

Eugowra NEWS

September 2017

VOL. 48

A Lions Club project for the community we serve

SHOW TIME!



It's Eugowra Show Time again!

Eugowra's 104th annual show promises to be bigger and better than ever.

The show has all the usual entertainment and events of previous years as well as an exciting new event that is sure to be a crowd pleaser.

Pictured is Eugowra Show's Publicity Officer Emily Le Mesurier with a copy of this year's show schedule hot off the press.

Read all about the Show on pages 6 -9

2017
104th Annual Eugowra Show
FRIDAY & SATURDAY
15th & 16th September, 2017

from the editor

Gudday

Hope all is well in Eugowra land and beyond.

You can now sack me as a recipe writer and my sincere apologies to those who made my Orange Cake (always fool proof!) in the July issue as the omission in the ingredients was 2 eggs. Oops.

Sorry again! Maybe someone else can now contribute as I have baked my cake (so to speak) on that one!

Spring is springing without much moisture. Fingers crossed that we get some good regular soaking rain soon. (No not on Show Weekend!)

Many thanks to Virginia Townsend for putting together the Show feature and well done to all the Show Committee for their preparations and ideas for another wonderful Eugowra Show. Time to show case our talented locals and our wonderful town.

And after the Show its Canola Cup time ~ with CanAssist as the major fundraiser it will be a great chance to support a wonderful organisation to aid those of whom cancer has changed their lives. Whatever other people can do to help those affected by this dreadful disease is always a good thing.

Please ring Janet Noble if you can assist with the Camp Quality lunch as they travel through Eugowra on Tuesday 12th September. Remember every little bit helps ~ a bit of cash, an hour of your time, packing up or setting up, cleaning a BBQ, cooking the sausages. Just don't leave it to 'Someone Else'.

Don't forget to vote on Saturday 9th September for Cabonne Council elections. Thanks to Janet Noble for organising these for the paper.

So, get the jam jars out, create some craft, polish the chooks, practice your barrel racing and buff up the muscles for the arm wrestling for the Show on the 15/16th September.

See you at the Show!

Sarah

PS Happy Father's Day to all our Dads out there and a special Happy 90th to my Dad on this day!



Contributors this Month

Our Regular contributors:

Elaine Cheney

Jodie Greenhalgh

Judy Smith

Eugowra Preschool

Nicole Brindle

Virginia Townsend

Cassie Gates

David Hyde

Hugh Ellis

Shane Jones

Janet Noble

Eugowra Public School

St Joseph's Primary School

Casey Fisher

Di Smith

Ali Burgess

Next Issue Deadline:

Friday 22nd September

**The News will be available
on Friday 29th September**

Advertising and Editorial Material To

Sarah de Lange

Phone 68595253 ah

editor@eugowranews.com.au

**or drop into the St Joseph's Primary School
mailbox**

**420 copies printed and distributed
throughout the community.**

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

Online at www.eugowranews.com.au

Follow us on facebook



EUGOWRA COMMUNITY MONTHLY MEETINGS

VIEW CLUB..... 3rd Monday of the Month
Committee Meeting 5.30 Dinner Meeting at Central
Hotel 6.30 for 7.00pm

SHOW SOCIETY..... 2nd Monday of the Month

EPPA.....2nd Tuesday of the Month

HOSPITAL AUXILIARY... 3rd Friday of the Month

LIONS CLUB.....Last Thursday of the month
at the Central 5.00pm (after folding the Newsletter)

BOWLING CLUB....1st Monday of the month 7pm

CWA.....2nd Friday of the month CWA Rooms
11.00am

To the Editor

THE IMPORTANCE OF RAILWAYS

Reading Elaine Cheney's historical piece in the July edition of "The Eugowra News" regarding the coming of the railway to Eugowra in 1922 brings to mind its tremendous importance to country towns and its impact on them.

Just think! Prior to that time, most goods including farm produce in and out of town went by bullock wagon or horse team (or steam traction engine in the case of "Rosebank") taking days or weeks to arrive. Some motor cars were around, but the roads were atrocious and sometimes impassable in the wet. Mail contractors carried small items and passengers to and from the Forbes railhead after stage coaches ceased operations early in the 20th century.

Suddenly, goods ordered via the telegraph could arrive safe and sound within a few days! What a boon for the local shops and agricultural suppliers. But there were deeper consequences. A sense of confidence and faith in the future prevailed in towns connected by rail, such as Eugowra.

Apart from the short term benefits of the construction camps and influx of workers, a short walk around the business centre of Eugowra and consultation of Bill Banham's book "Eugowra - Its History and Development" clearly demonstrates the effects of this burst of confidence.

Virtually every public building or major store was either built, renovated or added to during the 1920's. Both hotels, the Central (renamed) and the Club House (latterly the Fat Lamb) were extensively remodelled and added to. Both banks, the Commercial (now the RTC) and the Bank of NSW (now Head On In) were planned or built. Hosie's

In This Issue

Pages

6 - 9 Eugowra Show

10 Footy News

11 Cabonne Council Election

12 St Joseph's Primary School

13 Community Gardens / Rifle Club

15 /16 CWA news

17 Camp Quality

18 Eugowra Public School

19/20 VIEW Club

24 A Little Bit of History

25/26 Health Report

29 Eugowra Pre School/ Swimming Pool

30 Kids Page

31/32 Canola Cup & CanAssist

36 Community Path / Pigeon Holes

Store (later J W Lees) was doubled in size. The Imperial Theatre (now the Eugowra Newsagency/ Supermarket) was built. Mulligan's store across the street was built.

The Catholic Church, the Anglican Rectory and the CWA Hospital (both now private residences) and the Masonic Lodge were also built during this frenetic period.

Many of these dates can be verified by inscriptions on the facades of the various buildings, and no doubt Eugowra natives could add to the list. So what a sad and unmarked end for the Eugowra railway when it was bulldozed virtually overnight with such little notice!

As a footnote, the unconventional building technique adopted by "Jippa" Mathison in the construction of the Central Hotel renovations, its adjoining shops, the Imperial Theatre and other buildings in town, is worth a mention. Comprising formed concrete and rubble with plastered interiors, and in some ways similar to pise, they have proved to be more durable and represent an innovative approach to building at a time when other materials were perhaps scarce or expensive and labour was cheap.

I was reminded of this during the recent demolition of Russell Thomas's house in Cooper Street, originally built in the same fashion and now lying in large chunks at the tip.

Bob Roach

WHAT'S ON THIS MONTH

SEPTEMBER 2017

Dr Vicki Wymer 68 592 220 Eugowra

63645901 Manildra

Mon


Tue

Wed

Thu

Fri

Sat/Sun

28 Eugowra 9-5 <i>Elaine Cheney</i>	29 Manildra 9-1 <i>Tim Cheney</i>	30  CLOSED <i>Sandra Welch</i>	31 Eugowra 9-4 <i>Meals on Wheels</i>	1 Manildra 9-1 <i>Emily Moore</i>	2/3 FATHERS DAY <i>Judy Smith</i> <i>Sarah G/halgh</i>
4 Eugowra 9-5 <i>Elaine Cheney</i>	5 Manildra 9-1 <i>Tim Cheney</i>	6 CLOSED <i>Sandra Welch</i>	7 Eugowra 9-4 <i>Mavis Cross</i>	8 CLOSED <i>Pat Norris</i>	9/10 <i>Verna Riley</i> <i>Shirley Heinzl</i>
11 CLOSED <i>Graham Arnoll</i> <i>Brian Moon</i>	12 Manildra 9-1 CAMP QUALITY <i>Nancy & Keith Dixon</i>	13 CLOSED <i>Karen Gerdes</i>	14 Eugowra 9-4 <i>Chris Hay</i>	15 Manildra 9-1 <i>Jeanette N</i>	16/17 <i>Jeanette N</i>
18 Eugowra 9-5 <i>Jeanette N</i>	19 Manildra 9-1 <i>Jeanette N</i>	20 CLOSED <i>Jeanette N</i>	21 Eugowra 9-4 <i>Graham Arnoll</i> <i>Brian Moon</i>	22 Manildra 9-1 <i>Verna Riley</i>	23/24 <i>Allan Connelly</i> AWA
25 Eugowra 9-5 <i>Ted & Rhonda</i> Round	26 Manildra 9-1 <i>Dianne Smith</i>	27 CLOSED <i>Judy Smith</i>	28 Eugowra 9-4 <i>Mavis Cross</i>	29 Manildra 9-1 <i>Dianne Smith</i>	30/1 <i>Allan Connelly</i> <i>Nancy & Keith</i> <i>Dixon</i>
Eugowra Church Services					

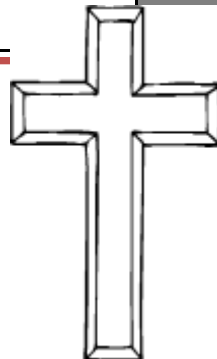
St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 5.00pm

Parish Priest: Fr Laurie Beath 63 421369

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240



St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,

5th Sundays share with Uniting Church at 2.30pm

Rector: Reverend Joy Harris 63441643
joyharris159@gmail.com

Local Lay Preacher Elaine Cheney
68 592820

Sunnyside Gravel Supplies



QUARRY DA 95/144

- **WHITE & RED DECOMPOSED CLEAN GRANITE FOR YOUR DRIVEWAYS, ROADS, FILL, SHEDS AND STOCKYARDS E.T.C.**
- **ONE TONNE LOAD DELIVERED IN TOWN AREA**
 - **ANY QUANTITY CAN BE ARRANGED**
- **PICK UP YOUR SELF BOX TRAILER TO SEMI LOADS BY ARRANGEMENT**
ALSO AVAILABLE:
 - **TOP SOIL**— DELIVERED IN TOWN AREA OR PICK UP
 - **CONCRETE MIX 50/50 SAND BLUEMETAL MIX**
 - **STRAW FOR MULCH, BEDDING E.T.C.**

CONTACT: ALAN & MARIE NOBLE (02) 68592266

CABONNE HOME & COMMUNITY CARE

Is funded to help support people who are frail aged or younger people with disabilities, who are assessed as needing help with tasks of everyday living.

For more information contact

Cabonne Home & Community
Care Service

6344 1199

Or



1300 369 738



※ **FOOD SERVICES** offer a range of food-related options

※ **NEIGHBOUR AID** offers a variety of assistance options

EUGOWRA / ORANGE COMMUNITY BUS SERVICE



NEXT BUS:

Friday 22nd September

Friday 27th October

Bus leaves Central Hotel 8.45am

Returns to Eugowra at 3.30pm

PLEASE NOTE THE PRICE INCREASE;

ADULTS \$8.00

SCHOOL AGE \$3.00

PRE SCHOOL & UNDER - FREE

If you could have the correct amount when paying the driver that will be greatly appreciated.

Please contact Margot Brown Coordinator Cabonne CT 1300 302 446 if you have any queries.

FOR MORE INFORMATION OR BOOKINGS CALL:

DEIDRE SLAVEN 6859 2414 OR

MARGOT BROWN 6392 3233

THE EUGOWRA SHOW

100
years
1913 - 2013

SOCIETY INC.

2017

104th Annual Eugowra Show
FRIDAY & SATURDAY
15th & 16th September, 2017



Come and enjoy a fun-filled day for all the family!

PRESIDENT:
Mr Tony Toohey
Mob: 0428 417 826

SECRETARY:
Mr Sean Haynes
Mob: 0407 884 718

PO Box 9,
Eugowra NSW 2806
0429 592 206
secretary@eugowrashow.com.au



SHOW TIME!

Keep the weekend of the 15th and 16th of September free for a great time out at this year's show. Publicity Officer and Committee member Emily Le Mesurier said there are plenty of great things to see, do and enter at the show. The Committee has already started work on preparing the grounds and amenities and the annual event is always a credit to all involved.

All the usual things will be on offer this year – sideshows, pavilion entries, the grand parade, livestock, ring events, show bags, yard dog trials, and of course the fireworks and smash up derby which is a great family favourite.

The show will be opened at 2.30pm by Danielle Post who is the Chief of staff at the Channel Nine News (and married to ex local Andrew Barnes). Danielle has worked as a journalist and news reader before her latest promotion at Channel Nine. The opening will be followed by the Grand Parade.

The Show Committee is always trying to provide new events and entertainment to keep the crowd enthralled. This year's new and exciting event will be the arm wrestling competition. Entries are open to all adults who would like to have a go – please contact Pete Philipzen to enter. (There will also be children's heats). Heats start at 1.45 (outside the Secretaries Office) with the finals taking place at the bar at the end of the derby and fireworks. With a prize pool worth \$500, this event is bound to provide lots of entertaining value to spectators young and old alike.

The Ute Show and Shine is an event that is growing in popularity with each passing year. There are plenty of categories to enter into—Street Ute, BNS Ute, Chicks Ute, Feral Ute, Tradies Ute Classic Ute, 4 x 4 Ute and the Grand Champion Ute. There is also a division for Best Ford, Holden and Other Ute. Trophies and ribbons to be awarded in each category (not to mention bragging rights!).

A great crowd pleaser last year was the barrel racing. This year it's on again, with both utes and motorbikes eligible to enter. Categories will be determined on the day—depending on entries. Registration with the Secretary before the racing starts.

The dog high jump started last year for the first time and was such a success it is included in this year's show as well. There are some great cash prizes on offer so bring your faithful friend along and have a go.

Showgirl Co-ordinator Janet Moxey is encouraging any young ladies between the ages of 18 and 25 years of age to enter the 2017 Showgirl competition. This is a wonderful opportunity for young women to gain valuable experience in leadership and community involvement. The showgirl dinner and judging will be held on the Friday night of the show. If you are interested in entering this worthwhile competition please contact Janet Moxey by the 11th September. A big thankyou to all the wonderful sponsors of this competition who donate some amazing prizes.

Miss Eugowra Teenager, Junior Showgirl, Miss Tiny Tot and Master Stockman are always hotly contested and the stewards encourage anyone who would like to enter, to contact the Secretaries Office before 1pm on the day.





There will also be plenty of entertainment for the children to keep them busy all day. Activities start at 1pm with the sack races, egg and spoon races and three legged races all taking place outside the Secretaries Office. Don't forget children can also enter the arm wrestling competition.

The pavilion is always a favourite with show goers. There are so many categories you can enter—art and craft, cooking, sewing, flowers, photography, wool and grain, preserves, jams and eggs. Check out your schedule and get the kids involved as well—they can make a floral saucer, decorate biscuits, draw a picture, make a craft item or hand knit a square. Great cash prizes and cards will be awarded in most sections.

Full bar facilities will be available on the day (including the popular Great Northern Beer this year) as well as lots of delicious food for morning tea, lunch and dinner. Steak and sausage sandwiches can be purchased as well as hot tea and coffee. And how can you go home without a Dagwood dog or a bucket of hot chips?—it's a show tradition!

The show will culminate with the traditional smash up derby and fireworks which are always an amazing sight. Please note that organisers would like entries for the derby to be phoned through to Kevin Townsend before show day if possible although you can enter on the day.

Show schedules are now out and can be picked up from Eugowra Supermarket, Café 51, Eugowra Quality Meats and The Gentle Cow. Please keep in mind that pavilion entries close at 6pm Thursday 14th, photography closes 3pm Wednesday 13th and livestock entries close 8.30am Saturday 16th September. For all other categories please check your show schedule. The show office will be open the week of the show to accept entries and answer any questions you may have. Membership fees are \$10 for a single and \$20 for a family. Membership includes entry into the grounds and all exhibitors' entry fees.

Check out and like the Eugowra Facebook page—it contains digital copies of all entry classes and updates of all events.

See you there—it's going to be another great day!

SATURDAY LIVE ENTERTAINMENT AND DISPLAYS

- 7.00am Sheep Dog Trials
- 9.00am Show Jumping and Ring Events, Pavilion, Poultry, Cattle, Sheep and Junior Judging
- 11.00am Australian Draft Horse Log Snig Contest
- Classic Farm and Working Truck Show and Shine
- 12.00 Ute and Bike Barrel Races
- 1.00pm Children's Races – sack races, egg and spoon races, three legged races.
- 1.45pm Throw the football through the hole, arm wrestling
- 2.30pm Official Opening and Showgirl Announcement
- 3.15pm Grand Parade
- 3.45pm Ring Events and Show Jumping Ute and bike Barrel Races continue
- 4.15pm Dog High Jump
- 5.30pm Kids novelty Events
- 6.30pm Demolition Derby
- 7.00pm Fireworks
- 7.30pm Arm Wrestling - bar

All times approximate and program subject to change

Waivers must be signed by all participants. Parents or carers must sign for children.



CALLING EUGOWRA SHOW GIRLS

The Eugowra Show is fast approaching! This year's show is to be held on Friday 15th & Saturday 16th of September. The committee has again been working tirelessly to make this show another great success.

The Show Society is seeking any girls who may be interested in entering the Showgirl Competition.



*Matilda Den 2016
Eugowra Show Girl*

The criteria for entry are listed below:

- ⇒ The competition is open to those who are permanent residents of Australia.
- ⇒ Entrants must be women aged from 18 years to under 25 years as at 1 May in the year of the State Final.
- ⇒ Entrants must reside, be educated, or work within New South Wales for at least three months prior to their local Showgirl Competition to qualify to compete within the State.

If you are at all interested in being an ambassador for Eugowra, are passionate about being involved in rural NSW, keen to meet girls from across NSW, you may enjoy this experience.

We have prizes including a weekend Personal Development Program at Dubbo and gifts donated by our generous sponsors including: Nangar Gems, Dubbo & Parkes, Avalind Photography, Banksia Grove Florist, Head on In & Hair With Style, Forbes.

Judging will take place the afternoon of Friday 15th August 2017, with light refreshments with the judges and show committee to follow.

If you have any interest or wish to know more about this, please give Janet Moxey a call on 0418 962 008.

2017 EUGOWRA SHOW ARM WRESTLING COMPETITION SATURDAY 16TH SEPTEMBER

▪ **\$500 in prize money**

- Men's, women's and under 16 classes.
- Junior classes during the morning and afternoon sessions announced over PA.
- Heats at 3:30pm, 4:30pm and 5:30pm.
- Semis and finals starting after fireworks.
- Contact Peter 0407103158
- Rules - <http://www.armpullers.com/rules.htm>



Golden EUGOWRA Eagles

FOOTBALL UPDATE

Casey Fisher

It's getting closer to the end of Footy Season. Our Eagles & Junior teams are now out of the competition but the Geagles are looking promising again this year.

30th July Vs Condo

Eagles 58 def Rams 28

Geagles 20 def Ramettes 4

Juniors 24 all Vs Condo

6th August Vs Manildra

Eagles 18 Rhinos 40

Geagles 26 def Rhinoettes 10

Juniors 0 to Manildra 30

12th August Vs Canowindra

Eagles 22 to Tigers 42

Geagles 40 def Canowindra 4

Juniors 16 to Cano 18

Semi's Round 1

Juniors 24 to Canowindra 26

Geagles 6 def Cargo 0

Semi's Round 2 take the Geagles to Trundle on Sunday 26th to Vs Grenfell for a place in the 2017 Grand final.

The Grand final will be held on the 10th of September at Condobolin.

The Club would like to thank all our Sponsors, Supporters and mostly our Players for a great 2017.

We are already looking forward to the 2018 season & would like to Wish our Geagles Good Luck in the coming weeks.

Hope to see you at the Footy.



Juniors with Coach Toby Tanks & Manager Michael Dumesny.

Eagle players with Coach Jake Stenhouse.





CABONNE RESIDENTS WILL ALSO VOTE ON REFERENDUM QUESTION

The Cabonne Council election is on **Saturday, 9 September, 2017**. On Saturday, Cabonne Council is one of 46 councils across NSW going to the polls to decide who will represent them for the next three years. With election fast approaching here is what you need to know:

- ⇒ Polling places are open from 8:00am to 6:00pm.
- ⇒ Early voting options : If you cannot vote on Election Day you can vote early at the following pre-poll venues;

*Molong Council Chambers 99-101 Bank Street Molong NSW 2866

* Orange Region Returning Officer's Office 123-125 Moulder Street Orange NSW 2800

Pre-poll voting is available until Friday, 8 September, 5:00pm, 2017. People who wish to apply for a postal vote should act now. Postal vote applications must be received by 5:00pm Monday, 4 September. The NSW Electoral Commission is managing the election. For everything you need to know about the elections visit the NSW Electoral Commission website at www.votensw.info or call 1300 135 736.

Cabonne residents and ratepayers will also vote on a referendum question when they go to the polls for the council election. Electors will be asked to decide whether the council reduces its councillor numbers from 12 to nine for the council's next term in three years' time.

Eligible voters must vote YES if they support or NO if they oppose the question. If the referendum question is passed, the reduction in councillor numbers will take effect from the Local Government elections in 2020.

Voters will receive the referendum question along with their ballot papers for next month's Cabonne Council ballot where they will be asked to select the new 12-person council, which will serve from 2017 to 2020.

There are 14 Standing for 12 seats.

- **Batten Peter - Garra**
- **Beatty Kevin - Molong**
- **Brakell Duncan - Spring Terrace**
- **Davidson Ian - Borenore**
- **Durkin Anthony - Canowindra**
- **Johnson Derek - Molong**
- **Jones Jamie - Molong**
- **Mullins Paul - Molong**
- **Nash Marlene - Manildra**
- **Newsom Cheryl - Canowindra**

- **Oldham Libby - Molong**
- **Treavors Greg - Borenore**
- **Walker Kevin - Canowindra**
- **Weaver Jenny - Canowindra.**

Potential Cabonne Councillors from Molong, Libby Oldham and Jamie Jones met with Eugowra residents to hear the issues relevant to this area of Cabonne on Thursday 31st August.





St Joseph's Primary School

PYE ST EUGOWRA NSW 2806

Phone: (02) 6859 2485 Fax: (02) 6859 2500

Email: stjosephseugowra@bth.catholic.edu.au

Love and Truth Through Christ

Term 3 is half way through and so far, we have completed our CWA Nepalese projects, Southern Region and Diocesan Athletics Carnival as well as the usual busy learning time of school.

CWA COUNTRY OF STUDY – NEPAL

On Friday 18th August, the students from the Public School and St Joseph's attended Eugowra CWA International Day for the country of Nepal. After munching on some delicious cupcakes, the students listened to a talk and slide show by Mrs Welsh who visited Nepal in 2014. The students were shown a Prayer Wheel that she bought back from Nepal. The wheel contains a prayer scroll OM MANI PADME HUM that roughly translates the idea of generosity, ethics, patience, diligence, renunciation and wisdom. Mrs Welsh wore a traditional Sherpa costume made for her called a Sallari. She and a few other people from Eugowra and Canowindra spent some time in Nepal helping build housing for students in a regional school.

The student's posters, projects and craft items were on display and a delicious smell of Nepalese cooking was coming from the kitchen. Judge Mrs Lyn Ellis spoke and presented the winning students with their certificates. Thank you to the CWA women for hosting this morning and to all the children (and parents) for completing their projects. We hope you have all learned lots about Nepal.

ATHLETICS

This term some of the students qualified to represent the school in the Southern Region and Diocesan Athletics Carnivals. A team of 8 students travelled to Canowindra for Southern Region; Thomas Brindle, Angus Whatman, Bailey Cullenward, Eve Moore, Lainey Myers, Celeste Gavin, Keiley Whatman and Celeste Gavin. The PP5 relay team of Thomas, Angus, Lainey and Celeste qualified to run at Dubbo and then on Friday 18th the team (Lainey substituted by Keiley) came a very close fourth in the race.

Well done to all the children who ran, jumped, threw and generally enjoyed the participation of the day.



Angus Whatman, Celeste Gavin, Keiley Whatman and Thomas Brindle at Dubbo Diocesan Carnival

MASS

On Sunday 10th September please join us for the Sacrament of First Eucharist which will be celebrated at the 5pm Mass. Please keep in your prayers; Zane & Gaby Wren, Zaide Hodge and Alana Haynes as they prepare for this.

We will be having a Term 3 School/Parish Mass on Sunday 24th September. All are welcome to join us and stay for a sausage sizzle afterwards.

EXCURSIONS

The Primary students are heading to Wellington Caves to complete their study on Geography - erosion and landforms and the K - Year 3 students will be travelling to Parkes for a visit with Leigh Hobbs ~ children's author and illustrator.

The students are starting to prepare their art and craft work to enter in the Show and the P & F will be catering for the Stewards luncheon on the Friday of the Show.

Until then,

God Bless

St Joseph's Students and Staff.



Eugowra Community Gardeners continue to meet on the last Sunday of every month, from around 9am, to maintain our local parks and gardens. We always have a coffee and catch-up mid-morning and enjoy the coming together of likeminded people. Everybody is welcome; *'many hands make light work'*.

But most importantly I would like to take this opportunity to thank the Moxey family, once again, for their continued, support in providing compost for our Community Parks and Gardens, and the Swimming pool has also benefited. The generous support of local patrons is very heart-warming and makes our task so much the easier.

Happy Gardening

Ali Burges

SOMEONE ELSE

We were saddened to learn this week of the death of one of our most valued members, Someone Else.

Someone's passing creates a vacancy that will be difficult to fill. Else has been with us for many years and for every one of those years, Someone did far more than a normal person's share of the work. Whenever there was a job to do, a class to teach, or a meeting to attend, one name was on everyone's list, "Let Someone Else do it." Whenever leadership was mentioned, this wonderful person was looked to for inspiration as well as results; "Someone Else can work with that group."

It was common knowledge that Someone Else was among the most liberal givers in our church. Whenever there was a financial need, everyone just assumed Someone Else would make up the difference. Someone Else was a wonderful person; sometimes appearing superhuman. Were the truth known, everybody expected too much of Someone Else.

Now Someone Else is gone! We wonder what we are going to do. Someone Else left a wonderful example to follow, but who is going to follow it? Who is going to do the things Someone Else did? When you are asked to help this year, remember -- we can't depend on Someone Else anymore.

Amen!



EUGOWRA RIFLE CLUB NEWS

On Saturday 12th August, just five members attended to compete from 500 yards. Conditions were excellent with some gentle westerly breezes coming across the range.

The fine conditions resulted in some high scores with Ian Ward recording a double possible 100 with 10 central bulls. Jim Malloy also recorded a very respectable 113 out of 120 in F Open (telescopic sights).

Scores were as follows;

Target Rifle (Full-bore with open peep sights)

Ian Ward 50-5, 50-5 – 100-10

David Jolly 50-5, 49-6 – 99-11

Jan Bray 49-6, 48-5 – 97-11

John Bray 43-0, 46-2 – 89-2

F Class Open

Jim Malloy 57-4, 56-3 – 113-7

This weekend the club championship will continue and is scheduled from 500 yards to get the program back on track. Shooting will commence from 1.30pm.

The Central Western District Rifle Association has also announced the date for the Champion of Champions matches and AGM. They will be held on the Eugowra Range commencing at 10am on Sunday 10th September.

Eugowra Rifle Club representatives will be David Jolly in Target Rifle, Jim Malloy in F Open and Barry Plowman in F Class Standard. The club wishes all representatives the best of luck.

David Jolly

Secretary

Eugowra Rifle Club



The Gentle Cow CAFE

- Coffee ● Milkshakes
- Homemade pies ● Burgers
- Cheesecake
- Morning & Afternoon Tea

OPEN 5 DAYS

41 Broad Street, Eugowra NSW 2806
tel: 02 6859 2657



The Old Post Office *Serviced accommodation*

Located in the heart of Eugowra, *The Old Post Office* is set within a large garden and is just a short stroll to cafes, shops, the club and pub. Cook your own meals or pop over the road for some country hospitality!

Fully self-contained with three bedrooms, we can accommodate one to eight people. Outside pets are welcome too.

Discounts for weekly & monthly bookings.

Light breakfast provided & other meals by arrangement.

**Find us on Airbnb.com.au (to pay by credit card)
or contact Catriona on 0414 663 933
or catkins3@hotmail.com**



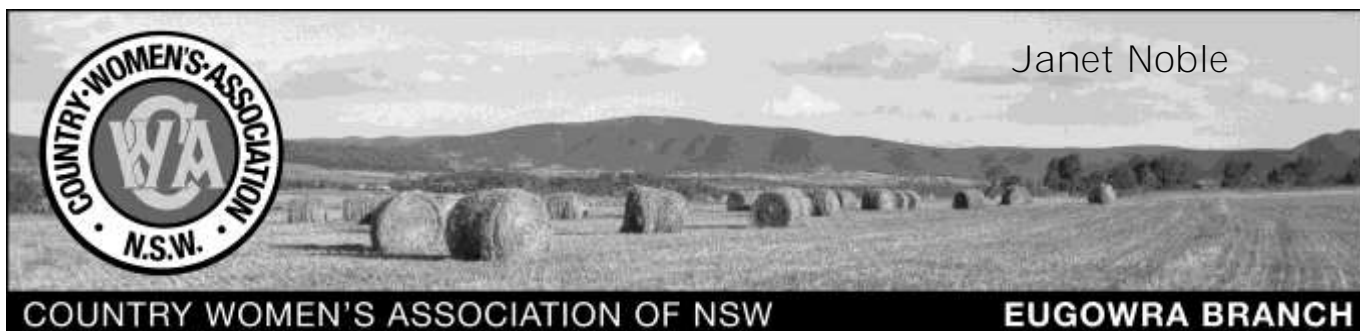
AGnVET Services

1st Choice for all your Rural Requirements

- Specialist Agronomy Advice
- Agricultural Chemicals ■ Livestock Health & Nutrition ■ Fertiliser
- Seed ■ Seed Cleaning & Grading ■ Pet Food & Accessories ■ Fencing supplies
- Washing powder & Laundry needs ■ Water supply equipment ■ Cement
- Gardening equipment ■ Farm Hardware
- Water - supply equipment

LARGE enough to have what you want – SMALL enough to care

7 Noble St, EUGOWRA 2806
ph. 0268 592208 - fax 02 6859 2487
email: eugowra@agnvet.com.au



The next meeting of Eugowra Branch which will be the AGM will be held on Friday 8th September.

*All positions will become vacant. Don't leave it to
"Someone else"*

Membership is due and this covers workers insurance, State AGM fees, Group Membership and Journal .

The Eugowra Branch made donations to both Eugowra Schools, The Royal Flying Doctor, Education Grants for Country Children, Jopling Education Grant (for child or Grandchild of a member) and to the Public Speaking.

If anyone would like to apply for a CWA School Education Grant, please contact Janet Noble.

We are planning a "sweets night" for Eugowra Mums on Thursday 19th October.

We had another successful and enjoyable day at the Country Fair, thanks to all the cooks. We were also able to cater for Lachlan Land Services for morning tea and lunch. *Eugowra Public School winners*



CAMP QUALITY

Camp Quality has asked Eugowra CWA to supply lunch as a donation to some 80 bicycle riders raising funds on Tuesday 12 September. We feel this is such a worthy cause and as we haven't the funds or workers to cover this, we are asking for financial donations and/or cakes fruit, juice etc. We will be holding a BBQ in Pioneer Park at approx. 10.am

If you can help in any way by donating or volunteering your time on the day it would be most appreciated. Please contact Janet Noble 68592457

On Friday 18th we had our Nepal International Day which very interesting. We were given an insight in to life in Nepal by our guest speaker Therese Welsh. And we were entertained by the Eugowra Public School Choir. As usual the entries from Eugowra School children of posters and travel brochures was of a very high standard. CWA members came from Bathurst, Canowindra, Cudal, Forbes, Orange and Boremore.

Four of our members travelled to Cumnock for their International Day and had a most enjoyable day, winning several prizes and entertained by "The Two Fat Ladies" on how to pack for travel.

Eugowra and Cudal branches will be catering on 16th September for the Eugowra Show. The Manildra Mill have kindly donated Scone and Muffin mix.

Wendy and Janet travelled to Canowindra for the Primary Product, (Limes) luncheon.



CWA members Romy Taylor, Sharon Radwick, Frances Anderson and Margaret Swift enjoying lunch at Café 51. after our meeting.

Small hand made doll made by Wendy Drady, the doll won first prize at Group in Orange, then went on to State Judging.





Country of Study NEPAL



YEAR	PROJECT	FIRST	SECOND	HIGHLY COMMENDED
K	FLAG	Pippa Combe SJS Annabel Peile EPS	Chloe Gibson EPS	
1	COLOUR IN	Caden Wykamp SJS Edna-May Skinner-Barnes EPS	Lily Hurd SJS Adam Valentine EPS	Bayden Jackson EPS
2	POSTER	Noah Colvin SJS Hayley Newell EPS	Cooper Gates SJS Peyton McKenna EPS	Philo Habashi SJS
3	POSTER	Lucy Philipzen SJS Ben McMahon EPS	Alana Haynes SJS Reece Matheson EPS	
4	POSTER	Elizabeth Brindle SJS Hannah Williams EPS	Claire Williams EPS Paisley Middis SJS	
5	PROJECT	Kirbie Mongan SJS Sanjay Buttle EPS	Alyssa Gibson EPS Lachlan Haynes SJS	
6	BROCHURE	Thomas Brindle SJS Dayne Hamilton EPS	Rianna Reeves EPS Angus Whatman SJS	
3/4	CRAFT	Alana Haynes SJS	Macey Greenhalgh EPS Jack Fazzari SJS	Hannah Williams EPS Chelsea Colvin SJS
5/6	CRAFT	Lainey Myors SJS Rianna Reeves & Alyssa Gibson EPS	Nina Merchant EPS Ashton Gates SJS	Olivia Connell EPS Asher Chenhall SJS
OPEN	POWER POINT	Eugowra Public School		

head on in

hair & beauty

OPENING HOURS

Tues, Wed, Thurs 9am - 8pm

Friday 9.00 - 9.30pm

Saturday 9.00- 2.00pm

Closed Sunday/Monday

- Style Cuts
- Colours
- Perms
- Hair Straightening Systems
- Treatments
- Earpiercing
- Lash & Brow Tint
- Brow & Facial Waxing
- Spray Tans

Ph: **6859 2566**

50 Nanima Street, EUGOWRA

OPEN 6 DAYS



ABOUT CAMP QUALITY

Our Holiday Respite House at Salamander Bay gives eligible families some essential time together to unwind, away from the intensity of their cancer journey. This is available at no cost to families on the East Coast who have a child on active treatment,

are palliative or bereaved.

Our Financial Support Program provides financial aid for bereaved families in extreme financial difficulty. In some cases we will help with funeral costs for in extreme financial difficulty.

Our Child Life Therapy Program teaches coping strategies to children in hospital to help them deal with their illness inside and outside of hospital. We currently fund Child Life Therapists at hospitals in NSW and VIC, whose role is to distract a child from the anxiety, pain and trauma of cancer treatment through structured play techniques. The innovative play techniques help the child to understand and cope with the medical procedures they'll be having. These may involve sharp needles, large pills to swallow, isolation units and lying completely still – all very difficult things for an energetic or frightened young child.

Our Puppets also visit every children's hospital in Australia. The puppets provide a welcome distraction from the anxiety, pain, discomfort and trauma of cancer treatment. If a child is in an isolation unit (often the case with certain cancer treatments), our puppets will perform for them at the window – often some of the only interaction they're getting outside of medical procedures. The healing effects of laughter are invaluable.

Our Family and Hospital Support Coordinators play a huge role in building optimism. They're a friendly face that visits families in each of the children's hospitals in the country every single week to provide support to families in the early stages of their diagnosis. They do this by referring families on to the range of services Camp Quality provides and linking them up with other partnering support services.

At School

Our Primary School Education Program includes our touring puppet show for primary schools, which answers difficult questions kids have about cancer. Often the effects of cancer can be confronting for young kids - when children return to school they often look very different as a result of the side effects from their treatment. This needs to be explained to their peers so they know what the child has been through and why it's important to support them. Importantly the puppets teach students that cancer is not contagious. The show encourages kids to be supportive of their classmate who has a mum, dad, brother or sister living with cancer - or who has cancer themselves, and reduces the likelihood of bullying, exclusion, confusion or anxiety.

Away from it all

Our camps provide an essential break from the stress and intensity of the cancer journey. They build resilience and optimism because kids living with cancer and their families can meet others going through a similar thing and build strength through solidarity. Our camps are grouped according to age groups; siblings and patients are invited to attend Mini Camp, Junior Camp, Middle Camp and Graduation Camp. Parents tell us that the supportive networks that emerge from these experiences make a big difference.

Our Family Camps cater for the whole family. This is especially important for siblings, who are often scared, confused and sometimes even disappointed when their parents' attention is suddenly completely diverted on to the child with cancer.



Our Fun Days are one-day events that give families a real boost, often when they need it most. Days like these give kids back their childhood, after cancer has attempted to steal it from them.

Our Family Experiences provide families special experiences, which get donated to us, such a Disney on Ice, zoo visits, theatre shows and trips to adventure worlds. These provide families with another opportunity to catch up on precious normality, when cancer has tried to take that away from them



Eugowra Public School

Hill Street, EUGOWRA NSW 2806
Phone: (02) 6859 2233

News

Participation Leads To Success

This term students have been involved in many events and activities. Our Year 6 students went to ECO Day at the Forbes Livestock exchange and had lots of fun interacting with students from surrounding primary schools and were very brave when handling some snakes!

Our school celebrated Education Week by visiting the residents of Willawa. Everyone enjoyed playing Bingo, UNO and making pasta necklaces. Our P&C also held a sausage sizzle in celebration of Education Week. Students dressed up as their favourite book characters for Book Week with the theme being: Escape to Everywhere.

This term students are enjoying learning Lawn Bowls for sport. Students practise their skills at the Bowling Club each week and are having lots of fun refining their skills.

Eugowra Public School students joined with students from St Josephs for the CWA International Day. This year the country of study was Nepal and all students enjoyed making their projects for this day. Thank you to all the helpers of the CWA for putting the day together and making it such a nice day.

LITTLE LINK

Eugowra Public will continue to host 'Little Link', an informal group for toddlers and bubs Linking Families and Bubs to Play, Language, Music and Fun. Little Link takes place in our school Library from 10am to 11.30am and will continue each Monday during the school term. The last 'Little Link' for Term 3 will be Monday 18th September, and it will resume again in Term 4 on Monday 9th October. We welcome anyone with children 0-5 years old to attend.





Judy Smith

Eugowra Evening View Club

voice, interests and education of women

Eugowra Evening VIEW held a special fund-raiser evening in early August at Eat Your Greens Function Centre. President Lyn Ellis welcomed guests and invited them to enjoy drinks and the cheese and antipasto platters prior to adjourning to the dining room for the tasty dinner.

Anthony Toohey conducted the auction for two nights accommodation in a two bedroom apartment at Kingston Foreshore Canberra, plus a pamper package of a massage. The Welsh/Ellis syndicate were the winning bidders. Thank you to the Ball family for their kind donation. Thank you also to La Bella Medispa Parkes and Wendy Drady for their donations to the raffles.

Irene Sharp then introduced the special guest, Allan Drew, who happens to be her cousin. Allan is part of an International Disaster Team, an accomplished auctioneer and acclaimed member of Lions International. He spent much of his childhood visiting Eugowra.

Ray & Irene Sharpe with Allan Drew

The following is an edited version of Allan's talk:

The Kenyon Family Funeral Directors, with the Royal Warrant, foresaw that with aeroplanes getting bigger, there was always the potential of a crash with fatalities in the hundreds.

Mr Kenyon started to design a system to retrieve human remains from major tragedies and to prepare them to be returned to their families for closure. He saw the need to retrieve luggage and personal items from the site, so that they also, could be returned to their families.

Kenyons first major incident was the downing of the Pan Am flight over the village of Lockerbie Scotland. Not long after this Air New Zealand with the wrong co-ordinates of the flight plan, few into Mt Erabus in frozen Antarctica. Australia was shocked when terrorist bombs devastated several bars and Night Clubs in Bali. The Australian team of Kenyon International left immediately with the Australian Federal Police (AFP) to Bali to prepare for the preparation and repatriation of Australians home. Allan was seconded by Kenyon to be part of their Logistical Management Team.

The AFP regarded as a 'crack team' began to educate them on Disaster Victim Identification and after Bali, they started their own post mortem on their performance with the support of the Attorney General Phillip Ruddock. It as clear that other professionals were needed to be involved, so University Department Heads and PHD students would eventually become part of the team.

When the Asian Tsunami occurred, Kenyons were engaged immediately. This was the start of a long program to repatriate 4,000 Caucasians to villages around the world. Not only was there a job to do but it became a huge learning curve for future Disaster Teams and the task would be taken up by the AFP and Defence Force Australia. This proved to be correct during the Christmas Island Disaster and Allan said that Australia had a well oiled and prepared Disaster Team.



Middle: Noel Pengilly, Hugh Ellis, Rob Norrie, Tony Toohey, Bottom: Graeme & Maureen Miller enjoying the evening.



The Typhoon destruction of the Delta Region of Myanmar was discussed and also the tropical Typhoon that devastated the Philippines. This was to form part of Allan's separate involvement with GAIN, a multi faith charity that did relief work after tragedies and the involvement of medical teams in Third World Countries.

Allan thanked the members of Eugowra Evening VIEW and commended them for their support of 'Learning for Life' students through their involvement with the Smith Family. Therese Welsh made a presentation to Allan on behalf of members and thanked him for a very enlightening and thought provoking talk, which was enjoyed by everyone.



Therese welsh thanked guest speaker; Allan Drew

The VIEW Club members enjoyed their August dinner meeting held last Monday. There was no guest speaker, as the resolutions to be presented at the VIEW National Convention, which is to be held at Tamworth in September, were the main topics discussed at the meeting.

The next meeting of Eugowra Evening VIEW will be held at the Central Hotel on Monday 18th September.



Kathy Cooper, Cath Adams, Wendy Drady, Kerry O'Malley and Yvonne Smalley enjoyed the evening.

Catching up at the dinner; Mal Langfield, Kevin Welsh and Mark Heinzl.





Family photography

Sessions from \$100

Prints from \$44

Digital negatives from \$350

Book online

www.avalindphotography.com.au

or contact Kim Storey

0467315172

Eugowra, NSW

Call 0428 595 259

www.eatyourgreens.com.au

Catering for your special occasion



eat your
greens
CATERING



EUGOWRA NEWSAGENCY & SUPERMARKET

For all your...

- Milk • Bread • Fruit • Vegetables • Meat • Lollies • Chips • Drinks • Newspapers
- Magazine • Lotto • Stationary • Cards • Toys • Photocopying • Laminating
- Gardening & Hardware • Craft Supplies • Chemist Lines • Pies
- Southsea Seafood EVERY Thursday at 8.30am
- PLUS HEAPS MORE



Trading Hours

Monday to Friday 6am - 5.30pm
Saturday: 7am - 12pm Sunday: 7am - 12pm
Public Holidays 7am - 11am



Daniel, Diane & our Friendly Staff

32 Broad Street,
Eugowra NSW 2806

Ph: (02) 6859 2420 | Fax: (02) 6859 2420


**CHINESE
RESTAURANT**
ph. 6859 2805

RESTAURANT HOURS
Wednesday - 6pm to close
Thursday - 6pm to close
(takeaways only)
Friday - 6pm to close
Saturday - 12pm to close
Sunday - 12pm to close

**MEMBERS
DRAW &
CHINESE
SMORGASBORD**
Last Friday of the
month

**TRADING HOURS
OPEN 7 DAYS**
Monday to Friday 4pm - close
Saturday 1pm - close
Sunday 12pm - close

EUGOWRA



Community Bowls
& Recreation Club

It's Your Club...

- AIR CONDITIONED COMFORT
- 6 BEERS ON TAP
- AVAILABLE for PRIVATE FUNCTIONS,
Birthdays Parties, Work Functions, Anniversaries & Weddings
- FRIDAY NIGHT MEAT RAFFLES - 7.30PM
- EVERY SATURDAY SOCIAL BOWLS
(Bowls Available - Families Welcome)
- PLAY SOCIAL BOWLS

Hill Street, Eugowra NSW - (02) 6859 2315

SUPPORT | ENJOY | RELAX

New members & visitors are always welcome!



Eugowra Lions News

Advertise in Eugowra News

Eugowra News is delivered (11 editions per year) to residences in Eugowra township and environs. Advertising is cheap (per issue):

\$50 - full page

\$25 - half page

\$15 - quarter page

\$ 8 - eighth page

\$ 5 - pigeon hole ad - limited space for brief notices only.

Please advise of email address so your invoice can be sent electronically.

During the winter months, Lions can supply a limited amount of firewood, delivered as a 1 Tonne ute load within 5km of Eugowra, for \$140.

To order, please contact Neil Whalan on

0429 239 918.



EUGOWRA QUALITY MEATS
— PREMIUM BUTCHER & DELI —

AWARD WINNING SAUSAGES
COLD MEATS & SMALL GOODS
BBQ CHICKENS AVAILABLE WEDNESDAY & FRIDAY
BULK DEALS AVAILABLE
MAIL & PHONE ORDERS WELCOME
EFTPOS AVAILABLE

LOCAL FREE HOME DELIVERY CUSTOMERS

NANIMA STREET EUGOWRA 02 6859 2372



**Avalon West
ANGUS STUD**
Eugowra

Registered Stud Bulls with EBV information

Grass fed & ready for work

Good temperament and easy to handle

Using AI from leading Angus sires

Reiland Angus cover bull used

Suitable for both heifers and cows

Contact: Tim de Lange

"Avalon West" Eugowra

02 68595253

0427 595252



COLLECTABLES AND OLD BOOKS



Wander through everything old and unique at Kath's Eugowra Emporium in the old Masonic Lodge building

(c 1920's) on the banks of the Mandagery Creek, Eugowra

Furniture bargains, gift ideas, unique bits'n' pieces, 45 and 75 records, old wirelasses, fur coats, retro gear.

Open Sundays 10 a.m. to 4 p.m.



(on entering Eugowra, turn right towards Forbes/Parkes, travel over the bridge, turn 1st left)

A LITTLE BIT OF HISTORY

Elaine Cheney



Yet another depiction of the old Eugowra/John Bull/ Club House/ Fat Lamb Hotel. Could be 100 years ago, possibly in the days of the Laneyrie family, members of whom were the owners at various times. What is interesting about this photograph is that it shows the Kirby family home and store and further down the street and closer to the bridge are the buildings which are depicted in one of our 2017 sepia murals. Yet another hotel which stood close by the early bridge where our later newsagent's and baker's shops were situated. On the extreme left in

this photograph is a shopfront of an unknown business. This building was used as their home by the Henry Jones family in the 1950s.

Forbes Advocate 14 September 1917.

A SPLENDID SOLDIER Mr Geo. H. Hoswell, of Southern Cross, Eugowra Road Forbes, has received the following letter concerning the death in action of his son, Private W. Y. Hoswell:— France, June 25th, 1917. *"My Dear Mr Hoswell, I very much regret that I should have to write to you of the death of your gallant son, No. 5035A, Private William Young Hoswell. He was killed in action in the Battle of Messines, in June. His body was buried in the Battalion cemetery, in Ploegsteert Wood.*

Up till the time of his death, his conduct during the battle was highly praiseworthy; he displayed both courage and coolness, and he worked exceedingly well. The greatest reliance had always been placed in him; he was one who always carried out his duties willingly and cheerfully. To-day the whole Battalion mourns the death of so splendid a soldier and comrade.

Officers, non-commissioned officers and men all join me in offering you and your family most heartfelt sympathy in your great loss. Yours very sincerely, LESLIE J. MORSHEAD Lieut.-Colonel."

Windmill Donation

The century old Fortescue Windmill from the former McMillan/Herbert property "Arcadia" and which had been donated to the local Museum by the property's now owners the Tildsley family, has been undergoing extensive restoration under the expertise of Ivan Pine of Molong.



The tower was erected following the approval of plans by Cabonne Council. Hopefully, it will not be long before the windmill, will be on display in the Museum grounds and once again the huge wheel will be seen to turn with the wind.





Physiotherapist Nicole Brindle

Eugowra Health Report

EUGOWRA MULTI-PURPOSE HEALTH SERVICE

Testosterone – Do I need more?

What is Testosterone?

Testosterone is a hormone - a chemical messenger - that is responsible for the development of male sexual characteristics. Females also produce testosterone, but usually in smaller amounts.

Without adequate testosterone, men are infertile. This is because the process of spermatogenesis (development of mature sperm) requires testosterone.

In men, testosterone is thought to regulate a number of functions in addition to sperm production:

- Sex drive
- Bone mass
- Fat distribution
- Muscle size and strength
- Red blood cell production

The Effects Of Testosterone



Is low Testosterone normal?

As men age there is a gradual lowering of the levels of testosterone. This is considered normal and is not pathological as it would be for a young male who was developing. In a developing young male abnormally low testosterone levels is called Hypogonadism.

This is the classic indication for testosterone treatment.

Men who have reduction in testosterone for reasons not due to reproductive disorders, could be from being obese, from being unfit, from having cardiovascular disease, being depressed. There are many, many conditions which lower your testosterone, because testosterone is like a barometer of health.

Is Testosterone the elixir of youth for men?

In Australia in the last 30 years there has been a 100-fold increase in testosterone sales without any proven new indications for it. The question is, does replacing it make a difference, does it improve health for men?

Studies into the effect of testosterone supplements on sexual function, physical activity, cognitive function and energy levels, show that there was a transient short-term effect on improving sexual function, but it wore off during the study, and there was no effect on vitality, cognitive function or physical activity. One recent study of testosterone found that its effects varied widely between different men.



The 2013 study found that lean mass, muscle size, and strength were regulated by male hormones while fat accumulation was primarily a consequence of estrogen deficiency. Meanwhile, sexual function was regulated by both androgens and estrogens. There is ongoing research into the possible effects of Testosterone on prevention of diabetes and cardiovascular disease but the research is not sufficient at the present time.



Can you increase your Testosterone levels?

When someone has a functional low testosterone disorder due to obesity, smoking or cardiovascular disease in these situations testosterone is a concern, but the right thing to do is to remove the cause of the low testosterone because it's reversible. The best examples of that are in obesity where testosterone recovery occurs proportional to reduction in weight.

Specialists in testosterone research and reproductive health say that until there is stronger evidence of its benefits and safety, testosterone treatment in older men should be restricted to those with clinical symptoms of pathological low testosterone. It's a natural and reasonable form of replacement therapy if something is missing but shows no effects on normal lowering of testosterone caused by aging and health conditions.

Happy Father's Day – To all the lucky men who have been blessed with enough testosterone to experience the joy of being a Father.

This is your greatest role, be grateful for it and enjoy your special day.



A father is neither an
anchor to hold us back,
nor a sail to take us there,
but a guiding light whose
love shows us the way.



TONY TOOHEY Contracting SERVICES

- ALL TYPES OF TRENCHING
 - Telephone Cable & Lead-in
 - Pit & Conduit
 - Power Cable
 - Water Pipes
- VIBRATORY PLOW for direct bury of Cable , Pipe & Tree Establishment

- UNDERGROUND CABLE & STEEL PIPE LOCATIONS
- 9 TONNE BEAVER TAIL TRUCK TRANSPORT
- CAR TRAILER HIRE - 2 TONNE
- EXCAVATOR - 1.5 TONNE, 4 Buckets (various sizes), Ripper and able to fit through 1 metre gate
- LANDSCAPING - TRENCHING - FOOTINGS
- 4.5 TONNE PLANT TRAILER FOR HIRE



0428 417 826

PO Box 4, Eugowra

Email: AJTC@bigpond.com



St. Mary PHARMACY

open **5** days

TRADING HOURS
Mon & Fri 9am - 6pm

Caring for you and your family

VISA



SERVICES:

- ☑ Free Webster Pack.
- ☑ Free Delivery.
- ☑ Free Home Medicine Review.
- ☑ Free Blood Pressure Monitoring.
- ☑ Prescription Management Services
(script kept on file- keeping your safety net and tax record).
- ☑ Medication Counseling and Information.
- ☑ Equipment Hiring.
- ☑ Ask For less expensive brands and save more money.

GOOD PRICES ON:

- ☑ Gifts
- ☑ Cosmetics and Accessories
- ☑ Vitamins
- ☑ Blood Pressure and Glucose Monitors

- ☑ Fragrances
- ☑ Over The Counter products
- ☑ Vaporizers and Nebulizers

No hassles, No Worries, No Waiting!
It's as easy as 1-2-3

1. Leave your script at the store
2. Call us before you want to collect your scripts
3. When you arrive at the store pickup your prescription and be on your way! It's that easy!




Ph/Fax: **6859 2899**

5 Pye Street, EUGOWRA
After Hours **0476 205 177**

Proud supporter
of the
Eugowra Lions Club

Get
above
your
TAX
problem...
Go see

**DAVID
Bigg
Accountants**
62 Gaskill Street,
Canowindra NSW 2806
Ph: (02) 6344 1606
Fax: (02) 6344 1951



Craft on the Creek



Fresh Bake Thursdays
Children & Baby Items
Pickles, Chutneys, Jams
Gifts & Plants

WATCH OUT FOR WORKSHOPS
Dates to be nominated so keep an eye out for flyers

**Trading hours; Tuesday to Sunday.
10.00am to 3.00pm**
PYE STREET
EUGOWRA
(next to the Pharmacy)



Court Press From Design to Delivery
printers • graphic design • stationery supplies

FORBES & PARKES

5 Court Lane Forbes NSW 2871
cpforbes@westserv.net.au

P 6852 2564 F 6852 4004

19 May St. Parkes 2870
pppress@bigpond.net.au

P 6862 1515 F 6862 1515



Knowledgeable and helpful staff
Digital, Offset & Wide Format
Print from your Artwork or Ours
We accept most file formats
Creative artwork & design

www.courtpress.com.au

**BRETT MYORS
PLASTERING**

0409 307 599

- Cottage
- Insurance Work
- Renovations
- Decorative Cornice
- Suspended Ceilings
- Insulation

Servicing the Central West



Call Brett Myors for
an obligation FREE quote today...



News from Eugowra Community Children's Centre

NANIMA STREET, PO BOX 28, EUGOWRA NSW 2806 PHONE: 6859 2522 EMAIL: eugpreschool@yahoo.com.au

Operation hours Tuesday to Friday 8.30 - 5.00

We would like to welcome May & Elsie to Eugowra preschool.

The children who are attending primary school in 2018 are transitioning to school for 9 weeks of term 3. The children are thoroughly enjoying the new program implemented in 2017.



May Steventon & Elsie Noble

Wheat Grass

Through growing wheat, children learn responsibility, self confidence, creativity, cooperation, reasoning and discovery. They gain an appreciation of their natural environment and an understanding of patterns and life cycles. Gardening can create a platform for maths, science and art as well as establishing a respect for growing your own produce and valuing where your food comes from.

Eugowra Memorial Swimming Pool News

The A.G.M of the Eugowra Swimming Pool was held in July. The following Office Bearers were elected - David Hyde as President, Denise Broom as Vice-President, and Helen Watchorn as Secretary and Karen Clarke as Treasurer.

We are nearing completion of the renovations to our kitchen and are also busy updating the landscaping of the pool grounds. We are always looking for volunteers to help us out at the pool.

If you are interested in donating some time, have any ideas that could improve the operation of the pool or have any suggestions on activities we could run at the pool please contact David Hyde (0427592368) or Helen Watchorn (68595234) or join us at our next meeting in the CWA rooms at 7pm Wednesday the 20th September.

The pool committee are again selling a calendar to help raise funds for the running of the pool and upkeep of the grounds, the calendar will be \$20 and available in several of our local business.

We are looking forward to a busy, fun filled summer with lots of activities being planned and we will keep you all up to date with any events happening at the pool.

Shane Jones



Eugowra War Memorial Swimming Pool
2018 Calendar

AUGUST 2017

kids page

Jokes

What did the tree say to spring?
- What a re-leaf!

What price would a baby magpie buy a sports car for?
- Cheep cheep!

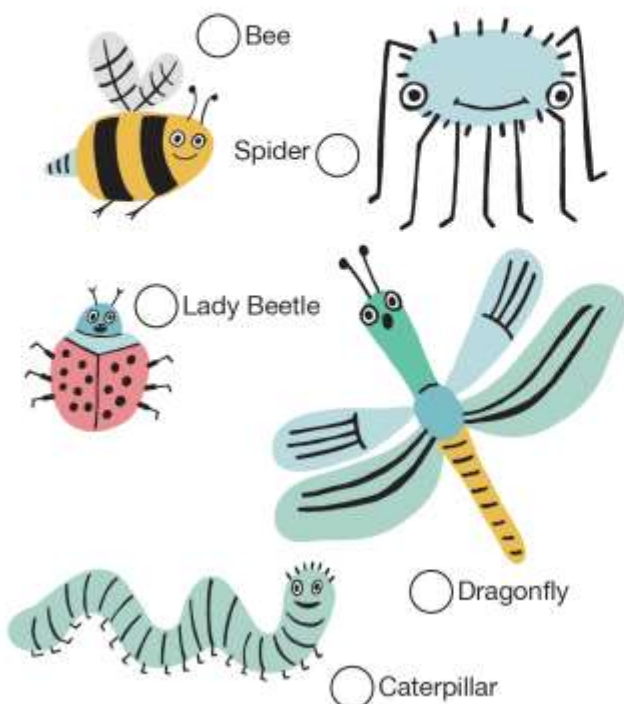
What's green, sticky and smells like eucalyptus?
- Koala spew!

What has 22 legs and hangs around with bats?
- A cricket team!

Spot the difference!



Find-a-bug!



Find-a-word!

W	B	A	R	B	E	T	B	E	M
C	L	F	L	O	W	E	R	S	A
A	D	I	G	L	O	O	E	A	R
N	F	R	O	W	A	T	T	L	E
O	A	L	F	E	N	S	I	S	D
L	D	M	A	G	P	I	E	Y	I
A	S	N	O	W	B	G	M	E	C
L	B	U	T	T	E	R	F	L	Y
E	L	O	T	T	E	A	C	L	C
S	S	P	A	C	S	S	D	O	L
D	S	H	O	W	M	S	N	W	E
L	Y	E	L	L	B	A	L	L	S

YELLOW

MAGPIE

CANOLA

WATTLE

BEES

SHOW

GRASS

BUTTERFLY

FLOWERS

© copyright 2017 Anthologie Group. www.anthologiegroupp.com.au

WIN
A trip for 2 to Queerstown

*Not Available in peak season 10th Dec - 30th Jan

Entry into competition is
FREE subject to the patron
having paid to enter the
showground on
Canola Cup
Finals Day



Can Assist
CANCER ASSISTANCE NETWORK

Fundraiser

Fundraising #12748

LEXUS of Parramatta Canola Cup FAMILY PICNIC DAY

Feature Races: Lexus Of Parramatta \$30,000 Canola Cup
\$10,000 Alabar Bloodstock - Don Tildsley Memorial



VIP LAWN MARQUEE located along the parade ring - includes Fruit Platter
and Champagne on arrival, sumptuous 2 course meal catered by
Eat Your Greens Function Centre for just **\$65/person** (includes Entry/Racebook)

Why not organise a group of friends and book a table

BOOKINGS: www.eugowraharnessracing.com or 0427 592481

Closes: Monday 25th September - LIMITED NUMBERS

- HARNESS RACING AT IT'S BEST!
- LIVE BAND - 'THE HEWETTS'
- FASHIONS ON THE FIELD
- BOUNCING PONY RACES - All Ages
- PERCY THE PACER will be on course
- LADIES & GENTS DASH FOR CASH
- BETTING VOUCHER GIVEAWAYS
- CHANCE TO WIN A TOYOTA YARIS



- POOKA'S ENTERTAINMENT
- FREE Jumping Castle
- FREE Tea Cup Ride
- Horse Drawn Carriage Rides
- Ice-cream & Coffee Van
- VENTRILOQUIST Performance
- GIVEAWAY'S & ENTERTAINMENT GALORE



MONDAY, OCTOBER 2 at 12pm
Eugowra Showground Raceway



⌘ ALL Amenities on course ⌘ Local & Interstate Bookmakers ⌘ TAB & SKY Facilities ⌘ Fully Operational Bar

www.eugowraharnessracing.com



Planning is well underway for the Eugowra Canola Cup CanAssist fundraiser for 2017. The Fundraiser will be held in conjunction with the Eugowra's Annual Canola Cup Family Picnic day at Eugowra Showground on Monday October 2nd.

CanAssist support many people financially during their battle with cancer and rely on events like the Canola Cup and community support to help raise much needed funds. CanAssist could not exist without its amazing supporters & volunteers.

CanAssist is committed to ensuring that all people in NSW, regardless of where they live, have access to cancer treatment and care by providing accommodation, financial assistance and practical support to people from rural and regional NSW. They ensure that country people are given the same opportunities and treatment choices as those who live in city centres along with the understanding of financial burden a cancer diagnosis puts on families and individuals.

The Canola Cup CanAssist fundraiser will consist of raffles, hundred club, bucket going around on the day, Auction, The Big Shave, Celebrity race and much more.

So bring your family and friends as the Eugowra Club have a massive day planned with a host of activities to keep you entertained. With a nine race program, fashions on the field, dash for cash, giveaways galore and a chance to win a trip for 2 to Queenstown. By simply paying to enter the showground on Canola Cup day you will receive one free ticket into the draw.

The children are particularly well catered for on the day with a free jumping castle & tea cup ride and back by popular demand is Pookas entertainment who will create fun and laughter with his Balloon sculptures, comedy and magic.

For anyone wanting to donate money and or goods and services for the auction or raffle please contact Ann Stenhouse 'Community Nurse' 0429 152 380 / 0427 344 713 or Jodie 0427592481. Anyone that would like to volunteer on the day are most welcome to assist with fun activities. "All kind gestures are greatly appreciated."

For anyone in the Eugowra District receiving treatment for cancer who is in need of assistance please phone 02 6851 6257.

All information given is strictly confidential.

CanAssist Fundrasing Number 12748



The CENTRAL HOTEL

OPEN 7 DAYS

ACCOMMODATION AVAILABLE

Reasonable Rates -

A Great Place to Stay In Town

6 BEERS ON TAP

COUNTER LUNCHES

Monday to Sunday 12pm - 2pm

BISTRO HOURS

LUNCH

7 days from 12 noon-2pm

DINNER

Thursday - Sunday

6pm - 9pm

SUNDAY

Roast Lunch

Pizza's 6pm - 8.30pm



Ask us about catering for your next event!



what's on

THURSDAY NIGHTS

\$10 Snittys

FRIDAY NIGHT

\$10 Rump

Happy Hour from 5-6pm

Schooners for the price of middies

Jocker Draw from 7pm

supporting the Golden Eagles

SATURDAY NIGHT

\$10 Snittys

DJ SHREK

Twice a month

on Saturday Nights



Your local Pubmart Dealer!

This means we can give the people of
Eugowra great VALUE
on TAKEAWAY LIQUOR SALES!

Ask us about our Weekly Specials...



**SWAP & GO
GAS BOTTLE**

Fast, Safe & Easy

\$28 to Swap & \$76 to Buy



2 Grevillea Ave, EUGOWRA
tel 6859 2247

SKY
CHANNEL

TAB

M & A BRAY

Transport

EUGOWRA



For all your...

- Hay & Grain Transport • General Freight
- Agricultural Machinery • Fertilizer Cartage
- Tipping Trailer • Taut Liner
- Drop Deck Trailer with ramps and extendable trailer

DAILY TO SYDNEY - SYDNEY DEPOT AVAILABLE

MOB: 0428 443 912

02 6859 5259

STEVE Wykamp

Lic No. 128169C



For all your...

**Bathroom or Kitchen Renovations,
Home Improvements and Repairs,
Tiling etc.**

Give Steve a call today

0427 700 696

33 Nanima Street, Eugowra NSW 2806

Seldom Seen

GUESTHOUSE

The Ultimate Country Experience

Soak up the sophisticated,
relaxed atmosphere and
experience rural peace
5 minutes from the village
of Eugowra.



- Seldom Seen Guest House is situated in a bush setting high in the garden adjacent to pool and tennis court overlooking the well known architecturally designed 'Kiembah' homestead
- Experience interesting history of this unique property in a modern setting
- A variety of accommodation and tariffs available

Contact: Hugh & Lyn Ellis 026859 2926

hugh.ellis@bigpond.com

www.seldomseenguesthouse.com



Seldom Seen
Guest House



FORBES BOWEN

THERAPY & WELLNESS

19 Bridge Street FORBES

The Bowen Technique is extremely gentle and is considered appropriate for anyone from pregnant women to newborn babies, the frail and the elderly.

Bowen should be considered for :-

- back, shoulder & sciatica pain
- digestive and bowel problems including IBS
- migraines
- fibromyalgia, chronic fatigue
- knee, ankle and foot problems
- menstrual and hormonal irregularities
- support healing after surgery
- groin pain, pelvic tilt and uneven leg length
- respiratory problems and hay fever
- RSI, carpal tunnel syndrome and tennis elbow
- sport and accident injuries

**Appointments are required by phoning:
Bowen Technician - Greg Howell
0427592771**



Geoffrey L. Knight

Solicitor With Local Eugowra Knowledge

Are you thinking of selling your home, farm or business in the near future?

Are you looking at buying a Home, Building Block or Rural Property in the local Eugowra community?

Before you start talking to Agents we are happy to give you some legal advice about buying and selling property and the issues to look at and also the mistakes to avoid.

We act as Conveyancing Solicitors all over the Central West and elsewhere in New South Wales

Please phone me on 0418-431074 for advice with buying and selling real estate, rural properties and businesses.

"LOCAL KNOWLEDGE WITH LOCAL EXPERIENCE"



For families with children 0 - 5 years old

In the Library at Eugowra Public School

Mondays 10 - 11:30am
Starting Term 3

**Contact Carmel or Sonia for more
information 68592233**



**Linking Parents and Bubs to
Play, Language, Music and Fun**



Michael Miles ELECTRICAL & AIR

**Residential, Commercial,
Industrial, Split Systems**

PH: 0414 761035

michaelronald.miles@bigppond.com

Lot 10 West St
EUGOWRA NSW 2806
Lic: 193282c Arc Lic: L131829

*Your Local
Sparkie*



51 Nanima St

EUGOWRA

6859 2586

For all your takeaway food & pizza

Opening Hours

Wed & Thurs 11.00 am – 2.00 pm
then 5.00pm – 8.00 pm

Friday, Sat & Sunday

10.00 am – 2.00pm then 5.00 – 8.30
pm

PIZZA from 6.00 pm every night.

(Monday & Tuesday – CLOSED)

MANDAGERY BRIDGE SURVEY RESULTS EUGOWRA

Survey results are as follows; 28 written forms + 20 on Face Book received.

All said YES to being a safety problem and all wrote their comments.

The written comments from the survey are on the notice board in the supermarket for your inspection. The schools have their copies.

The bridge is the sole property of the Roads and Maritime service RMS. Cabonne Council are responsible for the signage only. RMS have been called to inquire to the repairs to the bridge.

A call today [25/08/17] from RMS office Parkes stated they are looking into the damage since our alert to them of the damage on the 24/08/17.

Our survey was to ask the community for their views of the safety in crossing the bridge by pedestrians. The damage was caused a day later. Our intention through all of the issues is to try and have a crossing for a safer pedestrian separated from the traffic to give access to the fitness trail project and general walking safety for all. We have been directed to the Cabonne Traffic Committee by our local police after inquires early in the month July.

We can see now there is a community concern and will work towards the common thought of a safer crossing over the bridge. We hope we can call on you all for support, when putting these facts before RMS and Governments to get a result.

Thanking you all for your involvement and looking forward to a good result.

COMMUNITY FITNESS PATH.

After sometime we now have a preliminary outline of the walking trail by Sally Bourne, together with some aerial shots kindly given by Anthony Toohey. These plans and shots will be on display in the photography exhibition inside the pavilion on show days.

We would welcome you to have a look and any suggestion or comments put to paper please. We are now hoping to complete a plan after working with the community and organisations.

Ann Stenhouse & David Hyde



The Pigeonholes

Short Messages, For Sale, Wanted

Wanted to buy: down or injured stock.

Contact : Kevin Howell. 02 68592311.

Talented volunteers needed

If there are any community members that either play an instrument, sing or recite poetry out there - would you like to volunteer to share your talents with our MPS residents?

It would be great if we could have ongoing short visits of less than an hour.

If you are interested please contact
Tanya Greenhalgh Ph: 02 6850 4000.

Eugowra Community Fitness

Path Progress

View the preliminary concept of the Fitness Path at our Eugowra Show Stand. There will be a suggestion box to put your ideas in. Come and see us and have your say.

Anne Stenhouse
Community Nurse



Steve Wykamp for always being available at short notice to attend to running repairs at the Self Care Units. The Committee and residents really appreciate it.



To some of the MPS staff for sitting around on mobile phones or gossiping during work hours.