

LACHLAN TOWER



No 10 entrant in the Somewhere Down the Lachlan competition is our local man, John Den.

The vision of the Lachlan people is a 360 degree perception of life as we rise out of the valley and river to meet at a point of direction.

A common goal and yearning to inspire others produces the solidarity to support each other and strengthen the ability to branch out on our different tangents whilst still floating the prism of life.

Respect and acknowledgement of traditional owners of the land are symbolised by the raw elements used to create this tribute.

from the editor

Hello again, thank you Cassie for issuing the last newsletter. It was really nice to have a break from the commitment of each month and not think too much about computers and emails.



The countryside everywhere we travelled down south showed similar signs of road and crop/pasture damage. Hopefully the worst of it has gone and we can prepare for a fantastic spring/summer. I am not sure on how many people can get harvesting with waterlogged crops and without getting bogged. Good luck to all of you.

It was a real shame that due to the ongoing wet weather, the Canola Cup was another great occasion to be cancelled. No doubt a hard decision for the Harness Racing Committee but a sensible one. Sometimes you just have to say to nature and circumstances, 'you win!'

Congratulations to John Den, local builder and creator of the famous fire buckets who entered his sculpture in the Somewhere Down the Lachlan competition. A striking feature with representation of our culture and heritage.

Thank you to Hugh Ellis for the tribute and thanks to some of our past residents who have moved away.. they have all contributed to the fabric of our community in many ways and we thank them for their efforts.

Believe it or not (still cold wet and windy as I write this) that summer is nearly here and the Eugowra Memorial Swimming Pool will be open soon. Thank you to our hard working committee (most of whom are in the older age bracket and do not have swimming age children). They have been busy fund raising and preparing for another swimming season. The pool is a very important social and sporting facility of our community and should be utilised by all.

Next issue will be the last for the year so make sure you get all your Christmas / end of year notices in for the December issue.

Until then

Take care and enjoy the sunshine!

Sarah

Contributors this Month

- Nicole Brindle
- Judith Smith
- Elaine Cheney
- Hugh Ellis
- Australia Day Committee
- Cassie Gates
- Julie Dukes
- Kylie Reeves
- Janet Noble
- Sarah de Lange
- Therese Welsh
- Barb Roach
- Swimming Pool Committee
- Alicia D'Ombra
- Anne Heath
- Simone Norrie
- Local Land Services

Next Issue Deadline:

Friday 25th November

**The News will be available
on Friday 2nd December**

Advertising and Editorial Material To

Sarah de Lange

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**or drop into the St Joseph's Primary School
mailbox**

**420 copies printed and distributed
throughout the community.**

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

Online at www.eugowranews.com.au

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To the Editor

I am extremely disappointed with Cabonne Council's decision, at yesterday's extraordinary meeting, to 'lodge a notice of intention to appeal', in response to last Friday's Court decision dismissing the first appeal. To date, Cabonne has spent about \$250,000.00 of ratepayers' money, plus costs awarded against it, of around \$100,000.00. Surely, enough of OUR money has been spent in the futile business of objecting to the proposed amalgamation of Blayney, Cabonne & Orange Councils. Sadly, only four Councillors voted against a further appeal.

Secondly, it may be of interest to Cabonne's ratepayers, that its Councillors are all paid just over \$940 per month just for attending meetings, irrespective of whether they actually do anything in their own time for ratepayers & residents. It is a fact that 7 Councillors have served on Cabonne council for 7 years; so, in my arithmetic, that results in a total, for each of those 7 Councillors, of around \$79,100.00!!! The Mayor receives slightly more money, he suggested 'about \$12,000 per annum'. Are they worth it???

Obviously, if the merger eventually goes ahead, which I think is inevitable, there would be many more ratepayers to foot the bill to pay Councillors.

A letter has also been sent to the Molong Express, the nearest local media for Cabonne's head office.

Leslie Lee

Molong ratepayer & resident

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EUGOWRA COMMUNITY MONTHLY MEETINGS

VIEW CLUB1st Monday of the Month Committee Meet at Central Hotel 6.30pm
3rd Monday of the Month Dinner Meeting at Central Hotel 6.30pm
SHOW SOCIETY2nd Monday of the Month
EPPA2nd Tuesday of the Month
HOSPITAL AUXILLARY3rd Friday of the Month
LIONS CLUBLast Thursday of the month at the Central 5.00pm
	(after folding the Newsletter)
BOWLING CLUB2nd Monday of the month

WHAT'S ON THIS MONTH

November 2016

Dr Vicki Wymer 68 592 220 Eugowra

63645901 Manildra

Mon

Tue

Wed

Thu

Fri

Sat/Sun

	1 Manildra 9-1	2 Eugowra CLOSED	3 Eugowra 9-4	4 Manildra 9-1	5/6
Eugowra 9-5 Volleyball	8 Manildra 9-1	9 Eugowra 9-11	10 Eugowra 9-4	11 Manildra 9-1 Remembrance Day	12/13
14 Eugowra 9-5 Volleyball	15 Manildra 9-1	16 CLOSED	17 Eugowra 9-4	18 Manildra 9-1	19/20
21 Eugowra 9-5 Volleyball	22 Manildra 9-1	23 Eugowra 9-11	24 Eugowra CLOSED	25 Manildra CLOSED	26/27
28 Eugowra CLOSED Volleyball	29 Manildra CLOSED	30 CLOSED	1 DECEMBER	2	3/4

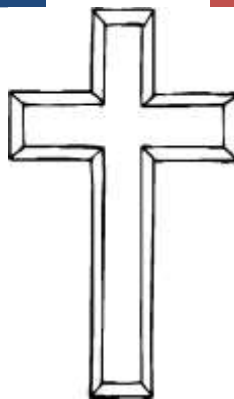
St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,

5th Sundays share with Uniting Church at 2.30pm

Rev. Jono Williams 63 441643

Other times: Local Lay Preacher Elaine Cheney
68 592820



St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 6.00pm

Fr Laurie Beath 63 42139

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240

Eugowra Church Services

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CONTACT: ALAN & MARIE NOBLE (02) 68592266

CABONNE HOME & COMMUNITY CARE

Is funded to help support people who are frail aged or younger people with disabilities, who are assessed as needing help with tasks of everyday living.

For more information contact
Cabonne Home & Community
Care Service

6344 1199

Or



1300 369 738



** FOOD SERVICES offer a range of food-related options

** NEIGHBOUR AID offers a variety of assistance options

EUGOWRA / ORANGE COMMUNITY BUS SERVICE



NEXT BUS:

Friday 25th November

Friday 23rd December

Bus leaves Central Hotel 8.45am

Returns to Eugowra at 3.30pm

PLEASE NOTE THE PRICE INCREASE;

ADULTS \$8.00

SCHOOL AGE \$3.00

PRE SCHOOL & UNDER - FREE

If you could have the correct amount when paying the driver that will be greatly appreciated.

Please contact Margot Brown Coordinator Cabonne CT 1300 302 446 if you have any queries.

FOR MORE INFORMATION OR BOOKINGS CALL:

DEIDRE SLAVEN 6859 2414 OR

MARGOT BROWN 6392 3233

Eugowra will miss these Community stalwart's.

A Community minded resident slipped out of the district without any fanfare recently.

Andrew Dent was very much a “behind the scene” man, and was active on several committees.

He was involved in the Self Care Unit Committee, where nothing was too much trouble for him. He would often get called down to the Units at any hour to fix a door, leaking tap, air conditioner or alike, which he did with a minimum of fuss. His home handy man skills were extensive and he acquired these skills from a previous business interest in the kitchen installation industry.

He used these skills to renovate his house and previously establish the Nut Farm (now Sandeanie). He was also active in the EPPA and patient transport. His broad knowledge of many subjects will be a loss to the Community. We wish him all the very best with his future endeavours.

While on people slipping out of the district, mention should be made of ;

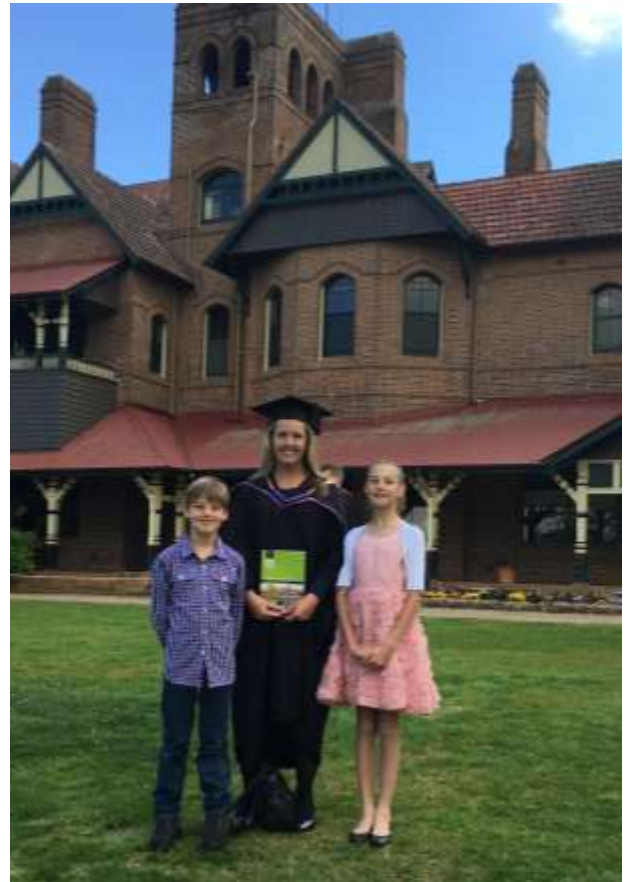
Barry and Marion Stanton who moved to Wagga to live some twelve months ago. Barry and Marion were long-time residents of Eugowra and tragically Barry died shortly after moving to Wagga.

Both Barry and Marion were generous with their time in the Community and their beautiful garden was testament to their green thumbs and the pride they had for our town.

They were both Show Stewards and Marion was President of the Self Care Units for many years and without her contribution the units would not be the success which they are today. The Community appreciates your dedication to Eugowra and wishes you all the best for your new life in Wagga.

Editors Note;

I recall many a Trivia Night that were won by Barry and Marion and Andrew. They all had an amazing general and specific knowledge on many subjects. It was always great fun to be on their team!



Congratulations to Heidi Holland (nee Crosby) on her recent graduation from UNE Armidale with a Bachelor of Education (Primary).

Heidi is pictured with her children Luke and Olivia.



Heidi Welsh and Ryan Leonard were married in St John the Baptist Catholic Church Eugowra on the 25th September 2016.

Heidi is the eldest daughter of Kevin and Therese Welsh of "Round Range" Eugowra, and Ryan is the second son of Gary and Debbie Leonard of Mudgee.

Heidi and Ryan were married in the same church where Kevin and Therese were married in 1989, with their marriage officiated by Father Garry McKeown, who married Gary and Debbie in Mudgee in 1985.

Heidi and Ryan were attended by their brothers, sisters and friends. Heidi's bridesmaids were Sophie Welsh, Amy Leonard, Debra Cupitt and Leanne Johnson. Ryan's groomsmen were Brenton Leonard, Jacob Yeo, Patrick Welsh and Jonathan George. Their very handsome pageboy was their nephew, Logan Leonard. Gertie Chapman assisted Logan Leonard in his flawless delivery of the Prayers of the Faithful during the ceremony. Laura Collits and Clare Wilson acted as ushers for the ceremony.

Heidi's dress was handmade with much love, dedication and countless hours of work by Ryan's mother Debbie Leonard. The dress was an ivory silk satin, with heavily beaded lace. The dress featured a fitted bodice, medium length train, sheer lace overlay with applique lace motifs and many loops and buttons down the back. The many hours of work were made lighter by the generous assistance of Rita McMaster and Lesley Morrissey.

In a collaborative effort between Eugowra and Mudgee, the reception was held on the Welsh family property of "Round Range," in a beautifully decorated marquee provided by Domayne Events of Mudgee. The evening meal was a table grazing style provided by Eat Your Greens of Eugowra. The wedding cake was a beautiful handmade contribution by Heidi and Ryan's friend Scarlett McDermott, "The Topsy Baker." Ryan's Uncle Andy Kurtz excelled himself as the Master of Ceremonies.

Wine was provided by Ian and Rita McMaster of Mudgee and Ryan's father Gary provided a Mudgee Brewing Co special brew entitled "Hoppily Ever

After," with the label designed by Annie Flynn of Paradise Design, Mudgee.

Special thanks also must go to all their guests who travelled long distances to attend the wedding, and were required to change accommodation plans at short notice due to flooding in Forbes.

Heidi Leonard would also like to thank all the ladies of Eugowra who attended her Kitchen Tea in September for both their loving presence and their generous gifts. Heidi was very grateful to see so many long term family friends and family as well as many friends of her late grandmother Nolie Welsh. Thanks especially go to Heidi's cousin Luisa Bosianek of Bathurst for organising the day.

Mr and Mrs Ryan and Heidi Leonard would like to thank everybody who contributed to the preparations for their wedding day especially their parents for all their hard work and continued love and support.

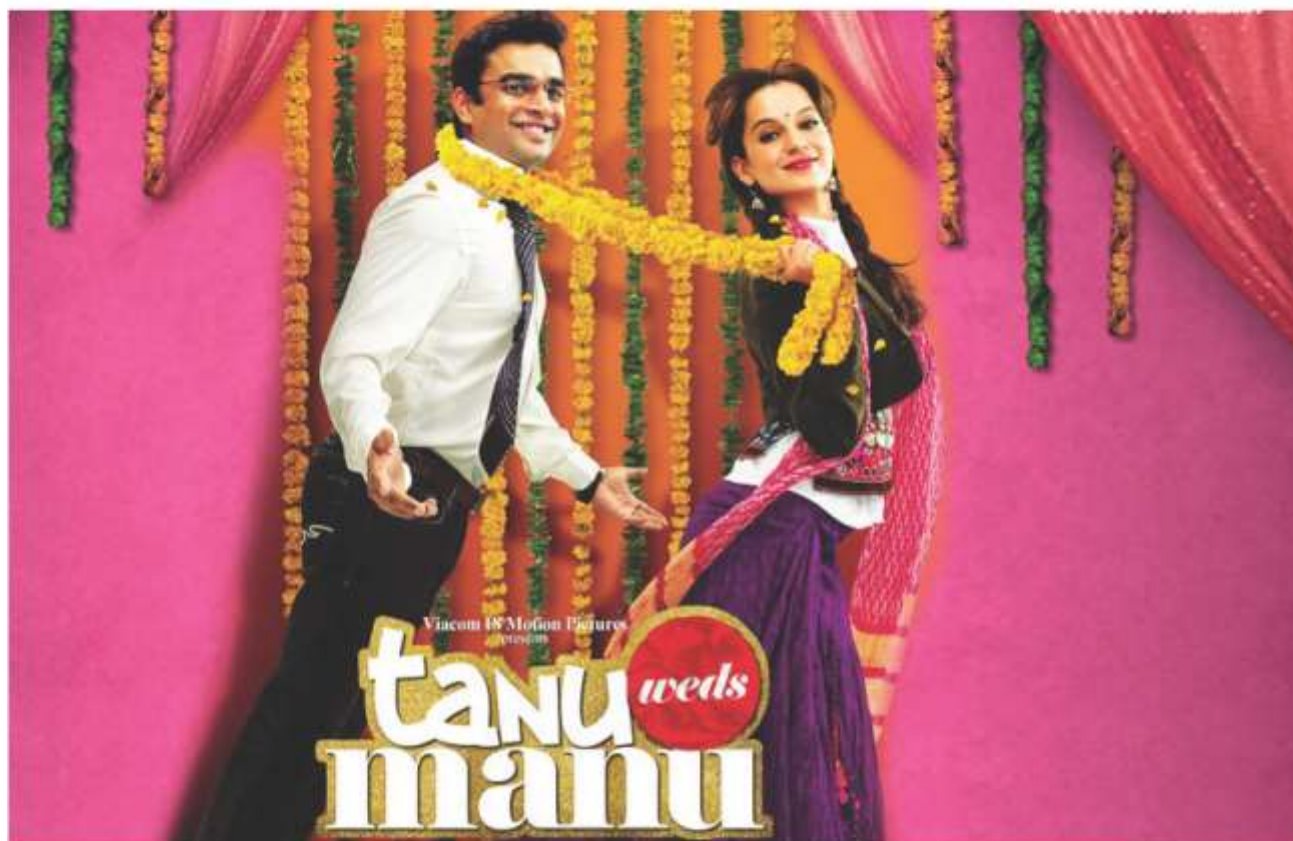


GIRLS NIGHT OUT



EUGOWRA MEETS BOLLYWOOD

Come join us for a fun night
of an Indian feast and movie



6.30pm Friday 18th November 2016

\$15 tickets (all profits go to Cancer Support)

St Josephs School Hall, Pye Street EUGOWRA

Prizes for best dressed (Bollywood style)

BYO movie snacks and drinks

Limited Tickets Available. Contact Ann Stenhouse or
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email: eugowra@agnvet.com.au



For the next meeting of Eugowra Branch we will be travelling to Parkes to visit Can Assist Nursery in Military Road. Anyone interested in going please be at CWA rooms 9.45am to leave 10am. ALL WELCOME, NO NEED TO BE A MEMBER. We will be taking our own cars.

After the visit to the Nursery we will have our meeting a Margaret Lewis's garden, then lunch at Bella's in Clarinda Street, Parkes. I will need to know numbers for lunch by Monday 7th November. Janet: 68592457.

Please note meetings after November will start at 11AM. All are welcome.

The AGM was held on 14th October. Elaine Cheney chaired the meeting, Elaine thanked CWA for its service to the community and she said, "being a volunteer is not cheap."

President Margaret Swift reported that we had a great year of interesting meetings, wonderful fellowship, not only in our own club, but with surrounding clubs such as Molong, Parkes & Narromine. The Eugowra Branch had guest speakers, such as Romy Taylor, and her story "Of life with Tom Quilty". Kerry Smith on "Make Healthy Normal". Margaret thanked Rhonda Yell for Auditing our books.

The CWA catered for artists at the Mural week-end and the Young Mothers evening. Money raised will go to Medical research, scholarships for country children and other many and varied places of need.

The night for young Mothers' "Sweets and Coffee" went off very well, and another such night is planned.

The Eugowra Branch was presented with a certificate for "Volunteer of the Year" as Volunteer team Central West. Frances Anderson went to Bathurst to receive the award at the Regional Ceremony.

The New executive for Eugowra Branch are President: Margaret Swift. Vice Presidents Janet Noble and Yvonne Smalley, Secretaries; Wendy Drady, Wendy Carey, Treasurer; Frances Anderson, Agriculture and Environment Officer; Frances Anderson. Publicity; Janet Noble. Books for Babies, Janet Noble & Shirley Heinzl.

Margaret Swift is also Vice President of the Central West Group and Wendy Carey is Secretary.

The December meeting will be our Christmas meeting, we will have lunch in our rooms, each member to bring a friend.

I would like to take this opportunity to thank Sarah as Editor and the Lions club for their great effort in making the Eugowra News possible.



Frances with the Volunteer of the Year Certificate



At the Coffee and Sweets night;

Shirley Heinzl, Katrina Noble and Frances Anderson

Young Mums and mums to be;

Cath Welsh, Jess Stanley and Ashley Newell.





St Joseph's Primary School

PYE ST EUGOWRA NSW 2806
 Phone: (02) 6859 2485 Fax: (02) 6859 2500
 Email: stjosephseugowra@bth.catholic.edu.au

Love and Truth Through Christ

Term 4 is up and running and we have some exciting activities going on in between our learning this term. We have celebrated the Sacrament of Confirmation, a Pop Up Book Fair, Urban Sport and the Primary children have enjoyed an informative and exciting overnight trip to Canberra.

CONFIRMATION

On Sunday 23rd, Olivia Holland, Thomas Brindle and Baylie Tulloch made their Confirmation Sacrament with Bishop Michael and Fr Laurie. The children were supported by their Sponsors, family and friends for this special Sacrament confirming their faith in the Catholic Church.

POP UP BOOK FAIR

Never missing a chance to dress up and purchase some new books, parents and friends enjoyed a Book Fair on Wednesday 19th with the theme of Australia Story Country. Many of the children participated in the colouring in competition with the winners choosing a book prize and all those who entered chose a minor prize.

Preschool—Brock D'Ombrian

Year 1—Isla Combe

Year 2—Lucy Philipzen/Veena Badesra

Year 3—Keiley Whatman

Year 4—Ash Gates

Year 5—Angus Whatman

Year 6—Ty Jones

All the children got into the spirit of dressing up and celebrating their favourite book character and paraded in front of parents and friends. There were some wonderful costumes from Tigger to Batman, Cinderella, the Cat in the Hat as well as motorbike riders, cricketers and even a cowboy dropped in!

SPORT

The Primary children are learning the finer points of Scooter, Skateboard and bike riding in their Friday afternoons Urban Sport. Starting on Tuesday 1st November we will be introducing the children to the wonderful sport of cricket. This is courtesy of Cricket Australia and the Sporting Schools Association.

CANBERRA EXCURSION

An overnight excursion to Canberra involved a visit to the National Gallery, a guided tour of Parliament House and the afternoon looking around the War Memorial. In the evening the children enjoyed the challenge and thrill of rock climbing before a good night's sleep at their accommodation.

The following day we visited the National Museum, the National Arboretum and then finishing the journey off at the Institute of Sport (AIS) before making the trek home. Slightly tired but all the more wiser and experienced about our National Capital.

Until December

God Bless

St Joseph's Staff and Students.





CONFIRMATION of their FAITH



With Bishop Michael, Baylie Tulloch, Thomas Brindle and Olivia Holland



Fr Laurie with Bishop Michael, Confirmation candidates and Altar Servers at the Confirmation last Sunday.



The Development Application has been submitted and paid for, the site plan drawn up and the organising Committee is waiting with anticipation for the go-ahead to launch the first **Eugowra Country Fair**.

The Fair will be held in Byrnes Park, next to the creek on Sunday 20th November, starting at 10am. There are 15 stalls already booked and at the time of publication, with places available for another 6.

The purpose of the Fair is to bring the community of Eugowra together for fun and friendship, and to enjoy Eugowra's beautiful creek-side open areas, lovingly planted, mown and maintained by the EPPA gardening committee including Ron Hay, David Hyde & Brian Moon.

The Fair will enable enterprising people to show off skills and projects that may even be the start of a small business. Of course farmers and gardeners are welcome to set up a stall just to advertise or sell their produce. The Preschool is running a sausage sizzle and the SES will be bringing along their truck to amuse the kids. There will be a First Aid stall where you can sit in the shade or sign up for some training. EPPA is hosting the Information & White Elephant stall.

On-site parking, including parking for the disabled, is available.

Eugowra Country Fair now has a webpage: www.eugowra.aus.net/country-fair/ in addition to a Facebook page, where there is lots of information about booking a stall space, insurance, etc. Enquiries about having a stall can be made via the webpage or by phoning Noela Lane on 68592366.

In the event of teaming rain (please NO!) the Fair will relocate to the covered area behind the showground pavilion.

The Eugowra Promotion and Progress Association (EPPA) is the official sponsor of the Fair, and invites all people in the Eugowra community to come on down and join in the fun on 20th November.

Entry is free.





Young Farmer Info Night

NSW Farmers were thrilled to see 50 young farmers come to the Young Farmer info night at the Bowling Club on 20 October.

Eugowra local Simone Norrie returned to her hometown to host the night, which was initiated by the local NSW Farmers Canowindra Branch.

Simone said young farmers travelled from Eugowra, Forbes, Parkes, Canowindra, Cowra, Grenfell, Wirrinya and Orange to attend.

"It just goes to show how many young men and women are out there working in agriculture and they're keen to get involved and know what is happening in the farming industry," she said.

Simone manages the south west region for NSW Farmers, which stretches to Hay and Griffith in the west, down to the Victorian border (including Leeton, Narrandera, Coleambally, Jerilderie, Berrigan, Bunnaloo and Deniliquin) and also Wagga Wagga up to Gundagai and down to Albury (including Tumut, Lockhart, Urana and everywhere in between).

She said this young farmer event was as successful as the meetings held in the major regional centres.

"I was so excited that it was well supported in Eugowra, it's a fantastic little community and it's great for the young farmers to all come together socially as well," she said.

Young Farmer Project Officer James Leigo addressed the crowd. "The NSW Young Farmers Committee successfully lobbied for the appointment of James and he is based in Dubbo – his role is to be a direct resource for young people working in the industry or those wishing to get their foot in the door."

"His talk was the highlight of the night and he was very interested in returning to Eugowra in the new year to run a workshop for the local young farmers and this is something NSW Farmers would fully support."

"He touched on the topics of leasing versus buying country, as well as succession planning – there were some great questions including the barriers of having to pay up to a 40 per cent deposit for some properties."

"At the next workshop we can delve further into these issues and try to suggest solutions and ways around some of these challenges facing young farmers."

James is running a Bank Ready workshop in Wagga on October 29. The free workshop is open to anyone who is interested.

"The bank ready workshops are designed to help young farmers present themselves to the bank with business plans, and be prepared going in to give them the best possible chance at getting a loan. It's all about being on the front foot – if anyone would like to attend they're welcome to contact me and I will sign them up."

If anyone would like to contact Simone her contact details are 0427 773 495 or norries@nswfarmers.org.au - for more information on

James you can visit the Young Farmer Business Project website.





Eugowra Public School

Hill Street, EUGOWRA NSW 2806
Phone: (02) 6859 2233

News

Participation Leads To Success

The year is passing quickly and our final term of the year will be busy! Firstly we welcome Miss Matthews to our teaching staff this term; she will be teaching library, support health and science.

Already this term, the primary class has been to the Baroque fest at Canowindra. This excursion explored the classical instruments and music of the 'Baroque' era and the students were treated to a very talented quartet performance and workshop.

Conservation Volunteers Australia has been to our school to run a workshop called River Rescue. Students were involved in a presentation, games and trivia and a practical session at the Mandagery Creek and concluded with a tree planting session.

Schools Spectacular We have five students participating in the combined choir at the Schools Spectacular in Sydney this November. These students will have a number of rehearsals in Sydney in the lead up to this exciting event. This is a fantastic opportunity for these students and this is thanks to the efforts of Mrs Welsh (Adams) who auditioned the girls and is working with them to get ready for the upcoming rehearsals. Nina Merchant, Olivia Connell, Rianna Reeves, Alyssa Gibson and Makala Leonard are looking forward to this great adventure. Tickets are available to the general public at Ticketek.

Kinder Orientation

Kindergarten Orientation is underway and we welcome these children and their families to our school and hope they enjoy their time at orientation. It is not too late to join us if you would like to include your Kindergarten ready child in these sessions.

Kindergarten Enrolments

Eugowra Public School is still taking enrolments for **Kindergarten 2017**. If you have a child ready to start school in 2017 or know of someone that does, please contact the school office on 6859 2233 for enrolment and transition information.

ELECTION DAY – Sausage Sizzle and Cake Stall

The Eugowra Public School P & C will hold a sausage sizzle and cake stall at the upcoming election on the 12th November 2016. Bring your \$2 for a sausage sandwich.

Melbourne Cup Luncheon

This year 'Eat Your Greens' will host the Melbourne Cup Luncheon at EYG and the Eugowra Public School P & C will be raising money by running the sweeps and a raffle on the day. Come along and support our school.





TIPS FOR MANAGING WATER LOGGED PASTURES

A series of extremely wet months has left many pastures and paddocks water logged across the Central Tablelands, but there are practical strategies farmers can implement to make the most of the wet conditions, according to Senior Land Services Officer - Pastures, Phil Cranney.

“On the upside, there is almost always more money in mud than in drought induced dust, however the wet conditions have caused some serious problems to pasture quality in the worst affected paddocks,” said Phil Cranney.

“Where water has lain on a paddock over a long period, plant roots will start to die from the tips up because of the lack of oxygen in the soil. Nitrogen and other nutrients will also leach away from the root zone. Denitrification occurs when the soil microbes run out of oxygen to breathe and start to use nitrogen. This causes nitrous oxide emissions (a green house gas) and is another cause of nitrogen loss from soil. There are no good short term pasture options for flooded paddocks. The best option is to focus on medium term recovery of the pasture base, and to address any immediate animal welfare issues by supplying supplementary feed,” advised Phil. “If pasture is covered with silt or mud, converting it to silage is not an option as the dirt will contaminate silage fermentation. Where the plant mass is lying on the ground, it will take longer to dry out and there is a greater chance of moulds or mycotoxins developing.”

“With taller winter crops that have not been inundated, but have been waterlogged and are unlikely to make grain, chopped silage may be an option if equipment can get on to the paddock. It is still essential that the plant mass is able to wilt properly and an inoculant should be used to improve quality. If pasture survives inundation or water logging and can be grazed, palatability may be an issue. Delaying grazing until there is further storm rain to wash the silt off the pasture may improve utilisation by stock. Where pasture has deteriorated severely, it may be worth ear marking

that paddock for renovation, by brown manuring, then spraying out the pasture and letting it mulch down into the soil over the summer months. If pasture has died, shirohie millet is the quickest option for providing short term green feed. If sown heavily, it is also a great competitor against any new weeds inherited from up stream.

However Tablelands farmers need to be aware that Shirohie millet needs a soil temperature of at least 14 degrees to germinate. If producers have surface applied limed on their paddocks within the last 12 months, one of the benefits of the above average rainfall, is that it should help wash the lime deeper into the soil, therefore having a greater neutralising effect on toxic aluminium cations.”

For more information about managing water logged pastures contact your nearest Local Land Services office or phone Phil Cranney on: 0458 745 478 (email: phil.cranney@lls.nsw.gov.au)

Careful grazing management needed to minimize deaths from bloat.

Farmers have been warned to carefully monitor livestock and take precautions against bloat, as lush spring pastures increase the risk of animal deaths. Central Tablelands Local Land Services Vets have already received numerous reports of cattle deaths from bloat on improved pastures over winter and the wet spring is creating ideal conditions for legume growth.

Orange based Central Tablelands Local Land Services Vet, Dr Amy Masters, says animals are at risk of bloat when grazing young, rapidly growing pastures, particularly if the clover or lucerne content is greater than 50 percent. “Ruminant animals produce large volumes of gas during normal digestion. This gas is usually released via belching or passing into the gastrointestinal tract,” Dr Masters said. “When livestock graze legumes and some rapidly growing grasses, gas can become trapped in a stable foam layer in the rumen, preventing the animal from releasing it through normal flatulence. Without timely



Local Land
Services
Central Tablelands

Media release

treatment the rumen can become severely distended and quickly cause compression of the lungs, obstruction to blood flow, and death.

Dr Masters urged beef producers to closely monitor cattle grazing high risk pastures for symptoms of bloat. "Livestock suffering from bloat will usually stop eating, they may be reluctant to move and will have an obvious distension of their left flank," Dr Masters said. "They become distressed and may be observed vocalising, breathing rapidly with their mouth open and staggering prior to death. Early intervention and treatment of mild cases with commercially available oral anti-bloat drenches will give cattle the best chance of recovery.

More severely affected stock may require emergency consultation with a private veterinary practitioner. Dr Masters encouraged producers to contact their Local Land Services district vet if cattle presumed to be affected by bloat are found to have died suddenly.

"A post mortem examination can confirm bloat and potentially rule out other serious diseases. Minimising losses from bloat requires careful grazing management and the provision of suitable anti-bloat products for vulnerable stock," Dr Masters said. "Hungry animals should never be given access to risky pastures. Farmers are advised to avoid introducing them to a new paddock after any period when feed has been withheld, such as post yarding or transportation. Cattle should be fed hay or allowed to graze their old paddock for several hours before being turned on to a new pasture for the first time in the afternoon. These precautions will reduce their appetite and lessen the risk of immediate gorging."

Commercial bloat preventatives are available in a variety of forms including lick blocks, loose licks and as water additives. Stock producers should consult their district vet for advice on the most suitable products for their flock or herd.

For more information contact Central Tablelands Local Land Services Vet, Dr Amy Masters on: 0428 710 002 or email: amy.masters@lls.nsw.gov.au

THE BENEFITS OF A WET SEASON

Despite the flooding and water damage to many properties, there are more benefits to others with the amazing rain over the past few months. It is the best season many have seen and has been called officially the wettest winter and spring on record.

Pictured is Eugowra North farmer;



Hugh Ellis in his Clover paddock., left and bottom in a Rye Corn crop.

Hugh says 'I put lambs in here three weeks ago and haven't seen them since. Lyn went in to look and I lost her too!'





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THE ~ SEASONAL KITCHEN ~

Broad Bean Falafel with Labne

So the broad beans are finally ready to pick! The cold wet weather certainly has made them late this year but I have a bumper crop and a nice lot of peas too. These Falafels make great use of the spring garden produce. We are also milking one of the goats at the moment and getting lots of milk so making yogurt and fresh yogurt cheese (Labne) Of course if you don't have a goat to milk just buy some good quality Greek yogurt and drain it through a chux cloth or similar over a bowl for about 24 hrs and you will have some delicious Labne.

Ingredients

3 tsp Ground Cumin
3 tsp Ground Coriander
1 Red Onion
3 Cloves of Garlic
400g Broad Beans
500g Peas
20g Fresh Mint
40g Fresh Coriander
200g Cornflower
3 tsp baking powder
Salt to taste



Method

Place all ingredients, except the cornflower, baking powder and salt, into a blender. Blend till combined and mashed, I like to keep a bit of texture in the beans.

Then fold in cornflower, baking powder, and add salt to taste.

Roll into any desired shape, though it's best to keep them fairly small. I usually make small meat ball sized ones. Pan fry in olive oil till cooked (normally takes between 3-4min).

Serve with the Labne or some yoghurt some Hummus and maybe a fresh green salad.

Enjoy.

NOVEMBER 2016

kids page

Jokes

What gets wetter the more it dries?
- A towel!

Where do bees go to the toilet?
- At the BP station!

Who earns a living by driving their
customers away?
- A taxi driver!

What has one head, one foot and four legs?
- A bed!

Spot the difference!

There are six differences to find, good luck!



Find-a-word!

W	I	C	A	N	O	L	A	R	S
A	K	C	A	R	N	I	V	A	L
R	H	D	B	L	O	O	M	J	O
M	O	A	S	K	E	T	B	O	C
T	O	M	U	D	I	H	G	C	U
H	V	S	N	Y	N	O	R	K	P
M	E	L	B	O	U	R	N	E	A
H	S	Y	F	E	V	S	E	Y	Y
L	N	W	I	S	W	E	E	P	S
O	V	E	R	F	L	O	W	S	N
N	S	N	E	G	B	R	A	C	E
G	T	R	O	P	H	Y	I	C	S

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A LITTLE BIT OF HISTORY

Elaine Cheney



SYDNEY MORNING HERALD 14 April 1886. Petition for Seed Wheat

In the Legislative Assembly, Tuesday afternoon, Mr. Stokes presented the following petition from the farmers of Eugowra and surrounding district: — "That your petitioners have sustained heavy losses through the disastrous drought from which the colony has of late years been suffering — a drought which has brought a great many of us to the brink of ruin, through the continued failure of our crops. The year 1885 has been, above all others the most trying, disheartening, and ruinous of all seasons to our industry, many having no crops at all and many others reaping not more than two or three bushels to the acre, while others have to turn in their stock to save them from destruction. We most respectfully, therefore, desire to point out to your honourable House that in many instances, owing to the almost complete failure of crops, many farmers this year in this neighbourhood are now left almost helpless and penniless, and totally unable to find seed to sow their lands for the coming season. We, your petitioners, therefore humbly pray that your honourable House will take our sad case into your most favourable consideration and grant us seed wheat for the coming season, and thus save us from total ruin. And your humble petitioners, as in duty bound, will ever pray."

AUSTRALIAN TOWN AND COUNTRY JOURNAL 24 April 1886. FORBES

"**Gift Wheat supplied** by the State, is asked by a small number of (Eugowra) farmers residing some 25 miles from here. A petition, pitifully worded, has been duly presented to Parliament, to this end, signed by sixteen petitioners; but the question arises, is there existing poverty sufficient to justify this demand? A very large majority of the farmers in the district refused to join the petitioners and feel humiliated by their action. Possibly there is not one of the petitioners alluded to who could not get the loan of sufficient seed wheat from our large-hearted local millers, Messrs Nicolas and Raymond, because such an action would not only be in keeping with that firm's manly character, but would bring grist to their mill. Probably all these persons who have petitioned have horses and carts and could obtain some employment if so disposed, apart from their farms. It is sad to think so many farmers rely upon wheat growing as their only support - wasting a large part of the year in idleness between the time of sowing and reaping, which applied to bee culture, fruit raising and the like would render them comparatively independent. Very many farmers hereabouts are of opinion that granting seed wheat would tend to kill that self-respect and self-reliance which hitherto have been so characteristic of their class. *Arguments continued in the Parliament as to conditions in the country and it was said that New South Wales only had 800,000 acres under cultivation.*

Question – Do we want all our farms turned into sheep and cattle stations?"

If grain at that time was grown for exporting and sent off to Sydney, some by rail to Redfern, it then had to be loaded into drays to be hauled to the docks to be loaded into ships. It is not known the seed wheat was available that year, but a farmer from the Nangar area John Bing (Benge) met with a severe accident in 1889 when his wagon was descending a cutting at Murga following his collection of seed wheat from the Borenore railway station. He had to have a foot amputated and, when recovering, he and his new baby were drowned in the Mandagery in the vicinity of his home.

CANOWINDRA STAR AND EUGOWRA NEWS Articles from November 1922 edition include 'WEIGHBRIDGE'

"At the time of writing it looks as if the weighbridge here is going to Trajere. Well, the Trajere people are entitled to a weighbridge, but it seems the height of idiocy to remove a weighbridge from where a very large amount of daily traffic will take place, to put on a siding where less than one-sixth of the average business will go through. However the matter will be debated on the floor of the House, when it is hoped some results will accrue. In the meantime the whole wheat traffic here will be held up for want of weighing facilities. Striping in full swing, and yields so far are good. Most crops are yielding from six to ten bags. The sample on the whole is good."

"**WEIGHBRIDGE.** Despite the strong protests, the weighbridge, has been shifted from Eugowra to Trajere. Well, good luck to the Trajere folk. Evidently there are some shrewd old heads that way. A good deal of wheat which should have been unloaded at Eugowra will now have five miles further haul, while a lot more is being carted to Forbes, as with no weighbridge here, of course, wheat cannot be received. A fair amount of wheat was purchased here last week at 6/- per bushel. Not a bad price for milling wheat." *The old harvester pictured is the one which was left to disintegrate in the Nangar National Park when the shed collapsed. Not many of our wheat growers in Eugowra area in the 1880s would have had any machinery as labour saving as this would have been in its time.*



EUGOWRA COMMUNITY BOWLS & RECREATION CLUB



NEWS FLASH! Volleyball Comp starts Mondays 6pm.

NOVEMBER	
Tuesday 1st	Melbourne Cup Day
Friday 11th	Remembrance Day Commemorative Evening
Sunday 20th	3 Bowls Pairs Day
25th Friday	Market Night Raffle, Members Draw & Barrel Draw
DECEMBER	
Friday 9th	Mega Christmas Raffle
Saturday 17th	Local Business End of Year Party. Last Market Night Raffle, Members Draw and Barrel Draw for the Year



Chelsea Colvin on Moon Fairy with her ribbons.



EUGOWRA JUMP DAY

Sienna Carver on Pippin competing in the Sporting event.



Jen Woods instructing the riders.

EUGOWRA PONY CLUB



What a busy month October has been for our pony clubbers!

We hosted a Jump Day, where Jen Wood came from Cudal to teach our riders about show jumping. The day was very successful, with all riders improving over the course of the day. Jen is a wonderful instructor, so we are very lucky to have her teaching our riders a thing or two!

We also held our Jumping, Sporting and Dressage Day on the 16th October. And despite the insane winds, we had a wonderful day. This was the first time we have held dressage, so it was lovely to see all our riders participate in the dressage test.

Well done to our club members Isla & Pippa Combe, Sienna Carver, Brooke & Ricky Stibbard, Chelsea Colvin, Olivia Holland and Tahlia O'Malley who represented our club with a great deal of sportsmanship.

EPC would like to personally send out a massive thank you to our sponsors for the day, Brendan Pengilly, Brett Myers Plastering, Central Hotel and Parkes Sprayer barn, who kindly donated prizes for our Champions & Reserve Champions.

Also to our judges, Rachael Morgan, Laurie Norris, John Kinghorn., Marie Cooper and Tash Larsen. Our judges not only judge, they are very compassionate people who assist and support our riders. Thank you for your ongoing support.

Also, a big thank you to everyone who helped out in any way before, on the day, and after. What a great little club we have! Next rally day, 6th November.

Champions and Reserve Champions were:

U7's- Champion- Isla Combe (EPC)

Reserve Champion- Pippa Combe (EPC)

7-9yrs- Champion- Tahlia O'Malley (EPC)

9-11yrs- Champion- Stacey McMaster

Reserve Champion- Sarah Shady

11-13yrs- Champion- Bailie Peisley

Reserve Champion- Rianna Reeves

13-15yrs- Champion- Ashley Hampton

Reserve Champion- Brooke Stibbard (EPC)

15-17yrs- Champion- Prue Baker

Associates- Champion- Monique Gillespie

Reserve Champion- Megan Pearce



Champions and Reserve Champions



Laurie Norris presenting the ribbons



Physiotherapist Nicole Brindle

Eugowra Health Report

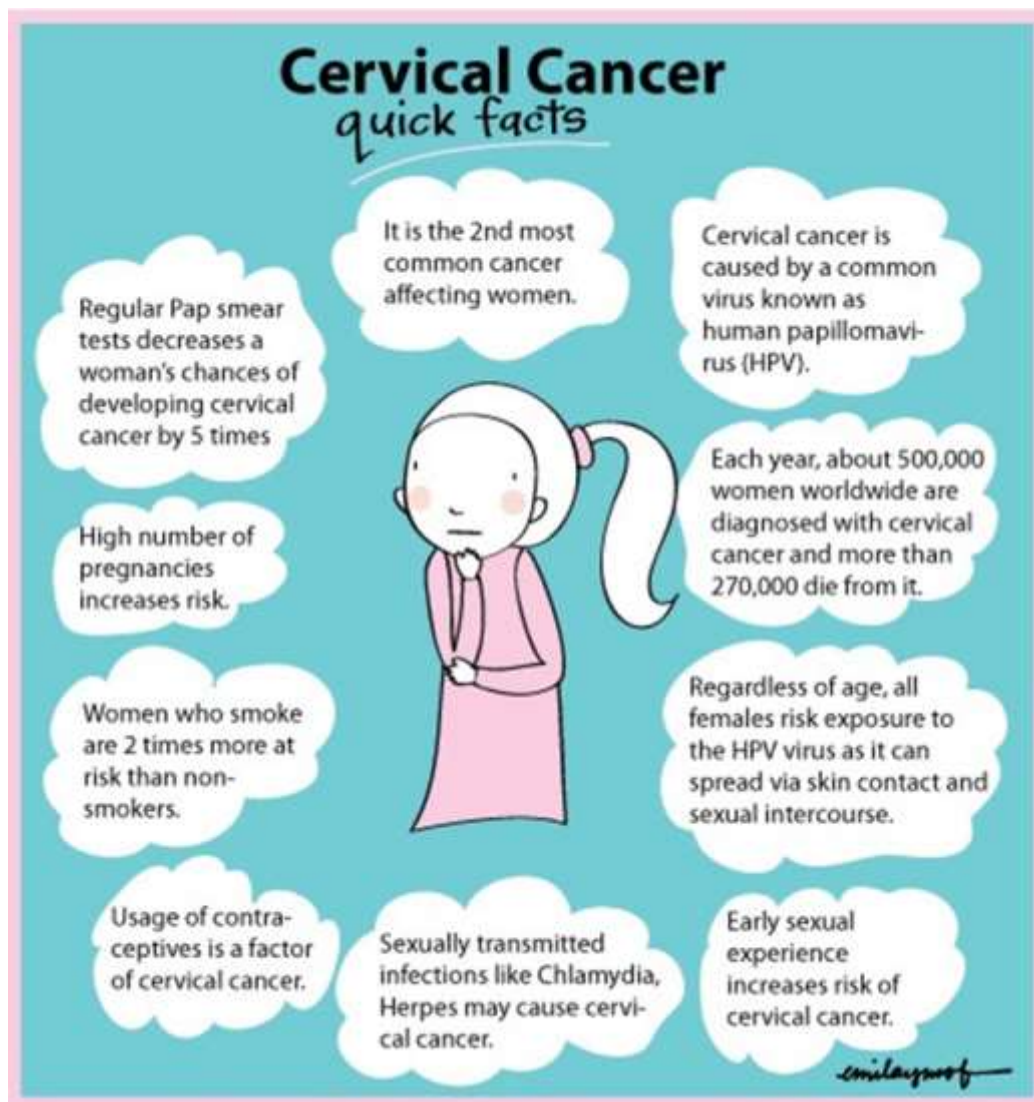
EUGOWRA MULTI-PURPOSE HEALTH SERVICE

GREAT NEWS LADIES!!

Changes to cervical cancer screening – Pap Smears

Australia is the 2nd best country in the world for prevention of death due to Cervical Cancer. This has been mainly due to the regular Pap smear tests that women have participated in. Safe sex and HPV (Human Papilloma Virus) immunisation is increasing the success of this program.

Australia will continue to lead the world with the HPV test. The good news is this test only needs to be done every 5 years.



What are the changes?

The renewed National Cervical Screening Program will invite women aged 25 to 74 years, both HPV vaccinated and unvaccinated, to undertake an HPV test every 5 years.

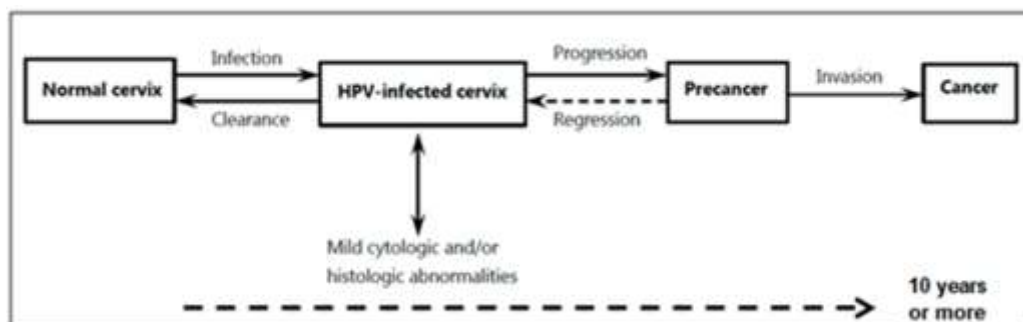
- Women of any age who have symptoms (including pain or bleeding) should have appropriate clinical assessment, which may include a cervical cytology test and an HPV test.
- HPV vaccinated women will still require cervical screening as the HPV vaccine does not protect against all the types of HPV that cause cervical cancer.

The new programme will commence on 1 May 2017 when the primary HPV screening test will become available on the Medicare Benefits Schedule.

What is the relationship between the Human Papillomavirus and cervical cancer?

- HPV is the virus that causes more than 99 per cent of cervical cancer.
- HPV is a virus that is a very common cause of infection in humans, similar to the common cold. Most women get it at some point in their lives. There are many types of HPV infections, and most of them clear up by themselves without causing any problems.
- HPV is transmitted through sexual activity. HPV infections are very common in young women and men in the early years of sexual activity.
- HPV infections are transient and will usually clear by themselves within 1-2 years. If the infection is not cleared, there is an increased risk of developing cervical cancer.
- Persistent HPV infections can cause abnormal cell changes that may lead to cervical cancer. However, this usually takes a long time, often more than 10 years.
- The HPV vaccine protects against the most common strains of HPV, accounting for approximately 70% of cervical cancers.

The role of HPV infection in the development of cervical cancer



Why is cervical screening changing?

If you have a HPV test that is clear you can be confident that even if you develop the virus in the next 5 years this will be early enough to detect changes in the cervix.

If you have a test that is positive you will then need to have the normal pap screenings.

How does the new cervical screening test work?

- The new cervical screening test detects human papillomavirus (HPV) infection, which is the first step in developing cervical cancer.
- Persistent HPV infections can cause abnormal cell changes that may lead to cervical cancer. However, this usually takes a long time, often more than 10 years.

While the current Pap test can detect abnormal cell changes, the new cervical screening test will detect the persistent HPV infection that causes the abnormal cell changes, prior to the development of cancer.

How is the new test done?

The procedure for collecting the sample for HPV testing is the same as the procedure for having a Pap smear. A doctor or nurse would still take a small sample of cells from the woman's cervix to send away to a laboratory to be examined.

For more information

<http://www.cancerscreening.gov.au>



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AUSTRALIA DAY 2017 NOMINATION FORM FOR

CITIZEN OF THE YEAR, YOUNG CITIZEN OF THE YEAR & COMMUNITY GROUP OF THE YEAR

The Australia Day Awards are judged on criteria of scholastic or sporting achievements, and service to the community in terms of personal contribution and spread of involvement. The awards are open to community members who are Australian Citizens and who have made a noteworthy contribution or achieved something outstanding in their work, studies or community service during the current year or over a number of years. Each village has the opportunity to have one recipient recognized from each category. The three categories are as follows:

Please provide a separate nomination form for each nominee.

Citizen of the Year Award:

For a person who has demonstrated excellence in their field or service to the community through their work or voluntary activities.

Young Citizen of the Year Award:

For a person under 25 years of age who may be considered an inspirational role model and who has served their community through their school, work or voluntary activities.

Community Group of the Year Award:

For a group who has made meritorious contribution to their community.

Nomination for:

☐
☐
☐

Citizen of the Year Award

Young Citizen of the Year Award

Community Group of the Year Award

Village:	Canowindra	Cargo	Cudal	Cumnock
	Eugowra	Manildra	Molong	Borenore/ Nashdale
	Mullion Creek/Clergate		Yeoval	

DETAILS OF NOMINEE



Full Name:	
Residential Address:	
Telephone Contacts:	
Approx Age: (Young Citizen only)	

E:

DETAILS OF NOMINATOR:

Full Name:	
Organisation: (optional)	
Contact Address:	
Telephone Contacts:	
Signature:	

Tell us about your nominee. How are they an inspirational role model?

How have they demonstrated excellence in their field or to the community?

Please write at least 100 words. You may also like to include such information as how the person contributes to the community; other significant contributions or achievements and past and present membership of community/sporting/professional bodies etc. If you require additional space, please attach separate pages.

PLEASE POST OR EMAIL TO: THE ACTING GENERAL MANAGER

Cabonne Council

PO Box 17

MO LONG NSW 2866

Email: council@cabonne.nsw.gov.au

by 5.00pm Wednesday 9 November 2016

Conditions of Nomination:

1. Nominees must be Australian citizens and live, work or study in the Cabonne Local Government Area.
2. Nominations must be on this Nomination Form with all sections fully completed. Attachments will be accepted.
3. The decision of the Councillors will be final and no correspondence will be entered into in respect of the decision.
4. The nominated person **MUST ATTEND**, if practicable, the Award Presentation should they be chosen by the Council.
5. Nominations must be received by Cabonne Council no later than Wednesday 9 November 2016

JOKE TIME

Financial Planning explained by an Irishman in the Outback.

Paddy bought a camel from a farmer for \$100. The farmer agreed to deliver the camel the next day.

In the morning he drove up and said, 'Sorry son, but I have some bad news.

The camel's dead.' Paddy replied, 'Well just give me my money back then.'

The farmer said, 'Can't do that. I've already spent it.'

Paddy said, 'OK then, just bring me the dead camel.'

The farmer asked, 'What are you going to do with him?'

Paddy said, 'I'm going to raffle him off.'

The farmer said, 'You can't raffle a dead camel!'

Paddy said, 'Sure I can. Watch me.

I just won't tell anybody he's dead.'

A month later, the farmer met up with Paddy and asked, 'What happened with that dead camel?'

Paddy said, 'I raffled him off. I sold 500 tickets at \$2 each and made a profit of \$898.' The farmer said, 'Didn't anyone complain?'

Paddy said, 'Just the guy who won.

So I gave him his \$2 back.'



Eugowra Evening View Club
voice, interests and education of women

The Eugowra Evening VIEW Club held their monthly dinner meeting at the Central Hotel on Monday 17th October.

As there was no guest speaker for the evening members enjoyed trying to guess "Who Am I" which were profiles written by each member with five specific points about themselves.

This had been done earlier in the year and with the revelation of each point about their fellow members much was revealed about those we share VIEW dinner meetings with.

Topics discussed at the meeting included:

- The Joy spreaders Program which members had selected the various ones they wished to support by voting- then a cheque was sent off to the Smith Family.
- Elections at the November meeting.
- Christmas Toy and Book Appeal- members voted to send a generous sum to the appeal.
- Christmas Party to be held on 19th December- venue still to be decided.
- Movie Night and Dinner on 5th November.
- Di Garner has offered to run an art class in January for members.

VIEW Resolutions- suggestions and discussions on a number of topics - President suggested that members think about ideas and take to the November meeting as they need to be in to the VIEW National Office by November 25th.

The November meeting will be held on 21st with the elections of office bearers to take place.

 **(02) 6393 0500**
www.hearing.com.au

Australian Hearing
will be conducting
FREE Community
hearing checks at

Eugowra MPS

Monday 21st November 10.30am

for bookings call Louise Farmer
63930500

Australian Hearing Orange
Level One
Commonwealth Office Block
Cnr Kite Street and Lords Place
Orange NSW 2800

EUGOWRA MEMORIAL SWIMMING POOL

The Eugowra War Memorial Swimming Pool will be opening for the 2016/2017 season in mid November subject to the completion of pool maintenance by the Council.

The opening hours will be as follows -
The pool will be open daily from 3.30 - 5.30 until the completion of the school term.

During school holidays the pool will be open daily from 2.30-7.00pm (These times are subject to review due to weather conditions).

Pool Entrance fees are now

School Children	\$2.00
Under School Age	Free
Adults	\$3.00
Family Season Ticket	(for family up to 6) \$130.00
Single Adult Season	\$70.00
Single Child Season	\$50.00

EUGOWRA SOCIAL SWIMMING CLUB

Starting 16th November
\$50.00 per school age child
Wednesday and Thursdays
5.30pm start at the pool
For more information contact
Julie Dukes 0427187212

EUGOWRA POOL AQUA EXERCISES 2016/2017

Tues & Thurs at 10 -11 am.
Mondays evenings 6 -7 pm.
Starts in mid November,
Contact:
David Hyde 0427592368
Anne Stenhouse 68504000



Health
Western NSW
Local Health District



The Pigeonholes

Short Messages, For Sale, Wanted

Wanted to buy down or injured stock.

Contact : Kevin Howell. 02 68592311.



Thumbs Up!

for all those people that have booked a stall for the Eugowra Country Fair. Thanks for your support. There are still a few places available but get in quick they are going fast.

Eugowra RTC (Rural Transaction Centre)

Christmas/Holiday Opening Hours

Monday 26th December 2016 Closed

Tuesday 27th December 2016 Closed

Monday 2nd January 2017 Closed

PLEASE NOTE

From 28/12/16 to 13/1/17 we will only
be open in the morning.
9.00am to 1pm

NAB (National Australia Bank) FORBES

Monday to Friday
Open 10am -2.00pm only

CLAIM THE DATE

EUGOWRA CHRISTMAS CAROLS

on the CREEK
Sunday 11th December

Ray White
Eugowra

Brendon Allegri

0416 930197

brendon.allegri@raywhite.com



19 Pye Street \$180,000



This lovely 2 bedroom home is walking distance to everything in the beautiful town of Eugowra. Lovely period features, including original lead light windows, spacious rooms, high ceilings plus a modern bathroom and kitchen that looks out over a generous deck that spans the width of the home. A well established garden, advanced trees and shrubs, single lock up garage plus carport are some of the many features.

Call Brendon Allegri 0416 930 197



31 Nanima Street \$175,000

Calling all Handyman and Renovators!

Vendors say sell and open to offers.

Call today to arrange a viewing.

Searching for a project you can put your finishing touches & make it your own, the current owners have started the hard work but circumstances have changed & need to sell.

Features 3 bedrooms, open kitchen/dining/living area, laundry, bathroom, garage/spray booth, with the creek at the rear of the block all situated on 1.5 acres.