

CANOLA CUP ANOTHER SUCCESS



With a year off due to a washed out meeting the Eugowra Harness Racing Club came back bigger and better with their annual Canola Cup family picnic day and were blessed with such perfect weather. After a lot of work in the preceding months by an ever-growing band of helpers and with the grounds looking magnificent the scene was set for a great day of racing and entertainment.

A fantastic crowd was in attendance and although not breaking 2015 record gate it was only slightly lower. The off-track entertainment was greatly enjoyed by the big crowd and the racing was first class with the \$30,000 Lexus Of Parramatta Canola Cup taken out by George's Plains trainer-driver Bernie Hewitt and former president Lex Crosby. This was the 17th year of running of the Canola Cup and Hewitt has claimed success six times in the feature event.

The Canola Cup still claims the richest CO in the country and has been for a number of years now but the Club is proud to announce that it will increase to \$40,000 next year with the clubs major sponsor Lexus Of Parramatta giving full support.

Off the track the action was also fast paced with patrons kept on their toes with highly contested Fashions on the field. Judges choice for the Eugowra Canola Cup Queen was Emma Wells from Young and Meg Maguire was chosen for the Best Canola Cup Headwear. Aneira Rowlands, James Beath-Pearce and Jordan Gaskin were named the best dressed Junior and Princess respectively while Tommy Jeffs from Canowindra was the judges choice for the Canola Cup King. Organisers were overwhelmed with the donation of prizes received from local businesses. Thank you to Lucy Brennan for doing such a wonderful job as Canola Cup MC.

From the Editor

Hello Eugowra!

I'd like to start with a huge thank you to Sarah for her service over the last couple of years for providing Eugowra with the monthly newspaper. I have only been living in Eugowra for a little over a year now, but I know that I looked forward to each edition. The paper provides us with all we need to know about life in Eugowra. It connects us as individuals and as a community. Sarah has been exceptional in her efforts and I know I speak for all of us when I say a sincere thank you.

A brief introduction for myself.... I'm a mum of two kids and as mentioned I moved to Eugowra from Canberra in early 2016. I'm slowly getting to know people in town and certainly look forward to this new endeavour which will allow me to meet more of you

Id like to invite you to check out the Facebook page for Eugowra. Lots of photos and discussions there to keep you busy. Including some historical pictures and the fantastic aerial shots from Anthony Toohey.

Thank you again for this opportunity. I hope I can follow in Sarah's footsteps successfully. Don't be afraid to drop me a line, send me an email or even better say hello if you see me around town! Many of you have already wished me well, and I am extremely grateful for the words of encouragement.

Erin



Our Regular contributors:

- Elaine Cheney
- Judy Smith
- Bob Roach
- Nicole Brindle
- Janet Noble
- Marion Stanton
- Jodie Greenhalgh
- Erin Peile
- Virginia Townsend
- Sarah de Lange
- Casey Jones
- Cassie Gates
- Bruce Noble

Next Issue Deadline:
Friday November 24th
The News will be available
on Friday 1st Dec

Advertising and Editorial Material To
Erin Peile

editor@eugowranews.com.au

420 copies printed and distributed
throughout the community.

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

Online at www.eugowranews.com.au

Follow us on facebook



EUGOWRA COMMUNITY MONTHLY MEETINGS

VIEW CLUB..... 3rd Monday of the Month Committee Meeting 5.30 Dinner Meeting at Central Hotel 6.30 for 7.00pm

SHOW SOCIETY..... 2nd Monday of the Month

EPPA2nd Tuesday of the Month

HOSPITAL AUXILIARY... 3rd Friday of the Month

LIONS CLUB.....Last Thursday of the month at the Central 5.00pm (after folding the Newsletter)

BOWLING CLUB....1st Monday of the month 7pm

CWA.....2nd Friday of the month CWA Rooms
11.00am

To the Editor

TO SIGN OR NOT TO SIGN

Following the publishing of a controversial and anonymous contribution to the Pigeonholes in the September edition of the "Eugowra News", the Lions Club considered a motion at its last meeting that no contribution would be considered for publication unless signed.

"After all", it was said, "if they've got the guts to write it, they should have the guts to sign it."

However, during discussion, an alternative opinion emerged, no doubt caused by the small-town vilification which can be heaped upon any person who dares to express an opinion outside the norm.

An amendment was therefore put forward that so long as a contributor provided their name to the editor, it could be printed "name withheld at writer's request" at the editor's discretion.

It was therefore decided to ask **you, the readers**, your opinion on this contentious matter.

You can email your thoughts to the editor at editor@eugowranews.com.au, or phone me on 0428 102 808.

Bob Roach

Secretary, Eugowra Lions

In This Issue

Pages

4. Whats on - Monthly Calendar

6. Canola Cup Story continued

8. Story on Eat Your Greens

9. The Floods of 1950 by Bruce Noble

10 - 11 Eugowra Public School

12 - 13 Health Report

14 Kids page

15 Recipe

16 Pool News

17 - 18 Travel Tales

20 - 21 St Joseph's

26 - 27 A Little Bit of History

32 -33 CWA

34 VIEW Club

Editor's note

As a fairly new community member and brand new editor, I am careful of ruffling feathers. However, my thought on Thumbs Down is that it should be general town business... not name calling, or personal call outs. There is enough unkindness in the world as it is.

For a person or a group of people to be called out in a public forum could be quite hurtful.... Ill will intended or not.

So until further decisions are made the Thumbs down column will only be general annoyances and grievances.

I am pleased to note however that I have received quite a number of Thumbs Up notices this month - which is fantastic.

Erin

WHAT'S ON THIS MONTH

NOVEMBER 2017

Dr Vicki Wymer 68 592 220 Eugowra

63645901 Manildra

Mon


Tue

Wed

Thu

Fri

Sat/Sun

		1. <i>CLOSED</i> Karen Gerdes	2. Open 9am to 4pm Alan Connolly	3. Manildra 9am to 1pm Emily More	4/5 Elaine Cheney/ Mavis Cross
6. Open 9am to 5pm Judith Smith	7. Manildra 9am to 1pm Tim Cheney	8. Open 9am to 11am N & K Dixon	9. Open 9am to 4pm Alan Connolly	10 Manildra 9am to 1pm Pat Norris	11/12 Verna Riley/Ted & Rhonda Round
13 Open 9am to 5pm G Arnoll & B Moon	14 Manildra 9am to 1pm Sandra Welch	15 <i>CLOSED</i> Chris HAY	16 Open 9am to 4pm Graham Arnoll & B Moon	17 Manildra 9am to 1pm Mavis Murray	18/19 Mavis Murray/ Mavis Murray
20 Open 9am to 5pm Mavis Murray	21 Manildra 9am to 1pm Mavis Murray	22 Open 9am to 11am Mavis Murray	23 Open 9am to 4pm Mavis Murray	24 Manildra 9am to 1pm Diane Smith	25/26 Sarah Green- Halg/Jeanette Norris
27 Open 9am to 5pm Mavis Cross	28 Manildra 9am to 1pm Diane Smith	29 <i>CLOSED</i> Ted & Rhonda Round	30 Open 9am to 4pm Verna Riley		

Eugowra Church Services

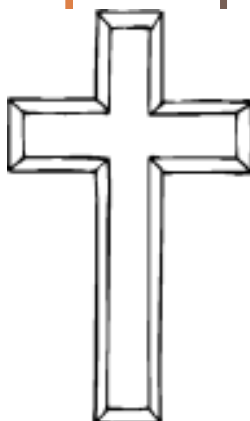
St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 5.00pm

Parish Priest: Fr Laurie Beath 63 421369

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240



St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,

5th Sundays share with Uniting Church at 2.30pm

Rector: Reverend Joy Harris 63441643

joyharris159@gmail.com

Local Lay Preacher Elaine Cheney
68 592820

Sunnyside Gravel Supplies



QUARRY DA 95/144

- WHITE & RED DECOMPOSED CLEAN GRANITE FOR YOUR DRIVEWAYS, ROADS, FILL, SHEDS AND STOCKYARDS E.T.C.
 - ONE TONNE LOAD DELIVERED IN TOWN AREA
 - ANY QUANTITY CAN BE ARRANGED
 - PICK UP YOUR SELF BOX TRAILER TO SEMI LOADS BY ARRANGEMENT
- ALSO AVAILABLE:**
- TOP SOIL- DELIVERED IN TOWN AREA OR PICK UP
 - CONCRETE MIX 50/50 SAND BLUEMETAL MIX
 - STRAW FOR MULCH, BEDDING E.T.C.

CONTACT: ALAN & MARIE NOBLE (02) 68592266

CABONNE HOME & COMMUNITY CARE

Is funded to help support people who are frail aged or younger people with disabilities, who are assessed as needing help with tasks of everyday living.

For more information contact
Cabonne Home & Community
Care Service

6344 1199

Or



1300 369 738



* FOOD SERVICES offer a range of food-related options

* NEIGHBOUR AID offers a variety of assistance options

EUGOWRA / ORANGE COMMUNITY BUS SERVICE

NEXT BUS:



Friday 27th October

**Bus leaves Central Hotel 8.45am
Returns to Eugowra at 3.30pm**

PLEASE NOTE THE PRICE INCREASE;

ADULTS \$8.00

SCHOOL AGE \$3.00

PRE SCHOOL & UNDER - FREE

If you could have the correct amount when paying the driver that will be greatly appreciated.

Please contact Margot Brown Coordinator Cabonne CT 1300 302 446 if you have any queries.

FOR MORE INFORMATION OR BOOKINGS CALL:

DEIDRE SLAVEN 6859 2414 OR

MARGOT BROWN 6392 3233

Cont. from cover

Winner of the Lexus Of Parramatta lucky gate prize was Jackie Holland from Eugowra. Jackie scored herself a trip for two to Queenstown NZ, including return airfares from Sydney to Queenstown, NZ and four nights accommodation including breakfast. Proudly donated by Lexus Of Parramatta.

The CanAssist fundraiser was a huge success on the day raising \$4,100. Winner of the major raffle was David Tildsley who won himself a 55" Smart TV. On behalf the Eugowra Harness Racing Club I would like to thank everyone that donated prizes towards the Auction and who brought tickets and donated money. All proceeds going to CanAssist – Forbes. Forbes branch support many people financially during their battle with cancer and rely on events like the Canola Cup and community support to help raise much needed funds.

A special thanks goes out to our President Jeff Howell and Peter Jones for the countless hours you put in to both the track and grounds. The grounds looked magnificent and the track was lightening fast. The track and its surrounds was highly praised by many owners and trainers on the day.

A big thank you to Alan & Lachie Noble for sowing and fertilising the Canola Crop growing along the straight, added to the colour of the day.

To the many other helpers who work with us to make this day so successful, thank you. Some put in many long hours, some not so many hours but all do their bit and without you all it could not be done. The many people who give their time to man the gate, work in the bar and canteen while others are enjoying the day thank you.

Thank you to all our sponsors large and small, we could not do it without you.

The Eugowra community should also be proud because you have helped to showcase Eugowra into pubs, clubs and homes all over Australia through the coverage on Sky Channel and the extensive coverage in newspapers and on radio. The images of huge crowds at the picturesque course beamed around Australia would certainly entice travellers to detour to Eugowra when they are in the area.

Our Christmas party and presentation will be held at the showground on Saturday 9th of December at 4pm and we would like to invite all our helpers to come and share a steak and a refreshment with us so we can show our appreciation.

Thank you Eugowra.

Story and photos by Eugowra Harness Racing Club





Melbourne Cup

Tuesday 7th November 2017

Hosted by Eugowra Public School P&C
at Eugowra Bowling Club

Doors open from 11:30am

Entertainment by Cathi Welsh

Display of wedding
Gowns worn by
Eugowra residents

\$25 per head

Prizes for the best
hat / fascinator and
best dressed lady

MELBOURNE CUP LUNCHEON

Book at Eugowra Public School Supermarket
or contact Annette Connell 0400 096059.

Payment is required at time of booking
Bookings required by Friday, 3rd November

Winners Are Grinners!



Eat Your Greens receives top gong in the NSW Regional Events Caterer category at the 2017 NSW Savour Australia Restaurant & Catering Hostplus Awards for Excellence.

Business owners Jess and Ben Stanley were very excited to be notified of their win after a very busy weekend doing just that, catering. “We are very honoured to be recognised for this award. It makes all the long hours worth it,” said Jess.

“Very excited to hear the news, we couldn’t do this without our wonderful staff,” added Ben.

It is a team effort at Eat Your Greens, with all the staff very much as proud as the owners. Being recognised for its outstanding quality in food they offer and impeccable customer service, is very rewarding for everyone. This year they were competing against businesses from Bonville, Tamworth and Wollongong.

Around 850 local restaurants, cafes and catering businesses gathered to celebrate the achievements of their peers who were judged over 20 categories, with the winners announced at the Awards for Excellence ceremony held at Luna Park Sydney on 18th September 2017.

The Awards for Excellence is a nationally recognised, independently judged awards program that celebrates exceptional service and culinary talent across the state. The Awards for Excellence is the only program in Australia where the judging criteria is determined by consumers who rank what is important to them in the dining experience.

The Awards are judged by an independent team of trained judges who anonymously visit the venues to determine the winners. The scores are based on the entire dining experience from food to the customer service experienced when the judges anonymously dine.

R&CA CEO Juliana Payne says, Eat Your Greens should be proud of their achievements. Running a hospitality business isn’t easy – there’s a lot of blood, sweat and tears that goes into to making it work. But when you get the right mix of staff, produce and service, the results can be extraordinary.”

Eat your Greens will be competing with other region finalists at the National Savour Australia Restaurant & Catering Hostplus Awards for Excellence to be held at Peninsula, Docklands in Melbourne on Monday 30th October 2017.

Story by Cassie Gates

The Floods in Eugowra 1950

In times of heavy rain and floods a lagoon fills with water in the golf club, (Eat Your Greens). This water submerges a low section of the main Orange road adjacent to the golf club.

In 1950 residents of the Orange road could not get into town because of the flooding over the road.

Desperate measures were taken by the Orange road residents to get into town. Bill Adams had taken his heavily pregnant wife Jean through the flood waters on a tractor to get to hospital. Unfortunately she lost the baby.

The local government council proposed to drain the lagoon across the golf club into the Mandagery Creek and then raise the level of the flooded road.

Golf Club members wishing to protect their fairways acted to prevent the Council from carrying out the proposed works.

Eugowra residents in 1950 had no sewerage or septic tanks. Effluent was serviced by a "pan system". Full pans were taken away for disposal and empty pans replaced them. When the truck carrying the empty pans could not get through the flooded roads, residents realised they had a problem! A large number of men from town turned up at the golf club with shovels and dug a trench into the bank of the Mandagery Creek.

When the water from the lagoon in the golf club started to flow the bank of the creek collapsed! When the ground dried out the golf club engaged a bulldozer operated by Ron Greentree to repair the damaged fairway. The void in the creek can still be seen.

The low section of the road was raised, some of the work was done by Pat Rawsthorne with his team of horses.

Now when there is a major flood in the Mandagery Creek, a section of the main road (The Escort Way) is temporarily flooded but as the water levels recede the road is soon passable.

Story submitted by Bruce Noble AFSM

PHILIP DONATO MP
MEMBER FOR ORANGE

Your Powerful Voice

Let me know what matters to
you by getting in touch on:



Orange Electorate Office

123 Byng Street, ORANGE 2800

Phone: 02 6362 5199 Fax: 02 6361 3992

Email: orange@parliament.nsw.gov.au





"Eugowra Public School" November Edition 2017

We are back for the final and very busy term for the year. We are looking forward to many exciting activities during Term 4 including our annual Primary Excursion, Musia Viva in Canowindra, Wheelchair Sports with St Josephs, Schools Spectacular for the senior choir, and intensive swimming at Forbes pool during the last 2 weeks of term. We also look forward to our end of year activities.

This year's Primary excursion is to Lake Burrendong Sport and Recreation Camp. The students will be there for 3 days, from Monday 30th October to Wednesday 1st November. They will enjoy a variety of outdoor experiences.

Eugowra Public School Athletics Relay Team have excelled themselves last week when they went to the NSW PSSA Athletics Championships held at Sydney Olympic Park Athletic Centre on 18th and 19th October 2017. They competed in the Nigel Bagley Mixed 8-13, 4x100 metre relay (for schools with 25-54 students). EPS recorded their best ever time of 1:00:72 in the semi-final and finished an impressive 8th in the State in the Final. Congratulations to Mitchell McMahon, Sanjay Buttle, Reece Matheson and Alec Maclean on an outstanding achievement.

On Monday 23rd October, students took part in poetry workshops based around Banjo Paterson. The K-2 class enjoyed dressing up and acting out the poems while learning all about the rhythm and rhyme of poetry. The 3-6 class enjoyed a writing workshop and reciting different poems they have learnt. All students have learnt some new skills in regards to poetry after this school visit. This activity was organised by the Rotary Club of Orange in conjunction with Charles Sturt University, Pybar Mining Services and Orange Regional Arts Foundation.

"CREATIVE POETRY WORKSHOPS Mel and Susie on Tour, October 2017"



Above: Kinder Orientation

Below: Bush Poetry Re-enactment





This week was the beginning of our 'Kinder Start' Kindergarten Orientation Program for our 2018 Kindergarten students.

On Tuesday we had Hunter and Brodie in our K-2 class for Kinder Start Orientation. They both enjoyed completing literacy and numeracy activities with the K-2 Superstars and are looking forward to coming back next week. We have Kinder Start each Tuesday from 9-1pm until Week 7 (21st November).

Eugowra Public School P & C will host the 2017 Melbourne Cup Lunch on Tuesday 7th November. This year we will be at the Eugowra Bowling Club for lunch and entertainment, sweeps and to watch the Big Race.

Start getting your table together for an affordable and relaxing afternoon out. Tickets are available from the school office at \$25 per person.

"Little Link"

Eugowra Public will continue to host 'Little Link', an informal group for toddlers and bubs Linking Families and Bubs to Play, Language, Music and Fun. Little Link takes place in our school Library from 10am to 11.30am and will continue each Monday during the school term. We welcome anyone with children 0-5 years old to attend.

Right : State Athletics team, Sanjay, Mitchell, Reece and Alec



Left: EPS students wearing red for Day for Daniel - Lachie Smyth, Clare Williams, Hannah Williams, Peyton McKenna, Annabelle Peile



Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

Time to tune up

I'm often looked at strangely by patients when I tell them that they need to do exercise. They will respond with "I work all day, I'm always doing exercise" or "I'm so tired after working all day, I am too sore and tired".

While there are some people who are lucky enough to have activities in their day that give them the all over exercise and stretching that they need the majority of us do not have this. If you are sore or tired at the end of your day this is a sign that you are not as flexible and strong as you need to be.

We need to think of ourselves as a car sometimes. We drive our car (some harder than others) and regularly service it to make sure that it remains able to perform when we need it. The harder you drive it the more effort you need to put in to maintain it.

If you rarely "drive your car" this is also a problem. The muscles are too weak and tight to support the joints and allow full range of movement or they have forgotten how to work together- this causes pain. Even if you don't do that much you need to still do the maintenance to be able to enjoy doing activities when you want to.

Accidents aside most aches/pains and injuries come from restriction and weakness in one or several parts of our body. As soon as you have a restriction or weakness in one part of the body another part has to compensate. Pain will often present in the area that is compensating. This is often the case for neck pain when the shoulders are weak or knee pain when the hips are weak.

Some people have injuries that are irreversible (some bits will even need replacing) but this does not mean that you can't find ways of maintaining your body to prevent further injuries and perform at your best.

What needs to be tuned up?

Mechanical alignment

Posture – living & working in the correct posture (mechanical alignment) puts the least strain on our muscles and joints. To be able to attain correct posture we need to have muscles and joints that can move their full range.

This means having good Flexibility. We maintain this with stretching. Regular gentle stretching allows our body parts to maintain their length and range. Unfortunately much of our activities are in a forward moving posture (flexed). This means that the muscles at the front of our body often get tighter and stronger while the muscles at the back get stiff and weaker. To maintain our "neutral" joint position we need to have flexibility in the muscles and joints at the front and back.



Power

Strengthening the parts that do the work. Muscles that are strong support the joints and take the load off them. It's important to have muscle strength throughout so that the system stays in balance. It's important to be stronger than the work/activities that we have to do.

Imagine driving your car to the max power output every time you used it? What would this do to the parts?

Fuel

What you put into your "engine" really does matter. If you put the wrong fuel in or not enough of the right stuff the "engine" will not perform. We all know this and it's hard to do but try to do the 90% rule. Eat and drink the good stuff 90% of the time and allow yourself 10% of the bad.

Check out your groceries - Is 90% of it fruit/vegetables/lean meat / unprocessed food?

What can we do?

Making a decision to maintain your body before it collapses and breaks down is **really** hard. We are so busy and there is always something else we need to do or we just want to take some time to relax. I understand this, I make all the same excuses. For most of us it takes an event or an injury that puts at threat our ability to work and play to actual start making the effort to improve.

BUT we make the commitment to things that we think are "important" or that we think will cost us money if we don't do them.

Your body is what allows you to do everything – work and play. If being active and pain minimised is important to you then you will make a commitment to yourself to maintain your body. Think about whether your work and play is important to you. How committed are you to maintaining these? This will help you work out if you need or want to TUNE UP!

Who can help?

Physiotherapy: If you have concerns about exercising a physiotherapist can identify the areas that are tight and weak. Specific stretches and exercises can then help you to exercise safely and build up the overall ability of your body. You can then be guided in what exercises you can do safely, how to progress and what to do if you have a flare up.

Dietitians: If you are not sure what is the right food for you to be eating or you have a medical condition that requires specific restrictions or amounts of certain foods. A Dietitian can help you create a healthy eating plan based around your activity and specific needs.

Group exercises

One of the best ways to get motivated and do exercises is in a group. Hopefully it's more fun and helps to make your participation more regular.

With summer coming on, one of the best ways to exercise is in the pool. It's a great way to start off if you haven't been exercising for a while because the load on your joints is less in the water. The Aqua classes are starting again in November (details in AQUA CLASSES AT THE POOL). I really recommend these classes.

MENS AQUA GROUP

I'm looking for all those men who are sore, wanting to get stronger and looser, have had joint replacements or waiting to have one done to join me for a 6 week program of introduction to Aqua.

This is a great opportunity to "tune up", have some fun and keep cool.

Tuesday's 6pm 45min class at the Eugowra pool. Starting November 21st

If enough interest we will extend longer than 6 weeks.

Contact Nicole Brindle 6850 4010. Leave a message and I will get back to you.

FUN STUFF



Hidden somewhere in the paper is a black cat... can you find me?



Colour us in!!

Q. Which plants like Halloween the most?

A. Bam - boo!!



RECIPE

Chocolate Beetroot Cake

Ingredients

300 grams Beetroot
85 grams dark chocolate
3 eggs
300 grams brown sugar
200 ml olive oil
1 teaspoon vanilla essence
30 grams cocoa powder
200 grams almond meal or plain flour
1 1/2 teaspoons of baking powder

Method

Preheat oven to 180C.

To cook the beetroots, wash thoroughly and place in a pot full of cold water. Bring pot to the boil and cook the beets until soft when poked with a knife (approx 30 minutes though this depends on the size of the beets). When cooked, run the beets under cold water in the sink and rub off the skins. Blend or mash the beetroots until slightly smooth but still some 'chunks' remaining.

(Alternately, drain can of beetroot and use a processor or blender to process the beetroot.)

Melt the chocolate (85grams) over a double boiler (or place the chopped chocolate in a bowl, cover with cling film and microwave on low for approximately 1 minute until chocolate has just melted. When you remove from the microwave, stir quickly to melt any pieces that are still solid).

In a separate bowl, whisk together the eggs, sugar and oil. Slowly add the cooked beet puree, the melted chocolate and vanilla into the egg mixture. Beat just until combined. Don't over work it. Sift the cocoa. Add this and the almond meal (or plain flour), baking soda and salt to the beet batter.

Fold just until everything is combined. Don't over mix the batter.

Spread a teaspoon of butter or oil over the surface of a 10 inch cake pan. Sprinkle some flour all over, and tap out the excess. Pour the cake batter into the prepared cake tin.

Bake for approximately 50 minutes. Cake is ready when a tooth pick or skewer inserted in the middle of the cake comes out clean. Baking time may vary depending on the pan and oven you are using. Remove from oven and leave to cool in the pan.

For the cream cheese icing: Place the cream in a bowl and whip to soft peaks.

Add the icing sugar and cream cheese and beat until combined (Add more or less sugar until the desired taste). Decorate as desired.

Cream Cheese Frosting

1 Cup light cream
1 cup light cream cheese
1/2 cup icing sugar

Optional:

Cocoa powder
Chocolate bar grated for decoration





Pool News

AQUA CLASSES AT THE POOL

The pool will be open soon and a date could well be the Saturday 18th of November.

If the weather keeps getting warmer then the aqua classes will start.

Times this season will be Tuesday mornings 10.00 am till 11.00 am.

Wednesday evenings 6.00 till 7.00 pm, and Thursday mornings 10.00 till 11.00 am.

The cost is the fee for the pool entrance and this year due equipment costs a gold coin donation please.

We could see you there at 10.00 am on Tuesday 21st of November. Please bring with you a towel, shoes and some drinking water. All the equipment is provide and our aqua leaders are Health Department trained. You will need to fill in a participating information sheet. The information will acknowledge any health problems and contact details. This is to keep the team leader informed of any special health needs and the form is kept confidential on hand for emergency use only.

Aqua fitness is a good form of exercise to improve fitness and flexibility. It can also increase muscle strength, help prevent falls by improving balance. It's also a social event to meet likeminded people and by choosing your exercise level can help with your own wellbeing.

Come and enjoy the water at the Eugowra Pool. Thanks to the council the pool is equipped with a defibrillator and spinal board.

Opening pool times

Monday-Friday 4pm-7pm

Weekends 2.30-7pm

School holidays same as weekends, 2.30-7pm

Entry fees, per-school children free.

Children \$2.00. Adults \$3.00.

2017/18 Season Tickets Family \$130.00

Adults \$70.00. Child. \$60.00.

The times above may alter as usage demands and Eugowra Pool face book will announce any closures or alterations. David Hyde



**Sit back in your armchair
and explore the world with
tales of travel from our
readers.**

Do you have a holiday store you'd like to share?
It doesn't have to be recent, just memorable.
Please submit stories and photos to edi-
tor@eugowranews.com.au

Taking The Kids To England – Cassie Gates

When I suggested to my husband, Paul, a trip to England with the kids he said, "Are you sure, remember last time?"

You see last time we went was when our eldest son, Max was only 18 months old and I was pregnant with Ash. All Max wanted to do the whole flight was walk up and down the isles of the plane, not sit in his seat! Fun for him I'm sure but not so much for Paul as it is a 26 hour flight! This time they are older, and we hoped it wouldn't be so stressful.

All was going well on the flight over with the kids happy with their individual screens and copious amounts of TV and movies to watch while people bring them food, activity bags and being waited on hand and foot. I did remind them that this behaviour is not to be expected of me when we return home. While doing all this "chilling" no sleep was taking place by any of the children so after the first leg to Bangkok, 9 ½ hours, Cooper "lost it". He was feeling sick and was over tired, he proclaimed, "he wanted to go home!" OK Houston we have a problem! We re-shuffled the kids so Cooper could sit next to me and we tried to get him to sleep. He did and for the next 9 hours all was ok. First Travel Tip: Kids need to sleep, especially the little ones!

England is ideal for travelling with children because of its compact size. It enables packing a lot of attractions into a short timeframe. So when the kids are in the back of the car and they say, 'Are we there yet?' after only an hour, you can often answer 'Yes, we are!' We wanted to show them as much as we could on this holiday, so needless to say it wasn't a relaxing holiday.

We started with a few day trips to various places. One was a huge hit with the boys was Beamish which is a world famous open air museum, telling the story of life in North East England during the 1820s, 1900s & 1940s. You could easily spend a couple of days visiting this museum there is so much to see. Throughout the 300 acre park are vehicles, trams, horse and cart and buses from the different eras transporting people around the different times in history. Most of the shops are operating as if it were today. For example the lolly shop was a huge hit with the kids selling boiled lollies and sweets all displayed in jars behind the counter and served in brightly coloured paper bags. The bank also captured the kids' attention when the bank manager was showing them the gold sovereigns from the 1800's.

The park included 1900's colliery, a 1940's working farm and a fish and chip shop cooking these the old-fashioned way in beef dripping and served in newspaper.

A three day trip to London was also included in the holiday. We visited many of the tourist attractions but it was impossible to fit them all in. The London Eye, Natural History Museum, Design Museum, Tower of London, many rides on red double-decker buses and the tube (underground trains).

Again there was so much to see at the Natural History Museum and Tower of London you could easily spend a couple of days going through them. The highlight was the London Eye with a beautiful clear day they were able to see for miles and all the amazing new buildings in London like the Gherkin, the Shard, Walkie-Talkie and the Cheese Grater!

Another day trip was spent at the medieval town of York where we visited the Viking museum, York Minster and the train museum. Walking through the cobblestoned streets and seeing the Tudor buildings and was a real treat as well. I think we all learned a few things that day.

It was a fantastic holiday and I'm so glad we did it. The kids learnt so much by seeing all of these attractions and places that they have seen in books or learnt at school. As well as see family and meet old friends, I'm sure it will be a holiday they will remember for a long time.



Above: View from the London Eye



Right: Weekend at The Lakes District with extended family where we climbed a mountain and paddled on the lakes.



The Gentle Cow
CAFE

- Coffee ● Milkshakes
- Homemade pies ● Burgers
- Cheesecake
- Morning & Afternoon Tea

OPEN 5 DAYS

41 Broad Street, Eugowra NSW 2806
tel: 02 6859 2657



The Old Post Office
Serviced accommodation

Located in the heart of Eugowra, *The Old Post Office* is set within a large garden and is just a short stroll to cafes, shops, the club and pub. Cook your own meals or pop over the road for some country hospitality!

Fully self-contained with three bedrooms, we can accommodate one to eight people. Outside pets are welcome too.

Discounts for weekly & monthly bookings.

Light breakfast provided & other meals by arrangement.

Find us on [Airbnb.com.au](https://www.airbnb.com.au) (to pay by credit card)
or contact Catriona on 0414 663 933
or catkins3@hotmail.com



AGnVET **Services**

1st Choice for all your Rural Requirements

- Specialist Agronomy Advice
- Agricultural Chemicals ■ Livestock Health & Nutrition ■ Fertiliser
- Seed ■ Seed Cleaning & Grading ■ Pet Food & Accessories ■ Fencing supplies
- Washing powder & Laundry needs ■ Water supply equipment ■ Cement
- Gardening equipment ■ Farm Hardware
- Water - supply equipment

LARGE enough to have what you want – SMALL enough to care

7 Noble St, EUGOWRA 2806
ph. 0268 592208 - fax 02 6859 2487
email: eugowra@agnvet.com.au



St Joseph's School News

We have hit the ground running again for the last term of the year. Another very busy time is planned with a popup Book fair and a visit from the Responsible Pet People already done and dusted. We have our Kinder Orientation and concert, a Melbourne Cup day, a Wheelchair sports afternoon, Intensive swimming lessons, Graduation Mass and a Christmas Concert and Prize Giving to finish off another fantastic year.

POPUP BOOK FAIR

On Thursday 19th October, we held our annual Book fair with the children having the opportunity to dress up as their favourite book character. Mums, Dads, and friends were invited along to watch the students parade and then to go into the school hall to have a look at and purchase books from a huge selection of titles and authors. Geronimo Stilton from the book series with the same name turned up on the day to say hello to the children. The school was able to purchase \$350 worth of books for the school library from proceeds of sales on the day. A special thank you to those families who donated a book for our ever-growing library.



Above: Year 5 dressed up for the Book fair and Right: Thing 1 and Thing 2 (aka Chelsea Colvin and Gaby Wren)

KINDER ORIENTATION

Starting on Friday 27th October (and running for 4 weeks) we will have a visit from our new Kindergarten children who will be starting with us next year. The children will be doing lots of work, playing games and getting to know the routine at 'big school'. We will finish the Orientation on Friday 17th November with the children performing a small concert in the afternoon. Parents and friends are most welcome.

RESPONSIBLE PET OWNERSHIP

On Wednesday 25th of October the Infants children had a visit from Kellie and her pug dog Dozer. Kellie and Dozer are from the Responsible Pet Ownership organization and spoke to the children about the responsibilities of owning an animal. Kellie also gave a short presentation on what to do if a strange dog approaches you and about how you can approach a dog safely. The children had a great time and even got the chance to approach Dozer in the correct way and give him a pat.



Right: Lily Hurd giving Dozer a pat.



INTENSIVE SWIMMING LESSONS

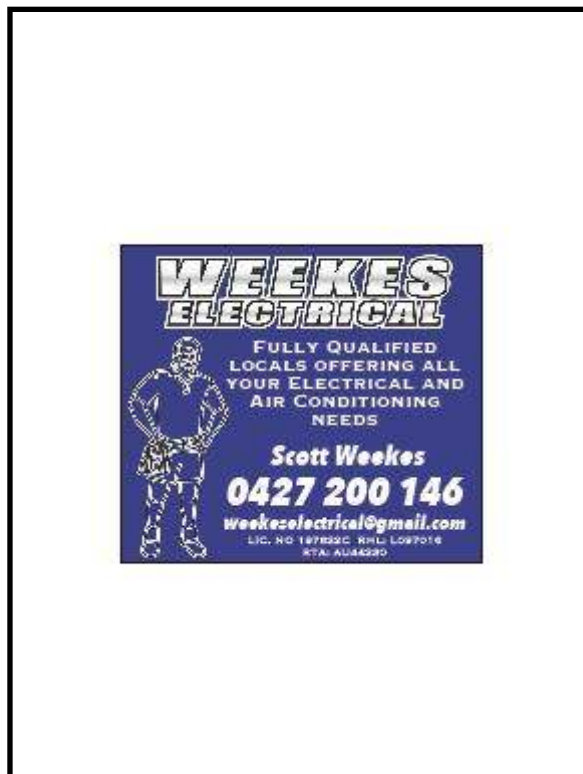
In week 9 of this term, we will be starting a week of intensive swimming lessons and safety tips with Just Keep Swimming's Brook Kinsella from Canowindra. The children will visit the pool every afternoon and learn water confidence, stroke correction and swimming safety. A great way to start the new swimming season.

END OF YEAR FESTIVITIES

As usual, our end of year activities are getting underway with the children already learning their songs and lines for this term's End of Year Concert. The Concert and Prize giving will be held on Thursday 14th December starting at 7pm. We will be celebrating Graduation Mass with Fr Laurie at 6pm on Friday 24th November. All welcome.

Until next month, God Bless

St Joseph's Students and Staff.



V	Y	I	A	T	V	P	O	C	S	I	I	S
W	R	B	U	A	M	P	F	P	V	P	D	Z
C	K	F	I	E	C	O	I	N	X	H	O	Z
A	D	D	V	R	V	D	E	N	C	G	O	X
N	Q	G	N	T	E	E	Q	T	W	Y	B	N
D	F	X	S	R	W	N	I	A	V	K	E	E
Y	A	O	W	O	I	W	B	C	R	O	R	P
X	H	E	L	K	U	B	U	K	K	O	I	I
G	B	L	P	C	K	S	U	C	C	P	P	B
S	A	M	H	I	O	N	C	A	Q	S	M	X
H	U	X	E	R	H	L	K	L	W	S	A	E
P	Z	J	C	T	M	T	O	B	F	W	V	N
J	C	O	S	T	U	M	E	S	K	I	M	I

HALLOWEEN	BLACKCAT
BOO	TRICKORTREAT
GHOST	VAMPIRE
PUMPKIN	CANDY
SPOOKY	COSTUMES
WITCH	SPIDERWEBS

www.ginestress.com/jallantern

Hospital Auxiliary Street Stall on Friday 10th November from 9-00am to 12 noon in front of the old Post Office.

Raffles include Christmas Hamper and \$100-00 Open Order to spend at any shop in Eugowra, 100 Clubs.

Cakes, plants, books, white elephant items etc for sale.

Donations of saleable goods appreciated



Nominations for the 2018 Australia Day Awards are now open.

Australia Day celebrations will be held in Borenore/Nashdale, Canowindra, Cargo, Cudal, Cumnock, Eugowra, Manildra, Molong, Mullion Creek and Yeoval.



Eugowra Rural Transaction Centre

(Housing the Licensed Post Office and the Reliance Credit Union)
45 Broad Street Eugowra NSW 2806

IMPORTANT - PLEASE NOTE HOLIDAY CHANGES

From 27/12/17 until 12/1/18 we will only be open in the morning. (normal business days)

9.00am to 1.00pm

The Rural Transaction Centre is a not for profit organisation run by the Eugowra Promotion and Progress Association

There are three categories for nominations:

- Citizen of the Year
- Young Citizen of the Year
- Community Group of the Year

Nominations will be closing at 5:00pm Friday 3 November, 2017.

Nomination forms can be obtained at the counter of the Cabonne Offices in Molong, Cudal and Canowindra or by clicking the following links:

<http://www.cabonne.nsw.gov.au/news/australia-day-nominations-now-open-0>

[Australia Day 2018 Nomination Form](#)



Family photography

Sessions from \$100

Prints from \$44

Digital negatives from \$350

Book online

www.avalindphotography.com.au

or contact Kim Storey

0467315172

Eugowra, NSW

Call 0428 595 259

www.eatyourgreens.com.au

Catering for your special occasion



eat your
greens
CATERING



For all your...

- Milk • Bread • Fruit • Vegetables • Meat • Lollies • Chips • Drinks • Newspapers
- Magazine • Lotto • Stationary • Cards • Toys • Photocopying • Laminating
- Gardening & Hardware • Craft Supplies • Chemist Lines • Pies
- Southsea Seafood EVERY Thursday at 8.30am
- PLUS HEAPS MORE



Trading Hours

Monday to Friday 6am - 5.30pm
 Saturday: 7am - 12pm Sunday: 7am - 12pm
 Public Holidays 7am - 11am

Daniel, Diane & our Friendly Staff

32 Broad Street,
 Eugowra NSW 2806

Ph: (02) 6859 2420 | Fax: (02) 6859 2420


CHINESE RESTAURANT
 ph. 6859 2805

RESTAURANT HOURS
 Wednesday - 6pm to close
 Thursday - 6pm to close
 (takeaways only)
 Friday - 6pm to close
 Saturday - 12pm to close
 Sunday - 12pm to close

**MEMBERS
 DRAW &
 CHINESE
 SMORGASBORD**
 Last Friday of the
 month

**TRADING HOURS
 OPEN 7 DAYS**
 Monday to Friday 4pm - close
 Saturday 1pm - close
 Sunday 12pm - close



Community Bowls
 & Recreation Club

It's Your Club...

- AIR CONDITIONED COMFORT
- 6 BEERS ON TAP
- AVAILABLE for PRIVATE FUNCTIONS,
 Birthdays Parties, Work Functions, Anniversaries & Weddings
- FRIDAY NIGHT MEAT RAFFLES - 7.30PM
- EVERY SATURDAY SOCIAL BOWLS
 (Bowls Available - Families Welcome)
- PLAY SOCIAL BOWLS

Hill Street, Eugowra NSW - (02) 6859 2315

SUPPORT | ENJOY | RELAX

New members & visitors are always welcome!



Eugowra Lions News

Advertise in Eugowra News

Eugowra News is delivered (11 editions per year) to residences in Eugowra township and environs. Advertising is cheap (per issue):

\$50 - full page

\$25 - half page

\$15 - quarter page

\$ 8 - eighth page

\$ 5 - pigeon hole ad - limited space for brief notices only.

Please advise of email address so your invoice can be sent electronically.

During the winter months, Lions can supply a limited amount of firewood, delivered as a 1 Tonne ute load within 5km of Eugowra, for \$140.

To order, please contact Neil Whalan on

0429 239 918.



EUGOWRA QUALITY MEATS
— PREMIUM BUTCHER & DELI —

AWARD WINNING SAUSAGES
COLD MEATS & SMALL GOODS
BBQ CHICKENS AVAILABLE WEDNESDAY & FRIDAY
BULK DEALS AVAILABLE
MAIL & PHONE ORDERS WELCOME
EFTPOS AVAILABLE

FREE HOME DELIVERY

NANIMA STREET EUGOWRA 02 6859 2372



Avalon West
ANGUS STUD
Eugowra

Registered Stud Bulls with EBV information

Grass fed & ready for work

Good temperament and easy to handle

Using AI from leading Angus sires

Reiland Angus cover bull used

Suitable for both heifers and cows

Contact: Tim de Lange

"Avalon West" Eugowra

02 68595253

0427 595252



COLLECTABLES AND OLD BOOKS



Wander through everything old and unique at Kath's Eugowra Emporium in the old Masonic Lodge building

(c 1920's) on the banks of the Mandagery Creek, Eugowra

Furniture bargains, gift ideas, unique bits'n' pieces, 45 and 75 records, old wirelesses, fur coats, retro gear.

Open Sundays 10 a.m. to 4 p.m.



(on entering Eugowra, turn right towards Forbes/Parkes, travel over the bridge, turn 1st left)

A LITTLE BIT OF HISTORY

Elaine Cheney



Forbes Advocate Friday 3 November 1950.

A Little bit of History.

The large granite Monument in what is now the Pioneer/Apex Park was erected in 1915 memory of pioneer families and recognising visits by explorers. George Evans and his party journeyed to the junction of the Lachlan River and the Mandagery Creek in 1815, the furthest inland Europeans had travelled. Evans returned as second in command to John Oxley in 1817 and Oxley is also commemorated on the Monument. When the Oxley set off down river from the junction he named the creek after Patrick Byrne, a convict who was part of both parties. The monument was erected in the centre of the street near the eastern approaches to the old wooden bridge, after it was decided that the actual junction site was too remote. It was unveiled by Mrs Turpin, a daughter of George Evans, with much ceremony and a grand luncheon banquet was held at the showground on Wednesday 29th September 1915 in conjunction with the local show. Newspapers of the time reported that invitations were dispensed with a free hand, for the most part by the Centenary Committee. With the Show Society left to bear the burden of cost alone, there was a debt against the Centenary Committee of £8/10/-. It is not known who paid the debt! Also, it is difficult to find when the creek was named 'Mandagery' which is believed to a Wiradjuri word meaning a chain of waterholes. It was also known as 'Eugowra Creek' and the later explorer Thomas Mitchell who travelled through the Murgu area gave it the name of 'Deoch an doris.'



A LITTLE BIT OF HISTORY



Forbes Advocate 23 July 1954.

Quite a lot of folks are talking of this monument in town,
They say it's just an eyesore and they'd like to pull it down.
To me it's quite an idol, and it always makes me frown
To hear these people saying "It disgraces any town."
They say that it is dangerous, an eyesore and a freak.
I heard one local say he would like it is the creek.
It's been there now for quite a while in the middle of the street,
It never caused an accident and it always looks quite neat.
'Twas put there by the locals quite a lot of years gone past
To show a spot in history where some explorers passed.
The early settlers names it tells, who came to this here spot.
They've made this place to what it is, and the beauty it has got.
This monument has stood for years and watched the village grow.
From bullock drays and horses to the motors that we all know.
You'll always find a driver of a motor truck or car
Will drive it into anything when he's gone a bit too far.
It's never had a smash at all, and with a pub that's near,
Why should we want to move it, when it stood there many a year?
To those who want to shift it - it's like their bloody cheek.
I'd like to get the lot of them, and throw them in the creek.
"EZA BHUTE."

Early photograph also shows buildings which would be in the vicinity of the garden of the Escort Rock Café building. We believe well-known local Fred Spalding and his bullock team carted the granite from the 'Carmina' hills to the original position in the centre of the street. I cannot find out more of the cutting of the granite. Elaine C



TONY TOOHEY Contracting SERVICES

• ALL TYPES OF TRENCHING

- Telephone Cable & Lead-in
- Pit & Conduit
- Power Cable
- Water Pipes

• VIBRATORY PLOW for direct bury of Cable, Pipe & Tree Establishment

• UNDERGROUND CABLE & STEEL PIPE LOCATIONS

- 9 TONNE BEAVER TAIL TRUCK TRANSPORT
- CAR TRAILER HIRE - 2 TONNE
- EXCAVATOR - 1.5 TONNE, 4 Buckets (various sizes),
Ripper and able to fit through 1 metre gate
- LANDSCAPING - TRENCHING - FOOTINGS
- 4.5 TONNE PLANT TRAILER FOR HIRE



0428 417 826

PO Box 4, Eugowra

Email: AJTC@bigpond.com



St. Mary PHARMACY

open **5** days

TRADING HOURS
Mon & Fri 9am - 6pm

Caring for you and your family

VISA



SERVICES:

- ☒ Free Webster Pack.
- ☒ Free Delivery.
- ☒ Free Home Medicine Review.
- ☒ Free Blood Pressure Monitoring.
- ☒ Prescription Management Services
(script kept on file- keeping your safety net and tax record).
- ☒ Medication Counseling and Information.
- ☒ Equipment Hiring.
- ☒ Ask For less expensive brands and save more money.

GOOD PRICES ON:

- ☒ Gifts
- ☒ Cosmetics and Accessories
- ☒ Vitamins
- ☒ Blood Pressure and Glucose Monitors

- ☒ Fragrances
- ☒ Over The Counter products
- ☒ Vaporizers and Nebulizers

No hassles, No Worries, No Waiting!
It's as easy as 1-2-3

1. Leave your script at the store
2. Call us before you want to collect your scripts
3. When you arrive at the store pickup your prescription and be on your way! It's that easy!




Ph/Fax: **6859 2899**

5 Pye Street, EUGOWRA
After Hours **0476 205 177**

Proud supporter
of the
Eugowra Lions Club

Get
above
your
TAX
problem...
Go see

**DAVID
Bigg
Accountants**
62 Gaskill Street,
Canowindra NSW 2806
Ph: (02) 6344 1606
Fax: (02) 6344 1951



Craft on the Creek



Fresh Bake Thursdays
Children & Baby Items
Pickles, Chutneys, Jams
Gifts & Plants

WATCH OUT FOR WORKSHOPS
Dates to be nominated so keep an eye out for flyers

**Trading hours; Tuesday to Sunday.
10.00am to 3.00pm**
PYE STREET
EUGOWRA
(next to the Pharmacy)



Court Press From Design to Delivery
printers • graphic design • stationery supplies

FORBES & PARKES

5 Court Lane Forbes NSW 2871
cpforbes@westserv.net.au

P 6852 2564 F 6852 4004

19 May St. Parkes 2870
pppress@bigpond.net.au

P 6862 1515 F 6862 1515



Knowledgeable and helpful staff
Digital, Offset & Wide Format
Print from your Artwork or Ours
We accept most file formats
Creative artwork & design

www.courtpress.com.au

**BRETT MYORS
PLASTERING**

0409 307 599

- Cottage
- Insurance Work
- Renovations
- Decorative Cornice
- Suspended Ceilings
- Insulation

Servicing the Central West

Call Brett Myors for
an obligation FREE quote today...

LIONS TRIBUTE TO OUR EDITOR

The Eugowra Lions Club wishes to place on record our appreciation of the services provided by our Eugowra News editor, Sarah de Lange, for nearly three years.

Working in an entirely voluntary capacity, Sarah has produced our monthly paper in a most professional manner, meeting deadlines, sorting out some very disparate contributions, and coping a few unwarranted slings and arrows on the way. All very time-consuming, but done without complaint.

We know the Eugowra News is widely read, providing a forum for discussion, a showcase for local organisations and events and an advertising medium for local retailers and tradespeople. Copies are mailed to former residents by subscription, and the whole is available on-line.

Once again, our thanks to Sarah, and our best wishes to our new editor, Erin, for the future.

Neil Whalan

President



Stall set-up 7-8am
\$5 per stall
To book a stall
Phone / text
0428 719 900

Application forms at RTC



8am-1pm
Sunday
19th November

Byrne's Park Eugowra



Everyone WELCOME

Carols on the Creek 2017

Eugowra's 'Carols on the Creek' will be held on Sunday, December 10 at Apex Park. The Lion's barbecue will begin at 6 pm and the singing at 7 pm.

The annual event is in the planning stage but looks to have a similar format as in previous Carols. If you would like to perform or would like to join the Eugowra Community Choir please contact Jeanine Gibby at 6867-1100 or

gibbyj@live.com.au



head on in

hair & beauty

OPENING HOURS

Tues, Wed, Thurs 9am - 8pm

Friday 9.00 - 9.30pm

Saturday 9.00- 2.00pm

Closed Sunday/Monday

- Style Cuts
- Colours
- Perms
- Hair Straightening Systems
- Treatments
- Earpiercing
- Lash & Brow Tint
- Brow & Facial Waxing
- Spray Tans

Ph: 6859 2566

50 Nanima Street, EUGOWRA

OPEN 6 DAYS



Next meeting of Eugowra Branch of CWA will be on Friday 10th November at 11 am at rooms.

Last month we were all saddened by the death of our friend and member Wendy Carey. Wendy had been a very involved member, being branch treasurer & secretary, Group Secretary and International Officer. She attended many State conferences, worked at Orange Field days and Public speaking for schools.

On a brighter note we entertained Eugowra Mothers at our "Sweets night" a most enjoyable night was had by all. Hopefully more Mothers will join us next time.

Eugowra Branch gave a book to baby Husky Jones, son of Sarah Welsh and Tristen Jones plus information on the importance of reading to your child. CWA has been doing this since 2004.

Country Of study this year is Republic of Poland. Flora is Orchard, Foe alligator weed.

Congratulations to Thomas Brindle and Lainey Myers who got a first in Central Western Group International competition.

CWA members will have a table at the P&Cs Melbourne Cup luncheon, where there will be a display of wedding gowns worn by yesterday's brides.

Several members went to the RWAGs (Rural Women's Access Group) information day at Cudal. An inspiring list of speakers. There they met up with Monica Knight (nee Cassey who used to live at the farm at Nangar National Park). Dorothy Jones came home with the raffle.

Annie Keifler past State Secretary was guest speaker, at Central Western Group AGM. She told her "Life story" and how she worked for George Harrison of "The Beatles". Alana Donaldson returned as President and Representative to State. Secretary Donna Westcott of Molong.

Eugowra branch will have a stall at the Country Fair on 19th November, cakes, plants and white elephant.



Above : Sarah Welch and Husky Jones

Right : "Sweets night" Frances Anderson, Sharon Radwick, Janet Noble, Shirley Heinzl, Dorothy Jones, Romy Taylor at front.



Left : "Sweets Night" for Eugowra mothers. L-R Bec Eppelstun, Emma Watson, Clare Duff, Kylie Parker, Jess Stanley, Ashlee Newell.



Eugowra Evening View Club

voice, interests and education of women

EUGOWRA EVENING VIEW CLUB (October 2017)

The Eugowra Evening VIEW Club members enjoyed their October dinner meeting at the Central Hotel on Monday of last week.

President Lyn Ellis welcomed members and special guest speaker Helen Bernadi of Forbes who was accompanied by Jeanette Haley.

Mrs Bernadi had planned to speak on the life of her husband Tony and to describe how typical small landowners lived and farmed in the north of Italy, but when she learned that VIEW is a women's organisation and that they work to sponsor disadvantaged children, she decided to focus on the experiences of the women in Tony's life. The hardships these women faced would be similar to many other women in these old countries of Europe where devastating wars were a recurring tragedy over the years.

The town Mr Bernadi came from was Rossano Veneto- a rural town similar to Forbes.

Three big industries had sustained the town for many years: the flour mill dating from the 1700's, the paper factory for many decades and the silk workhouses.

Mrs Bernadi explained that life wasn't easy for the working classes during the 1900's, but the women and girls suffered the greatest hardships, often working for very little reward or thanks, while they were still children, or they were often unwell or pregnant.

Mrs Bernadi also had a number of excellent photos which showed different places or people she was speaking of. Her talk was extremely interesting and much too long to do it justice in this space at this time. (If anyone would like to read it please let me know).

Esther Hyde made a presentation and moved a vote of thanks to Mrs Bernadi on behalf of members.

Discussion took place on the planned Christmas dinner which will be held at Montrose House at Canowindra on Monday 18th December.

There is a social evening planned for 30th November, with members to notify Kay if they plan to attend.

The November meeting will be held at the Central on Monday 20th November at 6-30 for 7-00pm, following the committee meeting.

Pictured: Jeanette Haley, Esther Hyde and
Helen Bernadi



The CENTRAL HOTEL

OPEN 7 DAYS

ACCOMMODATION AVAILABLE

Reasonable Rates -

A Great Place to Stay In Town

6 BEERS ON TAP

COUNTER LUNCHES

Monday to Sunday 12pm - 2pm

BISTRO HOURS

LUNCH

7 days from 12 noon-2pm

DINNER

Thursday - Sunday

6pm - 9pm

SUNDAY

Roast Lunch

Pizza's 6pm - 8.30pm



Ask us about catering for your next event!



what's on

THURSDAY NIGHTS

\$10 Snittys

FRIDAY NIGHT

\$10 Rump

Happy Hour from 5-6pm

Schooners for the price of middies

Jocker Draw from 7pm
supporting the Golden Eagles

SATURDAY NIGHT

\$10 Snittys

DJ SHREK

Twice a month
on Saturday Nights



Your local Pubmart Dealer!

This means we can give the people of
Eugowra great VALUE
on TAKEAWAY LIQUOR SALES!

Ask us about our Weekly Specials...

**SWAP & GO
GAS BOTTLE**



Fast, Safe & Easy

\$28 to Swap & \$76 to Buy



2 Grevillea Ave, EUGOWRA
tel 6859 2247



For all your...

- Hay & Grain Transport • General Freight
- Agricultural Machinery • Fertilizer Cartage
- Tipping Trailer • Taut Liner
- Drop Deck Trailer with ramps and extendable trailer

DAILY TO SYDNEY - SYDNEY DEPOT AVAILABLE

MOB: 0428 443 912
02 6859 5259

STEVE Wykamp

Lic No. 128169C



For all your...
 Bathroom or Kitchen Renovations,
 Home Improvements and Repairs,
 Tiling etc.

Give Steve a call today

0427 700 696

33 Nanima Street, Eugowra NSW 2806



The Ultimate Country Experience

Soak up the sophisticated, relaxed atmosphere and experience rural peace 5 minutes from the village of Eugowra.

- Seldom Seen Guest House is situated in a bush setting high in the garden adjacent to pool and tennis court overlooking the well known architecturally designed 'Kiembah' homestead
- Experience interesting history of this unique property in a modern setting
- A variety of accommodation and tariffs available

Contact: Hugh & Lyn Ellis 026859 2926
 hugh.ellis@bigpond.com
 www.seldomseenguesthouse.com




Seldom Seen
 Guest House



FORBES BOWEN

THERAPY & WELLNESS

19 Bridge Street FORBES

The Bowen Technique is extremely gentle and is considered appropriate for anyone from pregnant women to newborn babies, the frail and the elderly.

Bowen should be considered for :-

- back, shoulder & sciatica pain
- digestive and bowel problems including IBS
- migraines
- fibromyalgia, chronic fatigue
- knee, ankle and foot problems
- menstrual and hormonal irregularities
- support healing after surgery
- groin pain, pelvic tilt and uneven leg length
- respiratory problems and hay fever
- RSI, carpal tunnel syndrome and tennis elbow
- sport and accident injuries

**Appointments are required by phoning:
 Bowen Technician - Greg Howell
 0427592771**

FOR SALE

Transportable House located 6 klms north of Eugowra

2x bedrooms, Bathroom

Full kitchen with dishwasher & fridge

Laundry, Lounge/Dining area

Verandahs front and back with ramp and steps

Comfortable home in Very Good Order

Price: \$75,000

CONTACT: Hugh or Lyn 68592926



FOR SALE

LAWN MOWER - \$950

John Deere 100 Series D 110


19.5HP—232 Hours

In good condition

CONTACT: Hugh 68592926



ADVERTISEMENT



ANDREW GEE MP
Federal Member for **Calare**

*"Fighting for the
Central West"*

• Suite 1, 179A, Arson Street, Orange NSW 2800 • 6361 7038
• 85 Kippel Street, Bathurst NSW 2795 • 6331 0524
• AndrewGeeCalare • AndrewGeeMP
• AndrewGeeMP@aph.gov.au

Authorised by Andrew GEE MP Suite 1/179A, Arson Street Orange NSW 2800



BACK BY POPULAR DEMAND

George Myers - One Man Band
Singer, Guitarist - music from 50s to 90s



Saturday 18/11/17
8pm till late

YOUR CLUB IS GOING TO GET IN EARLY.
MEMBERS ARE INVITED TO BOOK A TABLE
AND CELEBRATE CHRISTMAS AT THE CLUB.



Nibbles on Table

Bar Promo on the night.
Chance to win a
\$20 bar voucher.

Lucky Door Prizes



Come early for a delicious
Chinese Dinner from our Chef

happy holidays



EUGOWRA
bowls &
recreation
club *It's Your Club.*



Geoffrey L. Knight

Solicitor With Local Eugowra Knowledge

Are you thinking of selling your home, farm or business in the near future?

Are you looking at buying a Home, Building Block or Rural Property in the local Eugowra community?

Before you start talking to Agents we are happy to give you some legal advice about buying and selling property and the issues to look at and also the mistakes to avoid.

We act as Conveyancing Solicitors all over the Central West and elsewhere in New South Wales

Please phone me on 0418-431074 for advice with buying and selling real estate, rural properties and businesses.

"LOCAL KNOWLEDGE WITH LOCAL EXPERIENCE"



Michael Miles ELECTRICAL & AIR

Residential, Commercial,
Industrial, Split Systems

PH: 0414 761035

michaelronald.miles@bigppond.com

Lot 10 West St
EUGOWRA NSW 2806
Lic: 193282c Arc Lic: L131829

*Your Local
Sparkie*



For families with children 0 - 5 years old

In the Library at Eugowra Public School

Mondays 10 - 11:30am
Starting Term 3

**Contact Carmel or Sonia for more
information 68592233**



**Linking Parents and Kids to
Play, Language, Music and Fun**



**51 Nanima St
EUGOWRA**

6859 2586

For all your takeaway food & pizza

Opening Hours

Wed & Thurs 11.00 am – 2.00 pm
then 5.00pm – 8.00 pm

Friday, Sat & Sunday

10.00 am – 2.00pm then 5.00 – 8.30
pm

PIZZA from 6.00 pm every night.

(Monday & Tuesday – CLOSED)

To the Editor

Dear Editor,

It was not I who complained about the MPS staff in Thumbs Down, nor did I give gratuitous advice about the closure of The Escort Rock Café, both for which I have been blamed.

I would ask people who wish to make anonymous complaints in Eugowra News to consider.....

1. Is it fair for others to be blamed and vilified for something you said?
2. If the problem you raised is ignored in this witch hunt process, what have you achieved?

I wholeheartedly support your democratic right to complain.

You are NOT of poor character to raise a matter of concern to you.

Chances are you are speaking for many others who remain silent.

As a wise man once said, "if you have the guts to say something, have the guts to put your name to it".

You may be pleasantly surprised at the amount of support you receive privately.

Thank you

Barb Roach



The Pigeonholes

Short Messages, For Sale, Wanted

Wanted to buy: down or injured stock.

Contact : Kevin Howell. 02 68592311.



Just a reminder than any designated car spaces in town are there for a reason. "Ill just be a minute" wont cut it.



Thumbs Up!

To all the people I see working hard and preparing the pool for the new swimming season

To all the school bus drivers.. Always on time, always smiling

Thumbs Up to the young boys who picked up all the rubbish after the Show and helped pack everything up. It was very much appreciated.

Thumbs Up to Show Secretary, Sean Haynes (and his support crew) for the work he did prior to (and during) the Show, under extremely difficult circumstances. Don't know how you did it. You are a great example to us all.

Thumbs up to the wonderful night hosted by the CWA ladies of Eugowra. You truly spoilt us mums. Thank you!

For any paperwork or letters relating to the paper, Michael Hanley has kindly offered The Gentle Cow café as a drop off point.