy property, you will need to make sure that you are not buying in BJD. As is the case today, beef properties that are known or suspect to be infected with BJD are quarantine. It is especially important that you avoid buying cattle with a dairy score less than 7 because they are considered high risk and offer no assurance of not having BJD. Cattle can be traded between the Management Area and the BPA but producers must be aware of the risk of introducing BJD. Most disease arrives on farm with the purchase or agistment of one or more infected animals that look healthy and normal.

When it comes to BJD, close contact with dairy cattle, dairy production and former dairy pastures pose critical risks. Beef herds in the Management Area (other than CattleMAP or *Beef Only* herds) also present a real risk. You should always use the Cattle Health Statement when buying or selling cattle. Ask questions of agents and vendors to ensure they manage the risk of introducing a disease that could affect the health and production of animals on your farm.

Details of movement restrictions on cattle into and out of the Beef Protected Area are available at <http://www.animalhealthaustralia.com.au/programs/johnes-disease/disease-movement-requirements-for-stock/>.



Centenary of the Welsh Memorial Church



0.1 William Welsh, born 23.5.1835 and son of Edward Roberts and Mary Welsh 10.1. (Photo courtesy D. Welsh.)

The Centenary of the Welsh Memorial Church, named in honour of William Welsh was held at Eugowra on Sunday 17th June, with over 120 people attending the Service and luncheon.

The Ghost of William Welsh (1835-1913) attended in the form of his Great -great -grandson Trevor Welsh



Troy Grant *in Eugowra*

The Member for Dubbo, Troy Grant,
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By Anne Burns

A local property with a colourful bushranger history is Goimbla. Life at Goimbla is pretty tame these days but back in November 19, 1863 it was a different story. The property at this time was owned by squatter David Campbell and his wife along with brother William Campbell. On that fateful night at about 8.45pm the Campbell's were inside the house when they heard footsteps on the veranda outside, David Campbell grabbed one of the double barrel fowling pieces (a double barrel shotgun) he had loaded next to the chimney, as the risk of attack from bushrangers was ever present. As David entered the adjoining room he was confronted by a bushranger who immediately raised his gun and fired, fortunately missing the squatter. What followed was a massive barrage of gunfire, with the bushrangers calling for the Campbell's to surrender. The Campbell's made it clear this was not going to happen, not long after the villains set fire to the barn beside the house.

As Ben Hall and his gang watched the barn burn, the very plucky Mrs Campbell who had already had a near miss while retrieving a gun for her husband looked outside and saw the silhouette of John O'Meally as he watched the fire. She immediately informed her husband who quickly took aim and shot the bushranger, killing him on the spot. A few more shots were fired, again the gang called for the Campbell's to surrender, and then all went quiet.

Early next morning the police arrived, following the trail of blood they found the body of O'Meally in a clump of oak trees. The risk of the house catching on fire after the barn went up in flames was very real, the Campbell family were in grave danger throughout the attack, but they did not submit to the bushrangers demands.

After this attack the police now had two bushrangers dead within a month, both at the hands of the general public. The Campbell's were reimbursed for the loss of the barn, horse and equipment, David Campbell also received a 500 pound reward. Mrs Campbell was

rewarded with an electroplated coffee urn valued at 15 pounds.

In 1865 Goimbla was a holding of some 12,800 acres, sadly the original homestead was destroyed by fire in 1935, and all that remains today is part of the chimney and the front steps.

The current Goimbla dynasty moved into the district with the purchased of Nangar in 1959, Eddie and Betty Parker eventually ended up being the owners of Goimbla with its km's of fertile creek flats along the Mandagery Creek. The current property size is 400 ha, to get some scale the Parkers also share farm, lease some country and have sheep and cattle on agistment.

Today Geoffrey has handed the reins on to the next generation of Parkers to farm this country, Matt and Kylie Parker have taken up the challenge of farming in 2012.

Eugowra News: So Matt what enterprises are you involved in on Goimbla?

Matt: Predominately our income is from prime lambs and hay. We run a line of 750 1st cross ewes which we put 'Goonigal' from Canowindra Poll Dorset's rams over them. We scan our ewes for twins and singles with the twins getting the best of the feed, just prior to lambing we split them up into mobs of around 160, as I believe miss mothering is the biggest problem when lambing in larger mobs. I like to check lambing ewes every day. We scan everything in January and lamb in April and September so any ewes that are dry in January get rolled over to the next joining.

We prefer to breed our own 1st cross ewes from a mob of Merino's we have on agistment, keeping the Lucerne we always have on the creek flats for lambing. If we can pick up 1st cross ewes for a good price we will also buy in ewes, but the price has to be good for us to do that.

Eugowra News: What do you aim for with your cattle business?

Matt: We run a small mob of Angus on agistment, we aim to turn them off at 400 to 500kg, and we recently sold a line of steers to Gundamain. I have also purchased a Charolia bull to put over the Angus cows to put a bit more size into the calves.

While sheep are a little more work, I do like the income stream from sheep. With sheep if you have everything done right on time, then you don't have a problem. If you get a month behind then you can have lots of problems. You have to crutch and jet *before* the flies start for example.

Eugowra News: How does your cropping work?

Matt: We produce mainly lucerne hay, which goes to a supplier on the South Coast, he has been our main client

for 20 years or so now. "Genesis" is the lucerne variety of choice at the moment, we find it lasts on these creek flats for around five years. We over sow with oats after a couple of years for Oaten hay and lucerne then we go into a cropping phase prior to sowing lucerne again.

We are using a forage brassica "Winfred" to fatten the lambs on, as a rotational crop, and a disease break for the wheat. I am finding this crop excellent for fattening and finishing, the lambs are doing very well on it.

This year we are growing "Wedgetail" to graze and harvest also hard wheat called "Gregory" we have this planted on the creek flats. Flooding along the creek is always a concern, floods tend to do as much harm as good, we have been known to loose a wheat crop to flooding.

Eugowra News: How do you look after your soil?

Matt: This country really needs lime, we try and do a couple of paddocks every year. We soil test every year or so depending on how we think the country is performing.

I like to single super our pasture every year. If it rains you do OK on yields, you know cropping it is a risky business, who knows what will happen.

This year we have also planted about 60 ha of Minola Oil, it is a new variety a more healthy oil , it is worth about \$40 @ tonne more . We are not sure whether it yields as well and as usual we just will have to wait and see.

Eugowra News: What would you say has changed most with your country over the years?

Matt: I would say the biggest change has come from switching to direct drilling this has saved so much time and fuel. Anything that saves time as labour hours on a farm is a big killer of the bottom line.

Also it is very important to know if you are making money, you have got to be on the ball with your book work. Kylie runs the office, it is definitely a top priority having a clear picture of how you a doing.

Eugowra News: With the average age for a farmer today being around 60, you are a young gun, what keeps you in this business?

Matt: I have always worked with Dad on the farm and have always loved the business of farming. While contracting work has helped our business I would like to concentrate on doing a top job on Goimbla with our lambs and cropping business, striving to do better every year is something to aim for.

"The attack on Goimbla Station" by Barry R. Ledger was used as a reference for the above account of the 1863 attack.

Matt and Georgia showing off the crop of Winfred brassica



Young Georgia, Geoffrey, Kylie and Matt



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Thanks and cheerio from MONTANA BOUND

14 teenagers are about to head off an adventure of a life time thanks to the organisation skills of Eugowra (ex Montana) local Jeanine Gibby and husband Brit. As you read this teenagers from local schools; Thomas Blackwood, Melissa Beddie, Curtis Hughes, Makk & Theika McNaught, Thomas de Lange, Simon Whatman, Emily Dean, Stuart Russell, Tayla Huckel, Maddison Vitnell, Branden Dukes, Tim Wythes, Demi Smith and chaperones; Rob Huckel, Elizabeth Dean, Andrew Dean and Andrew Watson will be travelling with Jeanine Gibby on Wednesday 27th June off to Big Timber, Montana. The students are being hosted by local families in Big Timber, either on ranches or in town, getting to know first hand the way of life in a small rural town in the US.

They will be enjoying activities such as the Big Timber Rodeo, a visit to Yellowstone National Park, White Water Rafting on the Yellowstone River and numerous other visits no doubt seeing fantastic scenery and life experiences.

The families of these teenagers would like to thank Jeanine and Brit for all their hardwork putting the tour together, the local communities of Eugowra, Canowindra, Gooloogong and beyond who have gladly supported the Montana Bound teenagers in their fundraising for the past few months. Everyone has been most generous and supportive for the journey, knowing that this is a trip of a life time for these teenagers. So a big thanks to you all it is most appreciated.

Special thanks go to a few businesses around Eugowra for their support and donations as prizes; The Fat Lamb Hotel, The Lady Bushranger, The Central Hotel just to name a few. Thanks to all those who have cheered these kids on. No doubt they will return seasoned travellers with lots of experiences and knowledge.

We wish them safe travels and we look forward to photos and stories when they return in mid July.

RAFFLE PRIZE drawn at the Sesquicentenary Celebrations by Hugh Ellis

Congratulations to the following winners of the Montana Raffle and many thanks to all those who won purchased tickets during the last couple of months. As you can see the winners are from far and wide.

1st Prize: Bosch Cordless Drill, Edna Hughes (Canowindra)

2nd Prize: Bosch Angle Grinder, Mick Harford (Wagga)

3rd Prize: Sutton 29P Drill Set, Ron Lam (Canberra)

4th Prize, 4 person tent, Thomas de Lange (Eugowra)

5th – 10th Prize: Tape Measures, Damien Cullenward (Eugowra), Maree Starr (Canowindra), Bill Yell (Eugowra), Trevor O'Malley (Goolie), Ben Coley (Cowra) Brian Lewis (Goolie)



Fungicide Disease Management in Cereals and Oil Crops

With all of the wet weather that we are experiencing the potential for disease issues in all crops could soon be a major problem for farmers.

Protection from seed dressings such as Jockey, Baytan, Raxil or Dividend will soon have ran their course so effective fungicide disease strategies need to be organized and at the ready for the potential problem that could occur in the next few months as we get closer to spring and warmer temperatures.

When deciding on a disease management strategy for any crop it is important to consider the following before deciding on what action is to be taken.

Understanding that fungicide sprays don't create yield, they will protect yield and increase yield potential by decreasing the inoculum present in the canopy which in turn reduces potential for spore production which infects leaf area in crop.

Fungicide application timings- Although early applications of fungicides will lower inoculum, the potential for re-infection at critical times still remains if conditions are still that the production of spores is possible (high moisture and warm temperatures usually between 15-20 degree C). Targeting key production times such as growth stages 32-39 in wheat and between 6 leaves to green bud stage in Canola can help protect key leaves from spores which have the potential to increase yield by reducing the amount of infected plants.

Types of Fungicides – There are two main fungicide types used in Australia.

Azoles- Most commonly used fungicides in cereals and now Canola (Prosaro is now registered for Blackleg control in Canola). Some Azoles include Tebuconazole (Folicur), Propiconazole (Tilt) and Epoxiconazole (Opus).

Strobilurins – More commonly used in horticultural crops but have registrations in cereals and are better at providing longer 'preventative' protection. Strobilurins available in Australia include; Azoxystrobin (Amistar Xtra) and Pyraclostrobin (Opera).

Inspection/strategies for infected crops- Regular inspection of crops are the best way to determine the best strategy for managing disease in crops. Application of fungicides can be applied up to two times in the crops life. To get the two applications, two half rates are applied. This is 'split applying' and can give you two shots at protecting leaf area over the growing season which can minimize re-infection during critical growing periods. The other strategy is to use a 'single shot' option where a full product rate is applied. This can be limiting if re-infection occurs because another application is not possible with the same product in any one season. This is also why timing is very important as to get maximum utilization of the fungicide spray.

Josh Driver

**Field Marketing Agronomist
AGnVET Services Eugowra**

THE PHOTOGRAPH

Colours of brown and grey
Standing seriously side by side
Resembling the depth of their
Faces frozen in time
Weary eyes convey
Tired dirty souls
Clothes of hessian and wool
Ragged as their countenance
Weapons slung over arms
A struggle for survival
In the ragged hills of their lives
Now a tattered, faded memory,
Of the rangers of the bush.

By Sarah de Lange



The celebrations and re-enactment for the Sesquicentenary of the hold-up of the Mail/Gold Coach at Eugowra Rocks, held on Saturday 16th June 2012.

One issue that has been raised with us is "Why are we celebrating the lives of bushrangers?"

In actual fact we are celebrating a historical event, the robbery of the Mail/Gold Coach from Forbes to Bathurst on 15th June 1862, by a gang of bushrangers.

This event is a part of the Colonial History of Australia and it is showcased in the National Museum of Australia in the Landmark's Exhibition, also showcased in our local museum and it is only relevant to Eugowra which makes our town unique.

This gives us an opportunity to encourage much needed outside visitors into our town to join with us in community celebrations about that event.

Now on to the day. Well I wish we could have got rain like that during the 10 years of drought.

I was nearly ready to "pull the pin" on a number of occasions during Saturday morning as the rain tumbled down. The positive attitude of all that were involved in putting the day on made the difference in the decision making.

Thankfully we had a big hall and a few marquees to shelter many from the inclement weather.

The contests that we had run up to the event were well received from the many people that took time to browse and comment about them. The quality of the entries was outstanding.

The day as a money making venture was a bit like farming. Not much financial reward for a lot of hard work.

But the day as a public relations exercise for Eugowra was an outstanding success.

The re-enactment by all reports was sensational and most visitors that I spoke to afterwards wanted us to do more re-enactments of the bushranger exploits, maybe someone can help us with the weather next time.

While talking with one of our visiting bushrangers the following day:- the man, who lives in Sydney and stayed at the Central Hotel for the weekend, informed me that he and his wife had totally enjoyed their brief stay in our town. This was their second visit here and they intend to bring all their friends for more visits to Eugowra. No one can put a monetary value on this sort of positive publicity for our town.

For me as the chairman of the organising committee, my greatest memory of the day will always be the attitude of our many unselfish volunteers who worked tirelessly before, during and after the event.

This is why the visiting bushranger from Sydney loves our small community and this is why Eugowra will always survive.

Thank you one and all, for all your tireless work and for your positive attitude to life.

Cheers, Ray Agustin Chairman of Eugowra Sesquicentenary Committee.

