

Eugowra NEWS

September 2015

VOL.26

A Lions Club project for the community we serve

SPRING INTO SHOW TIME!

It's nearly Show Time and the Eugowra Show Committee have been very busy planning and preparing for the 102nd Eugowra Show. President: Peter Philipzen, Secretary: Sean Haynes and Treasurer/Groundsman: Kevin Townsend along with the rest of the Committee, Stewards and volunteers have been putting the final touches to the Show Schedule and preparing for the big weekend of the Show:

Friday 18th & Saturday 19th September

"This year it was decided to highlight ANZAC Centenary as the theme for the show, remembering those men and women who fought to save our country.

To continue with the ANZAC theme there will be a dinner on the Friday night before the show with guest speaker and well respected war historian; Nick Smyth who will talk about the Gallipoli battle and to dispel some of the myths and mystery which is part of our folklore. The Show Girl entrants will be introduced during the dinner, however, judging of the girls will have taken place earlier in the day. The evening promises to be very informative and something a bit different before Saturday's show. Mr Smyth is the official guest and will open the Show at 2.30pm. He will be available during the day to meet and chat to folk visiting the Show. There will also be a display of military memorabilia and local restored vehicles such as tanks and jeeps.

The committee will also welcome four new Chief Stewards this year; Janet Moxey who is looking after the Show Girl competition, Don Hardy in the Preserves Section, Kerstin Heinzl in the Open Art and Virginia Townsend in the Junior Art. It is wonderful to have some new faces on board."



See page 3 for continuation of Sean Haynes' report on the upcoming Eugowra Show.

from the editor

Greetings again. August is nearly over (thank God!) and as I sit here on a wet and soggy Sunday afternoon, I can anticipate a good spring season coming up.



Congratulations to our Cath Adams on her success in The Voice, despite the fact that most of Eugowra and Cath's wide circle of friends and family voted, it wasn't enough to get her through any further. However what a fantastic experience and no doubt a lot of fun, Cath and David can now focus on their future together.

Coming up in September is of course the annual Eugowra Show ~ 102 years of show casing local talent and industry. Enjoy the day and appreciate all the hard work that has gone into the preparation and production of the day by the many committee members and volunteers in our community.

This months article on health and facts is about Farm Safety. Agriculture is one of the most dangerous industries to work in. The irony is that many of us have our children working with us on the farm from a very early age. It won't help wrapping our children up in cotton wool and not letting them out the door, but there are some basic safety rules we can implement to teach our children and help prevent a tragic accident.

This month we talk to our Nursing Unit Manager at the MPS, Ms Tanya Gavin. This is especially relevant as the MPS is about to celebrate 5 years since its opening and are planning some celebrations with the staff, residents and the community.

Its all happening in Eugowra this spring. Until then, keep warm, safe and happy.

Cheers

Sarah

Contributors this Month

- Sean Haynes - Show Society
- David Hyde - MPS
- Sarah de Lange - SJS
- Kylie Reeves - EPS
- Maxine Vincent - ECCC
- Cathy Eppelstun - Australia Day Committee
- Judy Smith - VIEW
- Janet Noble - CWA
- Alicia D'Ombra - EPC
- Kevin & Kay Howell
- Anne Bray
- Rob Cameron

Next Issue Deadline:

Friday 25th September

The News will be available on:

Friday 2nd October

Advertising and Editorial Material To

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**or drop into the St Joseph's Primary School
mailbox**

420 copies printed and distributed throughout
the community.

**Please note: Views expressed by
contributors are not the responsibility of
Eugowra Lions Club INC. or the Editor**

Online at www.eugowranews.com.au

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Continued from Page 1.

Harness Racing is back in the program for 2015 with 3 races taking place after the Official Opening and the Grand Parade. In the past few months, the committee and stewards have been reassessing the schedule and events with some changes to accommodate the needs of the entrants and competitors in the Horse rings, Cattle and Poultry sections which everyone should be pleased with.

In the Decorative class new sections have been added by Judy Smith to reflect the ANZAC spirit such as the use of Rosemary and poppies. In the photography there are some generous prizes particularly in the 18 years and under section, so we encourage all those photographers to start clicking and to get their entries in. Encouragement is given also to all pavilion entrants, young and older. The schools motivate their students to enter in the sections of art and craft which is great. It would be wonderful to see everyone participate in the other sections such as decorative classes, cooking, needlework and produce. It's all about showcasing the talents of Eugowra and having some fun competitive rivalry between each other.

During the day there will be various activities such as the barrel races, children's activities and Federal and State members John Cobb and Andrew Gee may even be seen around the draught horse displays. The Guess the Weight of the Beast will be running and no doubt the bar will be well supported during the day and evening. The evening finishes up with the crazy, crashing good fun of the Demolition Derby and the fireworks display.

The Show Schedule should be available to pick up at the Eugowra Newsagency and Supermarket in the first week of September. Membership renewals will be sent out shortly and the price has not increased, so it's a good value fun day out for the family. Family Membership \$20.00 Single Membership \$10.00

Thanks go again to our sponsors and the constant support of the Community who all go to help make the Eugowra Show such an enjoyable and successful one."

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Squirrel Problem

There were 4 churches and a synagogue in a small Ohio town: an Anglican church, a Baptist church, a Methodist church, a Catholic church and a Jewish synagogue. Each church and the synagogue had a problem with squirrels. The Anglican church called a meeting to decide what to do about their squirrels. After much prayer and consideration they determined the squirrels were predestined to be there and they shouldn't interfere with God's divine will.

At the Baptist church the squirrels had taken an interest in the baptistery. The deacons met and decided to put a water slide on the baptistery and let the squirrels drown themselves. The squirrels liked the slide and, unfortunately, knew instinctively how to swim so twice as many squirrels showed up the following week. The Methodist church decided that they were not in a position to harm any of God's creatures. So, they humanely trapped their squirrels and set them free near the Baptist Church. Two weeks later the squirrels were back when the Baptists took down the water slide.

The Catholic Church came up with a very creative strategy. They baptized all the squirrels and consecrated them as members of the church. Now they only see them at Christmas and Easter.

Not much was heard from the Jewish synagogue, but it's rumoured that they took one squirrel and circumcised him and they haven't seen a squirrel on their property since.

SAVE THE DATE

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Eugowra Showgirl • Demolition Derby
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FULL DETAILS, INCLUDING THE PROGRAM OF EVENTS ON
EUGOWRA SHOW FACEBOOK PAGE



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FEEDLOT

WHAT'S ON THIS MONTH

SEPTEMBER 2015

Dr Vicki Wymer 68 592 220 Eugowra

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Mon Tue Wed Thu Fri Sat/Sun

	1 Manildra 9am -1pm	2 Eugowra 9am -11am	3 Eugowra 9am - 4pm	4 Manildra 9am -1pm	5/6 Fathers Day
7 Eugowra 9am - 5pm	8 Manildra 9am -1pm	9 CLOSED	10 Eugowra 9am - 4pm	11 Manildra 9am -1pm	12/13
14 Eugowra 9am - 5pm	15 Manildra 9am -1pm	16 Eugowra 9am -11am	17 Eugowra 9am - 4pm	18 Manildra 9am -1pm	19/20
21 Eugowra 9am - 5pm	22 Manildra 9am -1pm	23 CLOSED	24 Eugowra 9am - 4pm	25 Manildra 9am -1pm	26/27
28 Eugowra 9am - 5pm	29 Manildra 9am -1pm	30 Eugowra 9am -11am			

Show Time!

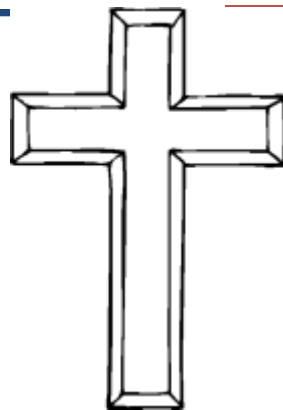
St Mathews Anglican

1st, 2nd, 4th Sunday 4.00pm, 3rd Sunday 8.00am,
5th Sundays share with Uniting Church at 2.30pm

Rev. Jono Williams 63 441643

Other times: Local Lay Preacher

Elaine Cheney 68 592820



St John the Baptist Catholic

Mass: 2nd, 4th, 5th Sundays 5.00pm

Fr Laurie Beath 63 42139

Liturgy of the Word: 1st, 3rd Sundays 8.30am

Mavis Cross 68 592240

Eugowra Church Times



FROM THE EUGOWRA AUSTRALIA DAY COMMITTEE 2016

It is time to start thinking about any deserving citizens of Eugowra who you might like to nominate for the 2016 Australia Day Awards.

These awards are judged on criteria of scholastic or sporting achievements, and service to the community in terms of personal contribution and spread of involvement. The awards are open to community members who are Australian Citizens and who have made a noteworthy contribution or achieved something outstanding in their work, studies or community service during the current year or over a number of years. Each village has the opportunity to have one recipient recognized from each category.

The three categories are as follows:

Citizen of the Year Award:

For a person who has demonstrated excellence in their field or service to the community through their work or voluntary activities.

Young Citizen of the Year Award:

For a person under 25 years of age who may be considered an inspirational role model and who has served their community through their school, work or voluntary activities.

Community Group of the Year Award:

For a group who has made meritorious contribution to their community.

Nomination forms will be available from Council's Molong, Cudal and Canowindra offices, as well as downloading from the Council's website. Forms will also be sent to all Australia Day Committees and schools within the Shire.

EUGOWRA / ORANGE COMMUNITY BUS SERVICE



NEXT BUS:

Friday 25th September

Friday 23rd October

Bus leaves Central Hotel 8.45am
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Janet Noble - publicity officer

COUNTRY WOMEN'S ASSOCIATION OF NSW

EUGOWRA BRANCH

The Eugowra Branch held a very successful International day featuring Country of study, Italy. The guest speaker was Ms Sonia Dalla Vecchi, who took us on an exciting and demonstrative trip to her country of origin. We were exposed to the Italian language, and shown Italian life via a power point presentation.



Products of Italy such as Nutella, Parmesan cheese, Pasta and a Lace fan were passed around for all the children to see and hold.

Prizes for the International competitions was presented to students by Vice President Janet Noble. Judge Mrs Lyn Ellis commented on the high quality of the entries, but said children must watch spelling and plagiarism. The children were treated to cup cakes and drinks prior to the start of the day and the adults sat down to a very generous Italian meal shared with the Forbes CWA Branch.



Pennies for Friendship Bowl was passed around, these pennies are a gift from women for women for the future good of women and children through



Associated Country Women of the World. \$41.50 was collected, this will be forwarded to ACWW, Associated Country Women of the World.

Cumnock International Day started with mulled wine followed by more Italian delights. Several members went to Nashdale's 80th Birthday and had a very enjoyable afternoon. Margaret, Wendy, Frances and Janet attended the Molong International Day, which had a wonderful Italian display & food plus an intriguing talk by Milliner, Fiona Scofield. It was very pleasing to see a majority of younger members.

The Eugowra Branch will be holding a cake and plant stall on 25th September at the old Post Office site. We will also be promoting awareness of Rape and domestic violence at the stall with information brochures.

The Central Western Group are holding a luncheon to celebrate their 90th birthday at Red Oak reception (Turners) on Sunday 27th September RSVP 7th September to Frances Anderson.

The Eugowra Group have decided to donate \$250 to Medical research (Lymes disease) in memory of our Patron the late Betty Wilson.

There will be NO MEETING IN SEPTEMBER. The next meeting will be the ANNUAL GENERAL MEETING on Friday 9th October at 10.00am.

Please pay your membership to Kylie Godden before then, \$50 which includes Insurance, Annual Conference fee and Group membership.

Positions to be filled are Handicraft officer and Publicity officer and all other positions will be declared vacant as usual.

Group AGM on Friday 30th October at Holy Trinity Parish & community Centre Kelso.

All reports to relevant Group Officers by 30th September.



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EUGOWRA PONY CLUB



Alicia D'Ombra

Hello readers,

Welcome to our September issue. Happy birthday to all our ponies, who had birthdays on the 1st August! A lot has been happening at Eugowra Pony Club headquarters.

Our new chief instructor, Kayley Boyd, had her first day and everyone had a blast. The weather started out a bit cloudy, but the sun came through and it was a beautiful day. We also have a new fence and gates going in. This will make a middle sized riding area for our riders who are too advanced for the round yard, and not quite ready for the bigger area. Thank you to everyone who has helped construct it, we are so very lucky to have this area. It will benefit us greatly, and it looks fantastic!

Next rally day is September 6th, starting at 10am. Hopefully it's a lovely spring day!



Rider- Noah Colvin

Age- 6 years old

Horses Name - Fudge

Horses gender - Gelding

Horses age- 9 years old

Horses colour- brown with a black mane and tail (10.1hh)

How long have you been riding?- Since February this year (6 months)

What do you like best about coming to Pony Club?- Jumping and riding my horse.

What's your favourite thing to do when riding your pony?- I like to jump Fudge and make him trot.

What's the cheekiest thing your pony does?- He always tries to eat grass when I'm riding him.

Who is the best rider you know? And why?- Blair (Blair Porter, who also comes to P/C), because his horse goes fast.

Rider - Sienna Ardis

Age- 6 years old.

Horses Name -Pete

Horses gender - Gelding

Horses age- 19 years old

Horses colour- Bay with a white stripe and 4 white socks (14.1hh)

How long have you been riding?-

I used to be lead on Pete when I was 2 years old, but I started riding him off the lead when I was 4 years old.

What do you like best about coming to Pony Club?- I like jumping and riding with my friends

What's your favourite thing to do when riding your pony?- I like to go cantering up the hills, team penning, jumping, gymkhanas and Pony Club.

What's the cheekiest thing your pony does?- He knocks on his stable door in the morning to let him out and eat grass.

Who is the best rider you know? And why?- Olivia Holland, because she can keep up with Pete and I at gymkhanas.





Rider- Sienna Carver

Age- 8 years old

Horses Name- Sapphire (Saffy)

Horses gender- Mare

Horses age- 6 years old

Horses colour- Paint

How long have you been riding?- 3 years.

What do you like best about coming to Pony Club?- I like to do barrels, dressage and jumping.

What's your favourite thing to do when riding your pony?- I like to canter on Saffy.

What's the cheekiest thing your pony does?-

She backs up to other horses and doesn't want to go sometimes.

Who is the best rider you know? And why?-

Olivia Holland, because she's my cousin.



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Friday 30th October 9am – 12.15

Friday 6th November 9am – 12.15

Friday 13th November 9am – 3.10pm





Eugowra Public School

Hill Street, EUGOWRA NSW 2806
Phone: (02) 6859 2233

News

Participation Leads To Success

We were very excited to welcome back our superstar teacher Miss Adams to school after her amazing journey on The Voice! We were privileged to share her journey and Miss Adams did an amazing job.

Following the district Athletics carnival held in Parkes, six students have qualified to compete in the Western Region athletics at the end of August in Dubbo. Lauren Cullenward, senior girl 800m; Evelyn Dura, senior girls long jump & discuss and small schools relay; Peter Valentine, 11yrs high jump, small schools relay and senior boys relay; Jake Greenhalgh, 11yrs 100m, small schools relay and senior boys relay; Mitch McMahon, small schools relay and Haydan McCarthy, senior boys relay.

During this term students have been participating in cooking at recess and lunch. The CWA Italian theme was continued during these cooking sessions with students making pizza and spaghetti bolognese. Thank you to our very committed and energetic Ms D. This was enjoyed by all especially the eating part!

The creative talents of Miss Auld will add colour to our school as she works with the students to create colourful art projects from waste items including tin cans, old CD's, plastic bottles and all sorts of interesting things.

All of our students have participated in the Premier's Reading Challenges again this year with the majority of students completing this challenge. Many great books have been read!

Another lunch time activity that some of our students have been participating in is woodwork with our General Assistant Craig. The students are making bird houses for the trees at school and will continue with other exciting projects.

Mr James Whalan from the Forbes Conservatorium has been attending our school on Mondays to take the music classes. Infants' children have been learning percussion and the primary students are learning the ukulele.



Adam, Claire and Reece enjoying percussion

This year Eugowra Public School students will be putting on our bi-annual performance. "Pirates v's Mermaids" will be performed later in the year. Auditions are complete and rehearsals have commenced. Stay tuned for the performance dates.



Cooking spaghetti bolognese



Dominic, Mitch and Chelsea making pizzas

Cameron

*making his
bird house*



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What the?....

Thank you to all those people who put in a suggestion for last months antique farm tool. Unfortunately nobody got it right ~ however this little gem is in fact a **Hand Saw Tooth Setter**. Apparently it sets the pitch on the teeth and no doubt a very handy bit of gear to have in your workshop.

This months is a tricky one, so tricky in fact that we don't actually know what it is.....so can someone please let us know.

Come on you old farmers, men's shed folk, have a go!



EUGOWRA SELF CARE UNITS VACANCY

A unit has become vacant in the Self Care Facility in Evelyn Street Eugowra.

The unit consists of one bedroom, bathroom, kitchen, living room, laundry, reverse cycle air conditioner, car port and front and rear verandahs. It is freshly painted and has new carpet.

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Love and Truth Through Christ

AUGUST NEWS

Term 3 has flown by and we are now heading to the tail end of the term. We have celebrated the Sacrament of Confirmation for our students and our younger ones are preparing for their First Reconciliation.

On Sunday 16th August, Ty Jones, Max Gates, Jim Riley, Jordan Moore and Lily Wallace were confirmed by Bishop Michael McKenna during Mass. Parents, sponsors, fellow students, family and friends were there to support the students during this important sacrament.

Afterwards we all enjoyed supper and cake. The students presented Mrs Rosemary with a gift of thanks for their preparation.



Year 2 students will be starting their preparation for their First Reconciliation on Sunday 30th August. Reconciliation will be held with Fr Laurie on Thursday 22nd October at the 2pm Mass with a celebration of Reconciliation on Sunday 25th October at the 6.00pm Mass.



26 STOREY TREE HOUSE & FLIPOUT

The students had a wonderful opportunity to attend a live theatre performance of the well loved Andy Griffiths book; The 26 Storey Tree house at Orange on Friday 31st July. They were all enthralled by the acting and hilarious storyline and loved seeing all the favourite characters. Needless to say there are many copies of the book (s) being read around school at the moment.

The children were also able to attend the fun and energy of Flip Out which catered very well for their balance and gross motor skills.

DIOCESAN ATHLETICS

PP5 Small Schools relay team of Riley and Angus Whatman, Jordan Moore and Jim Riley ran at the Bathurst Diocesan Athletics on Friday 7th August coming in 2nd behind Dunedoo school. This means they have qualified for the State Catholic Primary Schools Athletics on Friday 4th September. Good luck to the boys who have been busy training and improving their time.

BOOK WEEK

Celebrating Book Week has already started at Joeys with the theme of 'Books Light Up our World' and combining with The Reading Hour on Tuesday 18th, Mrs Welsh hosted an evening of reading in the Library.



All the students have built a small light house, complete with tea light and a photo of them and their favourite book on the front. Parents and children enjoyed hot chocolate and a beautifully subdued reading by torch light in the library.

On Wednesday 26th August we had a visit from Katrina Nannestad; author of The Red Dirt Diaries; delightful tales of 'Blue' Weston living in the Outback town of Hard Bake Plains and her slightly batty family and friends.



The Book Fair was held on the following day with children dressing up in their favourite book character and the chance to purchase books for themselves or as donations to the school library. Mrs Welsh has been having a spring clean in the library of any out of date, doubled up books which are also for sale at a nominal price.

Our preparations have started for the Eugowra show in a couple of weeks with art works and a craft day on Friday 28th August.

Until next time

Keep safe and God Bless.

St Joseph's Staff and Students

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New members & visitors are always welcome!



Eugowra Evening VIEW Club held their August dinner meeting on Monday 17th at the Eugowra Community Bowls and Recreation Club with the guest speaker being Kevin Howell of Karana Kelpies fame.

Kevin gave a very interesting talk on his early life as the son of a farmer, how he first became involved with the everyday farm working dogs and then began breeding with border collie and border collie cross kelpie dogs.

He and Kay began breeding pure bred Kelpies, then decided to compete but still maintain the practical side of their Kelpies on the farm.

It was through their success in competitions (they have won 10 National Championships and came second 12 times) that they were invited to travel overseas to the Netherlands, Germany, Great Britain, Canada and on two occasions to the USA – three times to do training clinics teaching people how to work the Australian Kelpie.

Kevin also spoke about their breeding program of how they breed farm dogs that have had success in competitions and how their dogs are known all over the world.

Kevin & Kay use their Website to advertise the dogs for sale and have sold dogs into Great Britain, USA, Canada, Norway, Germany, Netherlands, France, Brazil and New Zealand. All of those countries are now recognizing how versatile and intelligent the Australian Kelpies are and they are being used to work all different types of livestock.

Kevin's talk was well received with members asking questions at the end. Margaret Brien thanked Kevin on behalf of members for his talk on his life with the loved Karana Kelpies.

President Therese Welsh then said farewell, on behalf of members, to Margaret Brien prior to her departure from the district.

The meeting continued with the subject of resolutions to be voted on at the National Conference to be held in Wollongong in September.

Those members who will be attending the conference will be able to vote there while the other members voted at the meeting. The resolution subjects are- (1) Domestic Violence (Di Agustin will be one of the speakers involved) (2) Childhood Obesity (3) Education for Aboriginal girls (4) Sugar Content in Food. These titles have all been condensed.

Show catering was also discussed. Secretary Wendy Drady said there is a real need for more volunteers on Show Day and more donations of slices and cakes needed. Please phone Wendy if you can help.



Margret Brien thanks Kevin Howell on his interesting talk



Judy James, Margaret Brien and Kay Howell



Farewell to Margaret Brien from Therese Welsh



THE ~ SEASONAL KITCHEN ~

ROAST FENNEL WITH SALMON

This is more of an idea than a recipe!

I have been making this because fennel is really lovely at the moment and very cheap; (3 bulbs for \$5 at Harris Farm Market) also because we have an excellent fish man who comes to Eugowra every Thursday morning. As we live out of town it's not always practical to buy fish every week but we have found that salmon freezes beautifully so we always have some in the freezer.

For four people you will need:

- two bulbs of fennel
- two carrots
- four potatoes
- four salmon fillets
- some olive oil
- lemon juice
- fresh dill
- grated parmesan cheese
- salt and pepper



Heat your oven to about 180, cut the potatoes into quarters and par boil them for about ten minutes so they are just starting to soften.

Cut the fennel into about eight small pieces, cut the carrots into quarters lengthways. When the potatoes are ready put them into a roasting pan along with the fennel and carrots, sprinkle with salt and pepper and toss with olive oil. Place in the oven for about 25 minutes until the vegetables start to caramelise and are almost cooked.

At this point sprinkle with the grated parmesan and place your salmon fillets on top, skin side up. Return the pan to the oven for about 6 minutes (longer if you like well-cooked salmon, sacrilege in my book, but each to their own) by which time the cheese will have melted.

Add a squeeze of lemon juice and a sprinkle of dill or the chopped up fronds of the fennel, and its ready to serve or you could just bring the whole dish to the table.

Enjoy!

Fennel is a flowing plant species of the carrot family.

It is a perennial herb with yellow flowers and feathery leaves.

It is highly aromatic, full of flavour and used in both cooking and medicine.

It has a similar taste to anise.



Feature Races: Lexus Of Parramatta \$30,000 Canola Cup
\$10,000 Pepper Tree Farm Don Tildsley Memorial - \$10,000 Heats of the AGL Energy Country Series



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Community Bowls & Recreation Club

BONANZA NIGHT

24TH OCTOBER 2015

**BLACK TIE FORMAL
7PM TO LATE**

RAFFLE PRIZE

\$500 Gift Voucher from Harvey Norman

*Tickets go on sale from 1st September for \$1 each from the Bowling Club,
Danny's Supermarket/Newsagency & The Lady Bushranger*

AUCTION PRIZES

Landscape Package

Catered Dinner for 6 from Eat Your Greens

Gift Voucher

Pamper Package

Miscellaneous Prizes

***ROULETTE
HEADS & TAILS
UNDERS & OVERS***





LIFE'S MILESTONES

Golden Years

Congratulations to Kevin and Kay Howell who recently celebrated their 50th Wedding Anniversary with their family and some of their Bridal Party at The Forbes Inn. They returned to St. Johns Anglican Church in Forbes where they were married on the 10th July 1965 and had some photos taken to relive the past. They then moved onto Lake Forbes for family photo's.

Later on that evening a small family gathering was held to help celebrate this wonderful milestone. In attendance were some of the Bridal Party: Best man, Noel Pengilly, Junior Bridesmaids, Vicki Miller (Williams) and Lorraine Borger (Churchill) were unable to attend due to illness.

Kay's two sisters were in attendance as well as Kevin's brother Warwick, his wife Karen along with Grant & Denise Howell , Abbey & Kaylah Howell , Tanya Howell and her children; Jay (Sydney), Maddison and Jett. D.J was unable to attend .

Kevin and Kay then went on a trip on The Ghan from Adelaide to Darwin and then boarded The Dawn Princess for a Cruise along the Kimberley Coastline, Broome, Lombok (Indonesia) Geraldton and then onto Freemantle where they flew back to Parkes. This completed a wonderful milestone in their lives together.



TRADITIONAL WEDDING ANNIVERSARY GIFTS

1st Paper	15th Crystal	45th Sapphire
2nd Cotton	20th China	50th Gold
3rd Leather	25th Silver	55th Emerald
4th Linen/Silk, Fruit/flowers	30th Pearl	60th Diamond
5th Wood	35th Coral/Jade	65th Blue Sapphire
10th Tin/Aluminium	40th Ruby	70th

More Wedded Bliss

Another local wedding ~ recently celebrated by the Bray and Duff families. Claire Bray and Andrew



Duff were married at Eat Your Greens function Centre Eugowra on June 6th 2015. A beautiful lunch time wedding with the weather blessing their day. Guests travelled from South Australia, Queensland, Sydney, Griffith, Cowra, Forbes and Eugowra.

Claire wore a beautiful gown of Italian lace designed by White on White from Melbourne.

Claire's attendants were Hannah Porrelli, Cath Adams, Bec Eppelstun, Jess Stanley and her flower girl was her daughter Ada Duff.

Andrew's groomsmen were Stuart Duff, Evan Griffin, Matt Langfield and Justin McVivar.

Guests were entertained by Olli Stathem throughout the ceremony and outside cocktails. Afternoon and evening entertainment was Risky Business.

The MC for the day was the very entertaining David Tildsley who did a fantastic job. Andrew and Claire honeymooned in Fiji and reside now in Gooloogong.





This month I asked our Nurse Manager at the Eugowra Multi Purpose Service, Tanya Gavin a few questions about her nursing career and her role at the MPS.

SD: Its great that you have made the move back to Eugowra, did you grow up here?

TG: My Grandma was born in Billimari and loved the area, but my family moved here in 1986 when Dad bought a farm and I finished Year 11 &12 at RBCC.

SD: Where did you do your nurses training and what other qualifications do you have?

TG: I trained as an Enrolled Nurse and worked at Parkes District Hospital. I was lucky to work with some really good nurses and they were kind and supportive and I learned a lot from their great example. I loved post operative nursing and enjoyed applying this to my anatomy studies. I wanted to move to a larger base hospital and began working at Orange where I mostly worked in the surgical wards and operating theatres. I needed to challenge myself further so attained my Registered Nurse qualifications through Charles Sturt University at Bathurst. I then did a Post Graduate Certificate in perioperative nursing and this qualification seemed to open up other possibilities for me. I was exposed to new and interesting roles such as Acting Nurse Manager of a busy Day Surgery Unit. I have since then obtained my Frontline Management Certificate.

SD: What do you enjoy about nursing?

TG: Nursing is a good fit for me as it is different every day, you can specialise in an area of interest and you get to work with people of all ages. For me its been a great career and I have seen many things good and bad. Nurses generally have a good sense of humour

and tend not to take life too seriously.

SD: How long have you been working at the MPS and what are your roles as the Nursing Manager?

TG: I became the nurse Manager at Eugowra MPS about 2 yrs ago. Initially I was overwhelmed, but I work with a great bunch of people which helps make my job easier. My role includes: maintaining the National Safety and Quality Health Service Standards, rostering and payroll, stores ordering, budget maintenance, chairing meetings, infection prevention and control and education and I still have a clinical role on the floor. The thing I most enjoy about working at the MPS is the people, the staff, residents and their families.

SD: What services does the Eugowra MPS provide to the community?

TG: Services the MPS provides include: The Willawa Activity Centre, Community Nurse, Physiotherapist, Psychologist, Child and family nurse, Speech Pathologist, Exercise group, Podiatrist.

SD: What would you be doing if you weren't nursing?

TG: If I wasn't nursing I'd be a vet.

SD: What do you do in your time off?

TG: Spare time activities in the winter include wood cutting, camp ovens, watching nephews play footy, watch Celeste at soccer, gardening, good books and movies, long walks and being offside, safety officer on the farm.

In summer, we love going to the dam. Mostly I love to catch up with my family as they are great fun. I love that we are all in the same town now.

DID YOU KNOW THAT?.....

Willawa Activity Centre is a part of the MPS.

At Willawa, we welcome the aged within the Eugowra Community to be a part of our happy and positive environment. Activities include; craft, cooking, exercises, outings in the bus, bingo and cards. We ask a \$2.00 donation. \$6.00 if you wish to stay for lunch. Please book at reception with Annette 68504000.

We are always interested in people who can help us in anyway at Willawa, as it can only have a positive effect on our residents.



A report from David Hyde on calling 000.

I left hospital three days after a full hip replacement recently and started to recover normally. But after forty eight hours at home my full leg became inflamed. I had been following the instruction given by the hospital team and was made aware of things I should carry out to prevent, blood clots and over the operation site had a water proof dressing.

By 60 hours my whole leg was inflamed to the extent that it became very uncomfortable to move it and bend at the knee cap. At 4am on Sunday morning I became worried that I might well have an infection, or a blood clot. What to do? My leg was not hot, so I made the call!

I was concerned that it might not be anything to worry about, but I rang the ambulance anyway. I was asked my name, described my problem and commented that I wasn't sure if my problem was an emergency.

I was told I would be put onto a special nurse, she listened to what I had to say in describing my leg and recent operation. She understood that there could be a problem and I would need to see a Doctor immediately. I agreed that would be the best, but at four on Sunday morning and in Eugowra that was not going to happen. My movement was not good enough to get me into a car and off to a Doctor.

When the nurse realised our location and movement problem, she got back the dispatcher for the ambulance to take me to a hospital. All this in a matter of minutes, and ambulance arrived with officers who took great care to get me to a hospital avoiding the snow.

If you have a health problem please call the 000 service. There is also the 24 Health Direct line which puts you directly to a nurse to consult with your health concerns. Ph:1800 022222.

EUGOWRA MEMORIAL MPS

Birthday Celebrations & Open Day



All are invited to join the staff and residents at the MPS to celebrate our 5th birthday.

- Time Capsule
- Morning Tea
- Birthday Cake

Take a look around the
MPS facilities



**WEDNESDAY
30TH SEPTEMBER
9.30-11.30 am**

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on Friday 18th &
Saturday 19th September 2015**

**The Showgirl Competition enables
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your professional networks and
enjoy the experience of a lifetime!**



**Please contact
Janet Moxey 0418 962 008**

ALONG THE EUGOWRAN WAY

By Rob (the Architect) Cameron

Some Eugowrans may have seen the movie or even read the book entitled; "For Whom the Bell Tolls", by Ernest Hemmingway. I won't spoil the book except to say that it's the story of a young American, Robert Jordan, who volunteers to fight with the guerrilla Republicans during the Spanish Civil War. There's a famous painting by Pablo Picasso which depicts one of the atrocities of that war called 'Guernica', the towns name that was, for no reason at all obliterated by German bombers.

The book begins with an epigraph from which it takes it's name, part of which reads:

"No man is an island, entire of itself. Each is a piece of the continent, a part of the main.....For I am involved with mankind.....Therefore send not to know for whom the bell tolls, it tolls for thee."

Most people would be familiar with the names of Henry Lawson, Banjo Patterson or Rudyard Kipling. Possibly even those of Keats, Yates, Browning or Donne. The poem in the epigraph I refer to was written as prose by John Donne in the year of 1624. I wonder, in those intervening three hundred and ninety odd years, has anything changed?

Oh yes, we certainly know heaps more about the world we live in now than we did then: through physics, biology, chemistry, gravity, electro-magnetism, the Solar System, from the Universe right down to Quantum particles...though some may still believe the earth is flat!

And yes, we now have running hot water (which the Ancient Romans had), electricity, automobiles, aeroplanes, computers, mobile phones, television, X-Rays, CAT and MRI scans, nano, bio, laser and digital technology, robotics, nuclear energy etc etc etc.

All this knowledge and all of these gadgets none of which, mind you would have been possible without the discipline and application of Science.

But, looking from John Donne's point of view of the human condition, has anything really changed since Cain and Abel or indeed Adam and Eve?

If your answer is that a lot has changed, then please tell me, apart from a much easier, more comfortable, healthier and secure lifestyle for us.....what?

If your answer is nothing or very little has changed regarding the human condition, (the structure of our brain is the same as it was 20,000 years ago and aren't we all still prey to each of those 7 deadly sins?) then Donnes' poem is as true today as it was when it was written all those years ago. Well.... If it is true for the individual?

If you would like to read the full poem, look up John Donne - For whom the Bell Tolls or Picasso Guernica.

MOVIE NIGHT

Friday 4th Sept

☆ 7.00-9.00pm

@ **Eugowra's**

Pre School Hall

☆ ☆ ☆

Cartoon followed by main feature:

•Mac and Me•

A young boy in a wheel chair searching for his parents teams up with a small alien looking for his spaceship.

PG Rated

Entry \$4.00 with hot dogs, pop corn, drinks and snacks available

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Bowen should be considered for :-

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including IBS - migraines
- fibromyalgia, chronic fatigue
- knee, ankle and foot problems
- menstrual and hormonal irregularities
- support healing after surgery
- groin pain, pelvic tilt and uneven leg length

Appointments are required for each
session by contacting

Greg Howell 0427 592 771

Golden EUGOWRA Eagles

FOOTBALL UPDATE



All games on Sunday 16th were played against Canowindra. This was the final home game for the season. It was good to see a crowd of supporters.

Thanks to Casey Fisher for organising the McGrath foundation fundraiser in support of Breast Cancer. Casey and helpers will be running raffles on the day to raise funds for this very worthy cause. All teams will be wearing pink socks to remember those that have lost their battle or are fighting this terrible disease.

WOODBIDGE CUP RND 18 SCORES

1ST GRADE

Binalong 60 d Condobolin 20
Peak Hill 33 d Eugowra 30
Canowindra 32 d Grenfell 20
Trundle 38 d Burrangong 12
Cargo 44 d Gooloogong 10

YOUTH LEAGUE

Peak Hill 36 d Eugowra 26
Canowindra 30 d Grenfell 26
Binalong bye

LEAGUE TAG

Binalong 30 d Condobolin 10
Grenfell 20 d Canowindra 6
Burrangong 4 drew Trundle 4
Eugowra , Cargo bye

Elimination semi final at Gooloogong on Saturday 29th August

League Tag Grenfell vs Canowindra 12.30 pm

Youth League Grenfell vs Canowindra 1.40 pm

1st Grade Canowindra vs Grenfell 3.00 pm

Qualifying semi final at Condobolin on sunday 30th August

League Tag Binalong vs Condobolin 11.30 am

Youth League Binalong vs Eugowra 12.40 pm

1ST Grade Peak Hill vs Trundle 2.00 pm

Save the date:

**Presentation Night will be
held on the**

7th November 2015



News from Eugowra Community Children's Centre

NANIMA STREET, PO BOX 28, EUGOWRA NSW 2806 PHONE: 6859 2522 EMAIL: eugpreschool@yahoo.com.au

OPENING HOURS

Monday 8.30-3.30

Tuesday 8.00-5.00

Wednesday 8.00-5.00

Thursday Closed

Friday 8.30-3.30

Eugowra Preschool is open to children from 2yrs - 5yrs of age. Please drop in to see us or give us a call.

Before and After School care is available for those 2yrs and older. Cost is \$6.00.

A big thank you to the Lions Club of Eugowra for their recent donation.

As you can see in the photos, the children are learning a lot through their play activities.

Now taking enrolments for 2016

Getting ready for the Eugowra Show display



Chloe on the Skating Board

Charlie reading to the little ones



Claire, Georgia & Ella playing on the ropes



Painting in the sandpit



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FARM SAFETY

It is important to maintain safe work practices on the farm, especially when it is also the family home and children's play area. It is a good idea to define play and work areas on a farm.

There are many potential danger areas but the high risk areas include;

- Quad & Motorbike use
- Tractors, Vehicles & Machinery
- Horse riding
- Livestock handling
- Water storage - dams, creeks, irrigation channels, troughs
- Tools and equipment
- Chemicals

STATISTICS

As reported in the National Farm Injury Data Centre for the period of Jan 1 - 30 June 2015, 8 children were killed on QUAD bikes and 19 were injured. This makes QUAD bikes one of the biggest safety issues on our farms today. Other records show death by tractors and drownings in dams have occurred as well this year.



QUAD & MOTORBIKE USE

- Observe and implement the manufacturers guidelines - eg; "Do not operate this vehicle if you are under the age of 16 yrs"
- Always wear a helmet and protective clothing/boots
- Do not carry any passengers

TRACTORS, VEHICLES & MACHINERY

- Wear seatbelts driving around the farm
- Take keys out when not in use
- Do not ride on the outside of the machine/vehicle or equipment
- Keep well away from moving machinery and rotating implements
- Keep safeguards for moving parts in place.
- Keep young children in your sight at all times when moving machinery, vehicles.
- Keep up to date on machinery maintenance - ie brakes

HORSE RIDING

- Always wear an approved riding helmet & suitable clothing/boots
- Ride a suitable horse for the skill level
- Don't leave small children on or around unattended horses
- Ride with supervision and in a familiar area

LIVESTOCK HANDLING

- Keep young children out of sheep/cattle yards
Observe from a safe area outside the yard
- Animals can be unpredictable especially if frightened or threatened, always have an escape route
- Never turn your back on livestock
- Wash hands after being with livestock

WATER STORAGE

- Where possible fence areas off
- Supervise young children around water areas at all times
- Don't swim or play in flooding creeks or irrigation channels

TOOLS AND EQUIPMENT

- Keep power tools out of reach and unplugged when not in use
- Lock workshops and sheds
- Observers to wear protective equipment -ear muffs, glasses as well as the operator

CHEMICALS

- Store in a locked and in a safe storage area
- Label chemicals and never store in cordial or drink bottles
- Poisons Information 13 11 26

This is only the tip of the iceberg in farm safety and Work Health and Safety, but if it brings your attention to some issues on your farm and your children then its worth it.

IN ANY MEDICAL EMERGENCY

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Seat Covers: \$500 new, sell \$350

Mats: \$70 new sell \$40

*Strong 'Safety 1st Quicksmart' brand umbrella type child's stroller
\$15

*New Doggie door for small animal half price \$30

For inquiries please contact Maureen
0418565226

Thank you

I'd like to thank the people of Eugowra and surrounds for the unbelievable support I received during my time on "The Voice".

So many people put so much effort in making posters, videos, shop displays, organising and attending events, as well as voting for me a countless number of times and cheering me on.

I was amazed, humbled and so uplifted by the generosity and positive comments received, and for that I thank you all, and will be forever grateful!

Cath Adams



The Pigeonholes

For Births/Deaths/For Sale/Wanted
or short messages.



Thumbs Up!

And best wishes to Barry and Marion Stanton who have recently relocated to Wagga Wagga to be near their family. Barry and Marion contributed a lot to our community through volunteer work and were always willing to lend a hand. Thank you.



Thumbs Up!

We wish to applaud and acknowledge our permanent volunteer Mrs Bev Slaven who is always an amazing help at our facility. We consider her part of the staff and value her immensely.

Staff and Residents of Willawa

FOR SALE

Last of the littler....1 x female Jack Russell

Tan and white, very cute, 8 weeks old and ready to go to a good home.

Ph: Tim & Sarah de Lange 68595253 0428797247

PRIVATE SALE

3 bedroom home, professionally styled,
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Verandahs on 3 sides, large established garden.

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Ray White

Eugowra

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'Lutana' Pye St
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4 Camp St
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27 Pye Street EUGOWRA

\$330,000

- Beautiful period home with 3 bedrooms
- Formal lounge/dining room features an open fire place
- Modern kitchen sits adjacent another living area with a generous family room to the rear of the home.
- Two bathroom's and a big laundry with lots of storage.
- Other features – reverse cycle ducted A/c, wood heater, solar hot water, well established gardens, paved outdoor area, 6 bay garage with power and concrete floor
- The well fenced 2042sqm block is located a short walk to CBD.



19 Pye Street EUGOWRA

\$ 180,000

- 2 bedroom home walking distance to all local amenities
- Lovely period features including high ceilings and leadlight windows
- Modern kitchen and bathroom, reverse cycle A/c, spacious lounge room that opens onto a rear deck ideal for entertaining.
- Well established garden, advanced trees and shrubs, single lock up garage plus carport.



34 Aurora Street Eugowra

\$249,000

- Spacious living areas, formal lounge, separate family room adjacent to a well appointed kitchen, quality blinds and curtains with floor coverings in good condition.
- Split system A/c, evap A/c and wood heater.
- 3 generous bedrooms all with built ins, two full size bathrooms, plus lots of storage.
- Other features include : Lock up garage with direct access to home, shed in back yard that offers a single lock up garage plus a carport, rain water tanks, established gardens, front and rear patios.



32 Nanima Street EUGOWRA

\$145,000

- 2 bedroom home with a rear lined sunroom that could easily convert into a third bedroom.
- The lounge room sits adjacent to a renovated dine in kitchen.
- Property has lots of character with high ceilings and double brick construction.
- Other features include garden shed, covered back patio area, rear lane access and off street parking.

