



Eugowra NEWS

October 2017

VOL. 49

A Lions Club project for the community we serve

TOP SHOW!

Another successful
Eugowra Show and lots
of fun and entertainment
for everyone.

Congratulations to all
the Show Committee,
Volunteers in front and
behind the scenes and
especially to the
community of Eugowra
and beyond who came
and enjoyed a top day at
the Show.

*Miss Tiny Tot Ingrid
Smith and Miss 2017
Eugowra Show Girl
Caitlin Herbert.*



from the editor

Contributors this Month

Gudday again and for the last time.

Thought I had escaped from editorial duties this month, but my trusty computer has found its way back to my kitchen table.



My family has had a few dramas in the past 6 weeks and life is somewhat more complicated than just work, farm, cows, fencing, drought, children, elderly parents and getting the tax done. So I am going to pass the job over to Erin Peile from next month onwards.

Erin is enjoying some travel time over in the US, and you can read about her adventure in this edition.

CONGRATULATIONS! To the Geagles, what a magnificent win and what a magnificent season they have had. They well deserved to be the Grand Finalists. We look forward to hearing about the awards night.

Marion Stanton (ex Eugowraite) dropped in to catch up with some friends a couple of weeks ago and left this recipe on my desk. (Page 11) Thank Marion. Hope Wagga is treating you well. Hopefully someone else will send a recipe for Erin next month.

Coming up for the Long Weekend is the fantastic and famous Golden Canola Cup. Having had to cancel last year due to the sodden tracks everywhere, this year is a stark contrast. Fingers crossed for a firm track and sunny days with a good dosing of rain afterwards!

Thankyou heaps to the girl of many talents; Virginia Townsend who has been my back bone and assistant over the past two + years. She has been a champion proof-reader and now I have successfully trained her as a pretty darn good photographer ~ thanks Ginge for all the great show photos!

Lastly thanks goes to my very patient husband, Tim, who has also been a great support, listening to my cussing and typing late into the nights and understanding my need to spend one weekend a month putting together an important little community paper.

Our kitchen table will be restored for eating and drinking, the BAS will be done on time, the house clean, meals cooked and garden bountiful and beautiful.....

Maybe.

Our Regular contributors:

- Elaine Cheney
- Judy Smith
- Nicole Brindle
- Janet Noble
- Marion Stanton
- Jodie Greenhalgh
- Erin Peile
- Virginia Townsend
- Sarah de Lange
- Casey Jones

Next Issue Deadline:

Friday 27th October

**The News will be available
on Friday 3rd November**

Advertising and Editorial Material To

Erin Peile

editor@eugowranews.com.au

420 copies printed and distributed
throughout the community.

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

Online at www.eugowranews.com.au

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EUGOWRA COMMUNITY MONTHLY MEETINGS

VIEW CLUB..... 3rd Monday of the Month
Committee Meeting 5.30 Dinner Meeting at Central
Hotel 6.30 for 7.00pm

SHOW SOCIETY..... 2nd Monday of the Month

EPPA.....2nd Tuesday of the Month

HOSPITAL AUXILIARY... 3rd Friday of the Month

LIONS CLUB.....Last Thursday of the month
at the Central 5.00pm (after folding the Newsletter)

BOWLING CLUB....1st Monday of the month 7pm

CWA.....2nd Friday of the month CWA Rooms
11.00am

11th September 2017

To the Editor

I write in response to the unfortunate inclusion of the
Thumbs Down entry in last month's Eugowra News.

I have been involved with health care and it's
providers for almost forty years in both the Eugowra
Memorial Hospital and lately the new MPS.

Rarely have I felt the need to judge the commitment
of the people who care for the ill and elderly in this
facility.

Too often we find that the ones who work in human
services are the target for vitriolic and unfair
criticisms.

The person who is responsible for this unfair attack
could not have considered that nurses have the right
to enjoy time off in the work place, sitting in the sun
in a comfortable solarium and maybe observing
difficult patients or perhaps updating medical
knowledge on their mobile phones.

Normally valid points of view have a name to
support them. This was an anonymous display of
poor character and I would hope the readers treated
it so.

Yours Sincerely

Dugald Wright

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Up or Down



Welcome to Erin Peile to her new role
as Editor of the Eugowra Lions Club.

Best wishes Erin and I hope you
enjoy your contribution to the
Eugowra Community.

WHAT'S ON THIS MONTH

OCTOBER 2017

Dr Vicki Wymer 68 592 220 Eugowra

63645901 Manildra

Mon

Tue

Wed

Thu

Fri

Sat/Sun

2 CLOSED LONG WEEKEND Shirley Heinzl	3 Manildra 9-1 Tim Cheney	4 CLOSED Karen Gerdes	5 Eugowra 9-4 Chris Hay	6 Manildra 9-1 Sarah G/halgh	7/8 Susanne Wheeldon
9 EUGOWRA 9-5 School Returns Susanne Wheeldon	10 Manildra 9-1 Allan Connolly	11 CLOSED Mavis Cross	12 Eugowra 9-4 Pat Norris	13 Manildra 9-1 Verna Riley	14/15 Susanne Wheeldon
16 Eugowra 9-5 Susanne Wheeldon	17 Manildra 9-1 Sandra Welch	18 CLOSED Judy Smith	19 Eugowra 9-4 Graham Arnoll Brian Moon	20 Manildra 9-1 Emily Moore	21/22 Ted & Rhonda Round Elaine Cheney
23 Eugowra 9-5 Mavis Cross	24 Manildra 9-1 Jeanette Norris	25 CLOSED Sarah G/halgh	26 Eugowra 9-4 Pat Norris	27 Manildra 9-1 Dianne Smith	28/29 Verna Riley
30 Eugowra 9-5 Jeanette Norris	31 Manildra 9-1 Dianne Smith	1 NOVEMBER	2	3	4/5

Eugowra Church Services

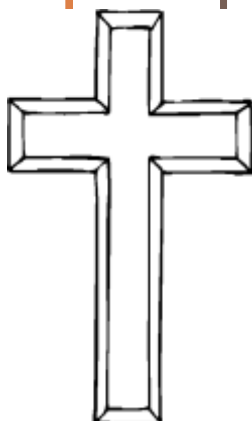
St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 5.00pm

Parish Priest: Fr Laurie Beath 63 421369

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240



St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,

5th Sundays share with Uniting Church at 2.30pm

Rector: Reverend Joy Harris 63441643

joyharris159@gmail.com

Local Lay Preacher Elaine Cheney
68 592820

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For more information contact
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※ **FOOD SERVICES** offer a range of food-related options

※ **NEIGHBOUR AID** offers a variety of assistance options

EUGOWRA / ORANGE COMMUNITY BUS SERVICE



NEXT BUS:

Friday 27th October

Bus leaves Central Hotel 8.45am
Returns to Eugowra at 3.30pm

PLEASE NOTE THE PRICE INCREASE;

ADULTS \$8.00

SCHOOL AGE \$3.00

PRE SCHOOL & UNDER - FREE

If you could have the correct amount when paying the driver that will be greatly appreciated.

Please contact Margot Brown Coordinator Cabonne CT 1300 302 446 if you have any queries.

FOR MORE INFORMATION OR BOOKINGS CALL:

DEIDRE SLAVEN 6859 2414 OR

MARGOT BROWN 6392 3233

To the Editor

My name is Noela Lane. I came to Eugowra in 1999 for a year and again to retire in 2010, because I have family living here. What matters to me most is family.

I grew up isolated from my extended family and due to circumstances did not know many Aunts, Uncles or Cousins. As a child I was very proud of the fact that I had an uncle who fought in WW1 and on Anzac Day I always said a prayer for Uncle Harry.

I have only seen a photo of him and thought one day I would visit his grave. As I age I realise this is not likely to happen. So I started to research my family tree, I found that I knew nothing about my family tree as very little information has been passed down and now there is no one to ask.

To My surprise Uncle Harry is Uncle Henry and he has no grave. He died at Pozieres in France on 23 March 1918 and his name is on a wall with thousands of others. On Panel 19 - 21 with those whose names begin with H. Pte. Henry Honychurch (Royal Fusiliers - London Regiment) is also on a Memorial in his home town of London England. The Memorials that bear his name are cared for and maintained by local people who are thankful for their service.

I am proud to have been born in Australia and very thankful for all those who have and are serving to keep our wonderful country free. So in honour of my Uncle Henry I decided to help maintain the Eugowra War Memorial. It is so peaceful working under the palms and eucalypts near the Rosemary, Protea and Roses. I am so impatient for them all to flower. It has been a

labour of love putting the rocks around the roses and rosemary to protect them from the flood that will come one day like many before, and we will willingly repair any damage nature sends us.

What irks and disappoints me is the damage done by others in this community. I don't wish to point the finger or punish anyone, I would just like it to stop.

We have had tap fittings broken several times, kids using the rose gardens and Memorial as bike ramps and worst of all faeces spread over the toilet walls. While I do not have to clean the toilets, I feel for our two council men who do. These two men take pride in their work and our town and I thank them humbly for all the help they have given us and all they do for Eugowra.

Memorials like this one are sometimes the only place families have to grieve, so I am pleading with parents, teachers and extended family's to speak to the children in your care about respect. It affects us all and makes our country great and a wonderful place in the world to live.

Thank you to those who have stopped driving through the park and those for speaking to your young ones with love and respect.

Noela Lane





Eugowra's 104th Show has been dubbed a huge success by both organisers and show goers alike. Under sunny skies, spectators were entertained by the ute and motor bike barrel racing, horse events, the dog high jump, egg and spoon events, junior judging, fantastic pavilion and livestock displays - all of which culminated with a spectacular smash up derby and fireworks display.

Miss Caitlin Herbert was named Eugowra Showgirl 2017. In her acceptance speech, Caitlin spoke about how she left home town to study, and then came back to the country to pursue her chosen career.

Miss Teenager was awarded to local girl Tamara Greenhalgh, Miss Junior Showgirl was Chelsea Colvin and Miss Tiny Tot went to Ingrid Smith. Noah Colvin took out Master Stockman.

The Show Society recognised a number of volunteers for their service and dedication to the show.

Viv McMillian received a special award to congratulate him on his 71 years of service and association with the Eugowra Show Society. Viv and his wife Joan initiated the first Eugowra Showgirl competition 50 years ago.

Bruce Noble received an award for 50 years of service. Appreciation awards were also given to John and Jan Bray, Kay Howell, Mark Newell and Warwick Neville.

Congratulations to all those that received awards for their years of volunteering and service to our great little show. Without all our wonderful volunteers, our small show would not be the great event that it is today. Thank you also to all the dedicated stewards in all sections of the show who volunteer their time and energy to make sure that each section a success.

The Pavilion once again looked spectacular and I would like to say a huge thank you to Eugowra Public School, St Joseph's School and the Eugowra Preschool for encouraging the students to enter their art and craft work, cooking, photos and sewing into this year's sections. Thank you to all the teachers involved as a lot of this work is done during school time.

The schools and Preschools displays were wonderful and very colourful to look at. The flower displays, cooking, photography, sewing, fruit and vegetables, wool, crops and seeds were all a credit to those who entered.





Eugowra may be a small community but we have some talented people and amazing produce out there. Don Hardy won the Most Successful Exhibitor in the Pavilion while Natalie Haynes was awarded Most Successful Junior Exhibitor.

The all-day entertainment provided hours of fun and great viewing for all those who watched it. The ute and motorbike barrel races were particularly entertaining – with lots of dirt and dust being thrown about - a great way to legally do a few “wheelies”. The events were hotly contested by both male and female competitors. Well done to Tony Harvey and his team of match officials who kept the event running smoothly on the day.

The dog high jump again proved to be a great crowd pleaser with the eventual winner setting a new height record for the show.

The day culminated with a smash up derby and fireworks display. The derby this year was one of the best ever with the winner eventually being named as Forbes boy Tyler Amberg. The fireworks were spectacular and a large crowd stayed on and braved the chilly conditions to see the fantastic display.

After the derby and fireworks ended a large crowd gathered around the bar area to watch the finals of the arm wrestling. This event was a real crowd pleaser with the eventual winner (after some tough heats) going to local boy Adam Norrie. This event will no doubt be a regular one at the show - going on the success and entertainment value that it provided in its inaugural year.

Congratulations to the Show Committee, stewards, volunteers, exhibitors, judges and all the other helpers associated with our yearly event. Thank you to those volunteers who mow and slash the grounds, set up pavilions and events, clean the amenities, bring in hay for the barrel racing and derby, volunteer at the gate and clean up and pack up afterwards.

This years show was another outstanding success and we are already looking forward to next years!

Virginia Townsend





*Show Secretary
Sean Haynes
keeping everything
running smoothly
in the Show Office.*



Geagles 2017 Premiers !

What a year and What a Grand final !

Our nervous Geagles travelled to Condo on the 10th of September to Vs the Grenfell Girlannas, who were undefeated the past 2 years. In the 22nd minute the Geagles put the first points on the board with an exciting 65mtr Sprint from Casey Jones. With only seconds left in the first half the Geagles passed the ball along to Belle Wykamp who crossed the line.

Half time score was Geagles 8-0

Miki Mongan made the first move in the second half, breaking through and passing the ball to Jemma Howell on the line. Geagles 12-0. Five Minutes later Miki scored herself and Amelia Davis kicked, 18-0.

By this time we had some very excited Geagles.

Grenfell broke the line with 6 Minutes to go, 18-4. However shortly after Geagles full back Sammy Thornton scored bringing the Geagles to 22-4 ! In a last minute effort, Grenfell scored as the hooter sounded.

Geagles 22-10.

We would like to sincerely thank all the supporters who travelled out to help the Geagles bring it home. Also a big thankyou goes out to the Geagles Coaching staff, Jordy Hartwig, Mic Dumesny, Jeff Herbert & Jake Eppelstun. Our presentation night will be held on the 7th of October, so we will be back again next month with Award announcements & a lot of pictures.



Marshmallow Slice

Place in a bowl:

- 3 crushed weetbix
- 1 cup self raising flour
- 1 cup brown sugar
- 1 cup coconut



Mix together and add 125 grams of melted butter and 3 tablespoons of hot water.

Mix well. Press into a slice tin and cook 20-25 mins in a moderate oven.

Allow to cool and top with icing or marshmallow.

To make marshmallow:

- Place in a saucepan
- 1 cup of sugar
- Stir in 1 tablespoon of hot water
- Bring to the boil and simmer for 4 mins
- Allow to cool
- When cool and thickened add 1/2 teaspoon of vanilla and a few drops of food colouring if desired
- Beat until thick and creamy and pour over slice
- Sprinkle with coconut



**Sit back in your armchair
and explore the world with
tales of travel from our
readers.**

GRACELAND MEMPHIS TENNESSEE

10,000 miles to Graceland 9,170 flying miles to be exact. So Google tells me.

Visiting Graceland has been a dream of mine for a very long time. Elvis means a lot to me. Not just the music, but who he was and what he meant to people, both at the time of his heyday and in the years since his passing.

After spending a week in Los Angeles I flew to Memphis for a 3 night stay.

From my Uber driver to the hotel receptionist, people in Memphis are just lovely. "Yes ma'am" is a term I must have heard over 10 times a day. People are only too keen to share their hints on my stay in Memphis. Best BBQ and beans in town "under \$10!" My Uber driver declares.

I had set aside my first full day for Graceland and I was on one of the first tours of the day.

First of all, Graceland is beautiful. I can see why Elvis fell in love with the property and never left. Beautiful green pastures, hedges, purple flowering trees and white picket fences. Lisa Marie's play equipment still sits in the back yard, and palominos graze in the paddock.

The tour is very well organised. You start with a group, but as you are given your own headset, you can tour the home at your own pace.

The furnishings and decor of the home range from quaint to gaudy to absolutely stunning. I wouldn't have expected anything less. The meditation garden where Elvis and his parents lie really is beautiful, and for me, quite emotional. I have loved my trip here and can now cross this one off my bucket list.

Erin Peile





St Joseph's Primary School

PYE ST EUGOWRA NSW 2806

Phone: (02) 6859 2485 Fax: (02) 6859 2500

Email: stjosephseugowra@bth.catholic.edu.au

Love and Truth Through Christ

It is holiday time again and the students and staff are ready to enjoy a spring holiday with their families and friends.

SYMPATHY AND PRAYERS We have had a few sad weeks at school with the passing of our former groundsman, Barry Jones and the tragic death of one of our dads, Peter Philipzen. We are very proud of everyone supporting one another during this time. We ask everyone to keep the Jones, and Philipzen, Moxey and their families in our thoughts and prayers over the coming weeks.

FIRST EUCHARIST Congratulations to the four children who celebrated their First Eucharist on Sunday 10th September. Zane, Gaby, Zaide and Alana had a lovely celebration with their family and friends and Fr Laurie.

PARKES EXCURSIONS The K – Yr. 3 students had a wonderful trip to Parkes to enjoy a visit with well-known author Leigh Hobbs. Leigh is the writer of lots of our favourite books at school—the Old Tom series, Mr Chicken goes to Paris, Mr Chicken Lands On London, Horrible Harriet, The Mr Badger series and Fiona the Pig just to name a few. The children had a great time at the library and it was a great opportunity for our students to talk to Leigh Hobbs who was most entertaining. After four tennis sessions for all the students this term at school with Helen Magill, all the children have improved with their eye hand coordination, ball skills and racquet skills. The Primary children also travelled to Parkes to have a final tennis lesson with Helen on the “real” tennis courts. The children all had a wonderful time playing a real game of tennis with their newly developed skills.

EUGOWRA SHOW Congratulations to all the students and parents who helped make the Eugowra Show a great day with their entries and participation in the activities.

END OF TERM ASSEMBLY Bailey Cullenward (Sports Captain) and Angus Whatman (School Captain) hosted the Assembly and gave reports on Tennis lessons and the PP5 relay running at Canowindra and Dubbo. Paisley Middis gave a

report on the Primary excursion to the Wellington Caves.

This term the students have had music lessons with Mrs Nerida Cuddy and their performance at the assembly showed lots of talent and enjoyment of the songs and music they have learnt. Thank you to the Preschool children who joined in and sang a delightful little ‘Stick Song’.

Congratulations to the recipients of the NSW University Assessments and the Principals Awards.

Thomas Brindle ~ Distinction in Religious Education, **Angus Whatman & Bailey Cullenward** ~ Credit in Religious Education, **Lachlan Haynes, Ashton Gates, Elizabeth Brindle, Lucy Philipzen, Cooper Gates and Philo Habashi** all received their certificates for English, Maths, Spelling and Writing.

The Principals Awards for Term 3 were as follows;

Pippa Combe ~ for her enthusiasm in class and on the playground.

Jada Mongan ~ for courage in trying new and difficult activities.

Bailey Cullenward ~ for his enthusiasm and care for the younger children.

School resumes on Monday 9th October ready to finish the last 10 weeks of the school year. We look forward to catching up with everyone and we will be ready to settle down to work, sport, and preparations for the end of the year activities.

Until then, take care and God Bless.

St Joseph's Students and Staff.





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- Cheesecake
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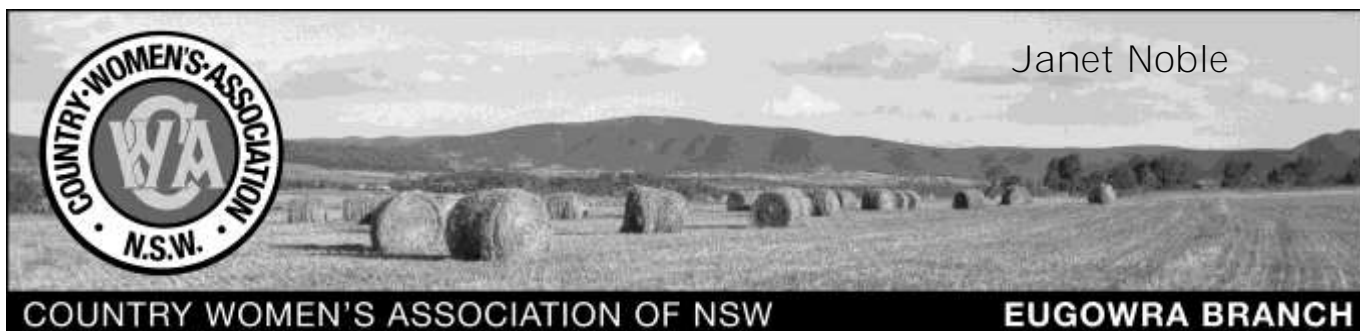
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The next meeting of Eugowra Branch will be held on Friday 13th October at 11am in rooms. All are welcome.

Compliments of Eugowra Branch, another "Sweets evening" free for all Mothers of children from babies to Year 12. Will be held in CWA rooms on Thursday 19th October from 7.30pm.

The Annual General meeting was held 8th September. Elaine Cheney took chair for election of officers.

Patrons: Pauline Howell and Shirley Heinzl.

President: Margaret Swift

Vice Presidents: Janet Noble, Wendy Carey, Yvonne Carey.

Secretary: Not filled

Treasurer: Frances Anderson

Cultural Officer: Margaret Swift

Agricultural officer: Frances Anderson

Handicraft Officer: Not filled.

Publicity Officer: Janet Noble

Books for Babies: Janet Noble & Shirley Heinzl,

Group Councillors: Margaret Swift, Wendy Carey, Yvonne Smalley, Dorothy Jones.

Booking Officer : Janet Noble.

New member information: Janet Noble.

September is CWA Awareness Week and our branch was certainly out there, with Camp Quality Cyclists who arrived in Eugowra on Tuesday 12th.

The eighty cyclists and support crew were given lunch by Eugowra CWA . They had travelled from Cowra that morning. Their trip started in Benalla and will end in Newcastle, raising awareness and funds for children with Cancer. We thank our Main

sponsor, who wishes to remain anonymous, also Sandy at the Central, Café 51 and all our great members.

Eugowra Branch supported by Cudal Branch catered for the Eugowra Show, it was a great effort by all our members. A long day. "Thank You" to Manildra Mill for supplying the Scone and Muffin mix.





Compliments of
Eugowra Branch of
CWA another

“Sweets Evening”

Will be held in CWA rooms on
Thursday 19th October from
7.30pm.

Free for all Mothers of children
from babies to Year 12.

RSVP by 13th October to Janet
68592457.



**Nominations for the 2018 Australia Day
Awards are now open.**

**Australia Day celebrations will be held
in Borenore/Nashdale, Canowindra,
Cargo, Cudal, Cumnock, Eugowra,
Manildra, Molong, Mullion Creek and
Yeoval.**



Eugowra Rural Transaction Centre

(Housing the Licensed Post Office and
the Reliance Credit Union)
45 Broad Street Eugowra NSW 2806

IMPORTANT - PLEASE NOTE HOLIDAY CHANGES

**From 27/12/17 until 12/1/18 we will
only be open in the mornings:**

Mon -Fri 9.00am to 1.00pm

*The Rural Transaction Centre is a not for profit
organisation run by the Eugowra Promotion and
Progress Association*

There are three categories for nominations:

- Citizen of the Year
- Young Citizen of the Year
- Community Group of the Year

Nominations will be closing at 5:00pm Friday 3
November, 2017.

Nomination forms can be obtained at the counter of
the Cabonne Offices in Molong, Cudal and
Canowindra or by clicking the following links:

[http://www.cabonne.nsw.gov.au/news/australia-day
-nominations-now-open-0](http://www.cabonne.nsw.gov.au/news/australia-day-nominations-now-open-0)

[Australia Day 2018 Nomination Form](#)



Judy Smith

Eugowra Evening View Club

voice, interests and education of women

EUGOWRA EVENING VIEW CLUB NEWS (Sept 2017)

Six members of Eugowra Evening View Club attended the recent 53rd National Convention of VIEW Clubs which was held at Tamworth. VIEW is a national Women's organisation with 16,000 members in 320 communities exclusively supporting education charity The Smith Family. Connected through a supportive and friendship network, our members sponsor students, volunteer, fund raise and advocate to enable better life outcomes for disadvantaged Australian children and young people.

Day One: Welcome to Tamworth by The Hon. Barnaby Joyce, Deputy Premier and Member for New England.

Official Opening: The Hon. Tanya Davies, Minister for Mental Health, Women and Ageing **The Smith Family;** Address by CEO Dr Lisa O'Brien

Learning for Life Student; Ryan Doughty (very inspirational)

Inspirational People Panel: Lucy Haslam (campaign for the use of medicinal cannabis)

Shayne Higson: Dying with Dignity (NSW) & Co Gentle Australia

Meg Keneally: Writing books with her father Tom

Natacha Kurnow: Actor, presenter, singer.

Social Dinners: The Second Best Exotic Marigold Hotel (Tamworth Band- Shake, Rattle and Roll) – A Little Bit Country

Day Two: Fabulous Fountain Photo Awards: Eugowra Evening VIEW were runners up In the Innovative section

The George Forbes Oration: Presented by Anna Bligh

Four Resolutions debated:

Writer's Festival Session: Jane Hutcheon from One Plus One and author of From Rice to Riches

Author Meredith Jaffe: The Making of Christina and Fences; the lady from Narrabri (who replaced Tony Jones of Q & A) and was an indie writer

Gala Dinner: Music through the ages

Grand Celebration on Sunday morning which only Esther was able to attend.

A wonderful Convention and a goal for all members to aim to attend at some time.

The September dinner meeting was held at the Central Hotel on Monday 18th with the members who attended Convention giving a report on their activities.

Guest Speaker for the October dinner meeting to be held on Monday 16th will be Helen Bernardi of Forbes.

Eugowra Evening VIEW ladies who were runners/up in the Innovative section of the Fabulous Fountain Photo shoot

(L-R) Judy Smith, Therese Welsh, Wendy Drady, Jeanette Norris, Lyn Ellis, Andy Langfield, Esther Hyde, Kay Jones, Sister Helen Sullivan, Di Garner and Di Agustin.







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 Friday - 6pm to close
 Saturday - 12pm to close
 Sunday - 12pm to close

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 Last Friday of the
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\$50 - full page

\$25 - half page

\$15 - quarter page

\$ 8 - eighth page

\$ 5 - pigeon hole ad - limited space for brief notices only.

Please advise of email address so your invoice can be sent electronically.

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(on entering Eugowra, turn right towards Forbes/Parkes, travel over the bridge, turn 1st left)

A LITTLE BIT OF HISTORY

Elaine Cheney



Forbes Advocate Friday 3 November 1950.

THE NEW OUTLAWS OF THE WEST

You heard of wild Ned Kelly, Thunderbolt and old Ben Hall and gold-coach hold-ups out at Escort Rock, and our pioneering forbears, who were as tough as greenhide, for they say that we are not such sturdy stock. Now let us hear no more of that, for facts have proved it wrong, and the sons of pioneers have really stood the test, against the new wild element that's risen in our land. Meet the Golfers of Eugowra. The New Outlaws of the West.

For many years they played the game, and when the day was done, would come to town with heads held high, for they owed not anyone.

But April 1950 came, and with it came the rains. And what was once a pleasant lake, was a road block, needing drains.

Now folks along the Orange Road, who wished to go to town, must face this sea of mud and mire, and all their cars went down.

And if the water fell a foot, that very day the skies would drop another foot of rain, and make the waters rise.

Now golfers are a sporting lot, and saw their neighbours' plight, so offered all their services to put the matter right.

They said that they would cart the stone to fill in the low road, up to a level high enough to take the heaviest load.

That offer did not rate an hour of civic fathers' thought; they'd make a drain - and that was that, so petitioners could await another drought.

But still the folk on Orange Road, at risk, of life and limb, would have to cross the sunken road, or else would have to swim.

So back "the outlaws" came again, and at their own expense, they put in ramps and made a road, and cut a golfer's fence!

The civic fathers then took stock, and talked about that drain, through a paddock near the links - and they waited for more rain.

More rain came, the detour became a boggy trap. But still the fathers' caution kept and golfers took "the rap."

The town was close to civil war, the "goodies and the bad." Oh! Things were in a sorry mess, and Murga men were mad.

The civic fathers had a plan, and that plan was a drain. It must be 25ft. wide, and cross each fairway plain.

But still they did not do a thing, and so at long, long last a red-faced yeoman raised the cry, "The time for talk is past."

His army lifted up their picks, their shovels and their hoes, and as in Hamelin long ago, where he went they would go.

They dug the drain where it would do most harm to the "outlaws' " pride - it took the golfers twenty years - but they took that in their stride.

The banked-up waters soon were freed, and ripped across the ground to swell the swirling waters that flooded half the town.

Then another prominent fellow, employing other tools, grabbed pen and paper mildly, and forgetting all the rules,

of "Truth In advertising," and not counting all the cost, to do the' golfers in the eye, and see their good name lost.

It revealed the awful depths to which the Golf Club went - they'd taken an injunction out to stop the Council men!

And wasn't that a handy peg, on which to hang the load - of blame for six months long neglect of the ruined Orange Road.

And now the rumour's running round that golfers have been told to shift their links to a new site along Canowindra Road.

For travellers out that way feel their chances would be quite bright to get their road drained quickly, if the golf links weren't in sight.

So here's a toast, and take it well. Stand up and drink with zest, "To the 'Golfers of Eugowra. The New Outlaws of the West."

"Digger."

Nineteen fifty was an extremely wet year in Eugowra and the Orange Road was a quagmire in the vicinity of the lagoon which runs from Bruce Noble's property into the old Golf Course. The road was not used too much for through traffic, there was no school bus run and the mail contractor and farmers would have been the most constant users. When a patient was conveyed to hospital on a tractor, and with an unhappy result, people were really stirred into action to make the road trafficable, much to the unhappiness of some associated with the Golf Club and / or Council. Keen Golfer Margaret Sharp still had a copy of the original poem.

The Golf Club did not have to move.



Physiotherapist Nicole Brindle

Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

Is my Smart phone making me Dumb?

Smart phones arrived in around 1995. The iphone and androids are now 10 years old. We love them. They have helped us at work. We can look up anything we want, be in constant contact with our friends and stay up to date with all that is happening. But has this had a negative effect on us and our relationships with others?

Technology has been creeping into our private lives since the radio was invented. Gradually the time that we devote to being entertained by technology has increased. The Smartphone has taken this to a new level. Using your phone for work or to achieve something is different from grabbing it when you are waiting for an appointment so you won't be bored.

Do you know how often you use your phone when you don't "need" to?

What does this mean for our brains?

It means we spend less and less time in "The default mode"

What is the default mode network and what does it do?



The concept of a default mode network was developed after researchers noticed surprising levels of brain activity in experimental participants who were supposed to be "at rest"--in other words they were not engaged in a specific mental task, but just resting quietly (often with their eyes closed). As neuroimaging methods became more accurate, data continued to accumulate that suggested activity during resting states followed a certain order.

The default mode network is a group of brain regions that seem to show lower levels of activity when we are engaged in a particular task like paying attention, but higher levels of activity when we are awake and not involved in any specific mental exercise.

It is during these times that we might be daydreaming, recalling memories, envisioning the future, monitoring the environment, thinking about the intentions of others, and so on--all things that we often do when we find ourselves just "thinking" without any explicit goal of thinking in mind. This default mode is linked to creativity and problem solving.

Everyone has experienced the frustration of trying to remember the name of someone - only to get more frustrated the more you think about it. Then suddenly when you not "thinking" it suddenly comes into your head.



Have you ever had a problem that you couldn't come up with a solution to, but then when you were sitting "bored" it suddenly came to you.



This is your brain being imaginative and problem solving in the “default mode”.

Imagination is important. Not only does it enrich personal experience, it is also necessary for empathy, imagining ourselves in someone else's shoes, and is indispensable in creating change.

Sporting, musical and other activities benefit our physical, cognitive, cultural and social development.

But we also need time to ourselves – to switch off from the bombardment of the outside world, to daydream, pursue our own thoughts and occupations, and discover personal interests and gifts.

We don't have to have a particular creative talent or intellectual bent to benefit from boredom. Just letting the mind wander from time to time is important. It's good for us to be helped to learn to enjoy just pottering – and not to have the expectation that we should be constantly entertained.

What can we do?

Cold turkey is possible but unsustainable for most people. And don't forget there are lots of good things about this technology.

We have to live with “devices”. We need to find ways that work for us and get the balance right.

It's by doing constant little self-restraints.

- Catching yourself at that moment when you think, “Wow, this sunset is so beautiful, I've got to take a picture of it for Instagram”, then you think, “No. I'm just going to enjoy really watching it.”
- When you are waiting for someone don't get you phone out.
- Set time boundaries on your usage.
- Don't use your phone when other people are in the room. Try talking to them.

These all sound easy but if you look around you – lots of people are attached to their device and not taking or participating in the world around them.

If you want to know more: Manoush Zomorodi is a podcast host and author, *Bored and Brilliant: How Spacing Out Can Unlock Your Most Productive and Creative Self*, is full of information and challenges.

Radio National (104.3 FM) have also been running challenges to help people become aware of their usage of their phones and challenge themselves to change.

You can check out the podcasts on your phone (they really can be useful) <http://www.abc.net.au/radionational/programs/lifematters/digital-detox:-challenge-1/8860122>

Week 1 Challenge - estimate your usage

There's two free tracking apps available for both Apple and Android phones. You can find them in your app store online. One is called Moment and the other is called Break Free.

They both tally how many times you pick up your phone and how much time the screen is unlocked.

Week 2 – No social media for 24 hours

Week 3 - Use full words in all texts for 24hrs.



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HIGH SCHOOL



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ASSOCIATION

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MEDIA RELEASE

DATE: 19 SEPTEMBER 2017

FOR IMMEDIATE RELEASE

CABONNE COUNCILLORS BEGIN THEIR LOCAL GOVERNMENT EDUCATION

Newly elected Cabonne councillors spent their first day at “council school” today.

Seven new councillors Peter Batten, Kevin Beatty, Jamie Jones, Paul Mullins, Cheryl Newsom, Libby Oldham and Jenny Weaver joined five members of the previous council, Ian Davison, Anthony Durkin, Marlene Nash, Greg Treavors and Kevin Walker, at a Local Government induction workshop at Molong.

The workshop covered subjects, such as revised legislation, code of conduct, policies and processes, roles and responsibilities and the code of meeting practice.

The council will meet for the first time next Tuesday afternoon (26 September 2017) when it will elect the Mayor, Deputy Mayor and delegates to a list of community organisations.

MEDIA CONTACT:

Dale Jones Cabonne Council
P) 02 6392 3266

Communications & Media Officer
M) 0459 071 447

head on in
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Strange but True

In 1567, the man said to have the longest beard in the world died after he tripped over his beard running away from a fire.

Q. You start at Red and stop at Green... What am I?

Answer at bottom of page

"I never lose.
I either win or learn."
Nelson Mandela

1			2				4
	2				3	9	
9		7				5	
		4					5 7
			5	4	1		
3	5					1	
		3				7	9
		1	4				8
	9				2		6

Colour me in!



A. Watermelon! You eat the red part, and you stop eating at the green part.

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(Monday & Tuesday – CLOSED)

To the Editor

Just a short reply to the person who wrote the THUMBS DOWN in the last edition of the Eugowra News.

Over the past month I have had to utilise the services of the MPS and at all times have found the staff to be courteous and helpful.

If some of the staff had been using their phones, so what?!! Maybe it was hospital related business? And as far as gossiping during work hours, may they were discussing patients wellbeing.

Thumbs Down person you really need to take a good look at yourself and get on with your own life.

Dave.

Thoughts from a late night editor.....

Thankyou everyone for your thumbs ups and downs. There is some controversy as to Thumbs Down, which are usually anonymous and potentially quite upsetting.

Should the Editor include them?

Should the Editor refuse to publish them as negative comments are not good for the moral of the community?

Is it OK for the Editor to leave out criticism only to be criticised herself for doing so?

Does the right to free speech mean that it is ok to criticise people, organisations, features of the community?

Is it OK to give constructive criticism?

Is it OK for people to give an opinion on something ~ despite that their facts may not be entirely correct?

Does criticism create healthy discussion and increase positive input and make us think a little about our not so perfect world?

I'll leave it up to the next Editor and the Lions Club to decide.

Sarah



The Pigeonholes

Short Messages, For Sale, Wanted

Wanted to buy: down or injured stock.

Contact : Kevin Howell. 02 68592311.



Thumbs Up!

To the Cabonne Council workers who are always working to keep our town clean neat and tidy. Thank you!



Thumbs Up!

to the Cabonne Council workers and the Volunteer gardeners who had our town looking tidy and colourful for the show week-end.

Editors Note; there are three other thumbs up from locals on the Council Workers and their efforts lately, so well done fellas. Everybody is noticing and appreciative of your work.



And finally....

farewell Pete Philipzen. RIP