

Eugowra NEWS

October 2012

A Lions Club project for the community we serve

VOL.16

Eugowra Eagles win the Woodbridge Cup

Watched by a record crowd of well over two thousand people the Eugowra Eagles claimed the 2012 Woodbridge Cup.

16th of September saw the Golden Eagles take on Peak Hill in the finals of the 2012 Woodbridge Cup. In an exciting and hard fought match Eugowra managed to get off to a great start and maintain a lead throughout. Peak Hill made a late surge and looked like they might level the score but the Eagles remained very cool under a lot of pressure and won the game 32 to 22.

Unfortunately the Youth League team were defeated by Canowindra but did well to make the finals. And played an entertaining game of football despite being one man down for much of the match.

The large crowd of vocal Eugowra Supporters, who travelled to Canowindra to watch the game, were rewarded by seeing their team claim victory. There was a great atmosphere of family fun among the supporters. Typified by these young ladies pictured who later led the Eugowra Eagles onto the field. (More pictures on page 4)



from the editor

There is so much to celebrate in Eugowra this month and congratulations due to many people and organisations.

Congratulations to the Eugowra Eagles for their great win in the Woodbridge Cup Grand Finals. In order to get some photos for the News I have attended the last few games and found them really entertaining. Lots of people from Eugowra were in attendance to watch the win. It seems that Rugby League is alive and well in Eugowra.

A huge Congratulations to the Eugowra Show Society for the wonderful 2012 Show. 99 years of Shows in our town is a great effort. To me there is something unique and special about small town country shows. We always invite family and friends to come and enjoy the show and the feedback we get is overwhelmingly positive. I believe we should really celebrate and publicise the 2013 Show which will be the centenary year and would encourage all Eugowra residents to make a point of inviting guests for the occasion.

Well done to the 41 participants in the "Lose 5" program and to Nicole and Anne for organising this initiative. It seems that the population of Eugowra is shrinking, in weight that is.

We have included a new segment this month, "Life's Milestones", this month we congratulate Joan and Viv McMillan on their 60th anniversary and Vernie Gosper on her 80th birthday. I hope you will contribute to this segment with photographs and stories.

I am enjoying the beautiful spring scenery, the Canola is certainly magnificent this year making it a pleasure to be driving around in our lovely area.

Hope to see lots of you at the Canola Cup!

Don't forget to check out our website www.eugowranews.com.au

Enjoy the News,

Anne



The Eugowra News Committee

Anne Heath, Chairperson and Editor

Anne Burns

Cassie Gates

Peter Heath

Bob Roach

Jodie Greenhalgh

Contributors this month

Jenny Anderson

Nina Hooper

Jessica Bray

CWA, Val McGrath

Nicole Brindle

St. Josephs School, Sarah de Lange

Anne Burns

Judy Smith

Josh Driver

View Club

Belinda Edmonstone

Eugowra Public School

Cassie Gates

Jodie Greenhalgh

Next Issue Deadline:

Friday 26th October 2012

**The News will be available on
2nd November**

Advertising and Editorial Material To

Anne Heath

Phone 68592944

e-mail:

eugowranews@yahoo.com.au

or

anneheath@clearmail.com.au

420 copies printed and distributed throughout the community.

Please note: Views expressed by contributors are not the responsibility of Eugowra Lions Club INC. or the Editor

Deadline

Publication

26th October

2nd November

23rd November

30th November

What's on this month including Doctors
Surgery hours Ph. 68592220

October 2012

Mon Tue Wed Thu Fri Sat Sun

1 Public Holiday Canola Cup	2 Drs. Manildra 9-1	3 Lions Mtg Bowen Therapy Drs. 9-1	4 Drs. 9-4	5 Drs. Manildra 9-1	6	7
8 Drs. 9-5	9 Drs. Manildra 9-1	10 Drs. 9-1	11 Drs. 9-4	12 Drs. Manildra 9-1 CWA AGM	13	14
15 Drs. 9-5	16 Drs. Manildra 9-1 Field Days Women's Health Nurse	17 Drs. 9-1 Field Days	18 Drs. 9-4 Field Days	19 Drs. Manildra 9-1	20	21
22 Drs. 9-5	23 Drs. Manildra 9-1	24 Drs. 9-1	25 Drs. 9-4	26 Drs. Manildra 9-1 Community Bus News Deadline	27	28
29 Drs. 9-5	30 Drs. Manildra 9-1	31 Drs. 9-1				

Woodbridge Cup Grand Final



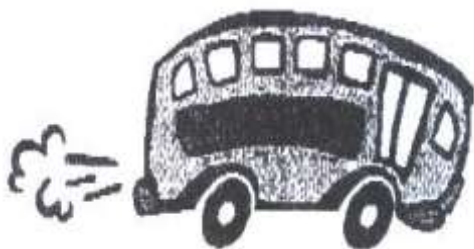
In This Issue

- 6. Happy Gardener
- 8. Caring for the Land
- 9. Bowling club News
- 11. CWA News
- 12. ECCC News
- 14. In the Kitchen
- 15. Canola Cup
- 16. View
- 17. Public School News
- 19. St. Josephs School

News

- 20. 99th Eugowra Show
- 22. Health Report
- 24. Craft on the Creek
- 25 Working Dogs
- 28. LHPA
- 32. Barbecue in the Park
- 33. Milestones
- 35. Agronomy Update

EUGOWRA / ORANGE COMMUNITY BUS SERVICE



BUS LEAVES CENTRAL HOTEL 8.45 AM
Returns to Eugowra at 3.30pm
Every Fourth Friday of Each Month

Cost: Adults \$6.60
School age children \$2.20
Pre- school age children Free
(These prices include GST)

DEIDRE SLAVEN 02 68 592 414 OR
MARGOT BROWN 02 63 923 233

CABONNE HOME & COMMUNITY CARE

Is funded to help support people who are
frail aged or younger people with
disabilities, who are assessed as needing
help with tasks of everyday living.

For more information contact
Cabonne Home & Community
Care Service

6344 1199



Or

1300 369 738



* FOOD SERVICES offer a range of
food-related options

* NEIGHBOUR AID offers a variety of
assistance options

Proud supporter
of the
Eugowra Lions Club

Get
above
your
TAX
problem...
Go see

DAVID
Bigg
Accountants

62 Gaskill Street,
Canowindra NSW 2806
Ph: (02) 6344 1606
Fax: (02) 6344 1951

Canowindra
Pharmacy
VICKI GRANT, B Pharm, M.P.S.



Cancer Council
Hats Now For Sale



BE SUN SOUND



Fax: 6344 1608

63 44 1204

79 Gaskill Street, Canowindra

**Distance Dispensing Service Available,
Daily Deliveries to Eugowra Newsagency**

Court Press

From Design to Delivery

Court Lane Forbes NSW 2871
Ph 6852 2564 • Fax 6852 4004
cpforbes@westserv.net.au



Why use Court Press?

- Knowledgeable and helpful staff
- PDF technology
- Digital & Offset printing
- Print from your email or disk
- We accept most file formats in Mac & PC
- Large range of paper
- Creative artwork & design
- Great range of stationery

Printers • Designers • Stationery Supplies

***Professional
programming***



**Do you need custom-written software
to suit your business?**

**Windows-based programs written
specifically to your requirements.
To run on XP, Vista or Windows7.**

**E.g. Stock management / Inventory
Invoicing and debtors
Secure data storage / retrieval**

**City quality, Country rates.
Call Mike on 6859 2631**

Notes from the Happy Gardener



It hardly seems like a month since I was writing this page last month. There has been plenty of jobs to get done as well as the district shows to attend and now the "open gardens" are in full swing. It is all good and the country side is swathed in the beautiful yellow blooms of canola plantings and in our home gardens new buds on plants of almost every variety are bursting forth with their blooms and leaves. It certainly is a lovely time of the year.

Generally, when we think of gardens we often think of flowers but these days some people are turning to flowerless gardens (for varied reasons e.g. allergies, easier maintenance and also modern day house designs are often suited to plants which display structural lines which compliment the house.)

Many foliage plants need much less care than other plants or the home gardener may simply prefer to use foliage plants for their visual appeal.

There is huge variety of flowerless plants available for garden use but this does not mean that this type of garden need be colourless.

There are grey/green leaved plants which are always great for using in dry climates, variegated plants that have white/green or yellow/green foliage, conifers with varying shades of green to limey yellow to greyish and some which at various times of the year have a bronzy/brownish hue and other plants whose foliage is reddish/pink and the list goes on.

Grouping or hedging a single variety can work beautifully but having a variety of plantings can derive much interest from the size, shape, smell etc. of the leaves and/or the

form of the plant e.g. does the plant grow to a compact ball shape or a tall structural plant or does it have weeping habit and so on.

The height of plants can also be used to provide a contrast as well defining different spaces or areas.

Because the foliage is hi-lighted in this type of garden it is important to choose plants which are really suited to your area and climate for example plants which are susceptible to problems like powdery mildew, borers etc. can be a lot maintenance.

Therefore choose your plants carefully.

Things to do in October

Prepare soil for planting summer vegetables.

There is still time to lift and divide perennials such as lemongrass, society garlic, Shasta daisy etc.

Sprinkle 1 tablespoon of Epsom salts around the base of citrus trees to supplement magnesium.

Watch for aphids, thrips and mites as they will be about as the weather warms up. Spray with a horticultural oil or soapy water.

Keep an eye on your strawberries for slugs and snails. Help with prevention of fungal diseases by keeping beds weed free, avoiding overhead watering, picking ripe fruit each day and removing any infected and dead material

Cheerio for now and "happy gardening" to all.

Jenny

ACCOMODATION NEEDED

We are looking for accomodation of our mural artists, when they join us again in May and September 2013.

If you have available space please call
Jodie Greenhalgh on 6859 2525 or
Cassie Gates on 6859 2919
to register or for more information.

ANNUAL GENERAL MEETING

Join us for a drink and nibbles
while supporting our great little centre.

Monday 8th October 2012
6.30pm
at The Central Hotel Dining Room



Eugowra Community
Children's Centre



Caring for the Land

With Nina Hooper



Hello Eugowra.

September is Landcare month and the month for us began with a flurry of field days run by our project officer Christie in the Trundle area, looking at Native grasses with Col Seis, Soils with Ian Packer and a field trip to the Condo Research station.

We also had a static display in the Parkes Shire Library to highlight to the general community just what Landcare in this area is all about.

The month has been capped off by the usual Landcare committee meeting at Kelly Reserve in Parkes – i.e. Landcare HQ.

In between all this there has been the usual round of funding applications – one in particular we are really hoping for is to the NSW Environmental Trust on behalf of Bruie Plains Landcare.

Many Landcarers in the last week or so have taken the chance to have a say on the second round of the Lachlan Catchment Management Authorities Catchment Action Plan.

Not as many as we would like though – so please give us a call at the Lachlan CMA office in Parkes so that you can complete the survey – or head to www.lachlan.cma.nsw.gov.au and look for the CAP 2012 tab.

This is THE document for the CMA, so it is really important that you do have a say.

The plan will shape what investment happens where, and what projects and funding the Lachlan CMA has in what places– so we really need our local community to represent themselves properly.

We know that there are lots of environmental issues that need dealing with around the Parkes and Forbes area – so we need you to tell us now.

Call the Lachlan CMA office in Parkes on 0268 163200 or the Forbes office on 0268 519500 and the friendly staff will help you out!

The busy committee organising the Parkes Rural Women's Gathering have sent out a plea saying that they need our help.

The conference will be held the weekend of the 12th to the 14th of October and as with any conference there are a lot of jobs both big and small to deal with.

This conference is a state wide one and has been

happening annually for 20 years – empowering and enthusing rural women from everywhere.

It really is a big honour for Parkes to be hosting this event – so congratulations to the committee for bringing it here.

This area is known for having residents that really help out, so please make this true for the committee and volunteer your time.

If you have one hour or two days available, the committee can really use you!

Registrations for the conference are already up to 300 – with at least 400 expected, so there is a lot to be done!

Also these conferences are always a ball of fun – and volunteering with this great group of women will be sure to be the same.

If you think that you might be able to spare some time give Carolyn Rice a call on 0418 414225.

Any by the way, its also still open for regos – so make sure you get on board!

Its really true of Landcare at the moment that there really is something for everyone – so do make sure that you keep an eye on our Facebook page and website so that you don't miss a thing!

Until next month – happy Landcaring – and look out, here comes the school holidays!

Wanted

A good home for Kelpie Cross Puppies. 4 male and 2 female

Contact George on:0427567788

CHINESE RESTAURANT
ph. 6859 2805

RESTAURANT HOURS
Wednesday - 6pm to close
Thursday - 6pm to close (takeaways only)
Friday - 6pm to close
Saturday - 12pm to close
Sunday - 12pm to close

CHINESE SMORGASBORD
2nd & 4th Saturday of the month
\$14.00/hd
Bookings advisable

TRADING HOURS
Wednesday.... 5pm - close
Thursday..... CLOSED
Friday..... 5pm - close
Saturday..... 1pm - close
Sunday..... 11am - 10pm

EUGOWRA
Community Bowls & Recreation Club

It's Your Club...

- AIR CONDITIONED COMFORT
- 6 BEERS ON TAP
- AVAILABLE for PRIVATE FUNCTIONS, Birthdays Parties, Work Functions, Anniversaries & Weddings
- FRIDAY NIGHT MEAT RAFFLES - 7.30PM
- EVERY SATURDAY SOCIAL BOWLS (Bowls Available - Families Welcome)
- PLAY SOCIAL BOWLS

Hill Street, Eugowra NSW - (02) 6859 2315

SUPPORT | ENJOY | RELAX
New members & visitors are always welcome!

Eugowra Bowling Club News

Come One Come All

We are starting Business House Bowls Every Wednesday Evening from 3rd October. Get a group of friends or workmates together and form a team. Barefoot or Flat Sole Shoes. Cost is only \$5-00 per person each week. Commences at 6.00pm.

Look forward to seeing you there!!!

Melissa Robertson

Cowra Girl Melissa will be appearing at our club On Friday Night 19th October. Playing Cover Songs from the 60's, 70's, 80's & 90's. Starting at 7pm

Free Entertainment!

Come along and have a lovely night.

Don't forget Friday Night Meat Raffle and end of the month members draw.

Look forward to seeing you there.

This is our Community Club.

If we don't support it we lose it

Also our bowlers will be hosting a Classic Triples Tournament over the weekend of 20th & 21st October with other club around the area.

Everyone is welcome to watch

The CENTRAL HOTEL

Your hosts Peter & Michelle

OPEN 7 DAYS

ACCOMMODATION AVAILABLE

Reasonable Rates -
A Great Place to Stay In Town

6 BEERS ON TAP

COUNTER LUNCHES
Monday to Sunday 12pm - 2pm

DINNER
Wednesday to Sunday 6pm - 8.30pm

Come in and enjoy...



what's on

NRL GRAND FINAL & CANOLA CUP CALCUTTA NIGHT
Sunday, September 30th
BIGGEST SCREEN IN TOWN | LIVE & LOUD
FREE Bar Snacks provided (Fresh Prawns & Calamari)
CANOLA CUP CALCUTTA
Phantom Race Call by Mark McNamara
Restaurant will be OPEN
Come in and try our new **NEW MENU**
PIZZA SUNDAYS - 6-8PM







2 Grevillea Ave, EUGOWRA
tel 6859 2300 | fax 6859 2246




EUGOWRA

Quality Meats

'The Snag King'



- * MOBILE COOL ROOM HIRE
- * QUALITY MEAT * COLD MEATS & SMALL GOODS
- * BBQ CHICKENS AVAILABLE ON WEDNESDAY & FRIDAY
- PLEASE ORDER
- * BULK DEALS AVAILABLE
- * MAIL & PHONE ORDERS WELCOME
- * EFTPOS AVAILABLE



FREE HOME DELIVERY LOCALLY

PH: 02-6859 2372

BRETT MYORS

PLASTERING

0409 307 599

- Cottage
- Insurance Work
- Renovations
- Decorative Cornice
- Suspended Ceilings
- Insulation

Servicing the Central West



Call Brett Myors for
an obligation FREE quote today...



COUNTRY WOMEN'S ASSOCIATION OF NSW

EUGOWRA BRANCH

September Meeting

The Nashdale Branch will hold a luncheon to celebrate Rural Women's Day at the Lady Bushranger on 17 October starting at 11.30 for 12.00pm. Janet Noble and Frances Anderson will attend and any other members who wish to attend should advise Frances Anderson (6859 2202) by Friday 5 October.

The CWA Mural was discussed and members decided it would comprise a photo of the original members, a photo of the present members and maybe, if there is enough space, a photo of the two children who held the sign *Pride in our Past and Faith in our Future* for the Bushranger's parade. **Weather permitting a photo will be taken for the mural project at the AGM.**

The proposed **Millinery Workshop** to be led by Bronwyn Guest was cancelled due to low numbers.

The CWA Eugowra Branch Awareness Day was celebrated on Saturday 8 September at the Central Hotel and was enjoyed by many members, their husbands and partners. The room and tables were decorated with photographs depicting members at work. There were many varied functions and fundraisers over the 12 months.

A suggestion that the **meeting time** be changed to start at 10/10.30am will be further discussed at the next meeting.

The next meeting will be the AGM to be held on Friday 12 October at 11.00am.

Please advise Margaret Swift (6859 2256) if you require lunch.

Congratulations to Shirley Heinzl on receiving an award at the Eugowra Show to acknowledge her outstanding contribution to the Show over many years.

Group members will lunch at the **Cowra Japanese Gardens** and view the Archibald paintings at the Cowra Art Gallery on 8 October. Anyone who wishes to attend should ring Val McGrath (6859 5274) for more details.

Dates to Remember

- 8 Oct— Group visit to Cowra Japanese Gardens & Cowra Art Gallery
- 12 Oct—Next meeting
- 16-18 Oct—Borenore Field Days
- 17 Oct—Nashdale Branch luncheon at Lady Bushranger

Books for Babies

Shirley Heinzl, assisted by Val McGrath (in lieu of Janet Nobel who was ill), presented books and a brochure explaining the importance of reading to babies from birth to new Eugowra arrivals on 3 September. L-R: Shiralee Jackson with her daughter Shalara Rose, Shirley Heinzl with Ashlee Newell and son Hudson Flynn and Olivia Connell with baby brother Adam James-Price..





News from Eugowra Community Children's Centre

NANIMA STREET, PO BOX 28, EUGOWRA NSW 2806 PHONE: 6859 2522 EMAIL: eugpreschool@yahoo.com.au

Look at what we have been learning!

What is this new learning framework about? The government has developed the Early Years Learning Framework (EYLF) to ensure your child receives quality education programs in their early childhood setting. This is a vital time for them to learn and develop. The Framework's vision is for all children to experience play-based learning that is engaging and builds success for life. When children play they are showing what they have learned and what they are trying to understand.



Elizabeth drew a big face and showed Miss Maree. Outside she painted a picture of people. "Just people" she tells Miss Maree.

EYLF Outcome 2: Elizabeth understands ways of contributing through play and projects.



Sienna and Sheridan cooking cornflake crackles

EYLF Outcome 4: They are curious and enthusiastic participants in their learning.



Jack, Levi C, Noah and Zane play with the plastic fort. They drag it over to the fort and turn it upside down and tell Miss Michelle "This is our boat" Miss Michelle tells them to say "Ahoy me hardies" like pirates do, the boys say it then laugh.

EYLF Outcome 3: The children have a strong sense of Wellbeing. They demonstrate spatial awareness by moving around in their environment safely and confidently.



Indi makes her necklace for the show.

EYLF Outcome 4: Indi persists even when she finds a task difficult.

head on in

hair & beauty

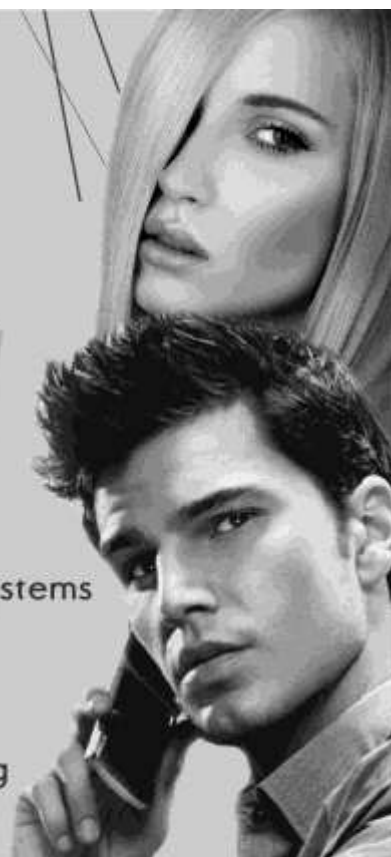
Repair your hair
with our NEW
Fibre Filling Shot!



- Manicures ● Pedicures
- All Body Waxing

Available by appointment
with Carly Welsh

- Style Cuts
- Colours
- Perms
- Hair Straightening Systems
- Treatments
- Earpiercing
- Lash & Brow Tint
- Brow & Facial Waxing
- Spray Tans



Ph: 6859 2566



50 Nanima Street, EUGOWRA
OPEN 6 DAYS

Karate champions

On Thursday 13th September seven locals travelled over to Forbes for their Karate colour belt grading, with the examination conducted by 8th Dan Black Belt, Hanshi Ian Pollet. Students from Forbes and Grenfell were also participating in grading on the night. Tamara Greenhalgh, Nina & Darcy Merchant, Ash & Max Gates, Alec & Donna Maclean all were successful in progressing to their respective next levels.

Alec and Ash competed in the Little Tigers yellow belt grade section, while Tamara, Nina, Darcy and Max all progressed to the yellow belt level.

Donna Maclean was awarded a purple belt. Stuart Maclean was also there assisting his fellow Eugowra members.

Karate is lots of fun and a fantastic way to improve concentration and fitness, as well as learn self defence.

If you are interested in joining this fun sport come along on Wednesday Nights (during the school term) from 5pm at Eugowra Community Children's Centre or call Sensei Craig Morrison on 0419 467 656 for more information.



IN THE KITCHEN WITH Jessica & Ben

October Recipe



Vietnamese Stir Fried Ginger Chicken



Ingredients

1/4 tsp soy sauce
2 tsp oyster sauce
4 tbsp fish sauce
2 tbsp brown sugar
500g chicken thigh cut into small pieces
2 tbsp veggie oil
small knob of ginger
4 garlic cloves, finely chopped
1 tsp sesame oil
1 bunch coriander leaves
1 tbsp sesame seeds, toasted.

Method

Combine soy sauce, oyster sauce, fish sauce, brown sugar and chicken. Marinate for 20 mins.
Heat fry pan up till very hot, or a wok if available. Add veggie oil and ginger. Quickly stir fry till fragrant but not brown! Add chicken to the wok, till coloured then add 4 tablespoons water and turn down heat. Add garlic, cover pan and cook for a further 3 minutes.
Remove lid and increase heat to finish cooking then add sesame oil and chopped coriander leaves. Serve with steamed rice and fresh chilli.

eat your
greens
FUNCTION CENTRE

The perfect location to celebrate
Your inspection is welcome. Mobile catering also available.



eat your greens the escort way, eugowra nsw 2806

t 6859 2386

m 0428 592 354

e enquiries@eatyourgreens.com.au

www.eatyourgreens.com.au

Eugowra prepares for Canola Cup



Eugowra Harness Racing Club's Canola Cup will reach a wider audience this year, with the club announcing that both the October 1 final and September 23 heats will be covered by TAB and broadcast on Sky TV.

The club also announced that Lexus Of Parramatta will again sponsor the 2012 \$20,000 Canola Cup final.

The heats of the Canola Cup for CO class pacers will be run on Sunday, September 23, with the meeting to be covered by the TAB for the first time. Heats will carry \$3000 prizemoney, up from \$1500 last year, and will be broadcast on Sky 2.

The \$20,000 Lexus Of Parramatta Canola Cup final will be run on Monday, October 1 and will be broadcast on Sky 1.

Club president Lex Crosby thanked Lexus Of Parramatta principal Rod Smith for once again lending his support to the meeting. "Rod has a real passion for country harness racing and has been a long time supporter of the club," Crosby said.

Through his company Kriden Investments, Smith has also donated a trip for two to Queenstown, New Zealand for a lucky racegoer.

The club also announced that Mark McNamara will be a special guest and will call the meeting. "Mark called many races at Eugowra before heading over the water to New Zealand and we are looking forward to once again hearing his dulcet tones calling the cup final," Crosby said.

The Eugowra Club has a brand new bar and canteen facility at the showground, this will be officially opened on the this Monday by long time supporter of the club Mr Rod Smith from Lexus Of Parramatta.

Other feature races on the day include the \$10,000 Pepper Tree Farm Don Tildsley Memorial for C5 and better class pacers to be run over 1700 metres. Pepper Tree Farm will hold their annual sale on Sunday, September 30, the day before the Canola Cup, so it will be a chance for harness racing enthusiasts to make a long weekend and travel to the Central West.

Thanks to Tabcorp Park Menangle, the \$7000 heats of the Eugowra to Tabcorp Park Menangle series for C1-C3 pacers will be held on final day, with qualifiers advancing to the \$12,000 final to be conducted at Menangle.

Other races include the \$9000 Canola Cup Gold Consolation, \$7000 Canola Cup Silver Consolation, \$7000 3CO and better and the \$7000 C3-C5 Mick Rawsthorne Memorial.

Lex Crosby said Eugowra's population is expected to triple for the 14th staging of the Canola Cup final and family picnic day. "Canola Cup day is not only the most spectacular pacing event on the calendar it is also the most prestigious social occasion of the year in the Eugowra district," he said.

Organisers are expecting between 1500 and 2000 people to flock to the small town for a day of harness racing, partying, slick fashion and entertainment.

"Dad, mum and the whole family will be catered for when Eugowra Showground Paceway comes alive from 12pm for a spectacular day of fanfare," Crosbie said.

Back by popular demand is the Canola Cup VIP Lawn Marquee, located along the parade ring with a wonderful view of the track and surrounds. Admission includes champagne on arrival, cheese platter, sumptuous two course meal catered by Eat Your Greens function centre, bar and Sky channel facilities for just \$55 per person.

Numbers are limited, so to avoid missing out, go to www.trybooking/BUXR or phone club secretary Jodie Greenhalgh on 0427-592-481.

During the carnival of activities for the final, race goers will find a family picnic day atmosphere including a fashion parade supported by the Little Black Dress (Parkes), fashions on the field for the best dressed lady, junior and gents (prizes valued at over \$1,000), live band and music supplied by the very popular Ragged Edge (Dubbo), free jumping castle, inflatable bouncing pony races, Pooka's Magical Fun Show and twisting balloon sculptures, pony rides, sand-art, face painting, spray tattoos, snow cones, fairy floss, coffee van and Mr Whippy's ice-cream van.

Among the host of attractions will be the Travealy horse drawn carriage from Cowra giving all guests an opportunity to ride in their eight-seater carriage. Don't miss your chance to WIN a trip for 2 with 4 nights accommodation to Queenstown NZ. Entry into the competition is free subject to the patron paying to enter the track on the Monday.

All amenities will be on course. Local and interstate bookmakers will be operating, on

Tent sites are available, phone 6859-2525 or 0427-592-481.

"The Eugowra club is most grateful to all its sponsors and everyone in the district is looking forward to an exciting day's racing and the many other activities on offer," Crosby said.

The gate for the final will open at 11.30am with first race scheduled for 12 noon.

EUGOWRA VIEW CLUB 2012



Guest speaker at the September meeting of Eugowra Evening VIEW Club, was Linda Ireland, who spoke to her very attentive audience on facts about Stroke- it being a very appropriate topic as it was 'Stroke Awareness Week'.

Points of interest from her talk were

FAST: Face- drop on one side, Arm- unable to raise arm- Speak - not able to speak properly T- time is vital with 3 hours being the maximum time for help

Orange Hospital has a stroke specific unit

Stroke is Australia's second largest killer

the result can be significant disabilities

Stroke claims one person every 10 minutes

Stroke kills more women than breast cancer

20% of people are under 55 years of age

the cost to Australia is 2.4 billion a year

Elaine Plicka thanked Linda on behalf of members for her very informative talk and presented her with a small gift.



Members completed their voting slips on the proposed resolutions at the September meeting, which were then sent to the VIEW Conference which is to be held this month.

Members had a very busy and successful catering job at the Show last Saturday with the dining room being well patronised.

Eugowra VIEW members Christmas celebration this year will take the form of a Vintage High Tea, which is to celebrate VIEW's 90th birthday and Anti Poverty Week- raising funds for poverty. Lyn Ellis has kindly offered to hold the function, which is to be held on Sunday December 2 at 4-00pm, at "Kiembah". Further details will be made at the October and November meetings.

The October VIEW dinner will be held on Monday 1 at the Central Hotel. Please RSVP to Andy by Friday September 28.

At the Show





Eugowra Public School

Hill Street, EUGOWRA NSW 2806
Phone: (02) 6859 2233

News

Participation Leads To Success

HERITAGE STEAM TRAIN RIDE

On the 3rd of September the children were treated to a unique opportunity to travel via steam train between Parkes and Forbes on the 'Heritage Express'. The children thoroughly enjoyed the experience of train travel with open windows, the smell of smoke and soot in their eyes.



CWA COUNTRY OF STUDY COMPETITION

This year we congratulate some of our students on making it to Western Region round of the CWA Country of Study competition.

Nina Merchant, 2nd for her Flag; **Jake Greenhalgh**, Highly Commended for his poster; and **Jodi Williams**, 2nd for her Essay and Highly Commended for her craft. This is a great achievement. Congratulations to these students.

OPTIONS GROUPS AND SHOW ENTRIES

In the lead up to the Eugowra Show, the children have participated in their options groups undertaking many projects including woodwork, origami, cooking, painting, photography, mosaics and decorative photo albums.

The children had many entries in the show with all students participating. We would especially like to congratulate **Corey Williams** for being the most successful Junior Exhibitor this year.



EUGOWRA COMMUNITY PLAYGROUP

Eugowra Community Playgroup will start Tuesday 16th October 2012, 10.00 am at EUGOWRA PUBLIC SCHOOL.

Please bring morning tea, drink and a hat for children in your care. All Welcome.
Contact Leanne Middleton
6362 4519 for more information.



BOOK FAIR IS COMING.....

Book Fair is coming to Eugowra Public school, next term during Week 3 **Monday 22nd to Friday 26th of October.**

It should be a great week, full of books, reading activities and reading fun – maybe even some special book characters. If you would like to purchase books during this week please contact the school office to arrange a viewing. Proceeds of the fair go towards new books for our school library.



EUGOWRA PUBLIC SCHOOL

"KINDER START"

ORIENTATION DAYS

We would like to extend an invitation to parents and children who are considering becoming part of our school community in 2013, to attend our Kindergarten Orientation Days.

- Friday 12th October > 9-11am (get to know you morning)
- Monday 15th October > 9am - 12:30pm
- Monday 22nd October > 9am - 12:30pm
- Monday 29th October > 9am - 12:30pm
- Monday 5th November > 9am - 12:30pm
- Monday 12th November > 9am - 12:30pm
- Monday 19th November > 9am - 12:30pm
- Monday 26th November > 9am - 12:30pm
- Monday 3rd December November > 9am - 1:00pm (Including a Parent Information Session from 12:15 - 1pm)



Children will be involved in class activities and experience the fun of our school environment. Children will need to bring a packed recess.

If you have any enquiries or concerns please don't hesitate to contact the Principal, Miss Carmel McMurray or Infants Teacher, Miss Sonia Dalla Vecchia on 6859 2233.



Somerset Lane

BOUTIQUE

*For the latest in Women's Fashion
from Casual to After 5
and Accessories*

OPEN 5 DAYS

Wednesday to Friday 9am - 5pm
Saturday & Sunday 10am - 4pm

**EVERYTHING
YOU NEED UNDER
THE ONE ROOF**



Takeaway, Coffee, Giftware & Jewellery

Come for a drive and
browse through our
selection of homewares
& gifts or enjoy a home cooked
meal or a coffee & slice while
you soak up the atmosphere of
our early 1900's Store...

Nanima Street, EUGOWRA
Ph: (02) 6859 2231 or
(02) 6859 2900



Above; Recent visitors to Eugowra from the Central Coast, Jill Macpherson and Hazel Hunter enjoying our Murals.

Below: Judy Welsh enjoys the Show with her granddaughter.





St Joseph's Primary School

PYE ST EUGOWRA NSW 2806

Phone: (02) 6859 2485 Fax: (02) 6859 2500

Email: stjosephseugowra@bth.catholic.edu.au

Love and Truth Through Christ

OCTOBER NEWS

Term 3 has come to an end with the highlights being the Eugowra Show, Football Finals, Athletics and a Sydney Trip.

EUGOWRA SHOWTIME

Once again Eugowra put on a top day for the Show. Everyone enjoyed the great exhibits, displays, rides and Derby and fireworks to finish the day. Thanks go to the Committee and all the helpers for another great show. Many thanks to our parents for their catering and cooking on the Friday of the Show; providing lunches for the Committee, Judges and Stewards.

FOOTY FEVER

Congratulations to all our Footballers; young and old who competed this season and for those who made it to the Grand Final stage and for those who won.

ATHLETICS TEAM

On Friday 7th September, April Harvey, Jake McCarthy, Brodie Adams and Lachie Herbert travelled to Newcastle with their families to run in the Catholic Schools Primary Athletics. They ran 4 x 100 relay race and came 2nd in the heats, however their run ended in the final coming 5th. Congratulations to the team for their great efforts.

SYDNEY OR BUST

During the last week of term the Primary students with Mrs de Lange and Mrs Rosemary spent a 3 day excursion in Sydney. First stop was the Blue Mountains; a trip on the Scenic Railway and Sky Cable and a bushwalk around the rain forest and out to the Three Sisters.

After an overnight storm, Sydney dawned bright and sparkly for the exploration of the city. We started at Milsons Point to walk across the Harbour Bridge admiring the harbour and the sights. We wandered the Rocks and headed to Centre Point Tower. We could then see the 360 degree view of the city from a different and very clear perspective.

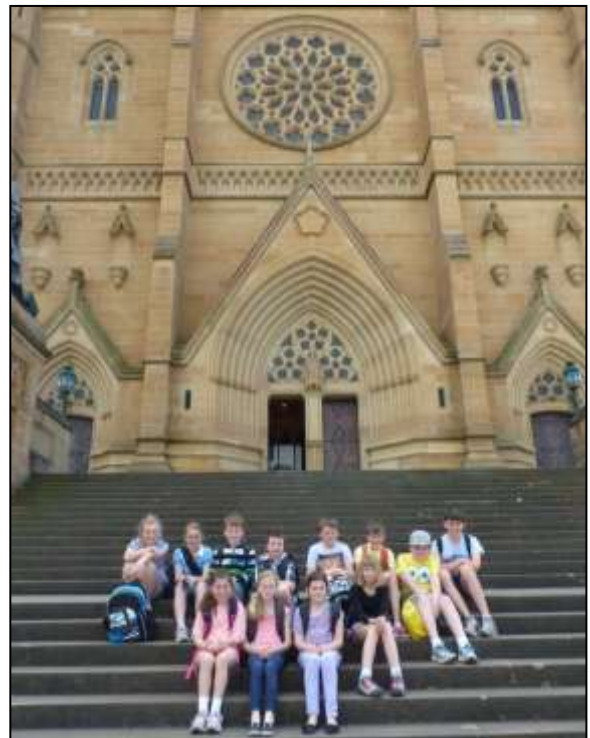
Lunch in the Chinese Gardens can be recommended - it was very peaceful and rejuvenating before we headed to the Maritime Museum for a talk from Johnny Grog Nose - a Pirate guide. He told the children some great and gruesome tales of shipwrecks from the Endeavour to the Titanic.

To end the day in the city we walked down to Circular Quay to catch the ferry across to Manly and had a play on the beach. Despite such a big day, the children still had energy to play a couple of hours of Lazer Tag at the

Collaroy Centre that night. There wasn't much noise from the cabins that night!

Our last day gave us a play in the rock pools at Dee Why and then off for a tour of the magnificent St Mary's Cathedral. We had a lovely tour from an elderly Brother who had taught many students over the years and our children responded beautifully to his unique and often humorous teaching as well as being impressed by the beauty and wonder of such a building and all it represents. To build on our experiences of Sydney we then caught the train back over the bridge to visit Mary McKillop Place at North Sydney to learn more about our remarkable St Mary of the Cross.

As a final treat the children enjoyed a swim at the Homebush Aquatic Centre. Its no wonder that they were all quite bleary eyed upon returning to Eugowra at 9pm that night!



Congratulations to our little group, they were great fun to take to away and many people commented on how well mannered, respectful and interested they were in everything that they saw.

St Mary's Cathedral.

We wish everyone a safe and happy holiday and look forward to next term. Term 4 commences on Monday 8th October. Until then, God Bless. Joeys Students and Staff.

99th Eugowra Show

Saturday 15th of September was a spectacular day for the 99th Eugowra Show. The committee has worked extremely hard throughout the year to upgrade the facilities at the showground and everything was looking its best. The ladies from the VIEW Club enjoyed the facilities in the newly renovated kitchen as they prepared lunches.

There were some new events and entertainment for the crowd as well as the tried and true entertainment that we have come to expect from a little country show.

Despite all this it would appear that the crowds were slightly down this year as were the entries in the Pavilion. President Kevin Townsend said "Its hard to know what else we would have to do to get a crowd."

One area of the show that appeared to be prospering was the cattle pavilion, the cattle were in excellent condition and good numbers.

The Show was opened by Philip Bruem who spoke of the

importance of small country shows and the excellent organisation of the Eugowra Show. He urged Eugowra locals to not take the Show Committee for granted.

The Show girl for this year is Lydia Herbert. Runner up was Kate Blackwood. Sophia Londera was Miss Teenager, Katie Townsend Miss Junior Showgirl, Chelsea Colvin Miss Tiny Tot and Luke Holland Junior Stockman.

Shirley Heinzl, Daphne Thompson, Ray Townsend and Tony Toohey received awards fro their services to the show over the years.

The Show culminated with a display of Motor bike riding by two of our brave and talented local lads, a great demolition derby and magnificent fireworks.

It is to be hoped that the Eugowra Community gets behind the Show Committee and puts on a truly spectacular and well supported Centenary Show next year.







Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

Time to Get up and Move

Congratulations to all the "lose 5" participants who have committed to a healthier lifestyle. We have 41 people participating and in week one the combined weight loss was 17.2 kgs. The most encouraging part for us was that nearly everyone had been successful in their lifestyle change commitment. Keep up the good work everyone.

INCIDENTAL EXERCISE

Incidental exercise is the exercise we get doing daily activities. Our work and our leisure activities have changed as our world becomes more technological and we are much less active in our daily activities.

Think of how our lifestyle has changed in the last 60 years. Many of us can remember our grandparents' houses where we walked outside to the toilet or the stories of when they lit a fire to get hot water. We now have electricity, hot running water, washing machines, vacuums, cars, mobile phones and computers. In farming and gardening we have lots of machines for activities that used to be done by hand.

While I prefer to live with all our conveniences they come at a cost to our health.

Recently on the ABC's catalyst program they highlighted the dangers of sitting for long periods. I was amazed to learn that people who sat for eleven or more hours a day, had a forty percent increased risk of death compared to the people who sat for fewer than four hours.

When we are sitting there are no muscle contractions. Muscle contractions help the body to clear blood sugar levels and blood fat levels. A high calorie meal raises blood sugar levels. In people who sit for long periods, these levels remain high for hours. Elevated glucose levels can lead to inflammation which if repeated on a number of days or weeks, can lead to heart disease and a host of other conditions such as cancer. Breaking up sitting time can have a dramatic effect. A light two minute walk every twenty minutes is enough to lower blood glucose levels by around thirty percent.

Engaging in more incidental activity can help boost our daily calorie expenditure and keep our metabolism (fat burning engine) fired up through the day and in doing so help us reverse the trend of weight gain and poor health.

Increasing our incidental exercise

The key to increasing incidental exercise is planning to change some of our daily lifestyle habits. The idea is to try to replace a few 'convenient' activities each day with something that will cause us to 'move more'.

- Go for a 10 minute walk during our lunchbreak instead of sitting at our desk
- When shopping park centrally and walk to the different shops – don't drive from shop to shop, take a trolley to carry things.
- Put the laundry or dishes away one piece of at a time.
- leave the remote on top of the TV and get up every time you want to change channels
- While speaking on a cordless/mobile phone, pace up and down or walk on the spot.
- Put your printer walking distance away from the computer.
- Walk to someone to talk to them – don't shout.
- Wash the car or dog – don't get the kids or the drive through to do it.
- Walk the length of the house each time you need to go to the toilet.

You will be able to think of lots of different ways to increase your overall amount of daily activity. **The great thing about incidental exercise is that you don't have to find time to do it. It all adds up.**

Being active regularly throughout the day (every 20 minutes) helps us to achieve our health goals. An added benefit of moving more is that we end up with more energy to do more throughout our day and who doesn't need that!





A local celebrant for all of your important occasions.
Individually created ceremonies.

Weddings Baby Namings Renewal of Vows

Anne Heath Civil Marriage Celebrant

Phone 02 6859 2944

Mobile 0488 220 458

Email anneheath@clearmail.com.au



Creekside
FARMHOUSE

"Galwary" 1004 Amaroo Way Eugowra NSW
Phone: 0414 283 027

www.creeksidefarmhouse.com.au



Accommodation

For up to 8 people in a self contained, historic farmhouse.
Located 10 minutes from the town of Eugowra it is central in its location for visiting all the central west has to offer.
Well behaved pets welcome.



*The Ultimate...
Country Experience*



Soak up the sophisticated, relaxed atmosphere and experience rural peace five minutes drive from Cental West town of Eugowra. The Seldom Seen Guest House is situated in a bush setting high in the garden adjacent to the pool and tennis court overlooking the famous architecturally designed 'Kiembah' homestead.

- Accommodation for 4 people
- Also available is the orgianal homestead, ideal for a family, 1 double with 4 single bunks



Hugh & Lyn Ellis
'Kiembah', Kiembah Lane, EUGOWRA NSW 2806
Phone: 02 6859 2926
Email: hugh.ellis@bigpond.com

A PLACE TO STAY



Comfy & homely country B&B

Self-contained cottage

Sleeps 5 in 2 bedrooms

Breakfast supplied

Modest tariff

Friendly hosts

2km west of Eugowra

5km from eat your greens

Phone **6859 2243**
www.eugowra.aus.net

BnIBs
BnIB



What a Crafty Town

The latest business to open in our wonderful town of Eugowra is Craft on the Creek. It is a joint venture by a group of crafty individuals of the town and district who have a talent for many different crafts, including patchwork quilts and bags, jewellery, knitted and crocheted items, metal sculptures and models as well as wooden household items. The cooked items are proving very popular, such as cakes, slices, jams, relishes and chutneys.

Craft on the Creek came about when a number of ladies, while working together on the wall hanging of the Gold Escort Hold-up, talked about a need for a store in Eugowra that sold locally produced items. An ad was placed in the Lion's Eugowra News earlier in the year, seeking expressions of interest for such a business with replies to go to Barbara Thompson, Jenny Anderson, Gwenda Rue and Judy Smith. Having not received any replies at all they decided to approach friends and acquaintances and soon came up with a list of interested people.

This proved there was enough interest and the decision was made to proceed with the venture, which opened on September 2nd and currently has over 40 members. Once a member you can choose to sell your goods and pay a 25% commission or sell your goods and work in the store and pay only 15% commission.

With Christmas just around the corner here is a local store to buy from a range of Christmas decorations, wall hangings, Santa sacks and table runners. Orders are welcome too. If you are after a particular item come in and talk to them. It may not be in store but they may know someone who can make it for you. They are also taking orders for Christmas cakes, but get in before the end of November or you may miss out. Currently the opening hours are 9.30 – 4pm, 7 days a week. Drop in and have a look, you will be amazed at how talented some people are.





Working Dogs 🐾

A very successful yard dog trial was held in beautiful weather on Saturday 15th September at the Eugowra Showground in conjunction with the Eugowra Show a total of 71 runs were held on the day.

ENCOURAGE: JUDGE. PETER. KROPMAN

1ST. GREG WALTON-----KARANA JED-----81

2ND. AMELIA WALTON---TILLY-----76

3RD. SABINA. MULLER--JEB-----67

NOVICE: JUDGE. PETER DARMODY.

1ST. DAVID WHITBY---FAITH--89+95=184

2ND. MATT FLETCHER--ROCKY--91=91=182

3RD. GREG WALTON--KARANA JED--89+83=172

3RD. MICHAEL RYAN--KARANA MONTE--91+81=172

OPEN: JUDGE. BRAD TAYLOR

1ST. PETER DARMODY--DOUBLE-----89+92=181

2ND. MICHAEL JOHNSTON--BOSS-----89+90=179

3RD. KEVIN HOWELL. KARANA RIPPER--89+88=177

4TH. PETER DARMODY. STRIKE-----89+86=175

Eugowra Yard Dog Trial 2012 019 L/R-P. Darmody(judge) M. Ryan,A. Walton,D. Whitby,M. Fletcher,G. Walton,K. Howell. NOVICE



Eugowra Yard Dog Trial 2012 023. Encourage. G. Walton,S. Muller,A. Walton



Eugowra Yard Dog Trial 2012 024. Open.J. Cox,P Darmody, M. Johnston, K. Howell, N. Hocking



EUGOWRA NEWSAGENCY & SUPERMARKET

Milk • Bread • Fruit • Vegetables • Meat • Lollies • Chips • Drinks

Newspapers • Magazines • Lotto • Stationary • Cards • Toys

Photocopying • Laminating • Gardening & Hardware • Craft Supplies •

Chemist Lines • Forbes Country Bakehouse Pies •

Southsea Seafood every Thursday at 8.30am • PLUS HEAPS MORE

Call in and see...

Daniel, Diane & our friendly staff
...For All Your Grocery Needs

Trading Hours

Monday to Friday: 6.00am - 5.30pm

Saturday: 6.00am - 12.00pm

Sunday: 6.30am - 12.00pm

Public Holidays 7am - 11am

ALL SCRAP METAL WANTED

\$\$\$ Cash Paid \$\$\$

*Aluminium Cans, Copper, Brass,
Steel, Car Bodies.*

Parkes, Forbes & District

1300 626 000 0447 626 421

Local League Star Dinner
Fundraiser




NRL Boys from the Bush are back in town for the Gooloogong Log Cabin Fundraising Dinner
SATURDAY 20TH OCTOBER AT 7PM
GOOLOOGONG LOG CABIN
Tickets \$75.00/person includes 3 course meal
Limited Seats - Bookings 0428 107 554 or 0427 448 371 - closes 12th October
Dress: Semi Formal Raffle and Auction on the night
Barry Beath Royce Simmons Ian Hindmarsh Greg Clements Brian Norrie
Matt Goodwin James Grant Joe Williams Chris Mortimer
All money raised will go towards major restoration work for the Log Cabin; donations are always gratefully appreciated

Bowen Therapy

The original Bowen Technique promotes healing and wellbeing

Gentle, safe and effective treatment for:

Scoliosis, Sciatica
Neck and Shoulder Pain
Sports and Muscle injuries
Respiratory Conditions and Sinus Problems
Circulatory System Blood & Lymphatic
Head Pain and Migraines
Carpal Tunnel Syndrome
Fatigue

Eugowra

Wednesday
C. W. A. rooms

Forbes

Tuesday & Thursday
5 Spring Street

Experience what Bowen Therapy can do for you.

Appointments are required for each session
by contacting
Greg Howell 0427 592 771

NANAMI LAVENDER FARM

Lavender Products, Soaps,
Lotions, Hand Cream & many more



Available by

- Mail or phone orders
- Selected markets and retail outlets
- Contact Janeen for Products or Mail Order Brochure

"Nanami", Eugowra NSW 2806
PH: 6859 2282 or FAX: 6859 2821

THE LODGE EMPORIUM

Open

1st & 3rd Weekend of the Month &
Public Holidays 10 am—4 pm



Hats
Shoes
Handbags
Evening Wear
Gloves
Furs
Collectables

WANTED On Consignment
Solid Timber Items

See Kath or Phil
Or Ring 6366 8865

Grass seeds in sheep

By Belinda Edmonstone, District Veterinarian, Lachlan LHPA

As the weather warms I have noticed the barley grass going to seed and am reminded of the bad grass seed seasons over the previous two summer/autumn periods.

The main culprits are cork screw grass, barley grass, wire grass, spear grass, brome grass and feather top. However the list goes on.

Given the right conditions grass seeds will cause huge losses on-farm. Young sheep are mostly affected as they are inexperienced and more likely to walk through these grasses.

Grass seeds persist in woolled areas and burrow into the skin causing extreme discomfort. We all know what it's like to have a few grass seeds in our socks so we can understand why these animals are reluctant to walk around and graze. They lose weight and become susceptible to infection. Grass seeds will also get into the eyes, causing blindness and in between the toes causing lameness. They also increase the incidence of other diseases such as cheesy gland, clostridial diseases and scabby mouth. Grass seeds cause damage to the carcass and skin reducing the value of the animal when slaughtered as well as reducing the value of the wool clip.

Producers need to think about preparing low seed paddocks before grass seeds become a problem. Methods used to reduce grass seed issues include:

- spray topping pastures,
- grazing high risk pastures with other species such as cattle,
- managing pastures to encourage desirable plant species to become dominant,
- slashing tracks through paddocks and to water sources,
- strategic short term heavy stocking of high risk pastures, and
- strategic shearing of susceptible animals.

What's lying in your paddock?

Written by Madeleine Brady, Vet Student Intern with the Lachlan LHPA

Old dip sites, rubbish tips and farm buildings can be very dangerous for stock. Lead and arsenic are just two heavy metals that can have fatal consequences for stock and your business.

Lead can be found in old batteries, paints and solder. Lead shot can also contaminate silage. Arsenic is a chemical that was commonly used for the treatment of external parasites in livestock and in herbicides. It persists in soil for years and may be contaminating chemical storage areas, dip sites and rubbish piles.

Both arsenic and lead poisoning can cause high losses if your herd is exposed as well as lengthy detention and withholding periods if stock do survive the initial illness.

Lead poisoning causes sudden death with neurological signs including staggering, tremors, frothing at the mouth and abnormal behaviour. Some animals may be dull and depressed but others may become distressed and manic. In many cases animals may simply be found dead. Although lead poisoning most often occurs in younger, more curious cattle, it can affect all classes of stock. It may be more of a risk when there is less feed around as hungry animals are more likely to taste unusual objects.

Arsenic has a sweet, salty taste that cattle may enjoy. It irritates the lining of the gastrointestinal tract and causes intense abdominal pain, bloody diarrhoea, convulsions and death. There is a very poor prognosis for animals that have ingested arsenic.

Arsenic and lead residues in meat and milk are a risk to human health and there are strict rules regarding the testing and detention of affected stock. Lead poisoning may be confirmed by testing the tissues of deceased stock and the blood of exposed stock. Affected stock will be detained and must not be sold for slaughter until blood tests indicate normal lead levels. The period of detention may exceed 12 months and the owner is responsible for the cost of testing.

The confirmation of arsenic poisoning requires testing of the liver in deceased stock and urine or faecal samples in live stock. Animals recovering from arsenic poisoning must not be slaughtered for 72 days after the last exposure; in contact animals that do not display clinical signs should not be slaughtered for 48 days. The owner may be responsible for the cost of testing to determine the source of arsenic contamination.

Prevent lead and arsenic poisoning by cleaning up your paddocks and ensuring stock do not have access to rubbish sites, batteries, farm buildings and chemical stores. It may also be necessary to securely fence off old dip and rubbish sites.

The national OJD Management Plan: the next phase

By Nik Cronin, District Veterinarian, Lachlan LHPA

NSW Farmers and the Department of Primary Industries (DPI) are holding meetings across the state this month to talk to sheep farmers about the next phase of the National Ovine Johne's Disease (OJD) Management Plan. The new Plan comes into effect from January 2013 and replaces the current Low, Medium and High Prevalence Areas with Control and Protected Areas.

The local meetings within the Lachlan LHPA are on Thursday 20th September at 10am at the Sport and Rec Club in Forbes and at 2pm at the Services and Citizens Club in West Wyalong. The aim of the meetings is to determine the level of interest from producers in this traditionally Low Prevalence area to becoming a Protected Area. The outcome of the meeting will be to decide if a survey of the region's producers is warranted or not for the current Low Prevalence area to try for Protected Area by putting together a Regional Biosecurity Plan (RBP).

All regions that do not have a Protected Area status by the 1st of January 2013 will be classified as a Control Area. Control Areas are where OJD is well established or continues to spread.

Protected Areas will cover regions where OJD is not known to occur, or is very rare. To apply for Protected Area status producers will need to join together as a group to develop a RBP. This Plan will have to outline how the region will prevent, detect and control OJD. The highest risk for the spread of OJD is the movement of infected sheep, therefore a critical part of a RBP will be the restrictions placed on incoming movements of at-risk sheep.

All sheep movements into a Protected Area will need to be accompanied by a National Vendor Declaration (NVD) and a Sheep Health Statement (SHS). To be eligible to move into a Protected Area, sheep will need



Now Taking Enrolments for 2013



- Spiritual development in a caring Christian community
- Quality education in all areas; Catering for the needs of all learners
- Cultural and sporting programs
- Up to date technological resources
- A great environment for your child to grow and develop

For further information contact:

The Principal
Cathy Eppelstun 6859 2485

www.stjosephseugowra.catholic.edu.au



STEVE Wykamp

Lic No. 128169C

0427700696

For all your...
Bathroom or Kitchen Renovations,
Home Improvements and Repairs, Tiling etc..
Give Steve a call today!

33 Nanima Street, EUGOWRA NSW 2806

M & A BRAY TRANSPORT

EUGOWRA



Mark & Anne Bray

Phone (02) 6859 5259 Mobile 0428 443 912

SYDNEY DEPOT AVAILABLE!

- * Hay & grain transport
- * Agricultural machinery
- * General freight
- * Fertilizer cartage
- * Tipping trailer
- * Taut liner
- * Drop decks trailer with ramps
and extendable trailer

Daily into Sydney

IAN BOWEN BUILDING REPAIRS & MAINTENANCE

Renovations	Restorations
Alterations	Extensions
Plastering	Tiling
Roof leaks	Gutter replacement
Verandahs, Pergolas & Carports	
Rural work & Older buildings a pleasure	
35+yrs experience	

0428 799 941

Ah Ph/fax 6859 2938
DFT Lic No. 11033C



- ♦ BATTERIES
- ♦ SPARE PARTS
- ♦ HOME HEATING GAS
- ♦ ALL MECHANICAL REPAIRS
- ♦ SUPPORTING EUGOWRA

G & M AGUSTIN
BROAD ST EUGOWRA
PHONE: 02 6859 2222 B.H.
02 6859 2314 A.H.
0418 279 571



CATTLE ULTRASOUND PREGNANCY SCANNING

- ⊙ Scan cows **6 weeks after** bull removal
 - ⊙ **Early detection** for **early decision** making
 - ⊙ Identify **empty** and **low fertility** females
 - ⊙ **Add value** to marketable livestock
- Pregnancy scanned in calf females
(PSIC)⊙ Average cost **\$3.00 / head + GST**

Contact: **Mark Adams**

MJA Cattle Scan

"Norfolk", EUGOWRA NSW 2806

T: 02 6859 2591 M: 0427 592 891

www.mjacattlescan.com.au

 **Rhino Linings®**

Utes Boats Trailers Flooring

YOUR LOCAL
RHINO LININGS
DEALER IS:

Rhino Linings

Eugowra

Ray Dickens

PH: 0409 592 526



- Available in many colours
- Sprays on up to 6mm thick
(or any desired thickness)
- Slip Resistant surface keeps
loads in place
- Prevents Rust & Corrosion
- Outperforms all drop-in liners

THERE'S TOUGH & THERE'S RHINO TUFF
 **Rhino Linings®**
PREMIUM PROTECTION

Sunnyside Gravel Supplies



QUARRY DA 95/144

- **WHITE & RED DECOMPOSED CLEAN GRANITE FOR YOUR DRIVEWAYS, ROADS, FILL, SHEDS AND STOCKYARDS E.T.C.**
 - **ONE TONNE LOAD DELIVERED IN TOWN AREA**
 - ANY QUANTITY CAN BE ARRANGED
 - **PICK UP YOUR SELF BOX TRAILER TO SEMI LOADS BY ARRANGEMENT**
- ALSO AVAILABLE:
- **TOP SOIL**– DELIVERED IN TOWN AREA OR PICK UP
 - **CONCRETE MIX 50/50 SAND BLUEMETAL MIX**
 - **STRAW FOR MULCH, BEDDING E.T.C.**

CONTACT: ALAN & MARIE NOBLE (02) 68592266

Picnic Day in the Park

Tuesday 11th September saw Memorial Park in Eugowra full of children, who were Hearing Impaired or Deaf, their Itinerant Support Teachers Hearing (ISTH) and their parents/carers and siblings.

Every year, the ISTH arrange a Picnic Day for the children who travel from all corners of the Lachlan area – Condobolin, Parkes, Forbes, Cowra and many places in between. The children range in age from babies to seventeen years old.

This day out is always looked forward to by the children. It is a great way for them to expand their communication skills, meet up with friends from the year before and for the older students, compare notes about schools, teachers and their social lives.

The parents/carers enjoy seeing their children interact with others in the games and are able to chat with each other about their concerns and successes and share information about listening devices.

This year we were helped by the Eugowra Lions Club who generously sponsored the Picnic Day. Lions Club members Keith and Nancy Dixon, Peter Heath and Max Swift also cooked the BBQ lunch. This was much appreciated by everyone especially the teachers.





Happy Anniversary



Viv McMillan and Joan Hodge married at Canowindra on 6th September 1952. The first 37 years of their marriage was spent farming "Marara," (now "Ravensworth Park") on the Waugan Road, Eugowra, where they raised three children – Wendy, Catherine and Neil. In 1989 they 'retired' to life in town, where they were both able to devote more time to being active members of Eugowra's community.

On the weekend of the 8th September 2012, most family members were able to drive or fly to Sydney to spend the weekend together, celebrating the occasion of Joan's and Viv's 60th wedding anniversary. The weekend commenced with the family enjoying a wonderful Italian meal at Beppi's Restaurant, East Sydney, followed by a lovely relaxing day on Sunday taking in the sights of Darling Harbour, including a visit to Madame Tussaud's Wax Museum.

Joan and Viv wound up their anniversary celebrations with an overnight visit to ex- Eugowra resident, Win Gaston, before returning home with Neil and Jayne McMillan.

Congratulations, Joan and Viv!

Happy Birthday

Eugowra Resident Vernie Gosper celebrated her 80th birthday on the 30th of July.

Vernie is pictured below with her twin sister Pat James of Bowraville. In the photo they are holding a photograph taken of them when they were seven or eight years old. Vernie said there were six sets of twins of the same age in Eugowra when they were growing up.

Vernie celebrated her birthday with friends at Eugowra and also had a family party at the home of her daughter Karen in Orange.

Vernie also travelled with her son Glen to Nambucca, where she and Pat were able to celebrate together. Vernie said "The celebrations just went on and on."

Congratulation Vernie and Pat.





AGnVET Services

1st Choice for all your Rural Requirements

- Specialist Agronomy Advice
- Agricultural Chemicals ■ Livestock Health & Nutrition ■ Fertiliser
- Seed ■ Seed Cleaning & Grading ■ Pet Food & Accessories ■ Fencing supplies
- Washing powder & Laundry needs ■ Water supply equipment ■ Cement
- Gardening equipment ■ Farm Hardware
- Water - supply equipment

LARGE enough to have what you want – SMALL enough to care

7 Noble St, EUGOWRA 2806
ph. 0268 592208 - fax 02 6859 2487
email: eugowra@agnvet.com.au

*AugerMate
the easy auger mover*

Mark 2 model

- New improved design
- Powder coated finish
- Designed for larger and longer augers
- Heavier duty lifting device
- More robust construction



For further details contact;
D & L Wright
Ph. 02 6859 2282 Fax. 02 6859 2821
Email. nanami@skymesh.com.au

WOMEN'S HEALTH NURSE AT EUGOWRA MPS



**TUESDAY 16TH
OCTOBER 2012**



**FOR AN
APPOINTMENT
RING
Annette
68504000**



Late Stripe Rust Protection – Do's and Don'ts

With the way the season is shaping up, rust issues in cereal crops are starting to decrease in occurrence and severity.

Although there are still background amounts of stripe rust present in the canopy of most crops, this still can pose a potential threat for infection if rainfall does occur along with good cycling temperatures (Rusts can cycle between temperatures of 15-25 degreeC, where 18-20 degreeC being optimal).

Late planted crops around the districts are still the most vulnerable if rainfall occurs and may benefit from a stripe rust management program to help protect potential yields in these paddocks.

Some simple guidelines to follow this season in regards to stripe rust management;

Susceptible varieties (S-MS) should definitely have a stripe rust package designed for preventing the background amounts of stripe rust flaring and damaging green leaf area. Most of these varieties that were planted early should have had a rust spray applied in the optimum control window (GS32-39) to protect the 3 leaves below flag.

Check growth stages in crops. By doing this, you can work out both optimum timing of the application and also determine how many application may be required due to the already exposed leaf area. All fungicides only translocate along already emerged leaf area not new leaf area that has emerged post a fungicide application..

DO NOT apply fungicides to MR-R varieties. There is no evidence that spraying MR varieties for stripe rust will result in any return on input cost. These varieties utilise adult plant resistance (APR) to protect green leaf area from increasing infections within the canopy by senescing (kill) infected areas of leaf to prevent pustules from producing more spores to infect new leaf.

Fleabane – Still a problem this season?

Fleabane is a prolific seeder, capable of producing over 100,000 seed per plant when conditions are good.

This season although not the best start to spring, will see a lot of fleabane activity in paddocks where control was delayed last year due to the wet summer and the difficulty of control at optimum growth stages again, due to less than optimum spraying conditions.

To make things worse, the seed which is small and fluffy in nature has the ability to be dispersed by the wind into previously clean paddocks so scouting for this weed is imperative to minimise the spread of this weed.

Already around the district there are small populations emerging in all crops and pasture types so there is a need to keep vigilant particularly if rainfall occurs in the coming weeks.

There are good control options in both situations including residual options but timing is the most critical part in the control of fleabane.

Control needs to begin when the plant is very small and before the plant has put down a tap root into sub soil moisture. Control at this stage is the best way to reduce fleabane populations rather than trying to control adult plants where multiple applications are required with no guarantee that control will be achieved due to the advanced growth stage of the plant.

If you would like any more information on the control of fleabane please feel free to contact myself or the staff at the Eugowra store and we would be happy to go through some options that are available.

Josh Driver

EUGOWRA NEWS UPDATE:

We're now online!

www.eugowranews.com.au

**Our wonderful news can be accessed worldwide, so tell your friends. Previous editions can be downloaded.
Dial up and satellite users will need to be patient, as it does load slowly.**

Ray White™

Eugowra

CONTACT: MICHELLE CHENEY 51 NANIMA ST
EUGOWRA NSW 2806
PHONE (BH) 6859 2231 (AH) 6859 2819
MOBILE: 0414 815 479



2 | 2 | 0

8 North Street EUGOWRA

\$65,000

- 2 bedroom period home
- Close to schools and CBD, walking distance to all amenities
- Lounge, dining and separate kitchen
- Raised floor throughout, above previous flood levels



3 | 2 | 1

Lot 2 Forbes Road EUGOWRA

\$ 185,000

- 3 bedroom home
- Huge living room with wood heater and evaporator A/C
- Light filled kitchen dining room
- Low maintenance native gardens
- Huge elevated block



3 | 1 | 2

6 Bowler Street EUGOWRA

\$135,000

- 3 bedrooms + 2 sleepouts
- New carpet throughout
- Huge 1 acre lot, well fenced house yard
- Double garage with concrete floor



3 | 2 | 4

Lot 2 Broad Street EUGOWRA

\$ 360,000

- Beautiful 3 bedroom home, designer kitchen, gorgeous light filled open plan living/dining room opening onto a wide verandah that overlooks and inground salt water pool and entertainment area.
- To the rear of the property is a covered entertainment area, and a huge 4 bay lock up garage/workshop.
- Huge elevated lot that features natural bush rock and easy care gardens
- PRICE REDUCED – owner keen to sell



4 | 2 | 5

11 Oberon Street EUGOWRA

\$340,000

- Large comfortable home featuring 4 bedrooms and spacious lounge/dining area.
- A great indoor entertainment area runs the full length of the home at the rear.
- Big workshop/garage sits in the back yard which includes a double carport, as well as a generous single carport of to the side of the home.
- Bore, rainwater tank, established gardens and double garden shed the list of features goes on.